

# Focus on Wellness

SUMMER is here! Be sure to make the most of the season with these healthy tips:

- Stay Hydrated with plenty of water
- Use sunscreen and shade to enjoy the outdoors
- Enjoy socializing with friends in nature
- Enjoy local, seasonal produce in our dining programs

Please enjoy all of our outdoor walking paths and activities. Check your calendar for outings and family events!



## Resident Birthdays

### July

Mary Rowcotsky  
Antje Johns  
Elizabeth Dunkel  
Arthur Kelly  
Anna Mae Bondura  
Carol Pizzico

### August

Nancy Reber  
Adele Llewellyn  
Carol Benner  
George Lescosky  
Rita Yarnell  
Ellen Nevada  
Jane DiCasimirro  
John Lazarski  
Robert McQuillan  
Edward Snyder  
Mollie Katchur

### September

Barbara Webber  
Sang O'Reilly  
Agnes Leffler  
Clara Mason  
Regina Kenesky  
Lois Rilo  
Gladys Bachman  
James Smith  
Loreen Miller

Grace Kopko  
Audrey Serrian  
Sally Houseknecht  
Janet Merryfield  
Richard Kunkel



For Community Life activities, campus events and Providence Place happenings, please follow our Facebook page at [www.Facebook.com/ProvPlace](http://www.Facebook.com/ProvPlace).



To sign up to receive this quarterly newsletter and monthly events calendar via email, please contact us to subscribe at [Info@Prov-Place.com](mailto:Info@Prov-Place.com).



[www.Providence-Place.com](http://www.Providence-Place.com)



# Providence Place SENIOR LIVING News

Q3: July 2024

## A Note from the Executive Director

You will see two new faces around our Pottsville community. We have hired a new Business Office Manager, Candace Sadusky, whom many of you may have spoken to already, and Lauren Tobin, Director of Sales. Please stop by and say hello. As I continue to settle in, I am meeting many of you and working hard to assist with any concerns you may have. Please continue to reach out to me at any time.

Mark your calendar for our July brunch! We will be hosting this on Saturday the 20<sup>th</sup>. Please call ahead and make reservations with our receptionist.

As we celebrate Independence Day, please join us to enjoy a picnic style lunch with your family on the 4<sup>th</sup>.

Our first Summer Concert Series was a success! Elvis will be in the house Wednesday, July 10<sup>th</sup> at 7pm. You don't want to miss the King of Rock and Roll! Event is open to the public and free to attend - please BYOC (bring your own chair) and enjoy ice cream sundaes and live music with your loved ones!

Our campus received a donation of strawberries from B&R farms, in Ringtown. They were picked and delivered to us and Jake and his team made delicious desserts for your loved ones -- everyone was thrilled. We want to thank the local farm for their donation and let them know how delightful it was.

Blessings,

*Julie Wallace*  
Executive Director

## Highlighted Events

- 4 - **4th of July Picnic** @ 11am
- 10 - **Summer Concert Series: Elvis**  
@ 7pm - all welcome!
- 17 - **Community Meeting** @ 2pm
- 25 - **Pet Visit** @ 2pm

## Welcome New Residents

Arlene F.  
Thomas D.  
Rita Y.  
Grace K.  
Joe B.  
Barbara M.  
Donald K.  
Florence S.  
John S.  
George L.  
Joan W.  
Scott W.

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
<h1>July 2024</h1>	1 9:30 Daily Meeting & Chronicle (P) 10:00 Creative Crafting: Patriotic Patriotic Straw Wreath (P) 10:30 Seated Yoga with Michele (P) 1:00 Hat Game (P) 2:00 Worship with Chaplain Brittany (CH) 3:00 Circle of Friends (CH) 3:30 Afternoon Fitness Walkers (TB) 6:00 Puzzles (3F)	2 9:30 Daily Meeting & Chronicles (P) 10:00 Total Arm Strengthening Exercise (P) 10:30 Total Leg Strengthening Exercise (P) 1:30 Golden Voices Choir Practice (P) 2:00 Bible Study (CH) 3:00 Trivia: Independence Day (P) 3:30 Helping Hands: Setting Up Bingo (P) 6:00 Nickel Bingo \$\$ (P)	3 9:30 Good Morning Café (P) 10:00 Daily Meeting & Chronicle (P) 10:30 P2 Horse Race (P) 1:30 Reminiscing Past Fourth of July Celebrations (P) 2:00 Acrylic Paint Class with Shannon (P) 2:00 Worship with Chaplain Brittany (CH) 3:00 Our Journey Together (CH) 3:00 Penny Pitching (P) 6:00 Resident Run Card Games (P)	4 9:30 Morning Trailblazers (P) 10:00 Daily Meeting & Chronicles (P) 10:30 Helping Hands: Setting up Picnic (1FP) 11:00-1:00 July 4th Picnic (1FP) 1:00 States & Capitals Trivia ( CNS) 3:00 Patriotic Parfaits on the Patio (CNS) 3:30 Corn Hole Toss (CNS) 6:00 Enjoying Music with Friends (ML)  Independence Day	5 9:30 Daily Meeting & Chronicle (P) 10:00 Hand & Wrist Flexion (P) 10:30 Memory Magic (P) 1:30 Seated Zumba with Michele (P) 2:30 Brain Games: What's for Dessert (P) 3:00 Communion Service with Chaplain Henninger (CH) 3:30 Afternoon Fitness Walkers (TB) 6:00 Resident Run Pinochle Game (P)	6 9:30 Morning Trailblazers (P) 10:00 Daily Meeting & Chronicle (P) 10:30 Wall Memory (P) 1:00 Helping Hands: Setting up Bingo (P) 2:00 Nickel \$\$ Bingo (P) 3:30 Vagabond Travelers: <i>18 Best Places To Visit in France</i> (P) 6:00 Color Me Creative (P)	
	7 9:00 Hymn Sing (P) 9:30 Live Stream: Trinity Lutheran Church (CH) 10:30 Balance in Action (P) 1:00 Sunday Matinee: <i>Fried Green Tomatoes</i> (P) 3:00 Communion Service with Chaplain Henninger (CH) 6:00 Resident Run Connect 4 (P)	8 9:30 Daily Meeting & Chronicles (P) 10:00 Conversion Stones (P) 10:30 Seated Yoga with Michele (P) 1:00 Creative Crafting: Painting Bird Houses (P) 1:30 Ball Toss Challenge (P) 2:00 Worship Service with Chaplain Brittany (CH) 3:00 Circle of Friends (CH) 6:00 Resident Run Card Games (P)	9 9:30 Daily Meeting & Chronicles (P) 10:00 Balloon Volleyball (P) 10:30 Let's Talk: Conversation Topics (P) 1:30 Card Games: UNO (P) 2:00 Bible Study (P) 2:30 Helping Hands: Preparing Blueberries for Sundaes (P) 6:00 Nickel Bingo \$\$ (P)	10 9:30 Good Morning Café (P) 10:30 Light in Lively Exercise (P) 2:00 Worship Service with Chaplain Brittany (CH) 3:00 Our Journey Together (CH) 3:30 Helping Hands: Setting up for the Concert (FP & PL) 7:00 Summer Concert Series: Elvis by Dennis Heckard (FP & PL)	11 9:30 Daily Meeting & Chronicles (P) 10:00 Keep Kicking Kickball (P) 1:00 Zumba with Michele (CNS) 1:30 Musical Engagement with Cynthia (CNS) 2:30 Relax & Refresh Social (CNS) 3:30 Junk Drawer Detective (CNS) 6:00 Color Me Creative (P)	12 9:30 Daily Meeting & Chronicles (P) 10:30 History of the Eiffel Tower (P) 1:00 Table Hockey (P) 1:30 Zumba with Michele (P) 3:00 Mass & Confession with Father Karpyn (CH) 3:30 Baking Club: Making Smore Pudding (P) 6:00 Resident Run Pinochle Game (P)	13 9:30 Daily Meeting & Chronicles (P) 10:00 Creative Crafting: Making Suncatchers (P) 1:00 Hat Game (P) 2:00 Nickel Bingo \$\$ (P) 3:00 Doc-U Series: <i>Edgar Degas - The Provocative Painter</i> (P) 6:00 Fireside Chat with Friends (ML)
	14 9:00 Hymn Sing (P) 10:00 Live Stream: St. John UCC (P) 10:30 Balance in Action (P) 1:00 Sunday Matinee: <i>Pillow Talk</i> (P) 3:00 Communion Service with Chaplain Henninger (CH) 6:00 Resident Run Connect 4 (P)	15 9:30 Brain Games: Name the Word (ML) 10:00 Daily Meeting & Chronicle (P) 10:30 Seated Yoga with Michele (P) 1:30 Table Hockey (P) 2:00 Worship Service with Chaplain Britany (CH) 3:00 Circle of Friends (CH) 6:00 Puzzles (3FL)	16 9:30 Daily Meeting & Chronicles (P) 10:00 Morning Trailblazers (TB) 10:30 Chef's Table Cooking Demo (DR) 1:00 Inside Mini Golf (P) 2:00 Bible Study (CH) 3:00 Memory Magic (P) 3:30 Helping Hands: Setting up Bingo (P) 6:00 Nickel Bingo \$\$ (P)	17 9:30 Good Morning Café (P) 10:30 Balance in Action with Powerback Rehabilitation (P) 1:00 Baking Club: Making Fruit Salad (P) 2:00 Worship Service with Chaplain Brittany (CH) 3:00 Our Journey Together (CH) 6:00 Resident Run Card Games (P)	18 9:30 Daily Meeting & Chronicles (P) 10:00 Bean Bag Challenge (P) 11:00 Afternoon Fitness Walkers (TB) 1:30 Zumba with Michele (CNS) 2:30 Hydration Station with Lemonade (CNS) 3:30 Manicures with Music (CNS) 6:00 Penny Pitching (P)	19 9:30 Daily Meeting & Chronicles (P) 10:00 Wall Scramble (P) 1:30 Seated Zumba with Michele (P) 2:30 Balloon Table Tennis (P) 3:00 Communion Service with Chaplain Henninger (CH) 3:30 Afternoon Trail Walk (OOB) 6:00 Resident Run Pinochle Game (P)	20 9:30 Daily Meeting & Chronicles (P) 10:00 Creative Crafting: Making Patriotic Window Stars (P) 1:00 Brain Games: Word within a Word (P) 2:00 Nickel Bingo \$\$ (P) 3:30 Vagabond Travelers: <i>The Ten Top Treasures in the Louvre Museum</i> (P) 6:00 Color Me Creative (P)
	21 9:00 Hymn Sing (P) 9:30 Live Stream: Trinity Lutheran Church (P) 10:30 Balance in Action (P) 1:00 Sunday Matinee: <i>Driving Miss Daisy</i> (P) 3:00 Communion Service with Chaplain Henninger (CH) 6:00 Resident Run Connect 4 (P)	22 9:30 Daily Meeting & Chronicles (P) 10:00 Creative Crafting: Straw Painting Flowers (P) 10:30 Seated Yoga with Michele (P) 1:30 Clipping Coupons for Our Troops (P) 2:00 Worship Service with Chaplain Brittany (CH) 3:00 Circle of Friends (CH) 6:00 Fireside Chat with Friends (ML)	23 9:30 Daily Meeting & Chronicles (P) 10:00 Cheerful Club :Making Thank you Gift Bags for Maintenance Men (P) 1:00 Spa Manicures (P) 2:00 Bible Study (P) 3:00 Pancake Race (P) 3:30 Helping Hands: Setting up Bingo (P) 6:00 Nickel Bingo \$\$ (P)	24 9:30 Good Morning Café (P) 10:30 Lite in Lively (P) 1:30 Outdoor Excursion (OOB) (CNS) 3:00 Memory Magic (P) 3:30 Group Discussion: What Makes you Happy (P) 6:00 Resident Run Card Games (P)	25 9:30 Daily Meeting & Chronicle (P) 10:00 Creative Crafting: Making Clay Trinket Bowls (P) 1:30 Zumba with Michele (CNS) 2:30 Hydration Station with Apple Spritzers (CNS) 3:00 Manicures & Music (CNS) 6:00 Resident Run Pinochle Game (P)	26 9:30 Daily Meeting & Chronicles (P) 10:00 Ed-U Presentation: <i>Historic Moon Walk</i> (P) 1:30 Seated Zumba with Michele (P) 2:30 Let's Talk using Conversation Stones (P) 3:00 Communion Service with Chaplain Henninger (CH) 6:00 Resident Run Pinochle Game (P)	27 9:30 Daily Meeting & Chronicle (P) 10:00 Creative Crafting: Making Molding Dough (P) 1:00 Creative Crafting: Molding Items Your Choice (P) 2:00 Nickel Bingo \$\$ (P) 3:30 Vagabond Travelers: <i>Highlights of Paris—Eiffel &amp; Monet To Crème Brulee with French Croissants</i> (P) 6:00 Fireside Chat with Friends (P)
	28 9:00 Hymn Sing (P) 10:00 Live Worship: St. John UCC (P) 10:30 Balance in Action (P) 1:00 Sunday Matinee: <i>An American in Paris</i> (P) 3:00 Communion Service with Chaplain Henninger (CH) 6:00 Resident Run Connect 4 (P)	29 9:30 Morning Trailblazers (OOB) 10:00 Daily Meeting & Chronicles 10:30 Seated Yoga with Michele (P) 1:30 Table Tennis (P) 2:00 Worship Service with Chaplain Brittany (CH) 3:00 Circle of Friends (CH) 3:30 Keep Kicking Kickball (P) 6:00 Puzzles (3F)	30 9:30 Daily Meeting & Chronicles (P) 10:30 Balloon Volleyball (P) 1:30 Trivia: Pictionary (P) 2:00 Bible Study (P) 2:00 Creative Crafting: Painting Our Clay Trinkets (P) 3:00 Kerplunk (P) 6:00 Nickel Bingo \$\$ (P)	31 9:30 Good Morning Café (P) 10:30 Light in Lively (P) 1:00 Identifying the Birds are in our Back Yard (P) 2:00 Worship Service with Chaplain Brittany (CH) 3:00 Our Journey Together (CH) 3:30 Afternoon Fitness Walkers (TB) 6:00 Resident Run Card Games (P)	<b>Calendar Key:</b> ** Registration Required \$\$ Cost Involved 1FP 1st Floor Patio 3FL 3rd floor Lounge P Pub CH Chapel OOB Out Of Building DR Dining Room ML Main Lobby TB Throughout Building FP Front Pavillon PL Parking Lot		

# THE Club