## Focus on (1)ellness

SUMMER is here! Be sure to make the most of the season with these healthy tips:

- Stay Hydrated with plenty of water
- Use sunscreen and shade to enjoy the outdoors
- Enjoy socializing with friends in nature
- Enjoy local, seasonal produce in our dining programs

Please enjoy all of our outdoor walking paths and activities. Check your calendar for outings and family events!



# Resident Birthdays August

July Bernetta Smeltzer Edmund Pienkosz Ianet Walters Ellen Soika

Angeline Lapinsky

Ioan Foust

Merritt Snear

Laverne Schmid

David Kauffman

Marian Auvash Pauline Grula Ramon Santiago Shirley Heckrote Eleanor Stashko **Edythe Weller** 

Agatha Synoraski Irene Moscon Josephine Bogansky Margaret Sinclair

September

Anita Molitoris Glenda Smith Mary Kost Rita Novak Norbert Markiewicz Danae Renn Patricia Gasser

For Community Life activities, campus events and Providence Place happenings, please follow our Facebook page at www.Facebook.com/ProvPlace.

Marie Wolk

Jean Stecker Lillian Rogers

Mary Vertucci Nelda Ryan

Susan Mooney

Camille Beccone

Olga Mizin



To sign up to receive this quarterly newsletter and monthly events calendar via email, please contact us to subscribe at Info@Prov-Place.com.

#### www.Providence-Place.com



## A Note from the Executive Director

#### "Summer means happy times and good sunshine"

Summer is finally here and our annual summer party was a huge success! The residents enjoyed dancing and singing along to the polka band. We had over 100 residents & family members play bingo with us. The weather was perfect, and everyone had a wonderful time. A special thank you to all staff and local businesses for their grateful donations of tricky trays. Also, thank you to all the volunteers that came and helped throughout the day. We are already brainstorming ideas for next year's theme.

Be sure to check the activities calendar as there are many exciting things to do from Christmas in July to hosting Providence Place Summer Olympics for the residents. Our opening ceremony will start with a parade on July 22<sup>nd</sup> and closing ceremony will be July 25<sup>th</sup>. We cannot wait to see the residents participate in the games.

As always, I am here for any questions or concerns you may have.

Best,

Missie Jacoby Executive Director



**Q3: July 2024** 

## Highlighted Events

#### 4 - 4th of July Cookout & Cornhole Tournament @ 11am 12 - Diner's Caravan: Perkins @ 10:30am 13 - Christmas in July Matinee @1:30pm 22-25 - PP Olympic Games see calendar for details **30 - Musical Entertainment:** George Rittenhouse @ 2pm

### (Delcome New Residents

Mary Jane N. John M.

SUNDAY	Monday	TUESDAY	WEDNESDAY	THURSDAY	Friday	SATURDAY
<b>July</b> 2024	1 9:00 Morning Meeting (2nd) 9:30 Rosary (Ch) 10:00 Yoga Fitness by Bill Kringe (Ch) 1:00 Cupcake Liner Fireworks (2nd) 2:00 Musical Entertainment: John Stevens (CN) 2:00 Ice Cream Trip: Milk House Creamery **\$\$ (OOB) 3:30 Sunshine Committee (2nd) 6:30 Pinochle Players Club (3rd)	2 9:00 Morning Meeting (2nd) 9:30 Shopping Trip: Goodwill **\$\$ (OOB) 10:00 Stretch Exercise (2nd) 1:00 Prayer Service & Communion (Ch) 1:30 Virtual Bird Watching (3rd) 2:30 Team Resident Challenge: Corn Shucking Contest (FP) 3:30 Destination Discovery: America's Acadia National Park (CN) 6:00 Color Me Calm (1st) 6:30 Scrabble (1st)	3 9:00 Morning Meeting & Tea (2nd) 10:00 Prayer Service with Chaplain Beverly (Ch) 10:30 Balance in Action Exercise (2nd) 12:30 Sing-a-Long with Kathy (CN) 1:30 Watching Disney's Fireworks (CN) 1:30 Watching Disney's Fireworks (CN) 1:30 Circle of Friends (SR) 2:30 Musical Entertainment: Glenn Faul (DR) 3:30 Beachball Extravaganza Game (FP) 6:30 Dominoes (1st)	<ul> <li>4</li> <li>9:00 Morning Meeting (2nd)</li> <li>9:30 Rosary (Ch)</li> <li>10:00 Mass with Father Binesh (DR)</li> <li>10:30 Today in History (2nd)</li> <li>11:00-1:00 4th of July Cook-Out (FP)</li> <li>1:00 Cornhole Tournament (FP)</li> <li>2:00 Star Stamped Paper Wreath (CN)</li> <li>2:30 Ed–U America: A Nation of Immigrants by Lester Hirsh (3rd)</li> <li>6:30 Pinochle Players Club (3rd)</li> <li>Independence Day</li> </ul>	5 9:00 Morning Meeting (2nd) 9:30 Hand Weights Strength Exercise (2nd) 10:00 Bible Study with Chaplain Bev (Ch) 10:30 Hymn Sing (Ch) 1:00 Baking with Nancy: Key Lime Pie (C) 1:30 Our Journey Together With Chaplain Beverly (Ch) 2:00 Making Homemade Pickles (CN) 3:00 Walking Club (ML) 6:30 Boggle (1st)	6 9:00 Morning Meeting (2nd) 9:30 Rosary (Ch) 10:00 Chair Yoga Exercise (2nd) 10:30 Making Snow Cones (1st) 1:00 Craft Club: Salt Fireworks (2nd) 1:30 Matinee: <i>Pearl Harbor</i> (2nd) 3:30 Lynchburg Lemonade Super Happy Hour (1st) 6:30 Rummikub (1st)
9:00 TV Catholic Mass (3rd) 9:30 Morning Meeting (2nd) 10:00 Finishing The Lines (2nd) 10:30 Strength Exercise (2nd) 1:15 Worship Service with Chaplain Beverly (Ch) 2:15 Bingo (DR) 3:30 Sunshine & Chat (FP) 6:30 Yahtzee (1st)	<ul> <li>7</li> <li>9:00 Morning Meeting (2nd)</li> <li>9:30 Rosary (Ch)</li> <li>10:00 Yoga Fitness by Bill Kringe (Ch)</li> <li>1:00 Sip &amp; Chat: Strawberry &amp; Banana Smoothie (CN)</li> <li>2:30 Interactive Music Class With Cynthia Ritchey (CN)</li> <li>2:45 Food For Thought &amp; Tasting: American Apple Pie (C)</li> <li>3:30 Color Me Calm (1st)</li> <li>6:30 Pinochle Players Club (3rd)</li> </ul>	9 9:00 Morning Meeting (2nd) 9:30 Shopping Trip: Dollar Tree/Aldi**\$\$ (OOB) 10:00 Stretch Exercise (2nd) 10:30 Welcome Ambassador Committee Meeting (2nd) 1:00 Prayer Service & Communion (Ch) 1:45 Bingo (DR) 3:30 Music on the Porch (FP) 4:00 K-9 Companion with Harvey (1st) 6:30 Scrabble (1st)	10 9:00 Morning Meeting & Tea (2nd) 9:30 Guided Meditation (SR) 10:00 Prayer Service with Chaplain Beverly (Ch) 10:30 Balance in Action Exercise (2nd) 12:30 Sing-a-Long with Kathy (CN) 1:30 Circle of Friends (SR) 2:00 Outdoor Games: Toss Like A Boss Game (FP) 3:00 Manicures & Music (2nd) 6:30 Dominoes (1st)	<ul> <li>9:00 Morning Meeting (2nd)</li> <li>9:30 Rosary (Ch)</li> <li>10:00 Sit &amp; Be Fit Exercise (2nd)</li> <li>10:30 Men's Club Trip: Clips &amp; Pitz Full Klips Barber/Fratelli's**\$\$ (OOB)</li> <li>1:30 Dessert &amp; Discussion (DR)</li> <li>2:00 Country Ride** (OOB)</li> <li>2:30 H2 Health Presentation: Better Bladders Matters with Diane (3rd)</li> <li>3:00 Manicures and Music (2nd)</li> <li>6:30 Pinochle Players Club (3rd)</li> </ul>	12 9:00 Morning Meeting (2nd) 9:30 Hand Weights Strength Exercise (2nd) 10:00 Bible Study with Chaplain Bev (Ch) 10:30 Diner's Luncheon Caravan: Perkins Family Restaurant **\$\$ (OOB) 1:00 Baking with Nancy: Jello Cake (C) 1:30 Our Journey Together With Chaplain Beverly (SR) 2:00 Water Balloon Catch (CN) 3:00 Making Cards for Loved Ones (2nd) 6:30 Boggle (1st)	13 9:00 Morning Meeting (2nd) 9:30 Rosary (Ch) 10:00 Chair Yoga Exercise (2nd) 10:30 Christmas Word Search (1st) 1:00 Red & Green Game (2nd) 1:30 Matinee: <i>Christmas in July</i> (2nd) 3:30 Iced Peppermint Hot Chocolate Schnapp's (1st) 6:30 Rummikub (1st)
9:00 TV Catholic Mass (3rd) 9:30 Morning Meeting (2nd) 10:30 Chair Zumba Exercise with Alyson Cara (2nd) 11:00-1:00 Wine & Dine (DR) 1:15 Worship Service with Chaplain Beverly (Ch) 2:00 PTPA Theater: Into the Woods**\$\$ (OOB) 6:30 Yahtzee (1st)	14 9:00 Morning Meeting (2nd) 9:30 Rosary (Ch) 10:00 Yoga Fitness by Bill Kringe (Ch) 1:00 Afternoon Catch Up (2nd) 1:30 Bible Study with Deacon Bob (DR) 2:30 Arm Chair Travels: Bora Bora (3rd) 3:30 Cranium Crunches (2nd) 6:30 Pinochle Players Club (3rd)	<ul> <li>9:00 Morning Meeting (2nd)</li> <li>9:30 Shopping Trip: Ollie's Bargain Discount**\$\$ (OOB)</li> <li>10:00 Stretch Exercise (2nd)</li> <li>1:00 Prayer Service &amp; Communion (Ch)</li> <li>1:30 Chef's Pairings with Chef Sean (DR)</li> <li>2:30 Club Planning Meeting (3rd)</li> <li>3:30 Destination Discovery: America's Mammoth Cave (CN)</li> <li>6:30 Scrabble (1st)</li> </ul>	9:00 Morning Meeting & Tea (2nd) 9:30 Family Feud (3rd) 10:00 Prayer Service with Chaplain Beverly (Ch) 10:30 Balance in Action Exercise with Powerback Rehab (2nd) 12:30 Sing-a-Long with Kathy (CN) 1:30 Circle of Friends (SR) 2:30 New Resident Mixer (1st) 3:30 7's Out Dice Game (2nd) 6:30 Dominoes (1st)	18 9:00 Morning Meeting (2nd) 9:30 Rosary (Ch) 9:30 Sit & Be Fit Exercise (2nd) 10:00 Group Crossword Challenge (1st) 11:30 Take Out Thursday: 5 Star Chinese Restaurant**\$\$ (1st) 1:00 Craft Club: Mason Jar Aquarium (CN) 2:00 Karaoke with Friends (CN) 6:30 Pinochle Players Club (3rd)	9:00 Morning Meeting (2nd) 9:30 Hand Weights Strength Exercise (2nd) 10:00 Bible Study with Chaplain Bev (Ch) 10:30 Hymn Sing (Ch) 1:00 Making Homemade Ice Cream (C) 2:30 Ed-U Presentation: <i>Folklore &amp; Coal Mining Songs</i> By Jay Smar (DR) 3:30 Walking Club (ML) 6:30 Boggle (1st)	20 9:00 Morning Meeting (2nd) 9:30 Rosary (Ch) 10:00 Chair Yoga Exercise (2nd) 10:30 Cute Animals of the Week (3rd) 1:00 Outside Games: Cornhole (FP) 1:30 Matinee: <i>An Affair To Remember</i> (2nd) 3:30 Long Island Iced Tea Super Happy Hour (1st) 6:30 Rummikub (1st)
2 9:00 TV Catholic Mass (3rd) 9:30 Morning Meeting (2nd) 10:00 Finish the Movie Title (2nd) 10:30 Stretch Exercise (2nd) 11:00-1:00 Wine & Dine (DR) 1:15 Worship Service with Chaplain Beverly (Ch) 2:15 Bingo (DR) 3:30 Sunshine & Chat (FP) 6:30 Yahtzee (1st)	<ul> <li>21 22</li> <li>9:00 Morning Meeting (2nd)</li> <li>9:30 Rosary (Ch)</li> <li>10:00 Yoga Fitness by Bill Kringe (Ch)</li> <li>1:00 News of the Week (2nd)</li> <li>1:30 Interactive Music Class</li> <li>With Cynthia Ritchey (2nd)</li> <li>2:30 Providence Place Olympics:</li> <li>Opening Ceremony Parade (FP)</li> <li>3:00 Providence Place Olympics:</li> <li>Axe Throwing (FP)</li> <li>6:30 Pinochle Players Club (3rd)</li> </ul>	<ul> <li>23</li> <li>9:00 Morning Meeting (2nd)</li> <li>9:30 Shopping Trip: Wal-Mart**\$\$ (OOB)</li> <li>10:00 Stretch Exercise (2nd)</li> <li>10:30 Cooking Club: Red, White &amp; Blue Buffalo Puppies (C)</li> <li>1:00 Prayer Service &amp; Communion (Ch)</li> <li>3:00 Providence Place Olympic: Ladder Ball (FP)</li> <li>4:00 K-9 Companion with Harvey (1st)</li> <li>6:30 Scrabble (1st)</li> </ul>	24 9:00 Morning Meeting & Tea (2nd) 10:00 Prayer Service (Ch) 10:30 Balance in Action Exercise (2nd) 12:30 Sing-a-Long with Kathy (CN) 1:30 Country Ride** (OOB) 1:30 Circle of Friends (SR) 2:00 Ed-U Presentation: <i>Tortoises</i> by Noah Boshek (2nd) 3:00 Providence Place Olympics: Cornhole (FP) 6:30 Dominoes (1st)	<ul> <li>25</li> <li>9:00 Morning Meeting (2nd)</li> <li>9:30 Rosary (Ch)</li> <li>9:30 Sit &amp; Be Fit Exercise (2nd)</li> <li>10:00 Campus Store (2nd)</li> <li>10:30 Guided Meditation (SR)</li> <li>1:00 Snow Cones with Friends (1st)</li> <li>2:30 Providence Place Olympics: Pool Noodle Javelin (FP)</li> <li>3:00 Providence Place Olympics: Closing Ceremony: Awards (1st)</li> <li>6:30 Pinochle Players Club (3rd)</li> </ul>	26 9:00 Morning Meeting (2nd) 9:30 Hand Weights Exercise (2nd) 10:00 Bible Study with Chaplain Bev (Ch) 10:30 Hymn Sing (Ch) 1:00 Baking with Nancy: Ice Box Cake (C) 1:30 Our Journey Together With Chaplain Beverly (Ch) 2:00 Virtual Zoo Tour: San Diego Zoo (CN) 3:00 Sunshine & Drinks: Peach Tea (FP) 4:00 Birthday Celebration (DR) 6:30 Boggle (1st)	27 9:00 Morning Meeting (2nd) 9:30 Rosary (Ch) 10:00 Chair Yoga Exercise (2nd) 10:30 Planning for August (3rd) 1:00 Outside Games: Bocce (FP) 1:30 Summer Beach Luau (CN) 1:30 Matinee: My Big Fat Greek Wedding 2 (2nd) 3:00 Men's Club: Poker (2nd) 3:00 Sunshine & Chat (FP) 6:30 Rummikub (1st)
2 9:00 TV Catholic Mass (3rd) 9:30 Morning Meeting (2nd) 10:00 Front Porch Fishing: Interactive Fishing (FP) 10:30 Chair Zumba Alyson Cara (2nd) 11:00-1:00 Wine & Dine (DR) 1:15 Worship Service with Chaplain Beverly (Ch) 2:15 Bingo (DR) 6:30 Yahtzee (1st)	<ul> <li>28 29</li> <li>9:00 Morning Meeting (2nd)</li> <li>9:30 Rosary (Ch)</li> <li>10:00 Yoga Fitness by Bill Kringe (Ch)</li> <li>1:00 Group Crossword Challenge (1st)</li> <li>1:30 Dining Demo (DR)</li> <li>2:00 Bingo (DR)</li> <li>3:00 Ed-U Health Presentation with Our Director of Nursing (2nd)</li> <li>6:00 Color Me Calm (1st)</li> <li>6:30 Pinochle Players Club (3rd)</li> </ul>	30 9:00 Morning Meeting (2nd) 9:30 Shopping Trip: Marks Wholesale **\$\$ (OOB) 10:00 Stretch Exercise (2nd) 1:00 Prayer Service & Communion (Ch) 2:00 Musical Entertainment: George Rittenhouse (DR) 3:00 Community Meeting (DR) 3:30 Destination Discovery (CN) 6:30 Scrabble (1st)	31 9:00 Morning Meeting & Tea (2nd) 10:00 Prayer Service with Chaplain Beverly (Ch) 12:30 Sing-a-Long with Kathy (CN) 10:30 Balance in Action Exercise (2nd) 1:00 Ed-U: <i>Benjamin Franklin</i> Presentation: By Joe McDevitt (2nd) 1:30 Circle of Friends (SR) 3:00 Celebration of Life Service (Ch) 6:30 Dominoes (1st)	Calendar Key: ** Registration Required \$\$ Cost Involved (OOB) Out of Building, (FP) Front Porch, (SR) Sunroom, (DR) Dining Room, (Ch) Chapel, (1st) First Floor, (2nd) Second Floor, (3rd) Third Floor, (ML) Meet in Main Lobby, (C) Café, (CN) Connections Neighborhood	THE	lub

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