Q3: August 2024

# A Note from the Executive Director

As we enjoy summer weather - please remember the importance of staying cool and hydrated during the hot months!

Our Pine Grove campus has started our own Dementia Support group - this monthly event will be hosted on the last Thursday of each month at 6pm with light refreshments. We invite all family members & friends as well as other residents to join to learn more about dementia and ways to help our loved ones and each other navigate the challenges.

We invite everyone to our August Brunch which will be hosted on 8/18 from 10:30am-12pm - please call reception to reserve a spot with your loved one(s)!

Please keep an eye out for our resident & family member surveys coming this fall - we always appreciate your feedback and input to make our community feel like home.

Best,

Cynthia Martin Executive Director

## Highlighted Events

- 6 Baking Club @ 1pm
- 7 Community Meeting @ 10:30am
- 18 **Sunday Brunch** @ 10:30am Families Welcome!
- 23 **Luau Social** @ 2pm
- 29- Dementia Support Group

@ 6pm - New at Pine Grove!

### Welcome New Residents

William Scott Rebecca Vasinda Susant Mertz

# Focus on Wellness

SUMMER is here! Be sure to make the most of the season with these healthy tips:

- Stay Hydrated with plenty of water
- Use sunscreen and shade to enjoy the outdoors
- Enjoy socializing with friends in nature
- Enjoy local, seasonal produce in our dining programs

Please enjoy all of our outdoor walking paths and activities. Check your calendar for outings and family events!



# Resident Birthdays September

# August

5 - John Heinbach

11 - Helen Miller

14 - Carol Tripp

14 - Robert Hohman

17 - Anna D'Alessandro

17 - Ina Pijar

23 - Marguerite Zimmerman

29 - Carolyn Rorabaugh

2 - Joan Fede

4 - Frederick Lehr

17 - Gloria Seaman



For Community Life activities, campus events and Providence Place happenings, please follow our Facebook page at www.Facebook.com/ProvPlace.



To sign up to receive this quarterly newsletter and monthly events calendar via email, please contact us to subscribe at Info@Prov-Place.com.



www.Providence-Place.com