

Focus on Wellness

SUMMER is here! Be sure to make the most of the season with these healthy tips:

- Stay Hydrated with plenty of water
- Use sunscreen and shade to enjoy the outdoors
- Enjoy socializing with friends in nature
- Enjoy local, seasonal produce in our dining programs

Please enjoy all of our outdoor walking paths and activities. Check your calendar for outings and family events!



Resident Birthdays

August

2 - Nancy Reber
2 - Adele Llewellyn
2 - Carol Benner
7 - George Lescosky
8 - Ellen Nevada
9 - Jane DiCasimirro
11 - Dorothy Llewellyn
22 - John Lazarski
23 - Robert McQuillan
27 - Mollie Katchur

September

1 - Barbara Webber
6 - Sang O'Reilly
6 - Agnes Leffler
7 - Clara Mason
9 - Regina Kenesky
13 - Lois Rilo
14 - Gladys Bachman
15 - James Smith
16 - Loreen Miller

16 - Grace Kopko
19 - Audrey Serrian
24 - Sally Houseknecht
26 - Janet Merryfield
27 - Richard Kunkel



Providence Place SENIOR LIVING News

Q3: August 2024

A Note from the Executive Director

You will see two new faces around our Pottsville community. We have hired a new Business Office Manager, Candace Sadusky, whom many of you may have spoken to already, and Lauren Tobin, Director of Sales. Please stop by and say hello. As I continue to settle in, I am meeting many of you and working hard to assist with any concerns you may have. Please continue to reach out to me at any time.

Our last Summer Concert Series will be August 1st! It is the ever-popular John Stevens Polka Band. Every event is open to the public and free to attend - please BYOC (bring your own chair) and enjoy ice cream sundaes and live music with your loved ones.

Please keep an eye out for our resident & family member surveys coming this fall - we always appreciate your feedback and input to make our community feel like home.

Blessings,

Julie Wallace
Executive Director

Highlighted Events

- 1 - **Summer Concert Series:** John Stevens Polka Band @ 7pm
Families & Friends Welcome!
- 5 - **Circle of Friends** @ 3pm
- 22 - **Community Meeting** @ 2pm
- 29 - **Outing to Heisler's** @ 2pm

Welcome New Residents

Elmer Kramer
Alma Gearhart




For Community Life activities, campus events and Providence Place happenings, please follow our Facebook page at www.Facebook.com/ProvPlace.



To sign up to receive this quarterly newsletter and monthly events calendar via email, please contact us to subscribe at Info@Prov-Place.com.



www.Providence-Place.com

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<h1>August</h1> <h2>2024</h2>	Calendar Key: ** Registration Required \$\$ Cost Involved 1FP 1st Floor Patio 3F 3rd Floor Lounge P Pub CH Chapel OOB Out of Building DR Dining Room ML Main Lobby FP Front Porch			1 9:30 Brain Games: Word Within a Word (ML) 10:30 Keep Kicking Kickball (P) 1:30 Total Body Workout (P) 2:30 Card Games: Gin Rummy (P) 3:30 Helping Hands: Setting Up For The Concert (FP & PL) 7:00 Summer Concert Series: John Stevens Polka Band (FP & PL)	2 9:30 Green Thumbs: Taking Care of Our Plants (TB & 1FP) 10:00 Balloon Volleyball (P) 1:30 Seated Zumba with Michele (P) 3:00 Communion Service with Chaplain Henninger (CH) 3:30 Craft Corner : Surf's Up! Door Décor (P) 6:00 Resident Run Pinochle Game (P)	3 9:00 Morning Steppers (ML) 10:30 Wall Memory (P) 1:00 Helping Hands: Setting up Bingo (P) 2:00 Nickel Bingo \$\$ (P) 3:30 Health Talk: <i>How to Properly Hydrate & How Much Water to Drink Each Day</i> By Dr. Andrew Huberman (P) 6:00 Color Me Creative (P)
4 9:00 Hymn Sing (P) 9:30 Live Stream: Trinity Lutheran Church (P) 10:30 Balance in Action (P) 11 & 12 Wine & Dine (DR) 1:00 Sunday Matinee: <i>Blue Hawaii</i> (P) 3:00 Communion Service with Chaplain Henninger (CH) 6:00 Resident Run Connect 4 (P)	5 9:30 Brain Games: August Trivia (ML) 10:30 Seated Yoga with Michele (P) 1:30 Sunshine Club Meeting (P) 2:00 Worship Service with Chaplain Brittany (CH) 3:00 Circle of Friends (CH) 3:00 Balloon Volleyball (P) 6:00 Puzzles (3F)	6 9:30 Morning Steppers (ML) 10:30 Dining Committee Meeting (DR) 1:30 Golden Voices Choir Practice (P) 2:00 Manicures & Mimosas (P) 3:30 Helping Hands: Setting up Bingo (P) 4:00 Corn Hole Toss (P) 6:00 Nickel Bingo \$\$ (P)	7 9:30 Good Morning Café (P) 10:30 Gentle Stretching Exercise (P) 2:00 Acrylic Paint Class with Shannon **(P) 2:00 Worship Service with Chaplain Brittany (CH) 3:00 The Chosen with Chaplain Brittany (CH) 3:00 Indoor Hatchet Throwing (P) 6:00 Resident Run Card Games (P)	8 9:00 Shopping Trip: Walmart ** \$\$ (OOB) 10:30 Keep Kicking Kickball (P) 1:30 Brain Games: Finish My Line (ML) 2:00 Craft Corner: Cupcake Liner Lei (P) 3:00 A Lei'd Back Social (P) 4:00 Helping Hands: Cleaning Up From Social (P) 6:00 P2 Horse Racing (P)	9 9:30 Green Thumbs: Taking Care of Our Plants (TB & 1FP) 10:30 Punch for a Prize (P) 1:30 Seated Zumba with Michele (P) 3:00 Mass & Confession with Father Karpyn (CH) 3:30 Craft Corner: Paper Palm Leaf Fan (P) 6:00 Resident Run Pinochle Game (P)	10 9:00 Morning Steppers (ML) 10:30 Punch for a Prize (P) 1:00 Helping Hands: Setting Up Bingo (P) 2:00 Nickel Bingo \$\$ (P) 3:00 Doc-U Series: <i>Oahu-The Heart and Soul Of Hawaii</i> (P) 6:00 Color Me Creative (P)
11 9:00 Hymn Sing (P) 10:00 Live Stream: St. John UCC (P) 10:30 Balance in Action (CH) 11 & 12 Wine & Dine (DR) 1:00 Sunday Matinee: <i>The Magic of Ordinary Days</i> (P) 3:00 Communion Service with Chaplain Henninger (CH) 6:00 Resident Run Connect 4 (P)	12 9:30 Brain Games: Pictionary (ML) 10:30 Seated Yoga with Michele (P) 1:30 Gratitude Club Meeting: Gift Bags for the Dining Room Staff (P) 2:00 Worship Service with Chaplain Brittany (CH) 3:00 Circle of Friends (CH) 3:00 Cuisine Club: Perfect Hawaiian Mochi (P) 6:00 Puzzles (3F)	13 9:30 Morning Steppers (ML) 10:30 Balloon Volleyball (P) 1:30 Bell Ringers Practice (P) 2:00 Manicures & Mimosas (P) 3:30 Helping Hands: Setting up Bingo (P) 4:00 Ball Toss Challenge (P) 6:00 Nickel Bingo \$\$ (P)	14 9:30 Good Morning Café (P) 10:30 Light & Lively Exercise (P) 2:00 Worship Service with Chaplain Brittany (CH) 2:00 Manicures & Mimosas **(P) 3:00 The Chosen with Chaplin Britany (CH) 6:00 Resident Run Card Games (P)	15 9:30 Brain Games: Pictionary (ML) 10:30 Keep Kicking Kickball (P) 1:30 Drum Stick Exercise (P) 2:30 Bowling (P) 3:30 Social: Sunflower Sundae Social (P) 4:00 Helping Hands: Cleaning up The Social (P) 6:00 Penny Pitching (P)	16 9:30 Green Thumbs: Taking Care of Our Plants (TB & 1FP) 10:30 Wall Scramble (P) 1:30 Seated Zumba with Michele (P) 3:00 Communion Service with Chaplain Henninger (CH) 3:30 Wheel of Fortune (P) 6:00 Resident Run Pinochle Game (P)	17 9:00 Morning Steppers (ML) 10:30 Balloon Volleyball (P) 1:00 Helping Hands: Setting Up Bingo (P) 2:00 Nickel Bingo \$\$ (P) 3:30 Vagabond Travelers: Kauai Hawaii (P) 6:00 Color Me Creative (P)
18 9:00 Hymn Sing (P) 9:30 Live Stream: Trinity Lutheran Church (P) 10:30 Balance in Action (P) 11 & 12 Wine & Dine (DR) 1:00 Sunday Matinee: <i>Waikki Wedding</i> (P) 3:00 Communion Service with Chaplain Henninger (CH) 6:00 Resident Run Connect 4 (P)	19 9:30 Brain Games: Name the Word (ML) 10:30 Seated Yoga with Michele (P) 2:00 Silver Fox: Bowling (P) 2:00 Worship Service with Chaplain Brittany (CH) 3:00 Circle of Friends (CH) 3:00 Cuisine Club: Brownies with Decadent Peppermint Buttercream (P) 6:00 Puzzles (3F)	20 9:30 Morning Steppers (ML) 10:30 Chef's Table Cooking Demo (DR) 1:30 Balloon Volleyball (P) 2:00 Manicures & Mimosas (P) 3:30 Helping Hands: Setting up Bingo (P) 4:00 Finish My Line (P) 6:00 Nickel Bingo \$\$ (P)	21 9:30 Good Morning Café (P) 10:30 Balance in Action with Powerback Rehab (P) 2:00 Worship Service with Chaplain Brittany (CH) 2:00 Kerplunk (P) 3:00 The Chosen with Chaplin Brittany (P) 6:00 Resident Run Card Games (P) World Senior Citizen Day	22 9:30 Brain Games: Word Play (ML) 10:30 Keep Kicking Kickball (P) 12:00 P ² Foodies Dine In: Pottsville Pizzeria \$\$ (P) 2:00 Community Meeting (P) 3:00 Corn Hole Toss (P) 5:00 P2 Horse Racing (P)	23 9:00 Green Thumbs: Taking Care of Our Plants (TB & 1FP) 10:00 Total Body Workout (P) 1:30 Seated Zumba with Michele (P) 3:00 Communion Service with Chaplain Henninger (CH) 3:30 Discussion: Let's Talk Do You Know Your Neighbor (P) 6:00 Resident Run Pinochle Game (P)	24 9:00 Morning Steppers (ML) 10:30 Punch for a Prize (P) 1:00 Helping Hands: Setting Up Bingo (P) 2:00 Nickel Bingo \$\$ (P) 3:30 Vagabond Travelers: <i>Fascinating Hidden Gem of the Big Island Kaumana Caves</i> (P) 6:00 Color Me Creative (P)
25 9:00 Hymn Sing (P) 10:00 Live Stream: St. John UCC (P) 10:30 Balance in Action (CH) 11 & 12 Wine & Dine (DR) 1:00 Sunday Matinee: <i>Finding Your Feet</i> (P) 3:00 Communion Service with Chaplain Henninger (CH) 6:00 Color Me Creative (P)	26 9:30 Brain Games: Finish the Lyrics (ML) 10:30 Seated Yoga with Michele (P) 1:30 Operation Boots on the Ground: Clipping Coupons for Troops (P) 2:00 Worship Service & Communion with Chaplain Brittany (CH) 3:00 Circle of Friends (CH) 3:00 Cuisine Club: Ice Cream Cookie Delight (P) 6:00 Puzzles (3F)	27 9:30 Morning Steppers (ML) 10:30 Balloon Volleyball (P) 1:30 P2 Horse Racing (P) 3:00 Manicures & Mimosas (P) 3:30 Helping Hands: Setting up for Bingo (P) 4:00 Card Game: UNO (P) 6:00 Nickel Bingo \$\$ (P)	28 9:30 Good Morning Café (P) 10:30 Drum Stick Exercise (P) 1:30 Patio Fun with Outdoor Games (1FP) 2:00 Worship Service with Chaplain Brittany (CH) 3:00 The Chosen with Chaplin Brittany (CH) 6:00 Resident Run Card Games (P)	29 9:30 Brain Games: Pictionary (ML) 10:30 Keep Kicking Kickball (P) 1:00 Pet Visit (P) 2:00 Heisler's Trip \$\$ (OOB) 3:00 Connect 4 Game (P) 3:30 UNO Card Game (P) 5:00 Resident Birthday Dinner (P)	30 9:00 Green Thumbs: Taking Care of Our Plants (TB & 1FP) 10:00 Light in Lively (P) 1:30 Seated Zumba with Michele (P) 3:00 Communion Service with Chaplain Henninger (CH) 3:30 Ring Toss Challenge (P) 6:00 Resident Run Pinochle Game (P)	31 9:00 Morning Steppers (ML) 10:30 Finish the Phrase (ML) 1:00 Helping Hands: Setting Up Bingo (P) 2:00 Nickel Bingo \$\$ (P) 3:30 Doc-U Series: <i>5 Stunning Eruptions Caught on Camera</i> (P) 6:00 Color Me Creative (P)