

Dover CONNECTIONS



AUGUST 2024

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					1	2
				7:00 Activities of Daily Living 8:00 Breakfast 8:30 Café Espresso 9:30 Morning Workout 10:00 Let's Go Bowling! 12:00 Lunch 1:15 Memory Magic with Club 2:00 Hymns & Devotions with Chaplain Shawn 3:00 Hydration Station & Cheddar "Whales" 3:30 <i>Free Willy</i> : Movie Matinee 5:00 Dinner 7:00 Household Chores	7:00 Activities of Daily Living 8:00 Breakfast 8:30 Café Espresso 9:30 Morning Workout 10:15 Bake Away Café: Cake Baking 12:00 Lunch 1:15 Jumbo Games 2:30 Sweet Tooth Social: Ice Cream Sandwich Cake 3:30 Courtyard Fun 5:00 Dinner 6:30 Family Game Night 7:00 <i>Life in Color</i> Docuseries	7:00 Activities of Daily Living 8:00 Breakfast 8:30 Café Espresso 9:30 Morning Workout 10:15 A Walk in the Park 11:30 Lunch 1:15 Watermelon Social 2:30 Let's Make a Word 3:30 Polished Perfections: Manicures 3:00 Hydration Station 5:00 Dinner 6:30 Game Shows
4	5	6	7	8	9	10
7:00 Activities of Daily Living 8:00 Breakfast 8:30 Café Espresso 9:30 Morning Walk 10:15 Sunday Morning Sing a long 12:00 Lunch 1:30 Sunday Services with Chaplain Shawn 2:00 Choc Chip Cookies and Milk 3:00 <i>Sister Act</i> : Movie Matinee 5:00 Dinner 6:30 Household Chores	7:00 Activities of Daily Living 8:00 Breakfast 8:30 Café Espresso 9:30 Morning Workout 10:50 Melodic & Marvelous Music with Lindsay from York Music Therapy 12:00 Lunch 1:15 Lush Life: Pamper Yourself Spa 3:00 Grab a bit of Fresh Air! 3:30 Hydration Station 5:00 Dinner 6:30 Classic Game Shows	7:00 Activities of Daily Living 8:00 Breakfast 8:30 Café Espresso 9:30 Morning Workout 10:00 Scenic Country Car Ride 12:00 Lunch 1:15 Lucile Ball Birthday Social 2:45 <i>I Love Lucy's</i> Favorite Snack 3:30 Hydration Station 5:00 Dinner 5:15 National Night Out 7:00 Memories & Magazines	7:00 Activities of Daily Living 8:00 Breakfast 8:30 Café Espresso 9:30 Morning Workout 10:15 Lighthouse Documentary 12:00 Lunch 1:15 Bingo with Club 2:00 Mid-Afternoon Social with club 3:00 History of the Day – Popsicles 5:00 Dinner 7:00 Game Shows	7:00 Activities of Daily Living 8:00 Breakfast 8:30 Café Espresso 9:30 Morning Workout 10:15 Turtledove Gang: Bird Watching 12:00 Lunch 1:15 Memory Magic with Club 2:00 Hymns & Devotions with Chaplain Shawn 3:00 Resident Superlatives Awards Ceremony 5:00 Dinner 7:00 Household Chores	7:00 Activities of Daily Living 8:00 Breakfast 8:30 Café Espresso 9:30 Morning Workout 10:15 Jeopardy! 12:00 Lunch 1:15 All About Elvis Social 3:30 Cornhole Tournament 5:00 Dinner 6:30 Hand Massages 7:00 Movie Night– <i>Elvis</i>	7:00 Activities of Daily Living 8:00 Breakfast 8:30 Café Espresso 9:30 Morning Walk 10:15 Bingo 12:00 Lunch 1:15 Crafty Corner 2:30 Hydration Station 3:00 Bowling 3:30 Courtyard Recreation 5:00 Dinner 6:30 Relaxation Sounds

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
11 7:00 Activities of Daily Living 8:00 Breakfast 8:30 Café Espresso 9:30 Morning Workout 10:15 Tea in the Garden (Courtyard) 12:00 Lunch 1:30 Sunday Services with Chaplain Shawn 2:00 Hydration and Snack 3:00 Polished Perfections: Manicures 5:00 Dinner 6:30 Sunday Evening Movie	12 7:00 Activities of Daily Living 8:00 Breakfast 8:30 Café Espresso 9:30 Morning Workout 10:50 Melodic & Marvelous Music with Lindsay from York Music Therapy 12:00 Lunch 1:15 Shooting Star Documentary 2:30 Basketball 3:00 Melon Monday Snack 3:30 Hydration Station 5:00 Dinner 6:30 Classic Game Shows	13 7:00 Activities of Daily Living 8:00 Breakfast 8:30 Café Espresso 9:30 Morning Workout 10:00 Scenic Country Car Ride 12:00 Lunch 1:15 Crafty Corner with Club 2:45 Cloud Chasing (Courtyard) 3:30 Hydration Station 5:00 Dinner 7:00 Memories & Magazines	14 7:00 Activities of Daily Living 8:00 Breakfast 8:30 Café Espresso 9:30 Morning Workout 10:15 Turtledove Gang: Bird Watching (Courtyard) 12:00 Lunch 1:15 Create: Mason Jar Flowers with Club 2:00 Balloon Toss 3:00 Hydration and Snack 3:30 Basketball 5:00 Dinner 6:00 Guitar Sounds	15 7:00 Activities of Daily Living 8:00 Breakfast 8:30 Café Espresso 9:30 Morning Workout 10:15 Morning Walk (Courtyard) 12:00 Lunch 1:15 Bake Away Café with Club 2:00 Hymns & Devotions with Chaplain Shawn 3:00 Hydration and Snack 5:00 Dinner 7:00 Household Chores	16 7:00 Activities of Daily Living 8:00 Breakfast 8:30 Café Espresso 9:30 Morning Walk 10:15 Karaoke Show Down! 12:00 Lunch 1:15 BINGO 2:00 Pool Hall Social 3:30 Hydration Station 5:00 Dinner 6:30 Family Game Night 7:00 <i>Life in Color</i> Docuseries	17 7:00 Activities of Daily Living 8:00 Breakfast 8:30 Café Espresso 9:30 Morning Workout 10:00 Reminisce: Favorite Vacation Spots 12:00 Lunch 1:15 Slow Down in the Sun (Courtyard) 2:30 Hydration Station 3:00 Entertainment with Tom & Randi 5:00 Dinner 6:30 Relaxation Sounds
18 7:00 Activities of Daily Living 8:00 Breakfast 8:30 Café Espresso 9:30 Morning Workout 10:15 Good News Today! 12:00 Lunch 1:15 Afternoon Out at Rev's Stadium: Baseball Game 1:30 Sunday Services with Chaplain Shawn 2:00 Hydration and Snack 3:00 Polished Perfections: Manicures 5:00 Dinner 6:00 Sunday Evening Movie	19 7:00 Activities of Daily Living 8:00 Breakfast 8:30 Café Espresso 9:30 Morning Workout 10:50 Melodic & Marvelous Music with Lindsay from York Music Therapy 12:00 Lunch 1:15 Presidents Doc 2:30 Outdoor Fun with Friends 3:00 Hydration Station 3:30 Turtledove Gang: Bird Watching 5:00 Dinner 6:30 Household Chores	20 7:00 Activities of Daily Living 8:00 Breakfast 8:30 Café Espresso 9:30 Morning Walk 10:15 Scenic Country Car Ride with Club 12:00 Lunch 1:15 Crafty Corner with Club 3:00 Hydration Station 3:30 Tv Games 5:00 Dinner 7:00 Memories & Magazines	21 7:00 Activities of Daily Living 8:00 Breakfast 8:30 Café Espresso 9:30 Morning Workout 10:15 Bowling 12:00 Lunch 1:15 Bingo with Connections Club 2:00 Senior Citizen Day-- Social 3:00 History of the Day with Connections Club 5:00 Dinner 6:00 Evening Winddown	22 7:00 Activities of Daily Living 8:00 Breakfast 8:30 Café Espresso 9:30 Morning Walk 10:15 Prize Ping Pong 12:00 Lunch 1:15 Sunflower Craft with Club 2:00 Hymns & Devotions with Chaplain Shawn 3:00 Celebration of Life 3:30 Hydration and Snack 5:00 Dinner 7:00 Household Chores	23 7:00 Activities of Daily Living 8:00 Breakfast 8:30 Café Espresso 9:30 Morning Workout 10:15 Crafty Corner 12:00 Lunch 1:15 Bingo 3:30 Hydration Station 5:00 Dinner 6:30 Family Game Night 7:00 <i>Life in Color</i> Docuseries	24 7:00 Activities of Daily Living 8:00 Breakfast 8:30 Café Espresso 9:30 Morning Workout 10:00 Basketball 12:00 Lunch 1:15 Guess the Flavor: Chip Tasting 2:30 Hydration Station 3:00 Polished Perfections: Manicures 5:00 Dinner 6:30 Relaxation Sounds
25 7:00 Activities of Daily Living 8:00 Breakfast 8:30 Café Espresso 9:30 Morning Workout 10:15 Craft Creations with Friends 12:00 Lunch 1:30 Sunday Services with Chaplain Shawn 2:00 Sunday Sundaes 2:30 Wizard Of OZ Movie 3:00 Hydration Station 5:00 Dinner 6:00 Sunday Evening Movie	26 7:00 Activities of Daily Living 8:00 Breakfast 8:30 Café Espresso 9:30 Morning Workout 10:50 Melodic & Marvelous Music with Lindsay from York Music Therapy 12:00 Lunch 1:15 Bakers Bliss: Sweet Treats 2:30 Hangman 3:00 Hydration Station 3:30 Turtledove Gang: Bird Watching (Courtyard) 5:00 Dinner 6:30 Household Chores	27 7:00 Activities of Daily Living 8:00 Breakfast 8:30 Café Espresso 9:30 Morning Walk 10:15 Country Car Ride 12:00 Lunch 1:15 Crafty Corner with Club-- Cards 3:00 Banana Split Social 3:30 Price is Right 5:00 Dinner 7:00 Memories & Magazines	28 7:00 Activities of Daily Living 8:00 Breakfast 8:30 Café Espresso 9:30 Morning Workout 10:15 Bowling 12:00 Lunch 1:15 Bingo Extravaganza with Club 2:00 August Birthday Bash! 3:00 History of the Day with Club 5:00 Dinner 6:00 Evening Winddown	29 7:00 Activities of Daily Living 8:00 Breakfast 8:30 Café Espresso 9:30 Morning Workout 10:15 Morning Walk 12:00 Lunch 1:15 Bake Away Café with Club 2:00 Hymns & Devotions with Chaplain Shawn 3:00 Cornhole 4:00 Community Luau with Hawaiian Dancers (Front Patio) 5:00 Dinner 7:00 Household Chores	30 7:00 Activities of Daily Living 8:00 Breakfast 8:30 Café Espresso 9:30 Morning Workout 10:15 BINGO 12:00 Lunch 1:15 Slow Down in the Sun (Courtyard) 3:30 Hydration Station 5:00 Dinner 6:30 Family Game Night 7:00 <i>Life in Color</i> Docuseries	31 7:00 Activities of Daily Living 8:00 Breakfast 8:30 Café Espresso 9:30 Morning Workout 10:15 Courtyard Recreation 12:00 Lunch 1:15 Crafty Corner 3:00 Hydration Station 3:30 Color Me Calm 5:00 Dinner 6:30 Relaxation Sounds