## Focus on Wellness

SUMMER is here! Be sure to make the most of the season with these healthy tips:

- Stay Hydrated with plenty of water
- Use sunscreen and shade to enjoy the outdoors
- Enjoy socializing with friends in nature
- Enjoy local, seasonal produce in our dining programs

Please enjoy all of our outdoor walking paths and activities. Check your calendar for outings and family events!



# Resident Birthdays August September

### July

Mary Rowcotsky Antje Johns Elizabeth Dunkel Arthur Kelly Anna Mae Bondura Carol Pizzico

Nancy Reber Adele Llewellyn Carol Benner George Lescosky Rita Yarnell Ellen Nevada Iane DiCasimirro John Lazarski Robert McQuillan **Edward Snyder** Mollie Katchur

Barbara Webber Sang O'Reilly Agnes Leffler Clara Mason Regina Kenesky Lois Rilo Gladys Bachman James Smith Loreen Miller

Grace Kopko Audrey Serrian Sally Houseknecht Janet Merryfield Richard Kunkel



For Community Life activities, campus events and Providence Place happenings, please follow our Facebook page at www.Facebook.com/ProvPlace.



To sign up to receive this quarterly newsletter and monthly events calendar via email, please contact us to subscribe at Info@Prov-Place.com.



www.Providence-Place.com



**O3: July 2024** 

### A Note from the Executive Director

You will see two new faces around our Pottsville community. We have hired a new Business Office Manager, Candace Sadusky, whom many of you may have spoken to already, and Lauren Tobin, Director of Sales. Please stop by and say hello. As I continue to settle in, I am meeting many of you and working hard to assist with any concerns you may have. Please continue to reach out to me at any time.

Mark your calendar for our July brunch! We will be hosting this on Saturday the 20<sup>th</sup>. Please call ahead and make reservations with our receptionist.

As we celebrate Independence Day, please join us to enjoy a picnic style lunch with your family on the 4th.

Our first Summer Concert Series was a success! Elvis will be in the house Wednesday, July 10th at 7pm. You don't want to miss the King of Rock and Roll! Event is open to the public and free to attend - please BYOC (bring your own chair) and enjoy ice cream sundaes and live music with your loved ones!

Our campus received a donation of strawberries from B&R farms, in Ringtown. They were picked and delivered to us and Jake and his team made delicious desserts for your loved ones -- everyone was thrilled. We want to thank the local farm for their donation and let them know how delightful it was.

Blessings,

Julie Wallace Executive Director

### Highlighted Events

4 - 4th of July Picnic @ 11am

10 - **Summer Concert Series:** Elvis @ 7pm - all welcome!

17 - Community Meeting @ 2pm

25 - **Pet Visit** @ 2pm

### Welcome New Residents

Arlene F.

Thomas D.

Rita Y.

Grace K.

Joe B.

Barbara M.

Donald K.

Florence S.

John S.

George L.

Joan W.

Scott W.



*Pottsville* | 2200 1st Avenue | Pottsville, PA 17901 | 570-628-6950

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	Thursday	FRIDAY	SATURDAY
<b>July</b> 2024	9:30 Brain Games: July Trivia (ML) 10:30 Seated Yoga with Michele (P) 1:30 Sunshine Club Meeting (P) 2:00 Worship Service with Chaplain Brittany (CH) 3:00 Circle of Friends (CH) 3:00 Balloon Volleyball (P) 6:00 Puzzles (3F)	9:30 Morning Steppers (ML) 10:30 Dining Committee Meeting (DR) 1:30 Golden Voices Choir Practice (P) 2:00 Bible Study (CH) 3:00 Helping Hands: Setting up Bingo (P) 6:00 Nickel Bingo \$\$ (P)	9:30 Good Morning Café (P) 10:30 P <sup>2</sup> Horse Race (P) 2:00 Acrylic Paint Class with Shannon **(P) 2:00 Worship Service with Chaplain Brittany (CH) 3:00 Our Journey Together (CH) 3:00 Penny Pitching (P) 6:00 Resident Run Card Games (P)	9:30 Brain Game: Word Play (ML) 10:00 Helping Hands: Setting up for the Picnic (1FP) 11:00-1:00 Fourth of July Picnic (1FP) 2:30 Bean Bag Toss (Pub) 3:30 Community Life Planning Meeting (P) 6:00 Listening to Music with Friends (ML)	9:30 Green Thumbs: Taking Care of Our Plants (TB &1FP) 10:00 Balloon Volleyball (P) 1:30 Seated Zumba with Michele (P) 3:00 Communion Service with Chaplain Henninger (CH) 3:30 Cuisine Club: Making Fruit Salad (P) 6:00 Resident Run Pinochle Game (P)	9:00 Morning Steppers (ML) 10:30 Wall Memory (P) 1:00 Helping Hands: Setting Up Bingo (P) 2:00 Nickel Bingo \$\$ (P) 3:30 Vagabond Travelers: 18 Best Places to Visit in France (P) 6:00 Color Me Creative (P)
	7 8	8 9 10 11 12 13				
9:00 Hymn Sing (P) 9:30 Live Stream:     Trinity Lutheran Church (P) 10:30 Balance in Action (P) 11 & 12 Wine & Dine (DR) 1:00 Sunday Matinee:     Fried Green Tomatoes (P) 3:00 Communion Service with     Chaplain Henninger (CH) 6:00 Resident Run Connect 4 (P)	9:30 Brain Games: Pictionary (ML) 10:30 Seated Yoga with Michele (P) 1:30 Gratitude Club Meeting: Making Gifts for Housekeeping (P) 2:00 Worship Service with Chaplain Brittany (CH) 3:00 Circle of Friends (CH) 3:00 Cuisine Club: Red, White & Blue Cheese Salad (P) 6:00 Puzzles (3F)	9:30 Morning Steppers (ML) 10:30 Balloon Volleyball (P) 11:00 Helping Hands: Prepping Blueberries for Concert (P) 12:00 Souper Tuesday Luncheon: Home Style Chicken Noodle Soup (P) 2:00 Bible Study (CH) 2:00 Jeopardy (P) 6:00 Nickel Bingo \$\$(P)	9:30 Good Morning Café (P) 10:30 Light & Lively Exercise (P) 2:00 Worship Service with Chaplain Brittany (CH) 2:00 Manicures & Mimosas **(P) 3:00 Our Journey Together (CH) 3:30 Helping Hands: Setting up for the Concert (OOB) 7:00 Summer Concert Series: Elvis by Dennis Heckard (FP & PL)	9:30 Brain Games: Finish My Line (ML) 10:30 Keep Kicking Kickball (P) 1:00 Shopping Trip: Walmart ** \$\$ (OOB) 2:00 Craft Corner: Glitter Paper Olympic Metals (P) 3:30 Cuisine Club: Patriot Deviled Strawberries (P) 6:00 Who, What, Where Game (P)	9:30 Green Thumbs: Taking Care of Our Plants (TB &1FP) 10:30 History of the Eiffer Tower (P) 1:30 Seated Zumba with Michele (P) 3:00 Mass & Confession with Father Karpyn (CH) 3:30 Cuisine Club: Red, White & Blue Cheesecake Salad (P) 6:00 Resident Run Pinochle Game (P)	9:00 Morning Steppers (ML) 10:30 Punch for a Prize (P) 1:00 Helping Hands: Setting Up Bingo (P) 2:00 Nickel Bingo \$\$ (P) 3:00 Doc-U Series: Edger Degas - The Provocative Painter (P) 6:00 Color Me Creative (P)
9:00 Hymn Sing (P) 10:00 Live Stream: St. John UCC (P) 10:30 Balance in Action (CH) 11 & 12 Wine & Dine (DR) 1:00 Sunday Matinee: <i>Pillow Talk</i> (P) 3:00 Communion Service with Chaplain Henninger (CH) 6:00 Resident Run Connect 4 (P)	9:30 Brain Games: Name the Word (ML) 10:30 Seated Yoga with Michele (P) 2:00 Silver Fox: Bird Watching & Identifying (1FP) 2:00 Worship Service with Chaplain Brittany (CH) 3:00 Circle of Friends (CH) 3:00 Cuisine Club: Chocolate Cookies (P) 6:00 Puzzles (3F)	9:30 Morning Steppers (ML) 10:30 Chef's Table Cooking Demo (DR) 2:00 Wheel of Fortune (P) 2:00 Bible Study (CH) 3:00 Operation Boots on the Ground: Clipping Coupons for the Troops (P) 6:00 Nickel Bingo \$\$ (P)	9:30 Good Morning Café (P) 10:30 Balance in Action with Powerback Rehabilitation (P) 2:00 Worship Service with Chaplain Brittany (CH) 2:00 Community Meeting (P) 3:00 Our Journey Together (CH) 3:00 Root Beer Floats Social Hour (P) 6:00 Resident Run Card Games (P)	9:30 Brain Games: Pictionary (ML) 10:00 Dementia Health Talk with Powerback Rehabilitation (P) 11:00 P² Foodies Dining Out: Palermo's **\$\$(OOB) 2:00 Drum Stick Exercise (P) 3:00 Balloon Volley Ball (P) 6:00 Penny Pitching (P)	9:30 Green Thumbs: Taking Care of Our Plants (TB &1FP) 10:30 Wall Scramble (P) 1:30 Seated Zumba with Michele (P) 3:00 Communion Service with Chaplain Henninger (CH) 3:30 Kerplunk (P) 6:00 Resident Run Pinochle Game (P)	9:00 Morning Steppers (ML) 10:30 Wall Scrabble (P) 1:00 Helping Hands: Setting Up Bingo (P) 2:00 Nickel Bingo \$\$ (P) 3:30 Vagabond Travelers: The Ten Top Treasures in the Louvre Museum (P) 6:00 Color Me Creative (P)
9:00 Hymn Sing (P) 9:30 Live Stream:    Trinity Lutheran Church (P) 10:30 Balance in Action (P) 11 & 12 Wine & Dine (DR) 1:00 Sunday Matinee:    Driving Miss Daisy (P) 3:00 Communion Service with    Chaplain Henninger (CH) 6:00 Resident Run Connect 4 (P)	9:30 Brain Games: Finish the Lyrics (ML) 10:30 Seated Yoga with Michele (P) 1:30 Operation Boots on the Ground: Clipping Coupons for Troops (P) 2:00 Worship Service & Communion with Chaplain Brittany (CH) 3:00 Circle of Friends (CH) 3:00 Cuisine Club: Decorating Cupcakes (P) 6:00 Puzzles (3F)	9:30 Morning Steppers (ML) 10:30 Balloon Volleyball (P) 1:30 Conversation Stones (P) 2:00 Bible Study (CH) 2:30 P2 Horse Racing (P) 3:30 Helping Hands: Setting up Bingo (P) 6:00 Nickel Bingo \$\$ (P)	9:30 Good Morning Café (P) 10:30 Drum Stick Exercise (P) 2:00 Cuisine Club: Cheesy Artichoke Spinach Appetizer (P) 2:00 Worship Service with Chaplain Brittany (CH) 3:00 Our Journey Together (CH) 3:00 Spinach Time Social Hour (P) 6:00 Resident Run Card Games (P)	9:30 Brain Games: A Tall Order Trivia (ML) 10:30 Keep Kicking Kickball (P) 12:00 P² Foodies Dine In: Coney Island **\$\$(P) 2:00 Pet Visit (P) 3:00 Kerplunk (P) 6:00 Measure Up Game (P)	9:00 Green Thumbs: Taking Care of Our Plants (TB & 1FP) 10:00 Ed-U Presentation: Historic Moon Walk (P) 1:30 Seated Zumba with Michele (P) 3:00 Communion Service with Chaplain Henninger (CH) 3:30 Man on the Moon Social (P) 6:00 Resident Run Pinochle Game (P)	9:00 Morning Steppers (ML) 10:30 Punch for a Prize (P) 1:00 Helping Hands: Setting Up Bingo (P) 2:00 Nickel Bingo \$\$ (P) 3:30 Vagabond Travelers: Highlights of Paris- Eiffel & Monet To Crème Brulee with French Croissants (P) 6:00 Color Me Creative (P)
9:00 Hymn Sing (P) 10:00 Live Stream: St. John UCC (P) 10:30 Balance in Action (CH) 11 & 12 Wine & Dine (DR) 1:00 Sunday Matinee:  An American In Paris (P) 3:00 Communion Service with Chaplain Henninger (CH) 6:00 Color Me Creative (P)	9:30 Brain Games: July French Trivia (ML) 10:30 Seated Yoga with Michele (P) 1:30 Keep Kicking Kickball (P) 2:00 Worship Service with Chaplain Brittany (CH) 3:00 Circle of Friends (CH) 3:00 Cuisine Club: Making Trail Chocolate Bites (P) 6:00 Puzzles (3F)	9:30 Morning Steppers (ML) 10:30 Balloon Volleyball (P) 1:30 Bell Ringers Practice (P) 2:00 Golden Voices Choir Practice (P) 2:00 Bible Study (Chapel) 2:30 Bean Bag Toss (P) 3:00 Punch for a Prize (P) 3:30 Helping Hands: Setting up Bingo (P) 6:00 Nickel Bingo \$\$ (P)	9:30 Good Morning Café (P) 10:30 Light in Lively Exercise (P) 1:30 Ring Toss (P) 2:00 Worship Service with Chaplin Brittany (CH) 3:00 Our Journey Together (CH) 3:00 Who's Your Neighbor (P) 6:00 Resident Run Card Game (P)	** Registration Required \$\$ Cost Involved 1FP 1st Floor Patio 3F #rd Floor South Lounge P Pub CH Chapel OOB Out of Building DR Dining Room ML Main Lobby FP Front Porch	Comr	nunity <b>Life</b>