

Focus on Wellness

SUMMER is here! Be sure to make the most of the season with these healthy tips:

- Stay Hydrated with plenty of water
- Use sunscreen and shade to enjoy the outdoors
- Enjoy socializing with friends in nature
- Enjoy local, seasonal produce in our dining programs

Please enjoy all of our outdoor walking paths and activities. Check your calendar for outings and family events!



Resident Birthdays

August

2 - Nancy Reber
2 - Adele Llewellyn
2 - Carol Benner
7 - George Lescosky
8 - Ellen Nevada
9 - Jane DiCasimirro
11 - Dorothy Llewellyn
22 - John Lazarski
23 - Robert McQuillan
27 - Mollie Katchur

September

1 - Barbara Webber
6 - Sang O'Reilly
6 - Agnes Leffler
7 - Clara Mason
9 - Regina Kenesky
13 - Lois Rilo
14 - Gladys Bachman
15 - James Smith
16 - Loreen Miller
16 - Grace Kopko
19 - Audrey Serrian
24 - Sally Houseknecht
26 - Janet Merryfield
27 - Richard Kunkel



Providence Place SENIOR LIVING News

Q3: August 2024

A Note from the Executive Director

You will see two new faces around our Pottsville community. We have hired a new Business Office Manager, Candace Sadusky, whom many of you may have spoken to already, and Lauren Tobin, Director of Sales. Please stop by and say hello. As I continue to settle in, I am meeting many of you and working hard to assist with any concerns you may have. Please continue to reach out to me at any time.

Our last Summer Concert Series will be August 1st! It is the ever-popular John Stevens Polka Band. Every event is open to the public and free to attend - please BYOC (bring your own chair) and enjoy ice cream sundaes and live music with your loved ones.

Please keep an eye out for our resident & family member surveys coming this fall - we always appreciate your feedback and input to make our community feel like home.

Blessings,

Julie Wallace
Executive Director

Highlighted Events

- 1 - **Summer Concert Series:** John Stevens Polka Band @ 7pm
Families & Friends Welcome!
- 5 - **Circle of Friends** @ 3pm
- 22 - **Community Meeting** @ 2pm
- 29 - **Outing to Heisler's** @ 2pm

Welcome New Residents

Elmer Kramer
Alma Gearhart



For Community Life activities, campus events and Providence Place happenings, please follow our Facebook page at www.Facebook.com/ProvPlace.



To sign up to receive this quarterly newsletter and monthly events calendar via email, please contact us to subscribe at Info@Prov-Place.com.



www.Providence-Place.com

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<h1>August</h1> <h2>2024</h2>	Calendar Key: ** Registration Required \$\$ Cost Involved 1FP 1st Floor Patio 3FL 3rd Floor Lounge P Pub CH Chapel OOB Out Of Building DR Ding Room ML Main Lobby TB Throughout Building FP Front Pavilion PL Parking Lot CNS Connections South	<h1>THE</h1> <h1>Club</h1>		1	2	3
9:00 Daily Meeting & Chronicles (P) 9:30 Live Stream: Trinity Lutheran Church (P) 10:30 Balance in Action (P) 11-12 Wine in Dine (P) 1:00 Sunday Matinee: <i>Blue Hawaii</i> (P) 3:00 Communion Service with Chaplain Henninger (CH) 4:00 Afternoon Fitness Walkers (TB) 6:00 Puzzles (3F)	9:30 Daily Meeting & Chronicles (P) 10:30 Seated Yoga with Michele (P) 1:00 Magazine Scavenger Hunt (CNS) 2:00 Art Expressions: Mandalas (CNS) 2:00 Worship Service with Chaplain Brittany (CH) 3:00 Circle of Friends (P) 3:00 Corn Hole (CNS) 4:00 Afternoon Fitness Walkers (TB) 6:00 Fireside Chats with Friends (ML)	9:30 Daily Meeting & Chronicles (P) 10:00 Dining Committee Meeting (DR) 11:00 Checkers (P) 1:00 Craft Corner: Collaborative Community Quilt (CNS) 2:30 Milkshakes & Memories (CNS) 3:30 Ring Toss (CNS) 4:30 Conversation Stones (ML) 6:00 Nickel Bingo \$\$ (P)	9:30 Daily Meeting & Chronicles (P) 10:00 Gentle Stretching (P) 1:00 iN2L: Bubble Pop (CNS) 1:30 Let's List It (CNS) 2:00 Acrylic Paint Class with Shannon (P) 2:00 Worship Service with Chaplain Brittany (CH) 3:00 The Chosen with Chaplain Brittany (CH) 6:00 Color Me Creative (P)	9:30 Daily Meeting & Chronicles (P) 10:30 Keep Kicking Kickball (P) 1:30 Zumba with Michele (CNS) 2:30 Music Engagement with Cynthia (CNS) 3:30 Hydration Station with Lemonade (CNS) 4:00 iN2L Ed-U: <i>Beautiful Gardens of The World</i> (CNS) 6:00 P2 Horse Racing (P)	9:30 Daily Meeting & Chronicles (P) 10:30 Balloon Volleyball (P) 1:30 Creative Crafting: Painting Garden Rocks (P) 2:30 Conversation Stones (P) 3:00 Communion Service with Chaplain Henninger (CH) 4:00 Hat Game (P) 6:00 Fireside Chat with Friends (ML)	9:30 Morning Trailblazers (TB) 10:00 Daily Meeting & Chronicles (P) 10:30 Wall Memory (P) 1:30 Helping Hands: Setting Up Bingo (P) 2:00 Nickel Bingo \$\$ (P) 3:30 Heath Talk: <i>How Much Water to Drink Each Day</i> By Dr. Andrew Hubert (P) 6:00 Color Me Creative (P)
4	5	6	7	8	9	10
9:30 Daily Meeting & Chronicles (P) 10:00 Live Stream: St. John UCC (P) 10:30 Balance in Action (P) 11:30 Sticker Art (P) 1:00 Sunday Matinee: <i>The Magic of Ordinary Days</i> (P) 3:00 Communion Service with Chaplain Henninger (CH) 6:00 Color Me Creative (P)	9:30 Daily Meeting & Chronicles (P) 10:30 Seated Yoga with Michele (P) 11:30 Cheerful Club: Making Gift Bags for Nursing (P) 1:30 The Art of Conversation Game (3FL) 2:00 Worship Service With Chaplain Brittany (CH) 3:00 Circle of Friends (CH) 3:30 Inside Golfing (3FL) 6:00 Relaxing in Our Gazebo (PL)	9:30 Daily Meeting & Chronicles (P) 10:30 Balloon Volleyball (P) 11:30 Afternoon Fitness Walkers (TB) 1:00 Family Feud (CNS) 2:00 Happy Hour (CNS) 3:00 Giant Balloon Toss (CNS) 4:30 Helping Hands: Setting up Bingo (P) 6:00 Nickel Bingo \$\$ (P)	9:30 Daily Meeting & Chronicles (P) 10:30 Light & Lively Exercise (P) 1:00 Reminiscing: The Beach (CNS) 2:00 Hawaiian Bingo (CNS) 2:00 Worship Service with Chaplain Brittany (CH) 3:00 The Chosen with Chaplain Brittany (CH) 3:00 Games Galore (CNS) 6:00 Fireside Chat with Friends (ML)	9:30 Daily Meeting & Chronicles (P) 10:30 Keep Kicking Kickball (P) 11:30 Relaxing Breathing Exercises (P) 1:30 Zumba with Michele (CNS) 2:30 Hydration Station with Iced Green Tea (CNS) 3:00 Manicures & Music (CNS) 4:00 iN2L: Luau Dancing (CNS) 6:00 Penny Pitching (P)	9:30 Daily Meeting & Chronicles (P) 10:00 Brain Games: Pictionary (P) 11:00 Creative Crafting: Making Foam Visors (P) 1:30 Miniature Golf (3FL) 2:30 Ring Toss (3FL) 3:00 Communion Service with Chaplain Henninger (CH) 4:00 Reminiscing High School Years (3FL) 6:00 Checkers (P)	9:30 Daily Meeting & Chronicles (P) 10:30 Wall Memory (P) 11:30 Ring Toss (P) 1:30 Afternoon Fitness Walkers (TB) 2:00 Nickel Bingo \$\$ (P) 3:30 Vagabond Travelers: <i>Kauai Hawaii</i> (P) 4:00 Kerplunk (P) 6:00 Color Me Creative (P)
11	12	13	14	15	16	17
9:00 Daily Meeting & Chronicles (P) 9:30 Live Stream: Trinity Lutheran Church (P) 10:30 Balance in Action (P) 11-12 Wine in Dine (P) 1:00 Sunday Matinee: <i>Waikki Wedding</i> (P) 3:00 Communion Service with Chaplain Henninger (CH) 6:00 Puzzles (3FL)	9:30 Daily Meeting & Chronicles (P) 10:30 Seated Yoga with Michele (P) 11:30 Arm Strengthening Exercise (3FL) 1:30 Leg Strengthening Exercise (3FL) 2:00 Worship Service with Chaplain Brittany (CH) 3:00 Circle of Friends (CH) 3:30 Afternoon Fitness Walkers (TB) 6:00 Resident Run Card Games (P)	9:30 Daily Meeting & Chronicles (P) 10:30 Chef's Table Cooking Demo (DR) 1:00 Appreciation Club: Lavender Hand Scrub (CNS) 2:30 Popsicle Social (CNS) 3:00 Helping Hands: Cleaning up (CNS) 3:30 Mad Libs (CNS) 4:00 iN2L: <i>Ocean Waves Slide Show for Club to View</i> (CNS) 6:00 Nickel Bingo \$\$ (P)	9:30 Daily Meeting & Chronicles (P) 10:00 Good Morning Café (P) 10:30 Balance in Action with Powerback Rehab (P) 1:00 Outdoor Excursion with Connections (OOB) 2:00 Worship Service with Chaplain Brittany (CH) 3:00 Puzzles & Ponderings (CNS) 6:00 Connect 4 Game (P) World Senior Citizen Day	9:30 Daily Meeting & Chronicles (P) 10:30 Keep Kicking Kickball (P) 11:30 Kerplunk (P) 1:30 Zumba with Michele (CNS) 2:30 Hydration Station with Mimosas (CNS) 3:00 Manicures & Music (CNS) 4:00 Sensory Fruit Cards (P) 6:00 P2 Horse Racing (P)	9:30 Daily Meeting & Chronicles (P) 10:00 Creative Crafters: Paper Parrots (P) 11:30 Breathing & Relaxing Exercises (P) 1:30 Hat Game (3FL) 2:00 Crazy Ball Pass (3FL) 2:30 Seated Scarf Exercise (3FL) 3:00 Communion Service With Chaplain Henninger (CH) 6:00 Resident Run Pinochle Game (P)	9:30 Daily Meeting & Chronicles (P) 10:30 Punch for a Prize (P) 1:30 Memory Magic (P) 2:00 Nickel Bingo \$\$ (P) 3:30 Vagabond Travelers: <i>Fascinating Hidden Gem of the Big Island Kaumana Caves</i> (P) 6:00 Puzzles (3FL)
18	19	20	21	22	23	24
9:30 Daily Meeting & Chronicles (P) 10:30 Balance in Action (P) 11-12 Wine in Dine (P) 1:00 Sunday Matinee: <i>Finding Your Feet</i> (P) 3:00 Communion Service with Chaplain Henninger (CH) 6:00 Color Me Creative (P)	9:30 Daily Meeting & Chronicles (P) 10:30 Seated Yoga with Michele (P) 1:30 Baking Club: Baking & Decorating Sugar Cookies (P) 2:00 Worship Service with Chaplain Brittany (CH) 3:00 Circle of Friends (CH) 3:30 Afternoon Fitness Walkers (OOB) 6:00 Connect 4 Game (P)	9:30 Daily Meeting & Chronicles (P) 10:00 Creative Crafting: Q-Tip Painting (P) 11:30 Let's Go Fishing Game (P) 1:00 Balloon Volleyball (CNS) 2:00 Puzzles & Pudding Social (CNS) 3:00 Family Feud (CNS) 6:00 Nickel Bingo \$\$ (P)	9:30 Daily Meeting & Chronicles (P) 10:00 Baking Club: Pizza Crackers (P) 1:00 Outdoor Excursion with Connections (OOB) 3:00 Junk Drawer Detective (CNS) 3:30 Afternoon Fitness Walkers (TB) 4:00 Brain Games: Finish the Line (3FL) 6:00 Color Me Creative (P)	9:30 Daily Meeting & Chronicles (P) 10:00 Recipe Club: Making Peach Lemonade Perfection (P) 1:30 Zumba with Michele (CNS) 2:30 Hydration Station with Peach Lemonade Perfection (CNS) 3:00 Manicures & Music (CNS) 5:00 Residents Birthday Dinner (P)	9:30 Daily Meeting & Chronicles (P) 10:00 Creative Crafting: Rock Painting Lady Bugs (P) 11:00 Hand & Wrist Flexion (P) 1:30 Brain Trivia: Word within a Word (P) 3:00 Communion Service with Chaplain Henninger (CH) 4:00 Afternoon Fitness Walkers (TB) 6:00 Fireside Chat with Friends (ML)	9:30 Daily Meeting & Chronicles (P) 10:00 Brain Games: Word Play (P) 11:00 Bowling (P) 1:00 Helping Hands: Setting up Bingo (P) 2:00 Nickel Bingo \$\$ (P) 3:30 Doc-U Series: <i>5 Stunning Eruptions Caught on Camera</i> (P) 6:00 Color Me Creative (P)
25	26	27	28	29	30	31