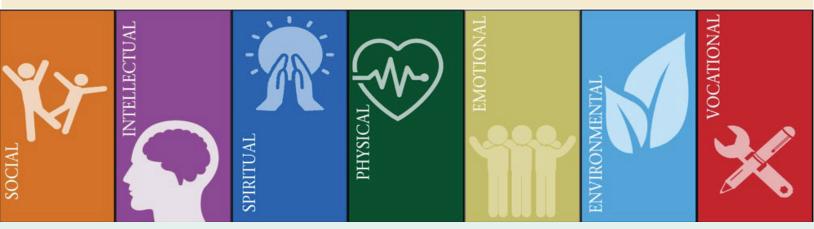
## Focus on Wellness

SUMMER is here! Be sure to make the most of the season with these healthy tips:

- Stay Hydrated with plenty of water
- Use sunscreen and shade to enjoy the outdoors
- Enjoy socializing with friends in nature
- Enjoy local, seasonal produce in our dining programs

Please enjoy all of our outdoor walking paths and activities. Check your calendar for outings and family events!



# Resident Birthdays

### August

- 4 Paul Nicarry
- 4 Marion King
- 5 Peggy Gsell
- 10 Lydia Baker
- 12 Agnes Peden
- 13 Mary Emmons
- 14 Jean Wengert
- 14 Dorothy Davis
- 18 Rosemary Sheridan
- 24 Shirley St. Clair

- 24 Alice Davis
- 24 Mary Mathias
- 25 Anne Marie Hickey

- 28 Amy Keifman
- 29 John Hazlinsky
- 30 Dorothy Paylor

### 25 - Susan McCarl

September

- 4 Lois Garman
- 6 Donal Duffey
- 8 Karen Boyd
- 8 Betty Fogelsanger
- 9 Guy Musick
- 9 Sally Ann McCleary
- 12 Virginia Federhoof
- 13 Earl Robinson
- 17 Joann Bachtell 17 - Leon McIntyre

- 24 Eleanora Duffey
- 25 William Brindle
- 26 K Lorraine Shaffer
- 28 Bonita Mearkle
- 29 Stephen Martin
- 30 Robert Eslinger
- 30 LeVaun Stouffer





To sign up to receive this quarterly newsletter and monthly events calendar via email, please contact us to subscribe at Info@Prov-Place.com.



www.Providence-Place.com



O3: August 2024

### A Note from the Executive Director

Happy August!

**SAVE THE DATE: September 11th will be our** annual Family Picnic. Stay tuned for more details this month.

Our community has renovations underway in the Private Dining Room on first floor. This project is scheduled for completion by the second week of August. We look forward to using this space again for community life events and other functions.

Just a reminder that we have several spaces that you can reserve such as the Private Dining Room, Café, Pub for a private event or family use. These spaces are a part of your home here at Providence Place, but it is best to reserve an area by contacting Lorelei Etienne to avoid any scheduling conflicts. If it is challenging to navigate outside of the community, this is a great way to still hold celebrations with your friends and family without travelling.

Please keep an eye out for our resident & family member surveys coming this fall - we always appreciate your feedback and input to make our community feel like home.

Best, Holly Townsend Executive Director

### Highlighted Events

- 6 Marion Mennonite Tour of Worship @ 10am
- 14-Dementia Support Group @ 6pm - Connections
- 16 **Hearing Clinic** with Chamb. Hearing @ 10am
- 20 **Bee Keeping** with Christine @ 2pm

### Welcome New Residents

Velva Morris Dorothy Paylor **Janet Friese** Phyllis Umbower Irene Barnes



thambersburg | 2085 Wayne Road | Chambersburg, PA 17202 | 717-709-0668

SUNDAY	Monday	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
August 2024	Calendar Key: Pub (P), Café (C), Library (L), 2nd Floor Activity Room (2A), 3rd Floor Activity Room (3A), 3rd Floor Exercise Room (3E), Back Lobby (BL), Dining Room (DR), Loading Dock (LD), Private Dining Room (PDR), Out of Building (OOB), Hallway (HW), Connections (CN), Pub Deck (PD) Back Yard (BY)  **Registration Required, \$\$ Cost Involved	Comr	nunity <b>Life</b>	9:00 Balloon Ball Exercise (3E) 10:00 Contagious Living Life Chats with Chaplain Rick (2A) 1:30 Balance & Action (3E) 1:30 Art Exploration: Mixed Media ( C ) 2:00 Mid Week Worship Service (2A) 3:00 Bible Study (2A) 6:00 Wii Bowling League (3E)	9:00 Light & Lively Exercise (3E) 10:00 Bible Study with Sharon (2A) 10:00 Cornhole Tournament (BL) 1:30 Balance & Action (3E) 2:00 iN2L: Brother's Grim: The Real Story of Germany's Storytellers (2A) 3:00 Never Have I Ever with Coke Floats (P) 6:00 Movie & Popcorn: March of the Penguins (3A)	9:00 Light & Lively Exercise (3E) 9:30 Community Outreach: Coupons for Troops ( C ) 10:00 Walk and Roll Walking Club (F 11:00 Local Fares: Windy Knoll **\$\$OOB 1:30 Stair Stepper Exercise (3E) 2:00 Nickel Bingo \$\$(2A) 3:00 Game Club: Scrabble ( C ) 6:00 Card Club: Rummy (2A)	3 ··L)
9:00 Light & Lively Exercise (3E) 9:30 Puzzling Puzzles Handout (L) 10:00 Polish and Paint Nail Service (BL) 11:30 Wine and Dine (DR) 2:00 Worship Service (2A) 3:00 Mexican Train Dominoes ( C ) 6:00 Resident Run Pinochle (3A)	9:00 Light & Lively Exercise (3E) 9:30 Who, What, Where? Who Am I? (L) 10:00 Community Life Planning Mtg. (P) 1:30 Balance & Action (3E) 2:00 Prize Bingo (2A) 3:00 iN2L Documentary: Real History— The Largest Desert on Earth— Journey to The Ends of the Earth (2A) 6:00 Resident Run Blitz (2A)	9:00 Sit & Be Fit Exercise (3E) 10:00 Tour of Worship: Marion Mennonite** (OOB) 1:30 Acrylic Canvas Paintings ( C ) 1:30 Shopping Trip: Walmart**\$\$(OOB) 3:00 Desert Fun Facts & Trivia (P) 6:00 Card Club: Dealer's Choice (2A)	9:00 Seated Weights with Leah (3E) 10:00 Terry Neumyer Presents On Brownsville TX (2A) 2:00 Hands on Discovery: Sand Vs. Kinetic Sand ( C ) 3:00 Our Journey Together with Chaplain Rick (2A) 4:30 Dinner on the Deck **(P) 6:00 Resident Run Sequence (2A)	9:00 Yoga with Beth (3E) 10:00 Contagious Living Life Chats with Chaplain Rick (2A) 1:30 Balance & Action (3E) 1:30 Art Exploration: Mixed Media ( C ) 2:00 Mid Week Worship Service (2A) 3:00 Bible Study (2A) 6:00 Wii Bowling League (3E)	9:00 Light & Lively Exercise (3E) 10:00 Providence Place Chambersburg Antique Road Show (2A) 1:30 Balance & Action (3E) 2:00 Catholic Mass with Corpus Christi Catholic Church (2A) 3:00 Build Your Own: Sand Pudding Cup (P) 6:00 Movie & Popcorn: Julie & Julia (3A)	9:00 Light & Lively Exercise (3E) 9:30 Community Outreach: Coupons for Troops ( C ) 10:00 Craft Creation: Desert in a Bottle ( C ) 1:30 Stair Stepper Exercise (3E) 2:00 Nickel Bingo \$\$(2A) 3:00 Game Club: Scrabble ( C ) 6:00 Card Club: Rummy (2A)	10
9:00 Light & Lively Exercise (3E) 9:30 Trivia Handout (L) 10:00 Polish and Paint Nail Service (BL) 11:30 Wine and Dine (DR) 2:00 Worship Service (2A) 3:00 Mexican Train Dominoes ( C ) 6:00 Resident Run Pinochle (3A)	9:00 Light & Lively Exercise (3E) 10:00 Birthday Gang Committee Mtg. ( L) 1:30 Balance & Action (3E) 2:00 Kindly Canines (Building Wide) 2:00 Musical Entertainment Featuring Jim, Chris & Friends (2A) 3:30 iN2L Documentary: Epic Story of Dogs & Humans - Part 1 (2A) 6:00 Resident Run Blitz (2A)	9:00 Sit & Be Fit Exercise (3E) 9:45 Shopping Trip: TJ Maxx**\$\$(OOB) 10:00 Cooking Creation: Hot Diggity Dogs ( C ) 11:00 Franklin County Library Bookmobile (LD) 1:30 Acrylic Canvas Paintings ( C ) 2:00 Prize Bingo (2A) 3:00 Fascinating Dog Trivia (P) 6:00 Card Club: Dealer's Choice (2A)	9:00 Seated Weights with Leah (3E) 10:00 Dining Committee Meeting (2A) 2:00 Musical Entertainment Featuring Tom Shultz (2A) 3:00 Personality Quiz: What Kind of Dog Are You? 3:00 Cooking Creation: Edible Dog Biscuits ( C ) 6:00 Resident Run Sequence (2A) 6:00 Dementia Care Partner Support Group (CN)	9:00 Balloon Ball Exercise (3E) 10:00 Contagious Living Life Chats with Chaplain Rick (2A) 1:30 Balance & Action (3E) 1:30 Art Exploration: Mixed Media ( C ) 2:00 Mid Week Worship Service (2A) 3:00 Bible Study (2A) 6:00 Wii Bowling League (3E)	10:00 Bible Study with Sharon (2A) 10:00 Hearing Clinic with Chambersburg Hearing **(Conference Room) 1:00 Pain Management Clinic with Julie From Powerback Rehabilitation (3E) 2:00 Documentary: Epic Story of Dogs & Humans— Part 2 (2A) 3:00 Dog Biscuits if You Dare Social (P) 6:30 Movie & Popcorn: Money Talks (3A)	9:00 Light & Lively Exercise (3E) 9:30 Community Outreach: Coupons for Troops( C)	17
9:00 Light & Lively Exercise (3E) 9:30 Wacky Wordie Handout (L) 10:00 Polish and Paint Nail Service (BL) 11:30 Wine and Dine (DR) 2:00 Worship Service (2A) 3:00 Mexican Train Dominoes ( C ) 6:00 Resident Run Pinochle (3A)	9:00 Light & Lively Exercise (3E) 9:30 Who, What, Where? Who Am I? (L) 10:00 Resident Safety Cmt. Mtg. (2A) 1:30 Balance & Action (3E) 2:00 Prize Bingo (2A) 3:00 iN2L Documentary: Why Russians Loved Sunflowers (2A) 6:00 Resident Run Blitz (2A)	9:00 Sit & Be Fit Exercise (3E) 9:45 Lesher Sunflower Fields**\$\$(OOB) 10:00 Craft Creations: Beaded Bracelets ( C ) 1:30 Acrylic Canvas Paintings ( C ) 2:00 Bee Keeping with Christine (2A) 3:00 50 Amazing Facts About Sunflowers & Sun Tea (P) 6:00 Card Club: Dealer's Choice (2A)	9:00 Seated Weights with Leah (3E) 10:00 Circle of Friends w/Chap Rick (2A) 1:30 Blood Pressure Clinic (2A) 2:00 Community Meeting with Department Managers (2A) 3:00 Our Journey Together with Chaplain Rick (2A) 4:30 Dinner on the Deck **(P) 6:00 Resident Run Sequence (2A) World Senior Citizen Day	9:00 Balloon Ball Exercise (3E) 10:00 Contagious Living Life Chats with Chaplain Rick (2A) 1:30 Balance & Action (3E) 1:30 Art Exploration: Mixed Media ( C ) 2:00 Mid Week Worship Service (2A) 3:00 Bible Study (2A) 6:00 Wii Bowling League (3E)	9:00 Light & Lively Exercise (3E) 10:00 Ed-U Health with Kelsey from Bayada Home Healthcare (2A) 1:30 Balance & Action (3E) 2:00 Appreciate & Thank Club: Sunflowers for Housekeeping ( C ) 3:00 Sunflower Seed Blind Tasting (P) 6:00 Movie & Popcorn: The Lake House (3A)	9:00 Light & Lively Exercise (3E) 9:30 Community Outreach: Coupons for Troops( C) 10:00 Local Fares: Crumbl Cookie **\$\$(OOB) 1:30 Stair Stepper Exercise (3E) 2:00 Nickel Bingo \$\$(2A) 3:00 Game Club: Scrabble ( C ) 6:00 Card Club: Rummy (2A)	24
9:00 Light & Lively Exercise (3E) 9:30 Magazine Kiosk (L) 10:00 Polish and Paint Nail Service (BL) 11:30 Wine and Dine (DR) 2:00 Worship Service (2A) 3:00 Mexican Train Dominoes ( C ) 6:00 Resident Run Pinochle (3A)	9:00 Light & Lively Exercise (3E) 10:00 New Resident Ambassador Orientation ( C ) 1:30 Balance & Action (3E) 2:00 Prize Bingo (2A) 3:00 iN2L Documentary: Modern Marvels- How Ice Cream is Made (2A) 6:00 Resident Run Blitz (2A)	9:30 Shopping Trip: Dollar Tree**\$\$(OOB) 10:00 Craft Creation: Ice Cream Garland ( C ) 1:30 Acrylic Canvas Paintings ( C ) 2:00 Men's Club: Making Homemade Ice Cream ( C ) 3:00 Ice Cream Trivia (P) 6:00 Card Club: Dealer's Choice (2A)	9:00 Seated Weights with Leah (3E) 10:00 Circle of Friends w/Chap Rick (2A) 2:00 Rosary with Corpus Christi Catholic Church (2A) 2:00 RAV-ONS at the Totem Pole Playhouse **\$\$(OOB) 3:00 Our Journey Together with Chaplain Rick (2A) 6:30 Gospel Hymns with Spring Valley Mennonite Church (2A)	9:00 Balloon Ball Exercise (3E) 9:30 Walk and Roll Walking Club (FL) 10:00 Contagious Living Life Chats with Chaplain Rick (2A) 1:30 Balance & Action (3E) 1:30 Art Exploration: Mixed Media ( C ) 2:00 Mid Week Worship Service (2A) 3:00 Bible Study (2A) 6:00 Wii Bowling League (3E)	9:00 Light & Lively Exercise (3E) 10:00 Nellie Fox Bowling **\$\$(OOB) 1:30 Balance & Action (3E) 2:00 Media Class with Leah ( P) 3:00 Not So Normal Ice Cream Flight Tasting ( C ) 6:00 Movie & Popcorn: Paris Holiday (3A)	9:00 Light & Lively Exercise (3E) 9:30 Community Outreach: Coupons for Troops( C) 10:00 Local Fares: Jim's Farmer's Market**\$\$OOB 1:30 Stair Stepper Exercise (3E) 2:00 Nickel Bingo \$\$(2A) 3:00 Game Club: Scrabble ( C ) 6:00 Card Club: Rummy (2A)	31