## Focus on Wellness

SUMMER is here! Be sure to make the most of the season with these healthy tips:

- Stay Hydrated with plenty of water
- Use sunscreen and shade to enjoy the outdoors
- Enjoy socializing with friends in nature
- Enjoy local, seasonal produce in our dining programs

Please enjoy all of our outdoor walking paths and activities. Check your calendar for outings and family events!



# Resident Birthdays

#### July

Candice Wall
Paul Yecker
Evelyn Reese
Jeanne Musser
Paul Taylor
Terry Gardner
Suzanne Sheppard
Josephine Graby
Mary Zukovich
Joanna Bullock

#### August

Rita Carbonneau Carol Uhlik Jere Goodman Shirley Shuffelbottom Regina Moyer Joann Gallagher Doris Spina Jan Rutt Marlene Shaffer

### September

Naomi Nagy Evelyn Houck Anna Mary Forry Margaret Pugh



For Community Life activities, campus events and Providence Place happenings, please follow our Facebook page at www.Facebook.com/ProvPlace.



To sign up to receive this quarterly newsletter and monthly events calendar via email, please contact us to subscribe at Info@Prov-Place.com.



www.Providence-Place.com



Q3: July 2024

#### A Note from the Executive Director

Welcome Summer!!

We have some awesome summer programming kicking off this month - please join us for some musical entertainment, our Christmas in July and be sure to attend our "Resident Conversations" with David Leader on 7/31.

Congratulations to Chelsea for welcoming her new addition, we can't wait for them to visit.

In the meantime, we have lots of hands-on-deck from our licensed administrators and leadership team. Feel free to stop in to say hi to any of those working with our team during Chelsea's maternity leave.

Questions or concerns? Please reach out to Kim at: KPerchak@Prov-Place.com.

Enjoy the lovely weather and our outdoor patios and we can't wait to welcome Chelsea back at the end of the month:)

## Highlighted Events

- 4 Chef's Pairing with Scott
  - @ 2pm
- 10 **Musical Entertainment:** Pat Maue (Country) @ 1pm
- 16 **Church Tour Outing:** Living Hope Church
- 18 Community Meeting @ 1pm
- 26-Christmas in July @ 2pm
- 31-Resident Conversation with David Leader @ 3pm

#### Welcome New Residents

Elizabeth D.

William D.

Suzanne B.

Betty Ann T.

Paul N.



Lancaster | 1380 Elm Avenue | Lancaster, PA 17503 | 717-392-4100

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>July</b> 2024	10:00 Stretch & Flex (CH) 10:30 You Tube Travel: 20 Largest Amazon Monsters (CH) 1:00 Who, What, Where, Am I? (CH) 2:00 Artist In us All: Pottery Works with Marcie & Bobbie (AR) 3:15 Balloon Volleyball Challenge (CH) 6:00 Resident Run Bingo (AR)	1 10:00 Weights & Bands Exercise (CH) 10:30 Devotions & Hymn Sing (CH) 10:30 Shopping Trip: Re-Uzit New Holland **\$\$(OOB) 2:00 Entertainment Featuring Nick Viscuso (DR) 3:00 Bingo Helpers in Connections Meet at 3rd FL Elevator 6:00 Resident Run Game Night (AR)	10:00 Chair Yoga with Alyssa (CH) 10:30 Mid Week Worship Service (CH) 1:00 America Says !!! (CH) 2:30 Jeopardy Challenge (CH) 3:15 Bingo Bonanza (CH) 6:00 Mid Week Movie: King Richard (2021) HBO MAX (CH)	10:00 Balance & Flex (CH) 10:30 Our Journey Together (CH) 1:00 Lets Play UNO !!! (AR) 2:00 Chef's Pairing with Scott (AR) 3:00 LCR with Chaplain Jeff (AR) 6:00 Evening Gather & Chat (FL)	10:00 Fun Fitness Games (CH) 10:30 Journey Through The Bible (CH) 12:30 Country Ride & Snack Resident's Choice **\$\$(OOB) 2:00 Entertainment Featuring Vocalist Micheal Moniodis (CH) 3:15 Word in Word with Floats (CH) 6:00 Classic Movie: Casablanca (1942) HBO MAX (CH)	10:00 What's The Word?  Big in the Amazon (CH) 10:30 Saturday Morning Bingo (CH) 1:00 Saturday Ticket Exchange (CH) 2:30 Saturday Social (GL) 3:00 Trivia Time (GL) 6:00 Resident Run Table Top Shuffle Board (BR)
10:00 Team Cuisine Cooking Club: Dream Cupcakes (AR) 2:00 Sunday Social Hour (GL) 3:00 Sunday Worship Service with Communion (CH) 6:00 Evening Wind Down (L)	7 10:00 Stretch & Flex (CH) 10:30 You Tube Travel: 20 Most Unusual Trees (CH) 1:00 Who, What, Where, Am I? (CH) 2:00 Artist in us All Pretty Paper Roses (AR) 3:15 Balloon Volleyball Challenge (CH) 6:00 Resident Run Bingo (AR)	10:00 Weights & Bands Exercise (CH) 10:30 Devotions & Hymn Sing (CH) 2:00 Thankful To You Committee (AR) 3:00 Bingo Helpers in Connections Meet at 3rd FL Elevator 6:00 Resident Run Game Night (AR)	10:00 Movement & Music (CH) 10:30 Mid Week Worship Service (CH) 1:00 Entertainment Featuring Country Singer Pat Maue (CH) 2:30 Jeopardy Challenge (CH) 3:15 Bingo Bonanza (CH) 6:00 Mid Week Movie: Max (2015) HBO MAX (CH)	10:00 Balance & Flex (CH) 10:30 Our Journey Together (CH) 1:00 Ed-U Wellness Presents:  Military Memorabilia with Mary Including Charlie the Dog (CH) 2:00 Ed-U Presents: Bob Reigh The Trivia Guy (AR) 3:00 LCR with Chaplain Jeff (AR) 6:00 Evening Gather & Chat (FL)	10:00 Fun Fitness Games (CH) 10:30 Journey Through The Bible (CH) 12:30 Country Ride & Snack New Providence, PA **\$\$(OOB) 2:00 Entertainment Featuring Guitarist Keil Holland (CH) 3:15 Word in Word with Floats (CH) 6:00 Classic Movie: The Thief of Bagdad (1940) HBO(CH)	13 10:00 What's The Word? Barking Up The Tree (CH) 10:30 Saturday Morning Bingo (CH) 1:00 Saturday Ticket Exchange (CH) 2:30 Saturday Social (GL) 3:00 Entertainment Featuring Organist Gary Coller (CH) 6:00 Resident Run Table Top Shuffle Board (BR)
10:00 Team Cuisine Cooking Club: Tuna Macaroni Salad (AR) 2:00 Sunday Social Hour (GL) 3:00 Sunday Worship Service (CH) 6:00 Evening Wind Down (L)	14 10:00 Stretch & Flex (CH) 10:30 DW Documentary: New Life For Italy's Ghost Towns (CH) 1:00 Who, What, Where, Am I? (CH) 2:00 Artist in Us All Tissue Paper Marigolds (AR) 3:15 Balloon Volleyball Challenge (CH) 6:00 Resident Run Bingo (AR)	10:00 Weights & Bands Exercise (CH) 10:30 Devotions & Hymn Sing (CH) 11:00 Shop & Dine: Flinchbaugh Orchards and Jim Mack's Ice Cream **\$\$(OOB) 3:00 Sequence with Alyssa (AR) 6:00 Resident Run Game Night (AR) 6:00 Dementia Support Group (1st FL)	10:00 Chair Yoga W Alyssa (CH) 10:30 Mid Week Worship Service (CH) 1:00 Church Tour:    LCBC Manheim **(OOB) 3:15 Bingo Bonanza (CH) 6:00 Mid Week Movie:    42 (2013) HBO MAX (CH)	10:00 Balance & Flex (CH) 10:30 Our Journey Together (CH) 1:00 Community Meeting With Department Heads (CH) 2:00 Sunshine Committee With Chaplain Jeff (AR) 3:00 LCR with Chaplain Jeff (AR) 6:00 Evening Gather & Chat (FL)	19 10:00 Fun Fitness Games (CH) 10:30 Journey Through The Bible (CH) 10:30 Shopping Run: John Herr's **\$\$(OOB) 2:00 Ed-U Presents Butterflies And Moths with Lisa Sanchez (CH) 3:15 Word in Word with Floats (CH) 6:00 Classic Movie: Of Mice and Men (1939) HBO MAX (CH)	10:00 What's The Word? Ghost Town Hall (CH) 10:30 Saturday Morning Bingo (CH) 1:00 Saturday Ticket Exchange (CH) 2:30 Saturday Social (GL) 3:00 Trivia Time (GL) 6:00 Resident Run Table Top Shuffle Board (BR)
10:00 Team Cuisine Cooking Club: Strawberry Surprise Cupcakes (AR) 2:00 Sunday Social Hour (GL) 3:00 Sunday Worship Service (CH) 6:00 Evening Wind Down (L)	21 10:00 Stretch & Flex (CH) 10:30 DW Documentary:     Kiribati, South Pacific (CH) 1:00 Who, What, Where, Am I? (CH) 2:00 Artist in Us All:     Woodcraft with Amber (AR) 3:15 Balloon Volleyball Challenge (CH) 6:00 Resident Run Bingo (AR)	10:00 Weights & Bands Exercise (CH) 10:30 Devotions & Hymn Sing (CH) 11:00 Lunch Outing: Mission BBQ **\$\$ (OOB) 2:00 Entertainment Featuring Guitarist Quentin Jones (DR) 3:00 Bingo Helpers in Connections Meet at 3rd FL Elevator 6:00 Resident Run Game Night (AR)	10:00 Movement & Music (CH) 10:30 Mid Week Worship Service (CH) 1:00 Pictionary Pros !!! (CH) 2:00 CECA Award Ceremony (DR) 3:15 Bingo Bonanza (CH) 6:00 Mid Week Movie:  Temple Grandin (2010) HBO (CH)	10:00 Balance in Action with Amy (CH) 10:30 Our Journey Together (CH) 1:00 Lets Play UNO !!!! (AR) 2:00 Men's Club With Chaplain Jeff (AR) 3:00 LCR with Chaplain Jeff (AR) 6:00 Evening Gather & Chat (FL)	10:00 Fun Fitness Games (CH) 10:30 Journey Through The Bible (CH) 10:30 Shopping Run: Dollar Tree **\$\$ (OOB) 2:00 Christmas in July Featuring Santa Nelly (DR) 3:15 Word in Word with Floats (CH) 6:00 Classic Movie: Stagecoach (1939) HBO MAX (CH)	10:00 What's The Word? As The Tide Rises (CH) 10:30 Saturday Morning Bingo (CH) 1:00 Saturday Ticket Exchange (CH) 2:30 Saturday Social (GL) 3:00 Trivia Time (GL) 6:00 Resident Run Table Top Shuffle Board (BR)
10:30 Mid Summer Brunch (DR) 12:30 Mid Summer Brunch (DR) 3:00 Sunday Worship Service (CH) 6:00 Evening Wind Down (L)	10:00 Stretch & Flex (CH) 10:30 You Tube Travel: Journey Through Greek History (CH) 1:00 Who, What, Where, Am I ? (CH) 2:00 Artist in Us All Quirky Cork Giraffes (AR) 3:15 Balloon Volleyball Challenge (CH) 6:00 Resident Run Bingo (AR)	10:00 Weights & Bands Exercise (CH) 10:30 Devotions & Hymn Sing (CH) 10:30 Shopping Trip: Community Aide **\$\$OOB 2:00 Bingo Bonanza !!! (CH) 3:00 Bingo Helpers in Connections Meet at 3rd FL Elevator. 6:00 Resident Run Game Night (AR)	10:00 Movement & Music (CH) 10:30 Mid Week Worship Service (CH) 1:00 Dining Meeting With Executive Chef Andy (CH) 2:00 Community Life Planning Meeting (CH) 3:00 Resident Conversations With David Leader (CH) 6:00 Mid Week Movie: Something the Lord Made (2005) (CH)	Calendar Key: (BR) Billiards Room, (CH) Chapel, (AR) Activity Room (S) Salon, (GL) Governors Lounge (LB) Library, (DR) Dining Room (FL) Front Lobby, (FP) Front Porch (OOB) Out of Building  ** Registration Required \$\$ Cost Involved	Comn	nunity <b>Life</b>