Q3: July 2024

A Note from the Executive Director

Thank you to all of the family & friends that joined us for our Summer Carnival -- we all had great time and appreciate those that came and enjoyed some fun in the sun with us.

As we enjoy summer weather - please remember the importance of staying cool and hydrated during the hot months!

Our Pine Grove campus will be starting it's own Dementia Support group in July - this monthly event will be hosted on the last Thursday of each month at 6pm with light refreshments. We invite all family members & friends as well as other residents to join to learn more about dementia and ways to help our loved ones and each other navigate the challenges.

We invite everyone to our July brunch which will be hosted on 7/21 10:30a-12p - please call reception to reserve a spot with your loved one(s)!

Best,

Cynthia Martin Executive Director

Highlighted Events

- 9 Bible Study with Chaplain Brittany@ 2pm
- 18 EdU Presentation: Arthritis Management w/ Bayada @ 10:30am
- 21 **Sunday Brunch** @ 10:30am Families Welcome!
- 25- Dementia Support Group @ 6pm - New at Pine Grove!
- 28 **Country Ride** @ 1:30pm

(Nelcome New Residents

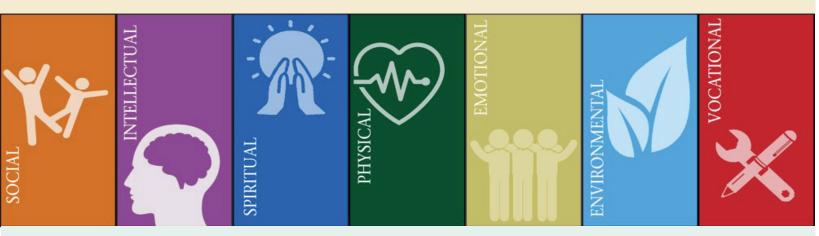
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Focus on Wellness

SUMMER is here! Be sure to make the most of the season with these healthy tips:

- Stay Hydrated with plenty of water
- Use sunscreen and shade to enjoy the outdoors
- Enjoy socializing with friends in nature
- Enjoy local, seasonal produce in our dining programs

Please enjoy all of our outdoor walking paths and activities. Check your calendar for outings and family events!



Resident Birthdays August

July

Mary Jane Hauer Rhoda Daubert Charles Salen **Chester Powers** Margaret Marino Joseph Bates Arlene Kissinger Lynne Koenig **Edward Wassel**

John Heinbach Helen Miller Carol Tripp Robert Hohman Anna D'Allessandro Ina Pijar Marguerite Zimmerman Carolyn Rorabaugh

September

Joan Fede Frederick Lehr Gloria Seaman



For Community Life activities, campus events and Providence Place happenings, please follow our Facebook page at www.Facebook.com/ProvPlace.



To sign up to receive this quarterly newsletter and monthly events calendar via email, please contact us to subscribe at Info@Prov-Place.com.



www.Providence-Place.com