

Focus on Wellness

SUMMER is here! Be sure to make the most of the season with these healthy tips:

- Stay Hydrated with plenty of water
- Use sunscreen and shade to enjoy the outdoors
- Enjoy socializing with friends in nature
- Enjoy local, seasonal produce in our dining programs

Please enjoy all of our outdoor walking paths and activities. Check your calendar for outings and family events!



Resident Birthdays

August

4 - Paul Nicarry
 4 - Marion King
 5 - Peggy Gsell
 10 - Lydia Baker
 12 - Agnes Peden
 13 - Mary Emmons
 14 - Jean Wengert
 14 - Dorothy Davis
 18 - Rosemary Sheridan
 24 - Shirley St. Clair

24 - Alice Davis
 24 - Mary Mathias
 25 - Anne Marie Hickey
 25 - Susan McCarl
 28 - Amy Keifman
 29 - John Hazlinsky
 30 - Dorothy Paylor

September

4 - Lois Garman
 6 - Donal Duffey
 8 - Karen Boyd
 8 - Betty Fogelsanger
 9 - Guy Musick
 9 - Sally Ann McCleary
 12 - Virginia Federhoof
 13 - Earl Robinson
 17 - Joann Bachtell
 17 - Leon McIntyre

24 - Eleanora Duffey
 25 - William Brindle
 26 - K Lorraine Shaffer
 28 - Bonita Mearkle
 29 - Stephen Martin
 30 - Robert Eslinger
 30 - LeVaun Stouffer



Providence Place SENIOR LIVING News

Q3: August 2024

A Note from the Executive Director

Happy August!

SAVE THE DATE: September 11th will be our annual Family Picnic. Stay tuned for more details this month.

Our community has renovations underway in the Private Dining Room on first floor. This project is scheduled for completion by the second week of August. We look forward to using this space again for community life events and other functions.

Just a reminder that we have several spaces that you can reserve such as the Private Dining Room, Café, Pub for a private event or family use. These spaces are a part of your home here at Providence Place, but it is best to reserve an area by contacting Lorelei Etienne to avoid any scheduling conflicts. If it is challenging to navigate outside of the community, this is a great way to still hold celebrations with your friends and family without travelling.

Please keep an eye out for our resident & family member surveys coming this fall - we always appreciate your feedback and input to make our community feel like home.

Best,

Holly Townsend
Executive Director

Highlighted Events

6 - **Marion Mennonite Tour of Worship** @ 10am

14 - **Dementia Support Group**
@ 6pm - *Connections*

16 - **Hearing Clinic** with Chamb.
Hearing @ 10am

20 - **Bee Keeping** with Christine
@ 2pm

Welcome New Residents

Velva Morris
 Dorothy Paylor
 Janet Friese
 Phyllis Umbower
 Irene Barnes



For Community Life activities, campus events and Providence Place happenings, please follow our Facebook page at www.Facebook.com/ProvPlace.



To sign up to receive this quarterly newsletter and monthly events calendar via email, please contact us to subscribe at Info@Prov-Place.com.



www.Providence-Place.com

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<h1>August 2024</h1>	Calendar Key: Pub (P), Café (C), Library (L), 2nd Floor Activity Room (2A), 3rd Floor Activity Room (3A), 3rd Floor Exercise Room (3E), Front Lobby (FL), Dining Room (DR), Loading Dock (LD), Private Dining Room (PDR), Out of Building (OOB), Hallway (HW), Connections Chapel (CC), Laundry Rooms (LR's), Pub Deck (PD) Back Yard (BY) Connections (CN) Picnic Tables (PT) Front Porch (FP) ** Registration Required \$\$ Cost Involved	<h1>THE Club</h1>		1	2	3
				9:00 Morning Meeting Flex & Stretch (3A) 9:30 Daily Chronicle & Monthly Gazette (3A) 10:00 Can You Picture This? (3A) 1:30 Art Exploration: Mixed Media (C) 1:30 Sing-a-Long to the Classics (CN) 2:30 Watermelon Social (CN) 3:00 Mid Week Worship Service (CN) 3:30 Bible Study (CN) 6:00 Wii Bowling League (3E)	9:00 Morning Meeting & Fitness Flow (3A) 9:30 Daily Chronicle and Discussion (3A) 10:00 Candy Bar Bingo (3A) 1:30 Walk and Stroll Mail Check (MR) 2:00 Celebrating Ice Cream Sandwich Day with a Treat (3A) 3:00 Get to Know Your Neighbors with Never Have I Ever (P) 3:30 Garden Club: Watering Flowers (PD) 6:00 Movie Night & Popcorn: <i>March of the Penguins</i> (3A)	9:00 Morning Meeting & Sunrise Zen (3A) 9:30 Daily Chronicle and Discussion (3A) 10:00 Aromatherapy and Nails (3A) 1:30 Talk n' Toss Ball (3A) 2:00 Readers Theater: <i>Who Took FiFi?</i> (3A) 3:00 Hydration and Finishing the Lines (PD) 3:30 Garden Club: Watering Flowers (PD) 6:00 Card Club: Rummy (2A)
4	5	6	7	8	9	10
9:00 Morning Meeting and Inspirations (3A) 9:30 Daily Chronicle and Discussion (3A) 10:00 Brain Games (3A) 11:30 Wine and Dine (DR) 1:30 Walk and Stroll Club (HW) 2:00 Worship Service (2A) 3:00 Game Club: Dominoes (3A) 6:00 Songs and Scripture (Ch. 609)	9:00 Morning Meeting & Fitness Flow (3A) 9:30 Daily Chronicle and Discussion (3A) 10:00 Prize Bingo (3A) 1:15 Linda's Movie Matinee: <i>Rear Window</i> (3A) 3:00 Documentary: <i>Real History- The Largest Desert on Earth- Journey to The Ends of the Earth</i> (2A) 6:00 Resident Run Blitz (2A)	9:00 Morning Meeting Flex & Stretch (3A) 9:30 Daily Chronicle and Discussion (3A) 10:00 Memory Magic (3A) 1:45 May I Have S'mores, Please? (CN) 2:30 Sip and Taste (CN) 3:00 Teamwork Tossers: Balloon Ball (3A) 6:00 Unwind & Relax: Front Porch Sitting (FL)	9:00 Morning Meeting & Fitness Flow (3A) 9:30 Daily Chronicle and Discussion (3A) 10:00 Terry Neumyer Presents <i>Brownsville TX</i> (2A) 1:45 Art Corner: Button Tree Canvas (CN) 2:30 Sip and Taste (CN) 3:00 Putting the Past in Order Game (3A) 6:00 Resident Run Sequence (2A)	9:00 Morning Meeting Flex & Stretch (3A) 9:30 Daily Chronicle and Discussion (3A) 10:00 Summer Brain Games (3A) 1:30 Art Exploration: Mixed Media (C) 1:30 Make Your Own Fruit Kabobs (CN) 2:30 Lemonade and Outdoor Games (CN) 3:00 Mid Week Worship Service (CN) 3:30 Bible Study (CN) 6:00 Wii Bowling League (3E)	9:00 Morning Meeting & Fitness Flow (3A) 9:30 Daily Chronicle and Discussion (3A) 10:00 Providence Place Chambersburg Antique Road Show (2A) 2:00 Candy Bar Bingo (3A) 2:00 Catholic Mass with Corpus Christi Catholic Church (2A) 3:00 Build Your Own Pudding Cup (P) 3:30 Garden Club: Watering Flowers (PD) 6:00 Movie Night & Popcorn: <i>Julie & Julia</i> (3A)	9:00 Morning Meeting & Sunrise Zen (3A) 9:30 Daily Chronicle and Discussion (3A) 10:00 Aromatherapy and Nails (3A) 1:30 Talk n' Toss Ball (3A) 2:00 Card Club: Uno (3A) 3:00 Lemonade and Finishing Words (P) 3:30 Garden Club: Watering Flowers (PD) 6:00 Card Club: Rummy (2A)
11	12	13	14	15	16	17
9:00 Morning Meeting and Inspirations (3A) 9:30 Daily Chronicle and Discussion (3A) 10:00 Concentration Puzzles (3A) 11:30 Wine and Dine (DR) 1:30 Walk and Stroll Club (HW) 2:00 Worship Service (2A) 3:00 Game Club: Po-Ke-No (3A) 6:00 Songs and Scripture (Ch. 609)	9:00 Morning Meeting & Fitness Flow (3A) 9:30 Daily Chronicle and Discussion (3A) 10:00 Prize Bingo (3A) 1:30 Imagery Fitness (3A) 2:00 Kindly Canines (Building Wide) 2:00 Musical Entertainment Featuring Jim, Chris & Friends (2A) 3:00 Documentary: <i>Epic Story of Dogs & Humans- Part 1</i> (2A) 6:00 Resident Run Blitz (2A)	9:00 Morning Meeting Flex & Stretch (3A) 9:30 Daily Chronicle and Discussion (3A) 10:00 Helping Hands: Folding Towels (3A) 10:30 Picture a Word (3A) 1:45 Dot to Dot (CN) 2:30 Sip and Taste (CN) 3:00 Double Exposure (3A) 6:00 Unwind & Relax: Front Porch Sitting (FL)	9:00 Morning Meeting & Fitness Flow (3A) 9:30 Daily Chronicle and Discussion (3A) 10:00 Dinning Committee Meeting (2A) 1:15 Day Excursion: Rita's Italian Ice (OOB) 2:00 Art Corner: Water Coloring (CN) 3:00 Teamwork Tossers: Horseshoes (3A) 6:00 Resident Run Sequence (2A) 6:00 Dementia Care Partner Support Group (CN)	9:00 Morning Meeting Flex & Stretch (3A) 9:30 Daily Chronicle and Discussion (3A) 10:00 Junk Drawer Detective (3A) 1:30 Art Exploration: Mixed Media (C) 1:45 Crafty Creation: Doily Fans (CN) 2:30 'FAN'tastic Tea Times (CN) 3:00 Mid Week Worship Service (CN) 3:30 Bible Study (CN) 6:00 Wii Bowling League (3E)	9:00 Morning Meeting & Fitness Flow (3A) 9:30 Daily Chronicle and Discussion (3A) 10:00 Candy Bar Bingo (3A) 1:30 Walk and Stroll Mail Check (MR) 2:00 Documentary: <i>Epic Story of Dogs & Humans- Part 2</i> (2A) 3:00 Dog Biscuits if You Dare Social (P) 3:30 Garden Club: Watering Flowers (PD) 6:00 Movie Night & Popcorn: <i>Money Talks</i> (3A)	9:00 Morning Meeting & Sunrise Zen (3A) 9:30 Daily Chronicle and Discussion (3A) 10:00 Aromatherapy and Nails (3A) 1:30 Walk and Stroll (3A) 2:00 Memory Magic (3A) 3:00 Hydration and Humor (PD) 3:30 Garden Club: Watering Flowers (PD) 6:00 Card Club: Rummy (2A)
18	19	20	21	22	23	24
9:00 Morning Meeting and Inspirations (3A) 9:30 Daily Chronicle and Discussion (3A) 10:00 Book Club: <i>Like Riding A Bike</i> (3A) 11:30 Wine and Dine (DR) 1:30 Walk and Stroll Club (HW) 2:00 Worship Service (2A) 3:00 Game Club: Planet Earth Trivia (3A) 6:00 Songs and Scripture (Ch. 609)	9:00 Morning Meeting & Fitness Flow (3A) 9:30 Daily Chronicle and Discussion (3A) 10:00 Prize Bingo (3A) 1:30 Imagery Fitness (3A) 2:00 Memory Magic (3A) 3:00 Documentary: <i>Why Russians Loved Sunflowers</i> (2A) 6:00 Resident Run Blitz (2A)	9:00 Morning Meeting Flex & Stretch (3A) 9:30 Daily Chronicle and Discussion (3A) 10:00 Helping Hands: Folding Towels (3A) 10:30 Trail Making Exercise (3A) 1:45 Bake Me Happy: Banana Bread (CN) 2:30 Sip and Taste (CN) 3:00 The Golden Journey Board Game (3A) 6:00 Unwind & Relax: Front Porch Sitting (FL)	9:00 Morning Meeting & Fitness Flow (3A) 9:30 Daily Chronicle and Discussion (3A) 10:00 Memory Magic (3A) 1:30 Blood Pressure Clinic (2A) 2:00 Community Meeting With Department Managers (2A) 3:00 Teamwork Tossers: Ski Ball (3A) 6:00 Resident Run Sequence (2A) World Senior Citizen Day	9:00 Morning Meeting Flex & Stretch (3A) 9:30 Daily Chronicle and Discussion (3A) 10:00 Ski Ball (3A) 1:45 Art Form: Squirt Gun Painting (CN) 2:30 Legen-Dairy Milkshakes (CN) 3:00 Mid Week Worship Service (CN) 3:30 Bible Study (CN) 6:00 Wii Bowling League (3E)	9:00 Morning Meeting & Fitness Flow (3A) 9:30 Daily Chronicle and Discussion (3A) 10:00 Ed-U with Kelsey from Bayada Home Healthcare (2A) 1:30 Walk and Stroll Mail Check (MR) 2:00 Candy Bar Bingo (3A) 3:00 Sunflower Seed Blind Tasting (P) 3:30 Garden Club: Watering Flowers (PD) 6:00 Movie Night & Popcorn: <i>The Lake House</i> (3A)	9:00 Morning Meeting & Sunrise Zen (3A) 9:30 Daily Chronicle and Discussion (3A) 10:00 Aromatherapy and Nails (3A) 1:30 Talk n' Toss Ball (3A) 2:00 Card Club: Uno (3A) 3:00 Hydration and Finishing Lyrics (PD) 3:30 Garden Club: Watering Flowers (PD) 6:00 Card Club: Rummy (2A)
25	26	27	28	29	30	31
9:00 Morning Meeting and Inspirations (3A) 9:30 Daily Chronicle and Discussion (3A) 10:00 Sharpen Your Senses (3A) 11:30 Wine and Dine (DR) 1:30 Walk and Stroll Club (HW) 2:00 Worship Service (2A) 3:00 Game Club: My Two Cents (3A) 6:00 Songs and Scripture (Ch. 609)	9:00 Morning Meeting & Fitness Flow (3A) 9:30 Daily Chronicle and Discussion (3A) 10:00 Prize Bingo (3A) 1:30 Imagery Fitness (3A) 2:00 Canvas: Fireflies & Mason Jar (3A) 3:00 Documentary: <i>Modern Marvels- How Ice Cream is Made</i> (2A) 6:00 Supporting Healthy Food Choices with Gayle B. (C)	9:00 Morning Meeting Flex & Stretch (3A) 9:30 Daily Chronicle and Discussion (3A) 10:00 Helping Hands: Folding Towels (3A) 10:30 August IQ (3A) 1:45 Off To The Races (CN) 2:30 Sip and Taste (CN) 3:00 D.I.Y Tie-Dye Sun Visors (3A) 6:00 Unwind & Relax: Front Porch Sitting (FL)	9:00 Morning Meeting & Fitness Flow (3A) 9:30 Daily Chronicle and Discussion (3A) 10:00 Jeopardy (3A) 1:15 Wenesday Wendy's Frosties (OOB) 2:00 Fun with Friends: Pictionary (CN) 3:00 Walking S'mores Social (3A) 6:30 Gospel Hymns with Spring Valley Mennonite Church (2A)	9:00 Morning Meeting Flex & Stretch (3A) 9:30 Daily Chronicle and Discussion (3A) 10:00 August Word Puzzles (3A) 1:30 Art Exploration: Mixed Media (C) 1:45 D.I.Y Sensory Pouches (CN) 2:30 Sip and Share (CN) 3:00 Mid Week Worship Service (CN) 3:30 Bible Study (CN) 6:00 Wii Bowling League (3E)	9:00 Morning Meeting & Fitness Flow (3A) 9:30 Daily Chronicle and Discussion (3A) 10:00 Candy Bar Bingo (3A) 1:30 Walk and Stroll Mail Check (MR) 2:00 White Board Guess A Letter (3A) 3:00 Ice Cream Flight Tasting (P) 3:30 Garden Club: Watering Flowers (PD) 6:00 Movie Night & Popcorn: <i>Paris Holiday</i> (3A)	9:00 Morning Meeting & Sunrise Zen (3A) 9:30 Daily Chronicle and Discussion (3A) 10:00 Aromatherapy and Nails (3A) 1:30 Talk n' Toss Ball (3A) 2:00 Card Club: Uno (3A) 3:00 Hydration and Finishing Lines (PD) 3:30 Garden Club: Watering Flowers (PD) 6:00 Card Club: Rummy (2A)