

Focus on Wellness

SUMMER is here! Be sure to make the most of the season with these healthy tips:

- Stay Hydrated with plenty of water
- Use sunscreen and shade to enjoy the outdoors
- Enjoy socializing with friends in nature
- Enjoy local, seasonal produce in our dining programs

Please enjoy all of our outdoor walking paths and activities. Check your calendar for outings and family events!



Resident Birthdays

August

7 - Horace Troxel
13 - Nino Famoso
14 - Laura Black
16 - Joseph Fritz
17 - Eileen Werst
21 - Dorothy Schmidt

22 - Marie Innaurato
26 - Beverly Berlin
27 - Randi Stetz
28 - Arlene Hanlon

September

2 - Patricia Boyle
3 - Rita Vitale
17 - John Petko
19 - Diane Kenworthy
25 - Vivian Coscia
26 - Bruce Summerfield



Providence Place SENIOR LIVING News

Q3: August 2024

A Note from the Executive Director

We hope everyone is enjoying their summer season (including the higher than normal temperatures). We have been staying cool and enjoying the deck and walking path along the water.

Be sure to join us for our upcoming Summer Carnival, on Friday, August 23rd from 4pm to 7pm. We are hosting this family event to celebrate the summer season - complete with games, vendors, entertainment and raffle prizes! Residents, families, friends & team members are all welcome. RSVPs are requested to reception by 8/15: (610) 222-5007.

Please also help us welcome Twanda Eakins, our new Director of Nursing. Come say hi to Twanda in the Nursing office or call anytime to set up a time to chat about your needs within the community.

You can keep an eye out for our resident & family member surveys coming this fall - we always appreciate your feedback and input to make our community feel like home.

If you have any questions or concerns in the meantime, please do not hesitate to reach out to me anytime.

With Gratitude,
Holly Williamson
Executive Director

Highlighted Events

- 13 - **Birthday Celebrations** @ 2pm
- 20 - **Dementia Care Partner Support Group** @ 6pm
- 23 - **Summer Carnival** @ 4-7pm
Families Welcome!

Wednesdays: **Shuffleboard** @ 3:30pm
Thursdays: **Lunch Outings** @ 11am

Welcome New Residents

Constance Warr
Patricia Boyle




For Community Life activities, campus events and Providence Place happenings, please follow our Facebook page at www.Facebook.com/ProvPlace.



To sign up to receive this quarterly newsletter and monthly events calendar via email, please contact us to subscribe at Info@Prov-Place.com.



www.Providence-Place.com

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<h1>August</h1> <h2>2024</h2>	Calendar Key: **Registration Required \$\$ Cost Involved (LIB) Library (CR) Community Room (DR) Dining Room (T) Theater (AR) Activity Room (ML) Main Lobby (C) Connections Neighborhood (P) Pub (OOB) Out Of Building (OL) Old Lobby (OS) Outside (OP) Outside Porch			1	2	3
4	5	6	7	8	9	10
10:30 Livestream Catholic Mass (T) 11:00 Board Games (P) 1:30 Ecumenical Communion Service with Chaplain Leighton (CR) 2:30 Cookies & Crosswords (AR) 3:30 Stroll & Roll (OP) 6:00 Independent Creative Time (AR)	9:30 Light & Lively Exercise (P) 10:00 Reclaim Your Brain Games (AR) 11:00 Flower Arranging (AR) 1:30 Rumikub (P) 2:30 Music & Meditation (P) 3:00 Bible Study (T) 3:30 Welcome Committee Meeting (P) 6:00 Movie: <i>Blue Hawaii</i> (T)	9:30 Sit & Be Fit Exercise (CR) 10:00 Shopping Trip: Dollar Tree*** (OOB) 11:00 Ed-U Watch & Learn: <i>Pineapple Plantation</i> (T) 1:30 Knitting Club (AR) 2:00 Words on Wheels (OL) 2:30 Circle of Friends (T) 3:30 Catholic Mass with St Eleanor's (T) 6:00 Candy Bingo with Kranthi (AR)	9:30 Sit & Be Fit Exercise (CR) 10:00 Rosary with St. Eleanor's (T) 11:00 Destination Discovery: Kauai Hawaii (T) 1:30 Mid Week Worship Service (CR) 2:30 Community Life Planning Mtg. (AR) 3:30 Shuffle Board (AR) 6:00 Nickel Bingo with Marisa (AR)	9:45 Catholic Communion (T) 10:00 Sit & Be Fit Exercise (CR) 11:00 Dine-Out: Bahama Breeze *** (OOB) 1:30 Dominoes (P) 2:30 Book Club (OL) 3:30 Happy Hour (P) 6:00 Prize Bingo with Kranthi (AR)	9:30 Light & Lively Exercise (P) 10:00 Word Games (AR) 11:00 Finish the Lyrics (P) 1:30 Penny Pokeno (P) 2:30 Gardening Club (AR) 3:30 Happy Hour (P) 6:00 Friday Night Shabbat (T)	9:30 Sit & Be Fit Exercise (P) 10:00 Coffee & Chronicles (P) 11:00 Trivia Fun (P) 1:30 Salty Bingo (AR) 2:30 Popcorn & Movie: <i>Singing in the Rain</i> (T) 3:30 Afternoon Stroll (OOB) 6:00 Independent Games (P)
11	12	13	14	15	16	17
10:30 Livestream Catholic Mass with St. Eleanor's (T) 11:00 Board Games (P) 1:30 Ecumenical Communion Service with Chaplain Leighton (CR) 2:30 Cookies & Crosswords (AR) 3:30 Stroll & Roll (OP) 6:00 Independent Creative Time (AR)	9:30 Light & Lively Exercise (P) 10:00 Reclaim Your Brain Games (AR) 11:00 Flower Refresh (AR) 1:30 Rumikub (P) 2:30 Music & Meditation (P) 3:00 Bible Study (T) 3:30 Root Beer Floats (P) 6:00 Movie: <i>The Pink Panther</i> (T)	9:30 Sit & Be Fit Exercise (CR) 10:00 Shopping Trip: Redner's*** (OOB) 11:00 Ed-U Watch & Learn: <i>Food of Hawaii</i> (T) 1:30 Knitting Club (AR) 2:00 Birthday Party (P) 2:30 Circle of Friends (T) 3:30 Crafting Corner: Beach Glass Lantern (AR) 6:00 Candy Bingo with Kranthi (AR)	9:30 Sit & Be Fit Exercise (CR) 10:00 Rosary with St. Eleanor's (T) 11:00 Destination Discovery: Hawaii Oahu Island (T) 1:30 Mid Week Worship Service (CR) 2:30 Community Meeting with Holly (AR) 3:30 Shuffle Board (AR) 6:00 Nickel Bingo with Marisa (AR)	9:45 Catholic Communion (T) 10:00 Sit & Be Fit Exercise (CR) 11:00 Dine-Out: Osteria Italian *** (OOB) 1:30 Dominoes (P) 2:30 Book Club (OL) 3:30 Happy Hour (P) 6:00 Prize Bingo with Kranthi (AR)	9:30 Light & Lively Exercise (P) 10:00 Word Games (AR) 11:00 Finish the Lyrics (P) 1:30 Penny Pokeno (P) 2:30 Gardening Club (AR) 3:30 Happy Hour (P) 6:00 Friday Night Shabbat (T)	9:30 Sit & Be Fit Exercise (P) 10:00 Coffee & Chronicles (P) 11:00 Trivia Fun (P) 1:30 Salty Bingo (AR) 2:30 Popcorn & Movie: <i>Failure to Launch</i> (T) 3:30 Afternoon Stroll (OOB) 6:00 Independent Games (P)
18	19	20	21	22	23	24
10:30 Livestream Catholic Mass with St. Eleanor's (T) 11:00 Board Games (P) 1:30 Ecumenical Communion Service with Chaplain Leighton (CR) 2:30 Cookies & Crosswords (AR) 3:30 Stroll & Roll (OP) 6:00 Independent Creative Time (AR)	9:30 Light & Lively Exercise (P) 10:00 Reclaim Your Brain Games (AR) 11:00 Flower Arranging (AR) 1:30 Rumikub (P) 2:30 Music & Meditation (P) 3:00 Bible Study (T) 3:30 Ring Toss (AR) 6:00 Movie: <i>Bee Season</i> (T)	9:30 Sit & Be Fit Exercise (CR) 10:00 Shopping Trip: Target \$\$ (OOB) 11:00 Ed-U Watch & Learn: <i>Volcanoes National Park</i> (T) 1:30 Knitting Club (AR) 2:00 Words on Wheels (OL) 2:30 Circle of Friends (T) 3:30 Happy Hour (P) 6:00 Candy Bingo with Kranthi (AR)	9:30 Sit & Be Fit Exercise (CR) 10:00 Rosary with St. Eleanor's (T) 11:00 Destination Discovery: Hawaii—Maui Island (T) 1:30 Mid Week Worship Service (CR) 2:30 Ice Cream Social (AR) 3:30 Shuffle Board (AR) 6:00 Nickel Bingo with Marisa (AR)	9:45 Catholic Communion (T) 10:00 Sit & Be Fit Exercise (CR) 11:00 Dine-Out: Mission BBQ *** (OOB) 1:30 Dominoes (P) 2:30 Book Club (OL) 3:30 Happy Hour (P) 6:00 Prize Bingo with Kranthi (AR)	9:30 Light & Lively Exercise (P) 10:00 Word Games (AR) 11:00 Finish the Lyrics (P) 1:30 Penny Pokeno (P) 2:30 Gardening Club (AR) 4:00-7:00 Family Fun Carnival (OOB) (Back Parking Lot)	9:30 Sit & Be Fit Exercise (P) 10:00 Coffee & Chronicles (P) 11:00 Trivia Fun (P) 1:30 Salty Bingo (AR) 2:30 Popcorn & Movie: <i>The Secrets of the Ya-Ya Sisterhood</i> (T) 3:30 Afternoon Stroll (OOB) 6:00 Independent Games (P)
25	26	27	28	29	30	31
10:30 Livestream Catholic Mass with St. Eleanor's (T) 11:00 Board Games (P) 1:30 Ecumenical Communion Service with Chaplain Leighton (CR) 2:30 Cookies & Crosswords (AR) 3:30 Stroll & Roll (OP) 6:00 Independent Creative Time (AR)	9:30 Light & Lively Exercise (P) 10:00 Reclaim Your Brain Games (AR) 11:00 Flower Refresh (AR) 1:30 Rumikub (P) 2:30 Music & Meditation (P) 3:00 Bible Study (T) 3:30 Noodle Ball (P) 6:00 Movie: <i>Cool Hand Luke</i> (T)	9:30 Sit & Be Fit Exercise (CR) 10:00 Shopping Trip: Giant *** (OOB) 11:00 Ed-U Watch & Learn: <i>Traditional Hula Dancing</i> (T) 1:30 Knitting Club (AR) 2:00 Sing Along to the Oldies (P) 2:30 Circle of Friends (T) 3:30 Crafting Corner: Beading (AR) 6:00 Candy Bingo with Kranthi (AR)	9:30 Sit & Be Fit Exercise (CR) 10:00 Rosary with St. Eleanor's (T) 11:00 Destination Discovery: Hawaii— <i>The Big Island</i> (T) 1:30 Mid Week Worship Service (CR) 2:30 Dinning Meeting (AR) 3:30 Shuffle Board (AR) 6:00 Nickel Bingo with Marisa (AR)	9:45 Catholic Communion (T) 10:00 Sit & Be Fit Exercise (CR) 11:00 Dine-Out: Applebee's \$\$ (OOB) 1:30 Dominoes (P) 2:30 Book Club (OL) 3:30 Happy Hour (P) 6:00 Prize Bingo with Kranthi (AR)	9:30 Light & Lively Exercise (P) 10:00 Word Games (P) 11:00 Finish the Lyrics (P) 1:30 Penny Pokeno (P) 2:30 Gardening Club (AR) 3:30 Happy Hour with Bob Hammel (P) 6:00 Friday Night Shabbat (T)	9:30 Sit & Be Fit Exercise (P) 10:00 Coffee & Chronicles (P) 11:00 Trivia Fun (P) 1:30 Salty Bingo (AR) 2:30 Popcorn & Movie: <i>Three Amigos</i> (T) 3:30 Afternoon Stroll (OOB) 6:00 Independent Games (P)