

Dover

CONNECTIONS



SEPTEMBER 2024

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 7:00 Activities of Daily Living 8:00 Breakfast 8:30 Café Espresso 9:30 Morning Walk 10:15 Hymn and Hydration 12:00 Lunch 1:30 Sunday Services with Chaplain Shawn 2:00 Root beer Floats 3:00 Movie Matinee 5:00 Dinner 6:30 Household Chores	2 7:00 Activities of Daily Living 8:00 Breakfast 8:30 Café Espresso 9:30 Morning Workout 10:30 Courtyard Crew 12:00 Lunch 1:15 Labor Day Trivia 2:00 Labor Day Social 3:00 Grab a bit of Fresh Air! 3:30 Hydration Station & Trivia Mania 5:00 Dinner 6:30 Classic Game Shows Labor Day	3 7:00 Activities of Daily Living 8:00 Breakfast 8:30 Café Espresso 9:30 Morning Workout 10:00 Flower Picking 12:00 Lunch 1:15 Make a Flower Bouquet 2:30 Cinema Experience 3:30 Hydration and Snack 3:30 Polished Perfection: Manicures 5:00 Dinner 7:00 Memories & Magazines	4 7:00 Activities of Daily Living 8:00 Breakfast 8:30 Café Espresso 9:30 Morning Workout 10:15 Morning Walk 12:00 Lunch 1:15 Games with Club 2:00 Sweet Tooth Social: Ice Cream Bar 3:00 Hydration and Snack 5:00 Dinner 7:00 Game Shows	5 7:00 Activities of Daily Living 8:00 Breakfast 8:30 Café Espresso 9:30 Morning Workout 10:00 Let's Go Bowling! 12:00 Lunch– MYO Cheese Pizza 1:15 Memory Magic with Club 2:00 Hymns & Devotions with Chaplain Shawn 3:00 Hydration Station 3:30 Polished Perfection: Manicures 5:00 Dinner 7:00 Household Chores	6 7:00 Activities of Daily Living 8:00 Breakfast 8:30 Café Espresso 9:30 Morning Workout 10:15 Morning Walk 12:00 Lunch 1:15 Jumbo Games 2:30 Courtyard Fun 3:30 Hydration and Snack 5:00 Dinner 6:30 Family Game Night 7:00 <i>Life in Color</i> Docuseries	7 7:00 Activities of Daily Living 8:00 Breakfast 8:30 Café Espresso 9:30 Morning Workout 10:15 Courtyard Crew 11:30 Lunch 1:15 Time Travel – Outer Banks, NC 2:30 Afternoon Walk 3:30 Polished Perfections: Manicures 3:00 Hydration Station 5:00 Dinner 6:30 Game Shows
8 7:00 Activities of Daily Living 8:00 Breakfast 8:30 Café Espresso 9:30 Morning Workout 10:15 Morning Worship 12:00 Lunch 1:30 Sunday Services with Chaplain Shawn 2:00 Sunday Sundaes 2:30 Large Game Fun 3:00 Hydration Station 5:00 Dinner 6:00 Sunday Evening Movie	9 7:00 Activities of Daily Living 8:00 Breakfast 8:30 Café Espresso 9:30 Morning Workout 10:50 Melodic & Marvelous Music with Lindsay from York Music Therapy 12:00 Lunch 1:15 Baking with Friends 3:00 Teddy Bear Social 3:30 Hydration Station 3:30 Polished Perfection: Manicures 5:00 Dinner 6:30 Classic Game Shows	10 7:00 Activities of Daily Living 8:00 Breakfast 8:30 Café Espresso 9:30 Morning Workout 10:00 Scenic Country Car Ride 12:00 Lunch 1:15 Bake away with Club 2:00 September Trivia with Club 3:30 Hydration Station 5:00 Dinner 7:00 Memories & Magazines	11 7:00 Activities of Daily Living 8:00 Breakfast 8:30 Café Espresso 9:30 Morning Workout 10:15 Morning Walk 12:00 Lunch 1:15 Games with Club 2:00 Mid-Afternoon Social with club 3:00 Courtyard Crew 3:30 Polished Perfection: Manicures 5:00 Dinner 7:00 Game Shows	12 7:00 Activities of Daily Living 8:00 Breakfast 8:30 Café Espresso 9:30 Morning Workout 10:15 Mini Golf 12:00 Lunch 1:15 Choc Milkshakes & Jeopardy with Club 2:00 Hymns & Devotions with Chaplain Shawn 3:00 Hydration and Snack 3:30 Trivia Mania 5:00 Dinner 7:00 Household Chores	13 7:00 Activities of Daily Living 8:00 Breakfast 8:30 Café Espresso 9:30 Morning Workout 10:15 Volleyball Outdoors 12:00 Lunch 1:15 Polished Perfection: Manicures 3:30 The Sound of Music 5:00 Dinner 6:30 Hand Massages 7:00 Movie Night–	14 7:00 Activities of Daily Living 8:00 Breakfast 8:30 Café Espresso 9:30 Morning Walk 10:15 Courtyard Club 12:00 Lunch 1:15 Crafty Corner 2:30 Front Porch Fun 3:00 Noodle Ball 3:30 Hydration and Snack 5:00 Dinner 6:30 Relaxation Sounds

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>15</p> <p>7:00 Activities of Daily Living 8:00 Breakfast 8:30 Café Espresso 9:30 Morning Workout 10:15 Tea in the Garden (Courtyard) 12:00 Lunch 1:30 Sunday Services with Chaplain Shawn 2:00 Hydration and Snack 3:00 Polished Perfections: Manicures 5:00 Dinner 6:30 Sunday Evening Movie</p>	<p>16</p> <p>7:00 Activities of Daily Living 8:00 Breakfast 8:30 Café Espresso 9:30 Morning Workout 10:50 Melodic & Marvelous Music with Lindsay from York Music Therapy 12:00 Lunch 1:15 Are you Guac'n Me Social 2:30 Basketball 3:30 Hydration Station & Name that Tune 5:00 Dinner 6:30 Classic Game Shows</p>	<p>17</p> <p>7:00 Activities of Daily Living 8:00 Breakfast 8:30 Café Espresso 9:30 Morning Workout 10:00 Scenic Country Car Ride 12:00 Lunch 1:15 Scarecrow Craft with club 2:45 Cloud Chasing (Courtyard) 3:30 Hydration Station & Finish the Phrase 5:00 Dinner 7:00 Memories & Magazines</p>	<p>18</p> <p>7:00 Activities of Daily Living 8:00 Breakfast 8:30 Café Espresso 9:30 Morning Workout 10:15 Turtledove Gang: Bird Watching (Courtyard) 12:00 Lunch with Friends— McDonald's 1:15 Fast Food History 2:00 Balloon Toss 3:00 Hydration and Snack 3:30 Basketball 5:00 Dinner 6:00 Guitar Sounds</p>	<p>19</p> <p>7:00 Activities of Daily Living 8:00 Breakfast 8:30 Café Espresso 9:30 Morning Workout 10:15 Morning Walk (Courtyard) 12:00 Lunch 1:15 Bake Away Café with Club 2:00 Hymns & Devotions with Chaplain Shawn 3:00 Hydration and Pudding 5:00 Dinner 7:00 Household Chores</p>	<p>20</p> <p>7:00 Activities of Daily Living 8:00 Breakfast 8:30 Café Espresso 9:30 Morning Walk 10:15 Karaoke Show Down! 12:00 Lunch with Friends—Pepperoni Pizza 1:15 BINGO 2:00 Pool Hall Social 3:30 Hydration Station & Then & Now 5:00 Dinner 6:30 Family Game Night 7:00 <i>Life in Color</i> Docuseries</p>	<p>21</p> <p>7:00 Activities of Daily Living 8:00 Breakfast 8:30 Café Espresso 9:30 Morning Workout 10:00 Reminisce: Favorite Childhood Memories 12:00 Lunch 1:15 Healthy Snacks— Apples 2:30 Hydration Station 3:00 Entertainment with Tom & Randi 5:00 Dinner 6:30 Relaxation Sounds</p>
<p>22</p> <p>7:00 Activities of Daily Living 8:00 Breakfast 8:30 Café Espresso 9:30 Morning Workout 10:15 Good News Today! 12:00 Lunch 1:30 Sunday Services with Chaplain Shawn 2:00 Hydration and Snack 3:00 Polished Perfections: Manicures 5:00 Dinner 6:00 Sunday Evening Movie</p>	<p>23</p> <p>7:00 Activities of Daily Living 8:00 Breakfast 8:30 Café Espresso 9:30 Morning Workout 10:50 Melodic & Marvelous Music with Lindsay from York Music Therapy 12:00 Lunch 1:15 Bakers Bliss: Sweet Treats 2:30 Outdoor Fun with Friends 3:00 Hydration Station 3:30 Afternoon Walk 5:00 Dinner 6:30 Household Chores</p>	<p>24</p> <p>7:00 Activities of Daily Living 8:00 Breakfast 8:30 Café Espresso 9:30 Morning Walk 10:15 Scenic Country Car Ride with Club 12:00 Lunch 1:15 Bake Away and Card Making 3:00 Hydration Station & Picture This 3:30 Polished Perfections: Manicures 5:00 Dinner 7:00 Memories & Magazines</p>	<p>25</p> <p>7:00 Activities of Daily Living 8:00 Breakfast 8:30 Café Espresso 9:30 Morning Workout 10:15 Bowling 12:00 Lunch 1:15 Bingo Extravaganza with Club 2:00 September Birthday Bash! 4:00 Relaxing Sounds 5:00 Dinner 6:00 Evening Winddown</p>	<p>26</p> <p>7:00 Activities of Daily Living 8:00 Breakfast 8:30 Café Espresso 9:30 Morning Walk 10:15 Prize Ping Pong 12:00 Lunch 1:15 Memory Magic with Club 2:00 Hymns & Devotions with Chaplain Shawn 3:00 Celebration of Life 3:30 Hydration and Snack 5:00 Dinner 7:00 Household Chores</p>	<p>27</p> <p>7:00 Activities of Daily Living 8:00 Breakfast 8:30 Café Espresso 9:30 Morning Workout 10:15 BINGO 12:00 Lunch 1:15 Slow Down in the Sun (Courtyard) 3:00 Hydration Station 3:30 Polished Perfections: Manicures 5:00 Dinner 6:30 Family Game Night 7:00 <i>Life in Color</i> Docuseries</p>	<p>28</p> <p>7:00 Activities of Daily Living 8:00 Breakfast 8:30 Café Espresso 9:30 Morning Workout 10:15 Courtyard Recreation 12:00 Lunch 1:15 Crafty Corner 3:00 Hydration Station 3:30 Color Me Calm 5:00 Dinner 6:30 Relaxation Sounds</p>
<p>29</p> <p>7:00 Activities of Daily Living 8:00 Breakfast 8:30 Coffee and Donuts 9:30 Morning Workout 10:15 Morning Service 12:00 Lunch 1:30 Sunday Services with Chaplain Shawn 2:00 Sunday Sundaes 2:30 Sunday Hymn 3:00 Hydration Station 3:30 Polished Perfections: Manicures 5:00 Dinner 6:00 Sunday Evening Movie</p>	<p>30</p> <p>7:00 Activities of Daily Living 8:00 Breakfast 8:30 Café Espresso 9:30 Morning Workout 10:50 Melodic & Marvelous Music with Lindsay from York Music Therapy 12:00 Lunch 1:15 Take me Back: Childhood Memories 2:30 Noodle Ball 3:00 Hydration Station 3:30 Turtledove Gang: Bird Watching (Courtyard) 5:00 Dinner 6:30 Household Chores</p>	<p><i>Dover</i> CONNECTIONS</p>  <p>SEPTEMBER 2024</p>				