Chambersburg

CONNECTIONS



SEPTEMBER 2024

SUNDAY	Monday	TUESDAY	WEDNESDAY	Thursday	FRIDAY	SATURDAY
6:00 Activities of Daily Living 8:00 Breakfast 9:30 Morning Meet Up: Daily Chronicle and Devotional 10:00 Create Your Own Story 10:30 Chair Yoga 11:00 Discussing the Day Ahead 11:30 Lunch 1:30 Musical Memories with Bryan Herber 2:30 Mocktail Happy Hour: Caramel Apple Mocktail 3:00 Worship Service 4:00 Dinner 5:00 Cozy Conversations 7:00 Evening Wind Down	6:00 Activities of Daily Living 8:00 Breakfast 9:30 Morning Meet Up: Daily Chronicle and Devotional 10:00 Lots o' Leg Exercise 10:30 Mid-Morning Mind Crunch 11:00 Discussing the Day Ahead 11:30 Lunch 1:30 Work Related Finish the Line 2:30 Memory Café 3:00 Sunshine Club 4:00 Dinner 5:00 Classic TV 7:00 Evening Wind Down	6:00 Activities of Daily Living 8:00 Breakfast 9:30 Morning Meet Up: Daily Chronicle and Devotional 10:00 Ab-solutely Solid Core Workout 10:30 Band Practice with Darlene 11:00 Morning March 11:30 Lunch 1:45 Tying Tongue Twisters with Connections Club 2:30 Sip and Taste: Homemade Pudding Popsicles 3:00 Memory Magic 4:00 Dinner 5:00 Exploring National Parks 7:00 Evening Wind Down	6:00 Activities of Daily Living 8:00 Breakfast 9:30 Morning Meet Up: Daily Chronicle and Devotional 10:00 Stretch Away the Stress 10:30 Mid Morning Mind Crunch 11:30 Lunch 1:30 Day Excursion: Crumbl Cookies 2:00 Apple Printing with Patti 2:30 Sip and Share 3:00 Gent's Junction: Root Beer Floats 4:00 Dinner 5:00 Calming Nature Livestreams 7:00 Evening Wind Down	6:00 Activities of Daily Living 8:00 Breakfast 9:30 Morning Meet Up: Daily Chronicle and Devotional 10:00 Mobility in Motion 10:30 Mid Morning Mind Crunch 11:00 Morning March 11:30 Lunch 1:45 Kitchen Creations: Personal Pizzas with Connections Club 2:30 Say Cheese! Pizza Party 3:00 Midweek Worship Service 3:30 Bible Study with Hymns 4:00 Dinner 5:00 Retro Radio 7:00 Evening Wind Down	6:00 Activities of Daily Living 8:00 Breakfast 9:30 Morning Meet Up: Daily Chronicle and Devotional 10:00 Easy Arm Exercises 10:30 Mid-Morning Mind Crunch 11:00 Discussing the Day Ahead 11:30 Lunch 1:30 Outside Pass Times: Planting a Doughnut Tree 2:30 Memory Café 3:00 Leading Ladies: Spa Day 4:00 Dinner 5:00 Relaxing Reading 7:00 Evening Wind Down	6:00 Activities of Daily Living 8:00 Breakfast 9:30 Morning Meet Up: Daily Chronicle and Devotional 10:00 Choose Your Own Exercise 10:30 Mid-Morning Mind Crunch 11:00 Discussing the Day Ahead 11:30 Lunch 1:30 Crafty Creations: Cardboard Vases 2:30 Hydration Station 3:00 List It: ABC 4:00 Dinner 5:00 iN2L: September Highlights Slideshow 7:00 Evening Wind Down
6:00 Activities of Daily Living 8:00 Breakfast 9:30 Morning Meet Up: Daily Chronicle and Devotional 10:00 Create Your Own Story 10:30 Chair Yoga 11:00 Discussing the Day Ahead 11:30 Lunch 1:30 Grandparent's Day Celebration 2:30 Mocktail Happy Hour: Creamy Pumpkin Spice Mocktail 3:00 Worship Service 4:00 Dinner 5:00 Cozy Conversations 7:00 Evening Wind Down	6:00 Activities of Daily Living 8:00 Breakfast 9:30 Morning Meet Up: Daily Chronicle and Devotional 10:00 Lots o' Leg Exercise 10:30 Mid-Morning Mind Crunch 11:00 Discussing the Day Ahead 11:30 Lunch 1:30 Fall Fest Prep: Mini Banana Pudding Cups 2:00 Kindly Canines Visit 2:30 Memory Café 3:00 Sunshine Club 4:00 Dinner 5:00 Classic TV 7:00 Evening Wind Down	6:00 Activities of Daily Living 8:00 Breakfast 9:30 Morning Meet Up: Daily Chronicle and Devotional 10:00 Ab-solutely Solid Core Workout 10:30 Band Practice with Darlene 11:00 Morning March 11:30 Lunch 1:45 Apple Pie Sensory Sand 2:00 Providence Place Talent Show with Community Life and Connections Club 2:30 Sip and Taste 3:00 Junk Drawer Detective: Grandparents Day 4:00 Dinner 5:00 Exploring National Parks 7:00 Evening Wind Down	6:00 Activities of Daily Living 8:00 Breakfast 9:30 Morning Meet Up: Daily Chronicle and Devotional 10:00 Stretch Away the Stress 10:30 Mid Morning Mind Crunch 11:30 Lunch 1:30 Resident Recognition Ceremony 2:30 Pre-Festivities Snack 3:00 Fall Fest Final Prep 4:00 Dinner 4:00 Providence Place Americana Fest: Building Wide Celebration 5:00 Calming Nature Livestreams 6:00 Dementia Care Partner Support Group 7:00 Evening Wind Down	1 C:00 Activities of Daily Living 8:00 Breakfast 9:30 Morning Meet Up: Daily Chronicle and Devotional 9:45 Chair Yoga with Beth 10:30 Mid Morning Mind Crunch 11:00 Morning March 11:30 Lunch 1:30 Day Excursion: Sunflower Fun Hour with Connections Club 2:00 Musical Memories with Tom Shultz 3:00 Midweek Worship Service 3:30 Bible Study with Hymns 4:00 Dinner 5:00 Retro Radio 7:00 Evening Wind Down	6:00 Activities of Daily Living 8:00 Breakfast 9:30 Morning Meet Up: Daily Chronicle and Devotional 10:00 Easy Arm Exercises 10:30 Mid-Morning Mind Crunch 11:00 Discussing the Day Ahead 11:30 Lunch 1:00 Music of the Mines with Jay Smar 2:30 Memory Café 3:00 Leading Ladies: Cookie Baking 4:00 Dinner 5:00 Relaxing Reading 7:00 Evening Wind Down	6:00 Activities of Daily Living 8:00 Breakfast 9:30 Morning Meet Up: Daily Chronicle and Devotional 10:00 Choose Your Own Exercise 10:30 Mid-Morning Mind Crunch 11:00 Discussing the Day Ahead 11:30 Lunch 1:30 Let's Learn Calligraphy 2:30 Hydration Station 3:00 Gent's Junction: Coffee and Toffee 4:00 Dinner 5:00 iN2L: Therapeutic Music 7:00 Evening Wind Down

SUNDAY	Monday	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
6:00 Activities of Daily Living 8:00 Breakfast 9:30 Morning Meet Up: Daily Chronicle and Devotional 10:00 Create Your Own Story 10:30 Chair Yoga 11:00 Discussing the Day Ahead 11:30 Lunch 1:30 Can You Picture This? 2:30 Mocktail Happy Hour: Warm Apple Cider 3:00 Worship Service 4:00 Dinner 5:00 Cozy Conversations 7:00 Evening Wind Down	6:00 Activities of Daily Living 8:00 Breakfast 9:30 Morning Meet Up: Daily Chronicle and Devotional 10:00 Lots o' Leg Exercise 10:30 Mid-Morning Mind Crunch 11:00 Discussing the Day Ahead 11:30 Lunch 1:30 Feelings of Fall 2:30 Memory Café 3:00 Sunshine Club 4:00 Dinner 5:00 Classic TV 7:00 Evening Wind Down	6:00 Activities of Daily Living 8:00 Breakfast 9:30 Morning Meet Up: Daily Chronicle and Devotional 10:00 Ab-solutely Solid Core Workout 10:30 Band Practice with Darlene 11:00 Morning March 11:30 Lunch 1:45 Pastry Perfection: Peach Cobbler with Connections Club 2:30 Harvest Haven: Peach Fest 3:00 Gent's Junction: Tinkering with PVC Day 1 4:00 Dinner 5:00 Exploring National Parks 7:00 Evening Wind Down	6:00 Activities of Daily Living 8:00 Breakfast 9:30 Morning Meet Up: Daily Chronicle and Devotional 10:00 Stretch Away the Stress 10:30 Mid Morning Mind Crunch 11:30 Lunch 1:30 Stuffed Paper Apples 2:30 Homemade Cinnamon Rolls with Janice 3:00 Cranium Crunches: Wacky Wordies 4:00 Dinner 5:00 Calming Nature Livestreams 7:00 Evening Wind Down	6:00 Activities of Daily Living 8:00 Breakfast 9:30 Morning Meet Up: Daily Chronicle and Devotional 10:00 Mobility in Motion 10:30 Mid Morning Mind Crunch 11:00 Morning March 11:30 Lunch 1:45 "X" Marks the Spot Treasure Hunt with Connections Club 2:30 Ahoy Matey's and Enjoy a Snack: Cheddar Blast Popcorn 3:00 Midweek Worship Service 3:30 Bible Study with Hymns 4:00 Dinner 5:00 Retro Radio 7:00 Evening Wind Down	6:00 Activities of Daily Living 8:00 Breakfast 9:30 Morning Meet Up: Daily Chronicle and Devotional 10:00 Easy Arm Exercises 10:30 Mid-Morning Mind Crunch 11:00 Discussing the Day Ahead 11:30 Lunch	6:00 Activities of Daily Living 8:00 Breakfast 9:30 Morning Meet Up: Daily Chronicle and Devotional 10:00 Choose Your Own Exercise 10:30 Mid-Morning Mind Crunch 11:00 Discussing the Day Ahead 11:30 Lunch 1:30 Remembering Homework 2:30 Hydration Station 3:00 Book Ends 4:00 Dinner 5:00 iN2L: Nature Relax 7:00 Evening Wind Down	2
6:00 Activities of Daily Living 8:00 Breakfast 9:30 Morning Meet Up: Daily Chronicle and Devotional 10:00 Create Your Own Story 10:30 Chair Yoga 11:00 Discussing the Day Ahead 11:30 Lunch 1:30 September Book Club: Open House 2:30 Mocktail Happy Hour: Citrus Apple Mocktail 3:00 Worship Service 4:00 Dinner 5:00 Cozy Conversations 7:00 Evening Wind Down	6:00 Activities of Daily Living 8:00 Breakfast 9:30 Morning Meet Up: Daily Chronicle and Devotional 10:00 Lots o' Leg Exercise 10:30 Mid-Morning Mind Crunch 11:00 Discussing the Day Ahead 11:30 Lunch 1:30 Helping Hands Club: Rice Krispies Snack 2:30 Memory Café 3:00 Sunshine Club 4:00 Dinner 5:00 Classic TV 7:00 Evening Wind Down	6:00 Activities of Daily Living 8:00 Breakfast 9:30 Morning Meet Up: Daily Chronicle and Devotional 10:00 Ab-solutely Solid Core Workout 10:30 Band Practice with Darlene 11:00 Morning March 11:30 Lunch 1:45 Art Corner: Popsicle Stick Apples with Connections Club 2:30 Sip and Share 3:00 Gent's Junction: Tinkering with PVC Day 2 4:00 Dinner 5:00 Exploring National Parks 7:00 Evening Wind Down	6:00 Activities of Daily Living 8:00 Breakfast 9:30 Morning Meet Up: Daily Chronicle and Devotional 10:00 Stretch Away the Stress 10:30 Mid Morning Mind Crunch 11:30 Lunch 1:30 Day Excursion: Ice Cream Station 2:00 Bring on Fall Art Collage with Connections Club 2:30 Homemade Apple Sauce 3:00 Junk Drawer Detective: Hooked on Books 4:00 Dinner 5:00 Calming Nature Livestreams 7:00 Evening Wind Down	6:00 Activities of Daily Living 8:00 Breakfast 9:30 Morning Meet Up: Daily Chronicle and Devotional 10:00 Mobility in Motion 10:30 Mid Morning Mind Crunch 11:00 Morning March 11:30 Lunch 1:45 Kitchen Creation: 3 Ingredient Pancakes with Connections Club 2:30 Virtual Tour: World Maritime 3:00 Midweek Worship Service 3:30 Bible Study with Hymns 4:00 Dinner 5:00 Retro Radio 7:00 Evening Wind Down	6:00 Activities of Daily Living 8:00 Breakfast 9:30 Morning Meet Up: Daily Chronicle and Devotional 10:00 Easy Arm Exercises 10:30 Mid-Morning Mind Crunch 11:00 Discussing the Day Ahead 11:30 Lunch 1:30 Outside Pass Times: Tastes of Fall 2:00 Violin Performance by Heidi from Grane Hospice 2:30 Memory Café 3:00 Leading Ladies: Fall Centerpieces 4:00 Dinner 5:00 Relaxing Reading 7:00 Evening Wind Down	6:00 Activities of Daily Living 8:00 Breakfast 9:30 Morning Meet Up: Daily Chronicle and Devotional 10:00 Choose Your Own Exercise 10:30 Mid-Morning Mind Crunch 11:00 Discussing the Day Ahead 11:30 Lunch 1:30 Songs of School Days 2:30 Hydration Station 3:00 Cranium Crunches: Concentration Puzzles 4:00 Dinner 5:00 iN2L: The Lucy Show 7:00 Evening Wind Down	28
6:00 Activities of Daily Living 8:00 Breakfast 9:30 Morning Meet Up: Daily Chronicle and Devotional 10:00 Create Your Own Story 10:30 Chair Yoga 11:00 Discussing the Day Ahead 11:30 "Robbin" for Apples	6:00 Activities of Daily Living 8:00 Breakfast 9:30 Morning Meet Up: Daily Chronicle and Devotional 10:00 Lots o' Leg Exercise 10:30 Mid-Morning Mind Crunch 11:00 Discussing the Day Ahead 11:30 Lunch	30	CON	INECTIO	ONS	<u>I</u>	



SEPTEMBER 2024

4:00 Dinner

5:00 Classic TV

1:30 Back to School Trivia 2:30 Hydrate and Relax 3:00 Sunshine Club

7:00 Evening Wind Down

1:30 "Bobbin" for Apples 2:30 Mocktail Happy Hour: Orchard Spitzer

3:00 Worship Service

5:00 Cozy Conversations

7:00 Evening Wind Down

4:00 Dinner