

Focus on Wellness

SUMMER is here! Be sure to make the most of the season with these healthy tips:

- Stay Hydrated with plenty of water
- Use sunscreen and shade to enjoy the outdoors
- Enjoy socializing with friends in nature
- Enjoy local, seasonal produce in our dining programs

Please enjoy all of our outdoor walking paths and activities. Check your calendar for outings and family events!



Resident Birthdays

July

Bernetta Smeltzer
Edmund Pienkosz
Janet Walters
Ellen Soika
Joan Foust
Angeline Lapinsky
Merritt Snear
Laverne Schmid
David Kauffman

Marian Auyash
Pauline Gula
Ramon Santiago
Shirley Heckrote
Eleanor Stashko
Edythe Weller

August

Agatha Synoraski
Irene Moscon
Josephine Bogansky
Margaret Sinclair
Marie Wolk
Olga Mizin
Susan Mooney
Camille Beccone
Jean Stecker
Lillian Rogers
Mary Vertucci
Nelda Ryan

September

Anita Molitoris
Glenda Smith
Mary Kost
Rita Novak
Norbert Markiewicz
Danae Renn
Patricia Gasser



Providence Place SENIOR LIVING News

Q3: July 2024

A Note from the Executive Director

“Summer means happy times and good sunshine”

Summer is finally here and our annual summer party was a huge success! The residents enjoyed dancing and singing along to the polka band. We had over 100 residents & family members play bingo with us. The weather was perfect, and everyone had a wonderful time. A special thank you to all staff and local businesses for their grateful donations of tricky trays. Also, thank you to all the volunteers that came and helped throughout the day. We are already brainstorming ideas for next year’s theme.

Be sure to check the activities calendar as there are many exciting things to do from Christmas in July to hosting Providence Place Summer Olympics for the residents. Our opening ceremony will start with a parade on July 22nd and closing ceremony will be July 25th. We cannot wait to see the residents participate in the games.

As always, I am here for any questions or concerns you may have.

Best,

Missie Jacoby
Executive Director

Highlighted Events

- 4 - **4th of July Cookout & Cornhole Tournament** @ 11am
- 12 - **Diner’s Caravan:** Perkins @ 10:30am
- 13 - **Christmas in July Matinee** @ 1:30pm
- 22-25 - **PP Olympic Games**
see calendar for details
- 30 - **Musical Entertainment:**
George Rittenhouse @ 2pm

Welcome New Residents

Mary Jane N.
John M.



For Community Life activities, campus events and Providence Place happenings, please follow our Facebook page at www.Facebook.com/ProvPlace.



To sign up to receive this quarterly newsletter and monthly events calendar via email, please contact us to subscribe at Info@Prov-Place.com.



www.Providence-Place.com

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<h1>July</h1> <h1>2024</h1>	1	2	3	4	5	6
	9:30 Rosary (Ch) 10:00 Yoga Fitness by Bill Kringe (Ch) 10:00 Bridge Club (3rd) 1:30 July Monthly Gazette (1st) 2:00 Ice Cream Trip: Milkhouse Creamery **\$\$ (OOB) 3:30 Sunshine Committee (2nd) 6:30 Pinochle Players Club (3rd)	9:30 Shopping Trip: Goodwill **\$\$ (OOB) 10:00 Stretch Exercise (2nd) 1:00 Prayer Service & Communion (Ch) 2:30 Team Resident Challenge: Corn Shucking Contest (FP) 3:30 Destination Discovery: America's Acadia National Park (CN) 6:00 Color Me Calm (1st) 6:30 Scrabble (1st)	9:30 Junk Drawer Detective (1st) 10:00 Prayer Service with Chaplain Bev (Ch) 10:30 Balance in Action Exercise (2nd) 1:30 Circle of Friends (SR) 2:30 Musical Entertainment Featuring Glenn Faul (DR) 3:30 Beachball Extravaganza Game (FP) 6:30 Dominoes (1st)	9:30 Rosary (Ch) 9:30 Sit & Be Fit Exercise (2nd) 10:00 Mass with Father Binesh (DR) 10:30 Today in History (2nd) 11:00-1:00 4th of July Cook-Out (FP) 1:00 Cornhole Tournament (FP) 2:30 Ed-U: America; <i>A Nation Of Immigrants</i> by Lester Hirsh (3rd) 6:30 Pinochle Players Club (3rd) Independence Day	9:30 Hand Weights Exercise (2nd) 10:00 Bible Study with Chaplain Bev (Ch) 10:30 Hymn Sing (Ch) 1:30 Our Journey Together With Chaplain Bev (SR) 2:00 All About July Trivia (1st) 3:30 Walking Club (ML) 6:30 Boggle (1st)	9:30 Rosary (Ch) 10:00 Chair Yoga Exercise (2nd) 10:30 Mindful Meditation (3rd) 1:00 Craft Club: Salt Fireworks (2nd) 1:30 Matinee: <i>Pearl Harbor</i> (2nd) 3:30 Lynchburg Lemonade Super Happy Hour (1st) 6:30 Rummikub (1st)
7	8	9	10	11	12	13
9:00 TV Catholic Mass (3rd) 10:00 Finishing The Lines (2nd) 10:30 Strength Exercise (2nd) 11:00-1:00 Wine & Dine (DR) 1:15 Worship Service with Chaplain Bev (Ch) 2:15 Bingo (DR) 6:30 Yahtzee (1st)	9:30 Rosary (Ch) 10:00 Yoga Fitness by Bill Kringe (Ch) 10:00 Bridge Club (3rd) 1:30 Interactive Music Class With Cynthia Ritchey (2nd) 2:45 Food For Thought & Tasting: American Apple Pie (C) 3:30 Color Me Calm (1st) 6:30 Pinochle Players Club (3rd)	9:30 Shopping Trip: Dollar Tree/Aldi **\$\$ (OOB) 10:00 Stretch Exercise (2nd) 10:30 Welcome Ambassador Committee Meeting (2nd) 1:00 Prayer Service & Communion (Ch) 1:45 Bingo (DR) 4:00 K-9 Companion with Harvey (1st) 6:30 Scrabble (1st)	9:30 Dot Doodles (1st) 10:00 Prayer Service with Chaplain Beverly (Ch) 10:30 Balance in Action Exercise (2nd) 1:30 Circle of Friends (SR) 2:00 Outdoor Games: Toss Like A Boss Game (FP) 3:00 Manicures and Music (2nd) 6:30 Dominoes (1st)	9:30 Rosary (Ch) 10:00 Sit & Be Fit Exercise (2nd) 10:30 Men's Club Trip: Clips & Pitz Full Klips Barber/Fratelli's **\$\$ (OOB) 1:30 Dessert & Discussion (DR) 2:30 H2 Health Presentation: Better Blatter Matters with Diane (3rd) 3:00 Manicures and Music (2nd) 6:30 Pinochle Players Club (3rd)	9:30 Hand Weights Exercise (2nd) 10:00 Bible Study with Chaplain Bev (Ch) 10:30 Hymn Sing (Ch) 10:30 Diner's Luncheon Caravan: Perkins Family Restaurant **\$\$ (OOB) 1:30 Our Journey Together With Chaplain Beverly (SR) 3:30 Walking Club (ML) 6:30 Boggle (1st)	9:30 Rosary (Ch) 10:00 Chair Yoga Exercise (2nd) 10:30 Christmas Word Search (1st) 1:00 Red & Green Game (2nd) 1:30 Matinee: <i>Christmas in July</i> (2nd) 3:30 Iced Peppermint Hot Chocolate Schnapp's (1st) 6:30 Rummikub (1st)
14	15	16	17	18	19	20
9:00 TV Catholic Mass (3rd) 10:30 Chair Zumba Exercise with Alyson Cara (2nd) 11:00-1:00 Wine & Dine (DR) 1:15 Worship Service with Chaplain Bev (Ch) 2:00 PTPA Theater: <i>Into the Woods</i> **\$\$ (OOB) 6:30 Yahtzee (1st)	9:30 Rosary (Ch) 10:00 Yoga Fitness by Bill Kringe (Ch) 10:00 Bridge Club (3rd) 1:30 Bible Study with Deacon Bob (DR) 2:30 Relax Your Mind Meditation (SR) 3:30 Cranium Crunches (2nd) 6:30 Pinochle Players Club (3rd)	9:30 Shopping Trip: Ollie's Bargain Discount **\$\$ (OOB) 10:00 Stretch Exercise (2nd) 1:00 Prayer Service & Communion (Ch) 1:30 Chef's Parings with Chef Sean (DR) 2:30 Community Life Meeting (2nd) 3:30 Destination Discovery: America's Mammoth Cave (CN) 6:30 Scrabble (1st)	9:30 Family Feud (3rd) 10:00 Prayer Service with Chaplain Beverly (Ch) 10:30 Balance in Action Exercise with Powerback Rehab (2nd) 1:30 Circle of Friends (SR) 2:30 New Resident Mixer (1st) 3:30 7's Out Dice Game (2nd) 6:30 Dominoes (1st)	9:30 Rosary (Ch) 9:30 Sit & Be Fit Exercise (2nd) 10:00 Hilarious Mad Libs (1st) 11:30 Take Out Thursday: 5 Star Chinese Restaurant **\$\$ (1st) 1:30 Name That Tune (2nd) 2:00 Craft Club: Painted Wooden Jellyfish Craft (2nd) 6:30 Pinochle Players Club (3rd)	9:30 Hand Weights Exercise (2nd) 10:00 Bible Study with Chaplain Bev (Ch) 10:30 Hymn Sing (Ch) 1:30 Our Journey Together With Chaplain Bev (SR) 2:30 Ed-U Presentation: <i>Folklore & Coal Mining Songs</i> by Jay Smar (DR) 3:30 Walking Club (ML) 6:30 Boggle (1st)	9:30 Rosary (Ch) 10:00 Chair Yoga Exercise (2nd) 10:30 Finish The Famous Quote (2nd) 1:00 Outside Games: Cornhole (FP) 1:30 Matinee: <i>An Affair To Remember</i> (2nd) 3:30 Long Island Iced Tea Super Happy Hour (1st) 6:30 Rummikub (1st)
21	22	23	24	25	26	27
9:00 TV Catholic Mass (3rd) 10:00 Trivia Challenge (2nd) 10:30 Stretch Exercise (2nd) 11:00-1:00 Wine & Dine (DR) 1:15 Worship Service with Chaplain Beverly (Ch) 2:15 Bingo (DR) 6:30 Yahtzee (1st)	9:30 Rosary (Ch) 10:00 Yoga Fitness by Bill Kringe (Ch) 10:00 Bridge Club (3rd) 1:30 Interactive Music Class With Cynthia Ritchey (2nd) 2:30 Providence Place Olympics: Opening Ceremony Parade (FP) 3:00 Providence Place Olympics: Axe Throwing (FP) 6:30 Pinochle Players Club (3rd)	9:30 Shopping Trip: Wal-Mart **\$\$ (OOB) 10:00 Stretch Exercise (2nd) 10:30 Cooking Club: Red, White & Blue Buffalo Puppies (C) 1:00 Prayer Service & Communion (Ch) 3:00 Providence Place Olympics: Ladder Ball (FP) 4:00 K-9 Companion with Harvey (1st) 6:30 Scrabble (1st)	9:30 America Crossword Search (1st) 10:00 Prayer Service with Chaplain Beverly (Ch) 10:30 Balance in Action Exercise (2nd) 1:30 Circle of Friends (SR) 2:00 Ed-U Presentation: <i>Tortoises</i> by Noah Boshek (2nd) 3:00 Providence Place Olympics: Cornhole (FP) 6:30 Dominoes (1st)	9:30 Rosary (Ch) 9:30 Sit & Be Fit Exercise (2nd) 10:00 Campus Store (2nd) 10:30 Cooking Club: Red, White & Blue Potatoes with Drizzled Butter 2:30 Olympic Game: Pool Noodle Javelin (FP) 3:00 Providence Place Olympics: Closing Ceremony: Awards and Hors d'oeures (1st) 6:30 Pinochle Players Club (3rd)	9:30 Hand Weights Exercise (2nd) 10:00 Bible Study with Chaplain Bev (Ch) 10:30 Hymn Sing (Ch) 1:30 Our Journey Together With Chaplain Bev (SR) 2:00 Walking Club: Laurel Mall ** (OOB) 3:30 Cranium Crunches (1st) 4:00 Birthday Celebration (DR) 6:30 Boggle (1st)	9:30 Rosary (Ch) 10:00 Chair Yoga Exercise (2nd) 10:30 Finishing Lines (2nd) 1:00 Outside Games: Bocce (FP) 1:30 Matinee: <i>My Big Fat Greek Wedding 2</i> (2nd) 3:00 Men's Club: Poker (2nd) 6:30 Rummikub (1st)
28	29	30	31	Calendar Key: ** Registration Required \$\$ Cost Involved (OOB) Out of Building, (FP) Front Porch, (SR) Sunroom, (DR) Dining Room, (Ch) Chapel, (1st) First Floor, (2nd) Second Floor, (3rd) Third Floor, (ML) Meet in Lobby, Café (C)		
9:00 TV Catholic Mass (3rd) 10:00 Front Porch Fishing: Interactive Game (FP) 10:30 Chair Zumba Exercise with Alyson Cara (2nd) 11:00-1:00 Wine & Dine (DR) 1:15 Worship Service with Chaplain Beverly (Ch) 2:15 Bingo (DR) 6:30 Yahtzee (1st)	9:30 Rosary (Ch) 10:00 Yoga Fitness by Bill Kringe (Ch) 10:00 Bridge Club (3rd) 1:30 Dining Demo (DR) 2:00 Bingo (DR) 3:00 Ed-U Health Presentation with Our Director of Nursing (2nd) 6:00 Color Me Calm (1st) 6:30 Pinochle Players Club (3rd)	9:30 Shopping Trip: Mark's Wholesale **\$\$ (OOB) 10:00 Stretch Exercise (2nd) 1:00 Prayer Service & Communion (Ch) 2:00 Musical Entertainment: George Rittenhouse (DR) 3:00 Community Meeting (DR) 3:30 Destination Discovery: America's Grand Canyon (CN) 6:30 Scrabble (1st)	9:30 Humorous Mad Libs 10:00 Prayer Service with Chaplain Beverly (Ch) 10:30 Balance in Action Exercise (2nd) 1:00 Ed-U: Benjamin Franklin Presentation By Joe McDevitt (2nd) 1:30 Circle of Friends (SR) 3:00 Celebration of Life Service (Ch) 6:30 Dominoes (1st)			

