

Focus on Wellness

SUMMER is here! Be sure to make the most of the season with these healthy tips:

- Stay Hydrated with plenty of water
- Use sunscreen and shade to enjoy the outdoors
- Enjoy socializing with friends in nature
- Enjoy local, seasonal produce in our dining programs

Please enjoy all of our outdoor walking paths and activities. Check your calendar for outings and family events!



Resident Birthdays

August

7 - Horace Troxel
13 - Nino Famoso
14 - Laura Black
16 - Joseph Fritz
17 - Eileen Werst
21 - Dorothy Schmidt

22 - Marie Innaurato
26 - Beverly Berlin
27 - Randi Stetz
28 - Arlene Hanlon

September

2 - Patricia Boyle
3 - Rita Vitale
17 - John Petko
19 - Diane Kenworthy
25 - Vivian Coscia
26 - Bruce Summerfield



Providence Place SENIOR LIVING News

Q3: August 2024

A Note from the Executive Director

We hope everyone is enjoying their summer season (including the higher than normal temperatures). We have been staying cool and enjoying the deck and walking path along the water.

Be sure to join us for our upcoming Summer Carnival, on Friday, August 23rd from 4pm to 7pm. We are hosting this family event to celebrate the summer season - complete with games, vendors, entertainment and raffle prizes! Residents, families, friends & team members are all welcome. RSVPs are requested to reception by 8/15: (610) 222-5007.

Please also help us welcome Twanda Eakins, our new Director of Nursing. Come say hi to Twanda in the Nursing office or call anytime to set up a time to chat about your needs within the community.

You can keep an eye out for our resident & family member surveys coming this fall - we always appreciate your feedback and input to make our community feel like home.

If you have any questions or concerns in the meantime, please do not hesitate to reach out to me anytime.

With Gratitude,
Holly Williamson
Executive Director

Highlighted Events

- 13 - **Birthday Celebrations**
@ 2pm
- 20 - **Dementia Care Partner Support Group** @ 6pm
- 23 - **Summer Carnival** @ 4-7pm
Families Welcome!

Wednesdays: **Shuffleboard** @ 3:30pm
Thursdays: **Lunch Outings** @ 11am

Welcome New Residents

Constance Warr
Patricia Boyle



For Community Life activities, campus events and Providence Place happenings, please follow our Facebook page at www.Facebook.com/ProvPlace.



To sign up to receive this quarterly newsletter and monthly events calendar via email, please contact us to subscribe at Info@Prov-Place.com.



www.Providence-Place.com

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<h1>August 2024</h1>	Calendar Key: ** Registration Required \$\$ Cost Involved (AR) Activity Room (C) Connections Neighborhood (CR) Community Room (DR) Dining Room (ML) Main Lobby (OL) Old Lobby (OP) Outside Porch (OS) Outside (OOB) Out of Building (P) Pub	<h1>THE Club</h1>		1	2	3
4	5	6	7	8	9	10
9:15 Morning Meeting (CR) 9:30 Sit and Be Fit Exercise (CR) 10:30 Livestream Catholic Mass with St. Eleanor's (T) 1:30 Ecumenical Service with Chaplain Leighton (CR) 2:30 Kitchen Helpers: Making Choc-Chip Cookies (CR) 3:30 Stroll & Roll (OP) 6:00 Independent Creative Time (AR)	9:15 Morning Meeting (CR) 9:30 Sit and Be Fit Exercise (CR) 10:00 American Bandstand Facts & it's Musical Journey iN2L (C) 11:00 Shopping Trip: Dollar Store \$\$ (OOB) 1:30 Candy Bingo (AR) 2:30 Nadine's Music & Meditation (P) 3:30 Lemonade Social (OP) 6:00 Movie: <i>Blue Hawaii</i> (T)	9:15 Morning Meeting (CR) 9:30 Sit and Be Fit Exercise (CR) 10:00 Summer Olympics Word Search (CR) 1:30 Crafting Corner: Sea Glass Art (CR) 2:30 Circle of Friends (T) 3:30 Catholic Mass with St. Eleanor's (T) 6:00 Candy Bingo with Kranthi (AR)	9:15 Morning Meeting (CR) 9:30 Sit and Be Fit Exercise (CR) 10:00 Rosary with St. Eleanor's (T) 11:00 Destination Discovery Kauai Hawaii (T) 1:30 Mid-Week Worship Service (CR) 2:30 Paint and Create: Seaside (CR) 3:30 Senior Games Cup Pong (C) 6:00 Nickel Bingo with Kranthi (AR)	9:15 Morning Meeting (CR) 9:45 Catholic Communion (T) 10:00 Sit and Be Fit Exercise (CR) 11:00 Club Planning Meeting (CR) 1:30 Exploring Hawaiian Music (CR) 2:00 Noodle Volley (C) 3:30 Happy Hour (P) 6:00 Prize Bingo (AR)	9:15 Morning Meeting (CR) 9:30 Sit and Be Fit Exercise (CR) 10:00 Penny Sorting Game (CR) 1:30 Snack Bingo (AR) 2:30 Medal Winners Ceremony (P) 3:00 Pet Visit with Stoffy (ML) 3:30 Happy Hour & Entertainer Bob Hammel (P) 4:30 Closing of Senior Games (P) 6:00 Friday Night Shabbat (T)	9:15 Morning Meeting (CR) 9:30 Sit and Be Fit Exercise (CR) 10:00 Are You Smarter Than a Fifth Grader? (CR) 11:00 Coffee & Conversation (P) 1:30 Salty Bingo (AR) 2:30 Popcorn & Movie: <i>Calendar Girls</i> (T) 6:00 Resident Run Scrabble (P)
11	12	13	14	15	16	17
9:15 Morning Meeting (CR) 9:30 Sit and Be Fit Exercise (CR) 10:30 Livestream Catholic Mass with St. Eleanor's (T) 1:30 Ecumenical Service with Chaplain Leighton (CR) 2:30 Cookies & Crosswords (AR) 3:30 Stroll & Roll (OP) 6:00 Independent Creative Time (AR)	9:15 Morning Meeting (CR) 9:30 Sit and Be Fit Exercise (CR) 10:00 Dog Days of Summer Trivia iN2L (C) 11:30 Lunch Bunch: Pizza Stop \$\$ (OOB) 1:30 Candy Bingo (AR) 2:30 Nadine's Music & Meditation (P) 3:30 Birthday Celebration (P) 6:00 Movie: <i>The Pink Panther</i> (T)	9:15 Morning Meeting (CR) 9:30 Sit and Be Fit Exercise (CR) 10:00 Aerobic Drumming (C) 2:00 Birthday Celebration (P) 2:30 Circle of Friends (T) 3:30 Corn Hole (CR) 6:00 Candy Bingo with Kranthi (AR)	9:15 Morning Meeting (CR) 9:30 Sit and Be Fit Exercise (CR) 10:00 Rosary with St. Eleanor's (T) 1:30 Mid-Week Worship Service (CR) 2:30 Grab Bag Baseball Game (P) 3:30 Shuffleboard (AR) 6:00 Nickel Bingo with Kranthi (AR)	9:15 Morning Meeting (CR) 9:45 Catholic Communion (T) 10:00 Sit and Be Fit Exercise (CR) 11:00 Science For Seniors: Making a Solar Oven Out of a Pizza Box (CR) 2:30 Taste Testing with our Solar Oven: S'mores (CR) 3:30 Happy Hour (P) 6:00 Prize Bingo (AR)	9:15 Morning Meeting (CR) 9:30 Sit and Be Fit Exercise (CR) 10:00 Checkers Tournament (CR) 1:30 Snack Bingo (C) 2:30 Gardening Club (CR) 3:00 Pet Visit with Stoffy (ML) 3:30 Happy Hour & Entertainer Ken Pierson (P) 6:00 Friday Night Shabbat (T)	9:15 Morning Meeting (CR) 9:30 Sit and Be Fit Exercise (CR) 10:00 Finish the Phrase (CR) 11:00 Coffee & Conversation (P) 1:30 Salty Bingo (AR) 2:30 Popcorn & Movie: <i>Failure to Launch</i> (T) 3:30 O.W.L.S Men's Club (P)
18	19	20	21	22	23	24
9:15 Morning Meeting (CR) 9:30 Sit and Be Fit Exercise (CR) 10:30 Livestream Catholic Mass with St. Eleanor's (T) 1:30 Ecumenical Service with Chaplain Leighton (CR) 3:30 Stroll & Roll (OP) 6:00 Independent Creative Time (AR)	9:15 Morning Meeting (CR) 9:30 Sit and Be Fit Exercise (CR) 10:00 Exploring Google Earth Using our iN2L (C) 11:00 Garden Checks (CR) 1:30 Candy Bingo (AR) 2:30 Nadine's Music & Meditation (P) 3:30 Peach Tea Social (OP) 6:00 Movie: <i>Bee Season</i> (T)	9:15 Morning Meeting (CR) 9:30 Sit and Be Fit Exercise (CR) 10:00 Hawaii Word Search (CR) 1:30 Helping Hands: Making Peach Cobbler (AR) 2:30 Circle of Friends (T) 3:30 Happy Hour (P) 6:00 Candy Bingo with Kranthi (AR)	9:15 Morning Meeting (CR) 9:30 Sit and Be Fit Exercise (CR) 10:00 Rosary with St. Eleanor's (T) 1:30 Mid-Week Worship Service (CR) 2:00 We Love our Seniors Calendar Photo Shoot (AR) 2:30 Ice Cream Social (AR) 3:30 Shuffle Board (AR) 6:00 Nickel Bingo with Kranthi (AR)	9:15 Morning Meeting (CR) 9:45 Catholic Communion (T) 10:00 Sit and Be Fit Exercise (CR) 11:00 UNO Card Game (CR) 1:30 Community Jenga Game (C) 2:30 Walking Club (OS) 3:30 Happy Hour (P) 6:00 Prize Bingo (AR)	9:15 Morning Meeting (CR) 9:30 Sit and Be Fit Exercise (CR) 10:00 Finish the Phrase (C) 1:30 Snack Bingo (AR) 2:30 Gardening Club (CR) 4:00 Family Carnival Night with Entertainer Calvin Pressley (OS) 6:00 Friday Night Shabbat (T)	9:15 Morning Meeting (CR) 9:30 Sit and Be Fit Exercise (CR) 10:00 Are You Smarter Than a Fifth Grader? (CR) 11:00 Coffee & Conversation (P) 1:30 Salty Bingo (AR) 2:30 Popcorn & Movie: <i>The Secrets of the Ya-Ya Sisterhood</i> (T) 6:00 Resident Run Scrabble (P)
25	26	27	28	29	30	31
9:15 Morning Meeting (CR) 9:30 Sit and Be Fit Exercise (CR) 10:30 Livestream Catholic Mass with St. Eleanor's (T) 11:00 Community Board Games (P) 1:30 Ecumenical Service with Chaplain Leighton (CR) 2:30 Sunglass Social (P) 3:30 Stroll & Roll (OP) 6:00 Independent Creative Time (AR)	9:15 Morning Meeting (CR) 9:30 Sit and Be Fit Exercise (CR) 10:00 iN2L: Family Feud (C) 11:00 Back to School Word Search (CR) 1:30 Candy Bingo (AR) 2:30 Nadine's Music & Meditation (P) 3:30 Noodle Ball (P) 6:00 Movie: <i>Cool Hand Rush</i> (T)	9:15 Morning Meeting (CR) 9:30 Sit and Be Fit Exercise (CR) 10:00 Bowling (C) 1:30 Word Scramble (CR) 2:30 Circle of Friends (T) 3:30 Crafting Corner: Beading (AR) 6:00 Candy Bingo with Kranthi (AR)	9:15 Morning Meeting (CR) 9:30 Sit and Be Fit Exercise (CR) 10:00 Rosary with St. Eleanor's (T) 1:30 Mid-Week Worship Service (CR) 2:30 Dining Meeting (CR) 3:30 Shuffle Board (AR) 6:00 Nickel Bingo with Kranthi (AR)	9:15 Morning Meeting (CR) 9:45 Catholic Communion (T) 10:00 Sit and Be Fit Exercise (CR) 11:00 Mexican Train (CR) 1:30 Sing-Along (C) 2:30 Walking Club (OS) 3:30 Happy Hour (P) 6:00 Prize Bingo (AR)	9:15 Morning Meeting (CR) 9:30 Sit and Be Fit Exercise (CR) 10:00 Card Games (CR) 1:30 Snack Bingo (AR) 2:30 Gardening Club (CR) 3:30 Happy Hour & Entertainer Bob Hammel (P) 6:00 Friday Night Shabbat (T)	9:15 Morning Meeting (CR) 9:30 Sit and Be Fit Exercise (CR) 10:00 Finish the Phrase (CR) 11:00 Coffee & Conversation (P) 1:30 Salty Bingo (AR) 2:30 Popcorn & Movie: <i>Three Amigos</i> (T) 3:30 Afternoon Stroll (OOB) 6:00 Resident Run Scrabble (P)