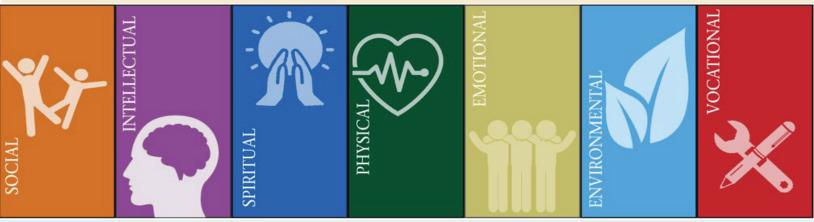
Focus on (1)ellness

As we step into Fall, the shorter days and cooler temperatures can sometimes lead to feelings of sadness or loneliness. Take this time to find ways to focus on your own wellness by staying connected to your community and loved ones through the following:

- Reflect on your own needs
- Reach out to family members you don't see often •
- Join a club or hobby group at your community and make time for activities you enjoy
- Enjoy local, seasonal produce in our dining programs
- Volunteer your time to give back

Check your activities calendar and highlight items of interest to you - and feel free to invite your friends & family to join!



Resident Birthdays

()ctober

2 - Margaret Bergin 3 - John Moscon 4 - Ronald Katzor 7 - Linda Morgan 8 - Joyce Boyle 13 - Shirley Brenner 13 - Nancy Davis 15 - Theresa Tarapchak 21 - Eugene Contrady 22 - Rachel Sibio 24 - Joseph Sacco 30 - Robert Green

November

6 - Caroline Drozda 8 - John Kmetz 10 - Rosemary Solt 13 - Rachel Taylor 13 - Gretchen Brighthaupt 18 - Rosemary McCann 21 - Eleanor Slebodnick 25 - Rosemary Rocco 26 - Rosemary Darcangelo

December

6 - David Adams 6 - Jane Brown 12 - Eugene Reinard 13 - Lawrence Belusko 25 - Barbara Barnhart



For Community Life activities, campus events and Providence Place happenings, please follow our Facebook page at www.Facebook.com/ProvPlace.

To sign up to receive this quarterly newsletter and monthly events calendar via email, please contact us to subscribe at Info@Prov-Place.com.

www.Providence-Place.com



A Note from the Executive Director

"The wind is rising and the air is wild with leaves. We have had our summer evenings: now for October eves!"

We are in full Fall mode here in Drums. The building is decorated with beautiful mums, pumpkins & corn stalks. The residents are sitting on the balcony enjoying the weather while watching the leaves change colors and fall from the trees.

Our annual Trunk-or-Treat will be held on October 13th from 2-4pm. Be sure to bring the kids dressed in their costumes! There will be plenty of candy handed out from staff and residents.

Be sure to sign up for our October Brunch at the reception desk. It will be held October 20th. Please RSVP by 10/13.

We are so excited for all the Fall festivities! Please be sure to check the Community Life calendar. As always, thank you to all our staff, residents and families for your continued support.

Best.

Missie Jacoby Executive Director

O4: October 2024

Highlighted Events

2 - Culinary Club with Chef Sargent @ 2pm 6 - Hazleton Art League Outing: Coffee with the artists @ 1:30pm 8/9 - Country Rides @ 2pm 13- Community Trunk-or-Treat @ 2-4pm - all are welcome! 22-24- Oktoberfest Festivities 31 - Halloween Cosume Party @10am

Welcome New Residents

Stuart Erwin Gretchen Brighthaupt Nancy Schwartz **Rachel Sibio**

Sunday Monda	Y TUESDAY	WEDNESDAY	THURSDAY	Friday	SATURDAY
THE Club	9:00 Morning Meeting (2nd) 9:30 Manicures (3rd) 10:00 Sing & Strengthen (CN) 10:30 What's Up in October? (1st) 1:15 Prayer & Communion Service (Ch) 2:00 Trip Out: Rita's Italian Ice**\$\$ (OOB) 3:30 Destination Discovery: <i>Germany's 4k Oktoberfest</i> (CN) 6:30 Scrabble (1st)	1Rosh Hashanah29:00 Morning Meeting (2nd)9:30 Group Crossword Challenge (2nd)10:00 Prayer Services with Chaplain Beverly (Ch)10:30 Wacky Wednesday Work-Out (2nd)12:30 Sing-a-Long with Kathy (CN)1:30 Fall Wind Chime Craft (CN)2:00 Culinary Club with Chef Sargent (DR)6:00 Visit with Ethel the Tortoise (1st)6:30 Dominoes (1st)	3 9:00 Morning Meeting (2nd) 9:30 Rosary (Ch) 10:00 Mass with Father Binesh (Ch) 10:30 Exercise with Shay (2nd) 1:00 52 Card Match Up (1st) 1:30 Crafting with Missie & Kristen (3rd) 2:30 Bowling Practice: Making Teams (3rd) 3:30 October Gazette (1st) 6:30 Pinochle Players Club (3rd)	4 9:00 Morning Meeting (2nd) 9:30 Hand Weight Exercise (2nd) 10:00 Bible Study and Hymn Sing with Chaplain Beverly (Ch) 10:30 Color Switch Game (1st) 1:00 Helping Hands Club: Making Spooky Pops (CN) 2:00 Trunk or Treat Prep: Treat Bags (2nd) 3:00 Baking with Nancy: Pumpkin Bars (C) 6:30 Boggle (1st)	5 9:00 Morning Meeting (2nd) 9:30 Rosary (Ch) 10:00 Chair Yoga Exercise (2nd) 10:30 Anne Marie with Callie & Lillie, Therapy Dogs (1st) 1:30 Resident Matinee: <i>Chariots of Fire</i> (2nd) 2:30 Musical Baseball Trivia (3rd) 3:30 Virtual Hot Air Balloon Ride (3rd) 6:00 Color Me Clam (1st)
9:00 TV Catholic Mass (3rd)9:00 Morning Meeting (2nd)9:30 Morning Meeting (2nd)9:30 Rosary (Ch)10:00 Resident Party Planning Committee: Halloween Costume Party (2nd)10:00 Yoga Fitness by Bill 1:00 Architecture of German 1:30 Interactive Music Class Cynthia Ritchey (2nd)10:30 Strength Exercise (2nd)1:30 Interactive Music Class Cynthia Ritchey (2nd)1:15 Worship Service with Chaplain Beverly (Ch)2:30 Taste Testing: Apfelse 3:00 Crafting with Nancy: Air Dry Clay Mosaics (2n Cynthia Ritchey (2nd)1:30 Trip Out: HAL Coffee with the Artists**\$\$ (OOB)3:00 Crafting with Nancy: 6:30 Yahtzee (1st)	9:30 Shopping Trip:Kringe (Ch)any (2nd)9:30 Talking Baseball (2nd)ss with10:00 Stretch Exercise (2nd)1:15 Prayer & Communion Service (Ch)2:00 Baking Club: Pumpkin Crescents (C3:30 Destination Discovery:nd)6:30 Scrabble (1st)	8 9:00 Morning Meeting (2nd) 9:30 Group Crossword Challenge (2nd) 10:00 Prayer Services with Chaplain Beverly (Ch) 10:30 Wacky Wednesday Work-Out: (2nd) 12:30 Sing-a-Long with Kathy (CN) 1:30 Baking Club: Pumpkin Pudding Cookies (C) 2:30 Board Games: Operation (2nd) 3:00 Interactive Name That Tune (3rd) 6:30 Dominos (1st)	10 9:00 Morning Meeting (2nd) 9:30 Rosary (Ch) 10:00 Cup Cake Decorating Fun (C) 10:30 Men's Club Trip: Clips & Pitz Full Klips & Fratelli's **\$\$(OOB) 10:30 Thai Chi Exercise (2nd) 1:00 Bingo (DR) 1:30 Community Outing: Berger's Pumpkin Patch**\$\$ (OOB) 2:30 Bowling: Practice Making Teams (3rd)	Yom Kippur119:00 Morning Meeting (2nd)9:30 Hand Weights Exercise (2nd)10:00 Bible Study and Hymn Sing with Chaplain Beverly (Ch)11:00 Fall Picnic on the Balcony (3rd)1:00 Painting Pumpkins (2nd)1:30 Afternoon Hydration: Apple Cider (C)2:30 Glee Club (Ch)3:00 Men's Club: Billiard's (2nd)6:30 Boggle (1st)	12 9:00 Morning Meeting (2nd) 9:30 Rosary (Ch) 10:00 Chair Yoga Exercise (2nd) 10:30 Anne Marie with Callie & Lillie Therapy Dogs (1st) 1:00 Color Switch Game (2nd) 1:30 Matinee: <i>Molly Maguires</i> (2nd) 3:30 Super Happy Hour: Jagemeister Old Fashioned (1st) 6:00 Color Me Calm (1st) 6:00 Card Players Club (2nd)
139:00 TV Catholic Mass (3rd)9:30 Morning Meeting (Second Floor)10:00 Helping Hands Club: Finishing Trunk or Treat Bags (2nd)10:30 Chair Zumba Exercise Class with Alyson Cara (2nd)1:15 Worship Service with Chap. Bev (Ch)2:00-4:00 Community Event: Trunk or Treat (OOB)6:30 Yahtzee (1st)	d) 9:00 Morning Meeting (2nd) 9:30 Shopping Trip: Dollar Tree/Aldi's**\$\$(OOB) 10:00 Stretch Exercise (2nd) 1:15 Prayer & Communion Service (Ch) 2:00 Fall Country Ride: Francis E. Walter Dam** (OOB) 1 Love You Day: Ones (2nd) nd) 3:30 Campus Store (2nd)	 15 9:00 Morning Meeting (2nd) 9:30 Crafting with Tatyana (2nd) 10:00 Prayer Services with Chaplain Beverly (Ch) 10:30 Balance in Action Exercise(2nd) 12:30 Sing-a-Long with Kathy (CN) 1:30 Volunteer Appreciation Social (CN) 2:30 Musical Entertainment: Vernon Jones (DR) 3:30 Color Me Calm (1st) 6:30 Dominoes (1st) 	17 9:00 Morning Meeting (2nd) 9:30 Rosary (Ch) 10:00 Crafting with Nancy: DIY Pumpkin Stress Balls (2nd) 10:30 Diner's Lunch Caravan: Sally Purcell's**\$\$ (OOB) 10:30 Thai Chi Exercise (2nd) 1:00 Bingo (DR) 2:30 Bowling League Practice (3rd) 3:00 Bowling League (3rd) 6:30 Pinochle Players Club (3rd)	18 9:00 Morning Meeting (2nd) 9:30 Hand Weight Exercise (2nd) 10:00 Bible Study and Hymn Sing with Chaplain Beverly (Ch) 10:30 Group Crossword Challenge (1st) 1:00 Men's Club: Mock Fantasy Football League (3rd) 1:30 Taste Tests: Caramel Apple Slices (C) 2:00 Halloween Family Feud (3rd) 3:00 Glee Club (Ch) 6:30 Boggle (1st)	19 9:00 Morning Meeting (2nd) 9:30 Rosary (Ch) 10:00 Song & Prayer with Faith Church (Ch) 1:30 Red & Black Card Game (2nd) 2:00 Matinee: <i>Carousel</i> (2nd) 3:00 Walking Club (ML) 3:30 International Sloth Day: Learning About Sloths (1st) 6:00 Color Me Calm (1st) 6:30 Rummikub (1st)
209:00 Morning Meeting (2nd)10:00 Ed-U Presentation: Cane ToadsBy Noah Boshek (2nd)10:30 Strength Exercise (2nd)11:00-1:00 Brunch Featuring MusicalEntertainer Paul Oschal (DR)1:15 Worship Service withChaplain Beverly (Ch)2:15 Bingo (DR)6:30 Yahtzee (1st)	d) 9:00 Morning Meeting (2nd) 9:30 Crafting with Nancy: No Sew Pumpkin Pillow (3rd) 10:00 Stretch Exercise (2nd) 1:15 Prayer & Communion Service (Ch) 2:00 Oktoberfest: Stine Stacking Game & Music (1st) en Costumes (C) anning Mtg. (3rd) Germany's Munich (2nd)	22 23 9:00 Morning Meeting (2nd) 9:30 October Trivia (1st) 10:00 Prayer Services with Chaplain Beverly (Ch) 10:30 Wacky Wednesday Work-Out (2nd) 12:30 Sing-a-Long with Kathy (CN) 1:30 Autumn Walking Club (ML) 2:00 Ghostbuster Game (2nd) 3:00 New Resident Mixer (1st) 6:30 Dominoes (1st)	24 9:00 Morning Meeting (2nd) 9:30 Rosary (Ch) 10:00 Oktoberfest: Beer Stine Holding & Music (1st) 10:30 Thai Chi Exercise (2nd) 1:00 Bingo (DR) 2:00 Beetlejuice Halloween Bash (CN) 3:00 Bowling League (3rd) 4:00-6:00 October Birthday Dinner (DR) 6:30 Pinochle Players Club (3rd)	25 9:00 Morning Meeting (2nd) 9:30 Hand Weight Exercise (2nd) 10:00 Bible Study and Hymn Sing with Chaplain Beverly (Ch) 10:30 Color Me Calm (1st) 1:00 National I Care About You Day: Giving Flowers to Staff & Residents (ML) 2:30 Ed-U Presentation with Lester Hirsh: <i>History of Oktoberfest</i> (DR) 6:30 Boggle (1st)	26 9:00 Morning Meeting (2nd) 9:30 Rosary (Ch) 10:00 Chair Yoga Exercise (2nd) 10:30 Pumpkin Decorating Contest (3rd) 1:30 Resident Matinee: <i>This Could Be the Night</i> (2nd) 3:30 Super Happy Hour Oktoberfest German Gluhwein (1st) 6:30 Rummikub (1st)
279:00 TV Catholic Mass (3rd)10:00 Finishing the Song Lyrics (2nd)10:30 Chair Zumba Exercise ClassWith Alyson Cara (2nd)1:15 Worship Service withChaplain Beverly (Ch)2:15 Sip & Chat:Pumpkin Spice Lattes (CN)2:15 Bingo (DR)Providence PLace of DRUMS I 149 S HUNTER HWY, DRUMS PA 18222	d)9:00 Morning Meeting (2nd)9:30 Shopping Trip: Wal-Mart**\$\$ (OOB)1st)10:00 Stretch Exercise (2nd)nt:1:15 Prayer & Communion Service (Ch)2:30 Musical Entertainment: Oktoberfest with John Stevens (DR)3:30 Community Meeting (DR)6:30 Scrabble (1st)	29 30 9:00 Morning Meeting (2nd) 9:30 Halloween Word Search (1st) 10:00 Prayer Services with Chaplain Bev (Ch) 10:30 Wacky Wednesday Work-Out (2nd) 1:00 National Candy Corn Day (C) 2:00 Culinary Club with Chef Sargent (DR) 3:00 Table Air Hockey 3rd) 6:30 Dominoes (1st)	Halloween319:00 Morning Meeting (2nd)9:30 Rosary (Ch)10:00 Halloween Costume Party (1st)10:30 Thai Chi Exercise (2nd)1:00 Witches Hat Ring Toss (2nd)2:00 Halloween Bingo (2nd)2:30 Bowling League Practice (3rd)3:00 Bowling League (3rd)6:30 Pinochle Players Club (3rd)	Calendar Key: ** Registration Required \$\$ Cost Involved FP Front Porch ML Main Lobby, OOB Out of Building, 1st First Floor 2nd Second Floor 3rd Third Floor Ch Chapel CN Connections Neighborhood	October 2024