

# Focus on Wellness

SUMMER is here! Be sure to make the most of the season with these healthy tips:

- Stay Hydrated with plenty of water
- Use sunscreen and shade to enjoy the outdoors
- Enjoy socializing with friends in nature
- Enjoy local, seasonal produce in our dining programs

Please enjoy all of our outdoor walking paths and activities. Check your calendar for outings and family events!



## Resident Birthdays

### August

5 - Agatha Synoraski  
7 - Irene Moscon  
7 - Josephine Bogansky  
8 - Margaret Sinclair  
11 - Marie Wolk  
16 - Olga Mizin  
21 - Susan Mooney

21 - Camille Beccone  
25 - Jean Stecker  
27 - Lillian Rogers  
28 - Mary Vertucci  
28 - Nelda Ryan

### September

6 - Anita Molitoris  
8 - Glenda Smith  
15 - Mary Kost  
16 - Rita Novak  
17 - Norbert Markiewicz  
17 - Danae Renn  
26 - Patricia Gasser



# Providence Place SENIOR LIVING News

Q3: August 2024

## A Note from the Executive Director

### “Summer means happy times and good sunshine”

Summer has been really lively and exciting here in Drums. Our Olympics and ceremonies have been amazing and we can't wait to continue and support our USA teams.

Be sure to check the activities calendar as there are many exciting things to do in August - including our outing to The Nuremburg Theatre and Crestwood High School Farmer's Market.

Please keep an eye out for our resident & family member surveys coming this fall - we always appreciate your feedback and input to make our community feel like home.

As always, I am here for any questions or concerns you may have.

Best,

*Missie Jacoby*  
Executive Director

## Highlighted Events

- 3 - **Lioness Club Bingo**  
with Marlene @ 1pm
- 5 - **Vets-to-Vets Cafe Talk**  
@ 10am
- 8 - **Bubble Extravaganza @ 2pm**  
Grandchildren welcome!
- 11 - **Nuremburg Theater Outing:**  
The Little Mermaid @ 2pm
- 25 - **Crestwood HS Outing & Lunch:** Farmer's Market  
@ 10:30am

## Welcome New Residents

Robert Green  
Sandra Maquire



For Community Life activities, campus events and Providence Place happenings, please follow our Facebook page at [www.Facebook.com/ProvPlace](http://www.Facebook.com/ProvPlace).



To sign up to receive this quarterly newsletter and monthly events calendar via email, please contact us to subscribe at [Info@Prov-Place.com](mailto:Info@Prov-Place.com).



[www.Providence-Place.com](http://www.Providence-Place.com)

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
<h1>August 2024</h1>	<b>Calendar Key:</b> ** Registration Required \$\$ Cost Involved (1st) First Floor, (2nd) Second Floor, (3rd) Third Floor, (ML) Main Lobby, (FP) Front Porch, (Ch) Chapel, (CN) Connections Neighborhood, (SR) Sun Room, (OOB) Out of Building	<h1>THE Club</h1>		1 9:00 Morning Meeting (2nd) 9:30 Rosary (Ch) 9:30 Sit & Be Fit Exercise (2nd) 10:00 Mass with Father Binesh (Ch) 10:30 August Gazette (1st) 1:00 Preparing for August (1st) 1:30 Chef's Pairing (DR) 2:30 Manicures (3rd) 6:30 Pinochle Players Club (3rd)	2 9:00 Morning Meeting (2nd) 9:30 Hand Weights Exercise (2nd) 10:00 Bible Study with Chaplain Bev (Ch) 10:30 Hymn Sing (Ch) 1:00 Color Shuffle Game (2nd) 1:30 Our Journey Together With Chaplain Bev (SR) 2:00 Bowling Spares Tournament (3rd) 3:00 Sunshine & Tea (3rd) 6:30 Boggle (1st)	3 9:00 Morning Meeting (2nd) 9:30 Rosary (Ch) 10:00 Chair Yoga Exercise (2nd) 10:30 Name That Tune (2nd) 1:00 Lioness Club Bingo with Marlene (DR) 2:30 Matinee: <i>Pirates of The Caribbean</i> (2nd) 3:30 Pina Colada Super Happy Hour (1st) 6:30 Rummikub (1st)	
	4 9:00 TV Catholic Mass (3rd) 9:30 Morning Meeting (2nd) 10:00 Finishing The Lines (2nd) 10:30 Strength Exercise (2nd) 11:00-1:00 Wine & Dine (DR) 1:15 Worship Service with Chaplain Bev (Ch) 2:15 Bingo (DR) 6:30 Yahtzee (1st)	5 9:00 Morning Meeting (2nd) 9:30 Rosary (Ch) 10:00 Yoga Fitness by Bill Kringe (Ch) 10:00 Vets to Vets Café Talk (C) 1:30 Interactive Music Class With Cynthia Ritchey (2nd) 2:30 Armchair Travels: Hiking Mount Whitney (3rd) 3:00 Picture a Word Game (3rd) 6:30 Pinochle Players Club (3rd)	6 9:00 Morning Meeting (2nd) 9:30 Shopping Trip: Dollar Tree/Aldi's **\$\$ (OOB) 10:00 Stretch Exercise (2nd) 10:30 Group Crossword Puzzle (1st) 1:00 Prayer Service & Communion (Ch) 1:45 Bingo (DR) 3:30 Destination Discovery: <i>Puerto Rico                El Yunque National Forest</i> (CN) 6:30 Scrabble (1st)	7 9:00 Morning Meeting (2nd) 9:30 Mindful Morning Meditation (3rd) 10:00 Prayer Services with Chaplain Beverly (Ch) 10:30 Balance in Action Exercise (2nd) 12:30 Sing-a-Long with Kathy (CN) 1:30 Circle of Friends (SR) 2:00 Making Snow Cones (1st) 2:30 Musical Entertainment: John Stevens Polka Band (DR) 6:30 Dominoes (1st)	8 9:00 Morning Meeting (2nd) 9:30 Rosary (Ch) 10:00 Sit & Be Fit Exercise (2nd) 10:30 Walking Club: Laurel Mall **\$\$ (OOB) 1:00 Country Ride** (OOB) 2:00 Bubble Extravaganza with Resident Grandkids (FP) 3:00 Cooking Club: Cupcake Decorating (C) 6:30 Pinochle Players Club (3rd)	9 9:00 Morning Meeting (2nd) 9:30 Hand Weights Exercise (2nd) 10:00 Bible Study with Chaplain Bev (Ch) 10:30 Hymn Sing (Ch) 10:30 Diner's Lunch Caravan: Vesuvios**\$\$ (OOB) 1:00 Who Sang It! (CN) 1:30 Our Journey Together (SR) 2:00 Baking Club: Focaccia Bread (C) 6:30 Boggle (1st)	10 9:00 Morning Meeting (2nd) 9:30 Rosary (Ch) 10:00 Chair Yoga Exercise (2nd) 10:30 Card Game: Uno (3rd) 1:15 Matinee & Popcorn: <i>August Rush</i> (2nd) 2:00 Musical Entertainment: Family Resident Showcase Featuring John Buglio (DR) 3:30 Sunshine & Chat (FP) 6:30 Rummikub (1st)
	11 9:00 TV Catholic Mass (3rd) 9:30 Morning Meeting (2nd) 10:30 Chair Zumba Exercise with Alyson Cara (2nd) 11:00-1:00 Wine & Dine (DR) 1:15 Worship Service with Chaplain Bev (Ch) 2:00 Nuremberg Community Players Theater: <i>The Little Mermaid</i> **\$\$ (OOB) 3:00 Resident Board Game: Monopoly (2nd) 6:30 Yahtzee (1st)	12 9:00 Morning Meeting (2nd) 9:30 Rosary (Ch) 10:00 Yoga Fitness by Bill Kringe (Ch) 1:00 Men's Club Documentary: <i>Full Tilt: History of Pinball Machine</i> (3rd) 1:30 Bible Study with Deacon Bob (Ch) 2:30 Ed-U Presentation: <i>Newts &amp;                Salamanders</i> by Noah Boshek (3rd) 3:00 Campus Store (3rd) 6:30 Pinochle Players Club (3rd)	13 9:00 Morning Meeting (2nd) 9:30 Shopping Trip: Wal-Mart **\$\$ (OOB) 10:00 Stretch Exercise (2nd) 10:30 Helping Hands Club: Preparing Thank You Bags (3rd) 1:00 Prayer Service & Communion (Ch) 1:45 Bingo (DR) 3:00 Party Planning Committee (1st) 6:30 Scrabble (1st)	14 9:00 Morning Meeting (2nd) 10:00 Prayer Service with Chaplain Beverly (Ch) 10:30 Balance in Action Exercise (2nd) 12:30 Sing-a-Long with Kathy (CN) 1:30 Searching for Sea Shells Craft (CN) 1:30 Circle of Friends (SR) 2:00 Musical Entertainment: SheliaMark Duo (DR) 6:30 Dominoes (1st)	15 9:00 Morning Meeting (2nd) 9:30 Rosary (Ch) 10:00 Sit & Be Fit Exercise (2nd) 10:30 Food for Thought & Tasting: Flan (C) 1:00 National Relaxation Day: Spa Day (CN) 2:00 Manicures & Music (CN) 3:00 Left Right Left Dice Game (2nd) 6:30 Pinochle Players Club (3rd)	16 9:00 Morning Meeting (2nd) 9:30 Hand Weights Exercise (2nd) 10:00 Bible Study with Chaplain Bev (Ch) 1:00 Thankful for You Club: Passing Thank You Bags for Staff (ML) 1:30 Our Journey Together With Chaplain Beverly (SR) 2:30 Ed-U Presentation by Richard Lagget (3rd) 6:30 Boggle (1st)	17 9:00 Morning Meeting (2nd) 9:30 Rosary (Ch) 10:00 Chair Yoga Exercise (2nd) 10:30 Color Me Calm (1st) 1:30 Matinee: <i>Fiddler on the Rood</i> (2nd) 2:30 Group Crossword Puzzle (1st) 3:30 Sea Breeze Super Happy Hour (1st) 6:30 Rummikub (1st)
	18 9:00 TV Catholic Mass (3rd) 9:30 Morning Meeting (2nd) 10:00 Chair Zumba Exercise with Alyson Cara (2nd) 11:00-1:00 Wine & Dine (DR) 1:15 Worship Service with Chaplain Bev (Ch) 2:00 Bingo (DR) 3:30 Sunshine & Chat (FP) 6:30 Yahtzee (1st)	19 9:00 Morning Meeting (2nd) 9:30 Rosary (Ch) 10:00 Yoga Fitness by Bill Kringe (Ch) 1:00 Ed-U Presentation with Author Cynthia Sandor (3rd) 1:00 Sip & Chat: Frozen Peach Lemonade (CN) 1:30 Interactive Music Class With Cynthia Ritchey (2nd) 2:30 Craft Club: Making Bracelets (2nd) 6:30 Pinochle Players Club (3rd)	20 9:00 Morning Meeting (2nd) 9:30 Shopping Trip: Hobby Lobby**\$\$ (OOB) 10:00 Stretch Exercise (2nd) 1:00 Prayer Service & Communion (Ch) 1:30 Country Ride ** (OOB) 2:00 Musical Entertainment: Featuring Brian G (DR) 3:30 Destination Discovery: <i>Puerto Rico Old San Juan</i> (CN) 6:30 Scrabble (1st)	21 World Senior Citizen Day 9:00 Morning Meeting (2nd) 9:30 Double Exposure (1st) 10:00 Balance in Action Exercise with Poweback Rehab (2nd) 12:30 Sing-a-Long with Kathy (CN) 1:30 Circle of Friends (SR) 1:30 Craft Club: Let's Get Colorful with Tye-Dying T-Shirts (CN) 2:00 Try Something New Game (2nd) 6:30 Dominoes (1st)	22 9:00 Morning Meeting (2nd) 9:30 Rosary (Ch) 10:00 Sit & Be Fit Exercise (2nd) 10:30 Dining Demo with Chef (DR) 1:00 Outdoor Card Games (3rd) 2:15 Bingo (DR) 3:30 Before Dinner Meditation (FP) 6:30 Pinochle Player Club (3rd)	23 9:00 Morning Meeting (2nd) 9:30 Hand Weights Exercise (2nd) 10:00 Bible Study with Chaplain Bev (Ch) 10:30 Hymn Sing (Ch) 1:30 Our Journey Together With Chaplain Bev (SR) 2:00 Ed-U Smithsonian: <i>Extreme                Aircraft &amp; Flying Machines</i> (2nd) 3:00 Music Hour (Second Floor) 6:30 Boggle (1st)	24 9:00 Morning Meeting (2nd) 9:30 Rosary (Ch) 10:00 Chair Yoga Exercise (2nd) 10:00 Therapy Dog with Anne Marie (1st) 1:00 Picture a Word Game (2nd) 1:30 Matinee & Popcorn: <i>I'll See You in my Dreams</i> (2nd) 3:30 Men's Club: Darts & Beer (FP) 6:30 Rummikub (1st)
	25 9:00 TV Catholic Mass (3rd) 9:30 Morning Meeting (2nd) 10:00 Strength Exercise (2nd) 10:30 Trip Out: Crestwood High School Farmer's Market **\$\$ (OOB) 11:00-1:00 Wine & Dine (DR) 1:15 Worship Service with Chaplain Bev (Ch) 2:00 Bingo (DR) 6:30 Yahtzee (1st)	26 9:00 Morning Meeting (2nd) 9:30 Rosary (Ch) 10:00 Yoga Fitness by Bill Kringe (Ch) 1:00 Card Game: <i>Last Card Standing</i> (2nd) 1:30 Bible Study with Deacon Bob (Ch) 2:30 Watching the Ed Sullivan Show: Tony Bennett Performances (3rd) 3:00 Club Planning Meeting (3rd) 6:30 Pinochle Players Club (3rd)	27 9:00 Morning Meeting (2nd) 9:30 Shopping Trip: Burgers Farm **\$\$ (OOB) 10:00 Stretch Exercise (2nd) 10:30 Food for Thought & Tasting: Spam (C) 1:00 Prayer Service & Communion (Ch) 1:45 Bingo (DR) 3:00 Community Meeting (DR) 6:30 Scrabble (1st)	28 9:00 Morning Meeting (2nd) 9:30 Musical Entertainment: Pat Maue (DR) 10:00 Prayer Service with Chap. Bev (Ch) 10:30 Balance in Action Exercise (2nd) 12:30 Sing-a-Long with Kathy (CN) 1:00 Welcome Ambassador Mtg. (2nd) 1:30 Circle of Friends 2:30 Ed-U Health Presentation With Our Director of Nursing (3rd) 6:30 Dominoes (1st)	29 9:00 Morning Meeting (2nd) 9:30 Rosary (Ch) 10:00 Sit & Be Fit Exercise (2nd) 10:30 Dining Committee Meeting (DR) 1:30 Craft Club: Clay Jewelry (2nd) 2:30 Music on the Porch (FP) 3:00 New Resident Mixer: Root Beer Floats & Mixed Nuts (1st) 6:30 Pinochle Players Club (3rd)	30 9:00 Morning Meeting (2nd) 9:30 Hand Weights Exercise (2nd) 10:00 Bible Study with Chaplain Bev (Ch) 10:30 Hymn Sing (Ch) 1:00 Appreciation Awards (Second) 1:30 Our Journey Together With Chaplain Bev (SR) 2:00 Friends & Board Games Social (SR) 6:30 Boggle (1st)	31 9:00 Morning Meeting (2nd) 9:30 Rosary (Ch) 10:00 Chair Yoga Exercise (2nd) 10:30 Making Cupcake Liner Leis (3rd) 1:30 Matinee: Radio (2nd) 3:30 Margarita: Super Happy Hour (1st) 6:30 Rummikub (1st)