Lancaster CONNECTIONS & AUGUST 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
CONN	ECTIONS			 7:00 Activities of Daily Living 8:00 Breakfast 8:30 Café Espresso 9:00 Mind Body & Soul Hour 11:15 Lunch 1:00 Create & Design Sunflowers 2:00 Moby Dick Movie 4:15 Dinner 5:00 Checkers in the Sun Room 6:30 Evening Wind Down 	1 7:00 Activities of Daily Living 8:00 Breakfast 8:30 Café Espresso 9:00 Mind Body & Soul Hour 11:15 Lunch 1:00 Culinary Creations Ice Cream Sandwiches 2:00 Entertainment Vocalist Jim Dostal (CH) 3:00 Relax & Refresh 4:15 Dinner	2 3 17:00 Activities of Daily Living 8:00 Breakfast 8:30 Café Espresso 9:00 Mind Body & Soul Hour 11:15 Lunch 1:00 Sunflower Hunt (CY) 2:00 Relax & Refresh 3:00 Finish the Expression 4:15 Dinner 5:00 Board Game Night 6:30 Evening Wind Down
7:00 Activities of Daily Living	4 7:00 Activities of Daily Living	5 7:00 Activities of Daily Living	6 7:00 Activities of Daily Living	7 7:00 Activities of Daily Living	5:00 Hand Massage Spa 6:30 Evening Wind Down 8 8	9 10
8:00 Breakfast 8:30 Café Espresso 9:00 Mind Body & Soul Hour 11:15 Lunch 1:00 Courtyard Walk 2:00 Hydration & Refresh 3:00 Sunday Worship 4:15 Dinner 5:00 Card Games 6:30 Evening Wind Down	 8:00 Activities of Daily Living 8:00 Breakfast 8:30 Café Espresso 9:00 Mind Body & Soul Hour 11:15 Lunch 1:00 Court yard walk 2:00 Artist In Us All Pottery with Marcie & Bobbie 3:00 Relax & Refresh 4:15 Dinner 5:00 Gem Hunt 6:30 Evening Wind Down 	 8:00 Activities of Daily Living 8:00 Breakfast 8:30 Café Espresso 9:00 Mind Body & Soul Hour 11:15 Lunch 1:00 I Love Lucy 2:00 Entertainment Keyboards with Nick Viscuso 3:00 Relax & Refresh 4:15 Dinner 5:00 Board Game Night 6:30 Evening Wind Down 	8:00 Breakfast 8:30 Café Espresso 9:00 Mind Body & Soul Hour 11:15 Lunch 1:00 Wii Deal or No Deal 2:00 Relax & Refresh 3:00 Mid Week Worship 4:15 Dinner 5:00 Light House Documentary 6:30 Evening Wind Down	 8:00 Breakfast 8:30 Café Espresso 9:00 Mind Body & Soul Hour 11:15 Lunch 1:00 Sea Shell Search 2:00 Refresh & Relax 3:00 Games 4:15 Dinner 5:00 Court Yard Walk 6:30 Evening Wind Down 	7:00 Activities of Daily Living 8:00 Breakfast 8:30 Café Espresso 9:00 Mind Body & Soul Hour 11:15 Lunch 1:00 Name That Summer Tune 2:00 Refresh & Relax 3:00 Country Music Appreciation 4:15 Dinner 5:00 Book Read 6:30 Evening Wind Down	7:00 Activities of Daily Living 8:00 Breakfast 8:30 Café Espresso 9:00 Mind Body & Soul Hour 11:15 Lunch 1:00 Bowling 2:00 Refresh& Relax 3:00 Entertainment Organist Gary Coller 4:15 Dinner 5:00 Courtyard Walk & Bubbles 6:30 Evening Wind Down

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
11 7:00 Activities of Daily Living 8:00 Breakfast 8:30 Café Espresso 9:00 Mind Body & Soul Hour 11:15 Lunch 1:00 Instant Coffee & relax 2:00 Hymn & Devotional Chaplain Jeff 3:45 Church Service with Pastor 4:15 Dinner 5:00 Courtyard Social 6:30 Evening Wind Down	7:00 Activities of Daily Living 8:00 Breakfast 8:30 Café Espresso 9:00 Mind Body & Soul Hour 11:15 Lunch 1:00 Sun Room Dance 2:00 DIY Melon Cups 3:00 70s Music 4:15 Dinner 5:00 Balloon Volleyball 6:30 Evening Wind Down	12 7:00 Activities of Daily Living 8:00 Breakfast 8:30 Café Espresso 9:00 Mind Body & Soul Hour 11:15 Lunch 1:00 who what when 2:00 Relax & Refresh 3:00 Bingo Helpers in Connections 4:15 Dinner 5:00 Summer Songs in Courtyard 6:30 Evening Wind Down	1 7:00 Activities of Daily Living 8:00 Breakfast 8:30 Café Espresso 9:00 Mind Body & Soul Hour 11:15 Lunch 1:00 Creamsicle Floats 2:00 Refresh & Relax 3:00 Mid Week Worship 4:15 Dinner 5:00 Bowling 6:30 Evening Wind Down	4 11 7:00 Activities of Daily Living 8:00 Breakfast 8:30 Café Espresso 9:00 Mind Body & Soul Hour 11:15 Lunch 1:00 Who is Napoleon Bonaparte 2:00 French Cookies & Refresh 3:00 2nd FL Music 4:15 Dinner 5:00 Finish The Expression 6:30 Evening Wind Down	5 16 7:00 Activities of Daily Living 8:00 Breakfast 8:30 Café Espresso 9:00 Mind Body & Soul Hour 11:15 Lunch 1:00 Create & Design Honey Bees 2:00 Honey Bee Video 3:00 Checkers 4:15 Dinner 5:00 Ice Cream In Court yard 6:30 Evening Wind Down	7:00 Activities of Daily Living 8:00 Breakfast 8:30 Café Espresso 9:00 Mind Body & Soul Hour 11:15 Lunch 1:00 Honey Bee Hunt 2:00 Refresh & Relax w/ Music 3:00 Card Games "War" 4:15 Dinner 5:00 The Bee Movie 6:30 Evening Wind Down	17
18 7:00 Activities of Daily Living 8:00 Breakfast 8:30 Café Espresso 9:00 Mind Body & Soul Hour 11:15 Lunch 1:00 Trivia 2:15 Hymns & Devotional Chaplain Jeff 3:00 Refresh & Relax 4:15 Dinner 5:00 Wii Deal or No Deal 6:30 Evening Wind Down	7:00 Activities of Daily Living 8:00 Breakfast 8:30 Café Espresso 9:00 Mind Body & Soul Hour 11:15 Lunch 1:00 Create & Design Paper Air Planes 2:00 Refresh & Relax 3:00 Paper Plane Race 4:15 Dinner 5:00 Checkers 6:30 Evening Wind Down	19 20 7:00 Activities of Daily Living 8:00 Breakfast 8:30 Café Espresso 9:00 Mind Body & Soul Hour 11:15 Lunch 1:00 DIY Lemonade And Court Yard 2:00 Relax & Refresh 3:00 Bingo 4:15 Dinner 5:00 Balloon Volleyball 6:30 Evening Wind Down	7:00 Activities of Daily Living 8:00 Breakfast 8:30 Café Espresso 9:00 Mind Body & Soul Hour 11:15 Lunch	12:7:00 Activities of Daily Living 8:00 Breakfast 8:30 Café Espresso 9:00 Mind Body & Soul Hour 11:15 Lunch 1:00 Sunflower Arrangements 3:00 Refresh & Relax Courtyard 4:15 Dinner 5:00 Flower Arrangement 1st & 2nd Fl Distribution 6:30 Evening Wind Down	2 23 7:00 Activities of Daily Living 8:00 Breakfast 8:30 Café Espresso 9:00 Mind Body & Soul Hour 11:15 Lunch 1:00 Culinary Creation 3 Ing. Sponge Cake 2:00 Entertainment Pianist Bryan Herber (DR) 3:00 Singing In The Rain 4:15 Dinner 5:00 Sun Room Dance Hour 6:30 Evening Wind Down	7:00 Activities of Daily Living 8:00 Breakfast 8:30 Café Espresso 9:00 Mind Body & Soul Hour 11:15 Lunch 1:00 Guess Potato Chip Flavor 2:00 Refresh & Relax 3:00 Bird Watching 4:15 Dinner 5:00 Potato Chip Making Video 6:30 Evening Wind Down	24
25 7:00 Activities of Daily Living 8:00 Breakfast 8:30 Café Espresso 9:00 Mind Body & Soul Hour 11:15 Lunch 1:00 Comedy Break 1:30 Hydration Station 2:00 Reminisce 3:00 Chair Aerobics 3:45 Church Service with Pastor 4:15 Dinner 5:45 Tunes by the Fire 6:30 Evening Wind Down	 7:00 Activities of Daily Living 8:00 Breakfast 8:30 Café Espresso 9:00 Mind Body & Soul Hour 11:00 Morning Inspirations 11:15 Lunch 1:00 Wear your Sun Glasses Courtyard Walk 2:00 Artist in us All Wood Craft with Amber 3:00 Relax & Refresh 4:15 Dinner 5:00 Ballon Volleyball 6:30 Evening Wind Down 	26277:00 Activities of Daily Living 8:00 Breakfast 8:30 Café Espresso 9:00 Mind Body & Soul Hour 11:15 Lunch 1:00 Who What When 2:00 Entertainment Guitarist Quentin Jones 3:00 Bingo Helpers in Connections 4:15 Dinner 5:00 Summer Poem Creation 6:30 Evening Wind Down	2 7:00 Activities of Daily Living 8:00 Breakfast 8:30 Café Espresso 9:00 Mind Body & Soul Hour 11:15 Lunch 1:00 Courtyard Music 2:00 2nd FL Poem Social 3:00 Mid Week Worship 4:15 Dinner 5:00 Jokes 6:30 Evening Wind Down	 28 7:00 Activities of Daily Living 8:00 Breakfast 8:30 Café Espresso 9:00 Mind Body & Soul Hour 11:15 Lunch 1:00 Spoon Full of Sugar Activity 2:00 Mary Poppins Movie 3:00 Refresh & Relax 4:15 Dinner 5:00 Culinary Creation Blue Jello 6:30 Evening Wind Down 	9 30 7:00 Activities of Daily Living 8:00 Breakfast 8:30 Café Espresso 9:00 Mind Body & Soul Hour 11:15 Lunch 1:00 Spoon Full of Sugar Activity 2:00 Mary Poppins Movie 3:00 Refresh & Relax 4:15 Dinner 5:00 Culinary Creation Blue Jello 6:30 Evening Wind Down	7:00 Activities of Daily Living 8:00 Breakfast 8:30 Café Espresso 9:00 Mind Body & Soul Hour 11:15 Lunch 1:00 DIY Trail Mix 2:00 Relax & Refresh 3:00 Princess Diana Video 4:15 Dinner 5:00 Ice Cream In the Courtyard 6:30 Evening Wind Down	31