

CONNECTIONS



OCTOBER 2024

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1 7:00 Activities Of Daily Living 8:00 Breakfast 9:30 Wellness Wakeup: Devotions 10:00 Sit And Be Fit 10:30 Julie Andrews: Bio And Trivia 11:30 Lunch 12:30 Hymn Sing 1:00 Fall Coloring Sheets 2:00 Bible Study With Chaplain Brittany 2:30 Circle Of Friends 3:00 Happy Hour: Mock Pina Coladas 4:30 Dinner 5:30 Poetry Readings 7:00 Evening Wind Down	2 Rosh Hashanah 7:00 Activities Of Daily Living 8:00 Breakfast 9:30 Wellness Wakeup: Meditation 10:00 Work Out Wednesday 10:30 Community Meeting With Cindy, Exec. Dir. & Team 11:30 Lunch 12:30 Horseshoes 1:30 Sing-A-Long: Imaginary Road Trip 3:00 Happy Hour: Cranberry Spritzers 3:30 Jump 4 Joy Aerobics With Celeste 4:30 Dinner 5:30 Aqua Painting 7:00 Evening Wind Down	3 7:00 Activities Of Daily Living 8:00 Breakfast 9:30 Wellness Wakeup: Short Stories 10:00 Fitness Fun 10:30 All About Birds: Trivia 11:30 Lunch 12:30 Fall Reminiscing 1:30 Pool Noodle Hockey 2:30 Decorate A Cupcake 3:00 Iced Tea and Cupcake Social 4:30 Dinner 5:30 Sing-A-Long: Traditional Songs 7:00 Evening Wind Down	4 7:00 Activities Of Daily Living 8:00 Breakfast 9:30 Wellness Wakeup: Devotions 10:00 Fitness Friday 10:30 Catholic Worship & Rosary 11:30 Lunch 12:30 Fall Wreaths 2:00 Target Toss 3:00 Happy Hour: Margarita Mocktails 4:30 Dinner 5:30 Short Stories: Chicken Soup For The Soul 7:00 Evening Wind Down	5 7:00 Activities Of Daily Living 8:00 Breakfast 9:30 Wellness Wakeup: Meditation 10:00 Stay Strong Saturday 10:30 Timeslips 11:30 Lunch 12:30 Armchair Travels: Germany— Octoberfest 1:30 Chair Dancing 2:00 Prize Bingo 3:00 Sweet Treat Social 4:30 Dinner 5:30 Sing-A-Long: 50s Songs 7:00 Evening wind Down
6 7:00 Activities Of Daily Living 8:00 Breakfast 9:30 Wellness Wakeup: Short Stories 10:00 Strong Sunday 10:30 Mennonite Service 11:30 Lunch 12:30 Funny Cats Video 1:00 Karaoke 2:00 Bucket Ball 3:00 Happy Hour: Mimosa Mocktails 4:30 Dinner 5:30 Bird Coloring Pages 7:00 Evening Wind Down	7 7:00 Activities Of Daily Living 8:00 Breakfast 9:30 Wellness Wakeup: Devotions 10:00 Let's Get Physical 10:30 What Am I? 11:30 Lunch 12:30 Fall Flower Arrangements 1:30 Time to Stretch 2:00 Manicures And Shirley's Hand Massages 3:00 Happy Hour: Shirley Temples 4:30 Dinner 5:30 Poetry 7:00 Evening Wind Down	8 7:00 Activities Of Daily Living 8:00 Breakfast 9:30 Wellness Wakeup: Meditation 10:00 Time To Get Toned 10:30 A To Z Animals: Word Mining 11:30 Lunch 12:30 Hymn Sing 1:00 Culinary Crew: Pumpkin Pie Cups 2:00 Bible Study With Chaplain Brittany 2:30 Circle Of Friends 3:00 Iced Tea And Snack Break 4:30 Dinner 5:30 Play With Clay 7:00 Evening Wind Down	9 7:00 Activities Of Daily Living 8:00 Breakfast 9:30 Wellness Wakeup: Short Stories 10:00 Keep It Moving Fitness 10:30 Name As Many As You Can 11:30 Lunch 12:30 Life Stories 2:00 Entertainment: Music By Lee Moyer 3:00 Popcorn and Soda Social 4:30 Dinner 5:30 Sing-A-Long: Traditional Songs 7:00 Evening Wind Down	10 7:00 Activities Of Daily Living 8:00 Breakfast 9:30 Wellness Wakeup: Devotions 10:00 Chair Exercises 10:30 Timeslips 11:30 Lunch 12:30 Drum Circle 1:30 Prize Bingo 3:00 Root Beer Floats 3:30 Bible Trivia 4:30 Dinner 5:30 Short Stories: Chicken Soup For The Soul 7:00 Evening Wind Down	11 Yom Kipper 7:00 Activities Of Daily Living 8:00 Breakfast 9:30 Wellness Wakeup: Meditation 10:00 Be Fit Friday 10:30 Catholic Worship & Rosary 11:30 Lunch 12:30 All About Bats: Video, Facts, and Trivia 1:30 Corn Hole 2:30 Reminiscing About Cooking 3:00 Happy Hour: Mojito Mocktails 4:30 Dinner 5:30 Leaves Coloring Pages 7:00 Evening Wind Down	12 7:00 Activities Of Daily Living 8:00 Breakfast 9:30 Wellness Wakeup: Short Stories 10:00 Weekend Warriors 10:30 All About Animals: Trivia 11:30 Lunch 12:30 Balloon Volleyball 1:30 Hymn Sing 2:00 Prize Bingo 3:00 Sweet Treat Social 4:30 Dinner 5:30 Sing-A-Long: 60s Songs 7:00 Evening Wind Down

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
13 7:00 Activities Of Daily Living 8:00 Breakfast 9:30 Wellness Wakeup: Devotions 10:00 Sit and Be Fit 10:30 Name 5 11:30 Lunch 12:30 Pool Noodle Hockey 2:00 Church Of God Service 3:00 Happy Hour: Shirley Temples 4:30 Dinner 5:30 Poetry 7:00 Evening Wind Down	14 7:00 Activities Of Daily Living 8:00 Breakfast 9:30 Wellness Wakeup: Meditation 10:00 Lets Get Moving Monday 10:30 Who Am I? 11:30 Lunch 12:30 Bucket Ball 1:30 Complete the Proverb 2:00 Manicures And Shirley's Hand Massages 3:00 Happy Hour: Margarita Mocktails 4:30 Dinner 5:30 Sing-A-Long: Traditional Songs 7:00 Evening Wind Down	15 7:00 Activities Of Daily Living 8:00 Breakfast 9:30 Wellness Wakeup: Short Stories 10:00 Toned Tuesday 10:30 Timeslips 11:30 Lunch 12:30 Hymn Sing 1:00 Aqua Painting 2:00 Entertainment: Polka Music By John 3:00 Popcorn and Soda Social 4:30 Dinner 5:30 Short Stories 7:00 Evening Wind Down	Sukkot 16 7:00 Activities Of Daily Living 8:00 Breakfast 9:30 Wellness Wakeup: Devotions 10:00 Work It Out Wednesday 10:30 Family Feud 11:30 Lunch 12:30 Painting Pumpkins 1:30 Funny Puppies Video 2:00 Bowling 3:00 Happy Hour: Mimosa Mocktails 3:30 Fun With Instruments 4:30 Dinner 5:30 Aqua Painting 7:00 Evening Wind Down	17 7:00 Activities Of Daily Living 8:00 Breakfast 9:30 Wellness Wakeup: Meditation 10:00 Fitness Fun 10:30 Complete The Saying 11:30 Lunch 12:30 Baby Elephants Video 1:00 Life Stories 2:00 Balloon Battle 3:00 Happy Hour: Grapefruit Spritzer 4:30 Dinner 5:30 Rock Painting: Pumpkins 7:00 Evening Wind Down	18 7:00 Activities Of Daily Living 8:00 Breakfast 9:30 Wellness Wakeup: Short Stories 10:00 Feeling Fit Friday 10:30 Catholic Worship & Rosary 11:30 Lunch 12:30 Karaoke 1:30 Horseshoes 2:30 Hymn Sing 3:00 Root Beer Floats 4:30 Dinner 5:30 Pumpkin and Gourd Coloring Pages 7:00 Evening Wind Down	19 7:00 Activities Of Daily Living 8:00 Breakfast 9:30 Wellness Wakeup: Devotions 10:00 Weekend Workout 10:30 State Capitals 11:30 Lunch 12:30 Ring Toss 1:30 Name 5 2:00 Prize Bingo 3:00 Sweet Treat Social 4:30 Dinner 5:30 Sing-A-Long: 70s Songs 7:00 Evening Wind Down
20 7:00 Activities Of Daily Living 8:00 Breakfast 9:30 Wellness Wakeup: Meditation 10:00 Sunday Strength 10:30 Fall Hangman 11:30 Lunch 12:30 Frank Sinatra Mini Concert 1:00 God Made You Special 2:00 Corn Hole 3:00 Happy Hour: Pina Colada Mocktails 4:30 Dinner 5:30 Play With Clay 7:00 Evening Wind Down	21 7:00 Activities Of Daily Living 8:00 Breakfast 9:30 Wellness Wakeup: Short Stories 10:00 Chair Exercises 10:30 Simple Word Scramble 11:30 Lunch 12:30 Balloon Volleyball 1:30 Sing-A-Long: 50s Songs 2:00 Manicures And Shirley's Hand Massages 3:00 Happy Hour: Shirley Temples 4:30 Dinner 5:30 Aqua Painting 7:00 Evening Wind Down	22 7:00 Activities Of Daily Living 8:00 Breakfast 9:30 Wellness Wakeup: Devotions 10:00 Time To Get Toned 10:30 A To Z Fruits: Word Mining 11:30 Lunch 12:30 Hymn Sing 1:00 Culinary Crew: Gingerbread 2:00 Bible Study With Chaplain Brittany 2:30 Circle Of Friends 3:00 Iced Tea And Snack Break 4:30 Dinner 5:30 Sing-A-Long Traditional Songs 7:00 Evening Wind Down	23 7:00 Activities Of Daily Living 8:00 Breakfast 9:30 Wellness Wakeup: Meditation 10:00 Wednesday Workout 10:30 Johnny Carson Bio And Trivia 11:30 Lunch 12:30 Armchair Travels: Great Barrier Reef 1:30 Sing-A-Long: Happy Songs 2:00 Resident Birthday Celebration: Cake and Ice Cream 3:30 Watercolor Painting 4:30 Dinner 5:30 Short Stories 7:00 Evening Wind Down	24 7:00 Activities Of Daily Living 8:00 Breakfast 9:30 Wellness Wakeup: Short Stories 10:00 Getting Fit 10:30 Timeslips 11:30 Lunch 12:30 Creative Expression: Tree Craft With Buttons 2:00 Entertainment: Music By Slade 3:00 Popcorn and /Soda Social 4:30 Dinner 5:30 Poetry 7:00 Evening Wind Down	25 7:00 Activities Of Daily Living 8:00 Breakfast 9:30 Wellness Wakeup: Devotions 10:00 Fitness Fun 10:30 Catholic Worship & Rosary 11:30 Lunch 12:30 Drum Circle 1:30 Complete The Saying 2:00 Target Toss 3:00 Happy Hour: Grapefruit Spritzers 4:30 Dinner 5:30 Sing-A-Long: 40s Songs 7:00 Evening Wind Down	26 7:00 Activities Of Daily Living 8:00 Breakfast 9:30 Wellness Wakeup: Meditation 10:00 Strong Saturday 10:30 Name That Tune 11:30 Lunch 12:30 Balloon Battle 1:30 Hymn Sing 2:00 Prize Bingo 3:00 Sweet Treat Social 4:30 Dinner 5:30 Stamping Fall Cards 7:00 Evening Wind Down
27 7:00 Activities Of Daily Living 8:00 Breakfast 9:30 Wellness Wakeup: Short Stories 10:00 Weekend Workout 10:30 Finish The Song Title 11:30 Lunch 12:30 Life Stories 2:00 Church of God Service 3:00 Happy Hour: Mimosa Mocktails 4:30 Dinner 5:30 Short Stories: Chicken Soup For The Soul 7:00 Evening Wind Down	28 7:00 Activities Of Daily Living 8:00 Breakfast 9:30 Wellness Wakeup: Devotions 10:00 Lets Move Monday 10:30 Timeslips 11:30 Lunch 12:30 Making Treat Bags For Staff 2:00 Manicures And Shirley's Hand Massages 3:00 Happy Hour: Cranberry Spritzers 4:30 Dinner 5:30 Play With Clay 7:00 Evening Wind Down	29 7:00 Activities Of Daily Living 8:00 Breakfast 9:30 Wellness Wakeup: Meditation 10:00 Sit And Be Fit 10:30 Finish the Proverb 11:30 Lunch 12:30 Hymn Sing 1:00 Culinary Crew: Chocolate Pie Cups 2:00 Bible Study With Chaplain Brittany 2:30 Circle Of Friends 3:00 Happy Hour: Margarita Mocktails 4:30 Dinner 5:30 Trick or Treat Event 7:00 Evening Wind Down	30 7:00 Activities Of Daily Living 8:00 Breakfast 9:30 Wellness Wakeup: Short Stories 10:00 Be Fit 10:30 Halloween Hangman 11:30 Lunch 12:30 It's The Great Pumpkin, Charlie Brown Video 1:00 'Bobbing' for Apples 2:00 Halloween Party 4:30 Dinner 5:30 Halloween Coloring Sheets 7:00 Evening Wind Down	Halloween 31 7:00 Activities Of Daily Living 8:00 Breakfast 9:30 Wellness Wakeup: Devotions 10:00 Healthy Body 10:30 History Of Halloween 11:30 Lunch 1:00 Halloween Trivia 2:00 Ghostbusters Game 3:00 Apple Cider Social 4:30 Dinner 5:30 Sing-A-Long: Traditional Songs 6:00 Dementia Support Group 7:00 Evening Wind Down	<h1>CONNECTIONS</h1>  <h1>OCTOBER 2024</h1>	