Focus on Wellness

As we step into Fall, the shorter days and cooler temperatures can sometimes lead to feelings of sadness or loneliness. Take this time to find ways to focus on your own wellness by staying connected to your community and loved ones through the following:

- Reflect on your own needs
- Reach out to family members you don't see often
- Join a club or hobby group at your community and make time for activities you enjoy
- Enjoy local, seasonal produce in our dining programs
- Volunteer your time to give back

Check your activities calendar and highlight items of interest to you - and feel free to invite your friends & family to join!



Resident Birthdays

October

- 2 Margaret Bergin
- 3 John Moscon
- 4 Ronald Katzor
- 7 Linda Morgan
- 8 Joyce Boyle
- 13 Shirley Brenner
- 13 Nancy Davis
- 15 Theresa Tarapchak
- 21 Eugene Contrady
- 22 Rachel Sibio
- 24 Joseph Sacco
- 30 Robert Green

November

- 6 Caroline Drozda
- 8 John Kmetz
- 10 Rosemary Solt
- 13 Rachel Taylor
- 13 Gretchen Brighthaupt
- 18 Rosemary McCann
- 21 Eleanor Slebodnick
- 25 Rosemary Rocco
- 26 Rosemary Darcangelo

December

- 6 David Adams
- 6 Jane Brown
- 12 Eugene Reinard
- 13 Lawrence Belusko
- 25 Barbara Barnhart

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For Community Life activities, campus events and Providence Place happenings, please follow our Facebook page at www.Facebook.com/ProvPlace.



To sign up to receive this quarterly newsletter and monthly events calendar via email, please contact us to subscribe at Info@Prov-Place.com.



www.Providence-Place.com



Q4: October 2024

A Note from the Executive Director

"The wind is rising and the air is wild with leaves. We have had our summer evenings: now for October eves!"

We are in full Fall mode here in Drums. The building is decorated with beautiful mums, pumpkins &corn stalks. The residents are sitting on the balcony enjoying the weather while watching the leaves change colors and fall from the trees.

Our annual Trunk-or-Treat will be held on October 13th from 2-4pm. Be sure to bring the kids dressed in their costumes! There will be plenty of candy handed out from staff and residents.

Be sure to sign up for our October Brunch at the reception desk. It will be held October 20th. Please RSVP by 10/13.

We are so excited for all the Fall festivities! Please be sure to check the Community Life calendar. As always, thank you to all our staff, residents and families for your continued support.

Best,

Missie Jacoby Executive Director

Highlighted Events

- 2 Culinary Club with Chef Sargent @ 2pm
- 6 **Hazleton Art League Outing:**Coffee with the artists @ 1:30pm
- 8/9 Country Rides @ 2pm
- 13- **Community Trunk-or-Treat**@ 2-4pm all are welcome!
- 22-24- Oktoberfest Festivities
- 31 Halloween Cosume Party
 @ 10am

Welcome New Residents

Stuart Erwin Gretchen Brighthaupt Nancy Schwartz Rachel Sibio



SUNDAY	Monday	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Com	munity Life	9:30 Manicures (3rd) 10:00 Stretch Exercise (2nd) 1:15 Prayer & Communion Service (Ch) 2:00 Trip Out: Rita's Italian Ice**\$\$(OOB) 3:30 Destination Discovery: Germany's Oktoberfest (CN) 6:00 Card Players Club (2nd) 6:30 Scrabble (1st)	Rosh Hashanah 9:30 Double Exposure (1st) 10:00 Prayer Services with Chaplain Beverly (Ch) 10:30 Wacky Wednesday Work-Out: Balloon Bad Mitten Exercise (2nd) 1:30 Circle of Friends (SR) 2:00 Culinary Club with Chef Sargent (DR) 6:00 Visit with Ethal theTortoise and Angie (1st) 6:30 Dominos (1st)	9:30 Rosary (Ch) 10:00 Mass with Father Binesh (Ch) 10:30 Exercise with Shay (2nd) 1:00 Crafting with Missie & Kristen (3rd) 2:30 Musical Entertainment: SheliaMark Duo (DR) 3:30 October Gazette (1st) 6:30 Pinochle Players Club (3rd)	9:30 Hand Weight Exercise (2nd) 10:00 Bible Study and Hymn Sing with Chaplain Beverly (Ch) 10:30 October Word Search (1st) 1:30 Our Journey Together with Chaplain Beverly (Ch) 2:30 Mindful Meditation (3rd) 3:00 7's Out Dice Game (3rd) 6:30 Boggle (1st)	9:30 Rosary (Ch) 10:00 Chair Yoga Exercise (2nd) 10:30 Anne Marie with Callie & Lillie, Therapy Dogs (1st) 1:30 Resident Matinee: Chariots of Fire (2nd) 3:30 Cranium Crunches (1st) 6:00 Color Me Calm (1st) 6:00 Card Players Club (2nd) 6:30 Rummikub (1st)
9:00 TV Catholic Mass (3rd) 10:00 Helping Hands: Halloween Treat Bags(2nd) 10:30 Strength Exercise (2nd) 11:00-1:00 Wine & Dine (DR) 1:15 Worship Service with Chaplain Beverly (Ch) 1:30 Trip Out: HAL Coffee with the Artists**\$\$(OOB) 2:15 Bingo (DR) 6:30 Yahtzee (1st)	9:30 Rosary (Ch) 10:00 Yoga Fitness by Bill Kringe (Ch) 10:00 Bridge Club (3rd) 1:30 Interactive Music Class with Cynthia Ritchey (2nd) 3:00 Indoor Garden Club: Painting Flowers (3rd) 6:00 Color Me Calm (1st) 6:30 Pinochle Players Club (3rd)	9:30 Shopping Trip: Heller's Orchard**\$\$(OOB) 10:00 Stretch Exercise (2nd) 1:15 Prayer & Communion Service (Ch) 2:00 Country Ride: Fall Foliage **(OOB) 3:30 Destination Discovery: Germany's St. Peter's Church (CN) 6:00 Card Players Club (2nd) 6:30 Scrabble (1st)	9:30 Humorous Mad Libs (1st) 10:00 Prayer Services with Chaplain Beverly (Ch) 10:30 Wacky Wednesday Work-Out: Pool Noodle Volleyball Exercise (2nd) 1:30 Circle of Friends (SR) 2:00 Country Ride: Fall Foliage** (OOB) 2:30 Dining Services Committee Meeting (DR) 6:30 Dominos (1st)	9:30 Rosary (Ch) 10:30 Exercise with Tatyana (2nd) 10:30 Men's Club Trip: Clips & Pitz Full Klips & Fratelli's **\$\$(OOB) 1:00 Bingo (DR) 2:30 Bowling: Practice: Making Teams (3rd) 6:30 Pinochle Players Club (3rd) Providence Place Flu Clinic	Yom Kippur 1 9:30 Hand Weight Exercise (2nd) 10:00 Bible Study and Hymn Sing with Chaplain Beverly (Ch) 10:30 Dot Doodles (1st) 1:30 Our Journey Together with Chaplain Beverly (Ch) 2:30 Glee Club (Ch) 3:00 Men's Club: Billiard's (2nd) 6:30 Boggle (1st)	9:30 Rosary (Ch) 10:00 Chair Yoga Exercise (2nd) 10:30 Anne Marie with Callie & Lillie, Therapy Dogs (1st) 1:30 Resident Matinee: Molly Maguires (2nd) 3:30 Super Happy Hour: Jagermeister Old Fashioned (1st) 6:00 Color Me Calm (1st) 6:00 Card Players Club (2nd)
9:00 TV Catholic Mass (3rd) 10:00 10:30 Helping Hands: Trunk Or Treat Preparations (ML) 10:30 Chair Zumba Exercise Class with Alyson Cara (2nd) 11:00-1:00 Wine & Dine (DR) 1:15 Worship Service with Chap. Bev (Ch) 2:00-4:00 Community Event: Trunk or Treat (OOB) 6:30 Yahtzee (1st)	9:30 Rosary (Ch) 10:00 Yoga Fitness by Bill Kringe (Ch) 10:00 Bridge Club (3rd) 10:30 Walking Club (ML) 1:30 Bible Study with Deacon Bob (Ch) 2:00 Family Feud (3rd) 3:00 Mindful Meditation (2nd) 6:00 Color Me Calm (1st) 6:30 Pinochle Players Club (3rd)	9:30 Shopping Trip: Dollar Tree/Aldi's**\$\$(OOB) 10:00 Stretch Exercise (2nd) 1:15 Prayer & Communion Service (Ch) 2:00 Ed-U Presentation with D.O.N Hayley (3rd) 3:30 Campus Store (2nd) 6:00 Card Players Club (2nd) 6:30 Scrabble (1st)	9:30 Crafting with Tatyana (2nd) 10:00 Prayer Services with Chaplain Beverly (Ch) 10:30 Balance in Action Exercise with Powerback Rehab. (2nd) 1:30 Circle of Friends (SR) 2:30 Musical Entertainment: Vernon Jones (DR) 3:30 Fall-ing For Sensory Poems (1st) 6:30 Dominos (1st)	9:30 Rosary (Ch) 10:30 Diner's Luncheon Caravan: Sally Purcell's**\$\$(OOB) 10:30 Thia Chi Exercise (2nd) 1:00 Bingo (DR) 2:30 Bowling League Practice (3rd) 3:00 Bowling League (3rd) 6:30 Pinochle Players Club (3rd)	9:30 Hand Weight Exercise (2nd) 10:00 Bible Study and Hymn Sing with Chaplain Beverly (Ch) 10:30 Halloween Crossword Puzzle (1st) 1:30 Our Journey Together with Chaplain Beverly (Ch) 2:00 Sunshine Committee (2nd) 3:00 Glee Club (Ch) 6:30 Boggle (1st)	9:30 Rosary (Ch) 10:00 Song & Prayer with Faith Church (Ch) 10:30 Chair Yoga Exercise (2nd) 1:30 Red & Black Card Game (2nd) 2:00 Matinee: Carousel (2nd) 3:00 Walking Club (ML) 6:00 Color Me Calm (1st) 6:00 Card Players Club (2nd) 6:30 Rummikub (1st)
9:00 TV Catholic Mass (3rd) 10:00 Ed-U Presentation: Cane Toads By Noah Boshek (2nd) 10:30 Strength Exercise (2nd) 11:00-1:00 Brunch Featuring Musical Entertainment with Paul Oschal (DR) 1:15 Worship Service with Chaplain Beverly (Ch) 2:15 Bingo (DR) 6:30 Yahtzee (1st)	9:30 Rosary (Ch) 10:00 Yoga Fitness by Bill Kringe (Ch) 10:00 Bridge Club (3rd) 1:30 Interactive Music Class with Cynthia Ritchey (2nd) 2:00 Ed-U Presentation: A World Without Bats (1st) 3:00 Community Life Planning Meeting (2nd) 6:00 Color Me Calm (1st)	9:30 Pumpkin Picking: Och's**\$\$(OOB) 10:00 Stretch Exercise (2nd) 10:30 Music Appreciation: 60's (3rd) 1:15 Prayer & Communion Service (Ch) 2:00 Oktoberfest: Stine Stacking Game & Music (1st) 3:30 Destination Discovery: Germany's Munich (CN) 6:00 Card Players Club (2nd) 6:30 Scrabble (1st)	9:30 October Trivia (1st) 10:00 Prayer Services with Chaplain Bev (Ch) 10:30 Wacky Wednesday Work-Out: Color Balloon Challenge (2nd) 1:30 Circle of Friends (SR) 2:00 Oktoberfest: Beer Tasting & Music (1st) 3:00 New Resident Mixer: Soft Pretzels & Beer (1st) 6:30 Dominos (1st)	9:30 Rosary (Ch) 10:00 Oktoberfest: Beer Stine Holding & Music (1st) 10:30 Thia Chi Exercise (2nd) 1:00 Bingo (DR) 2:30 Bowling League Practice (3rd) 3:00 Bowling League (3rd) 4:00-6:00 October Birthday Dinner (DR) 6:30 Pinochle Players Club (3rd)	9:30 Hand Weight Exercise (2nd) 10:00 Bible Study and Hymn Sing with Chaplain Beverly (Ch) 10:30 Ed-U Presentation: Keeping Our Brains Young (3rd) 1:30 Our Journey Together with Chaplain Beverly (Ch) 2:30 Ed-U Presentation <i>History of Oktoberfest</i> with Lester Hirsh (DR) 3:00 Walking Club (ML) 6:30 Boggle (1st)	9:30 Rosary (Ch) 10:00 Chair Yoga Exercise (2nd) 10:30 Pumkin Decorating Contest (3rd) 1:30 Resident Matinee: This Could Be the Night (2nd) 3:30 Super Happy Hour: Oktoberfest German Gluhwein (1st) 6:00 Color Me Calm (1st) 6:00 Card Players Club (2nd) 6:30 Rummikub (1st)
9:00 TV Catholic Mass (3rd) 10:00 Finishing The Song Lyrics (2nd) 10:30 Chair Zumba Exercise Class with Alyson Cara (2nd) 11:00-1:00 Wine & Dine (DR) 1:15 Worship Service with Chaplain Beverly (Ch) 2:15 Bingo (DR) 6:30 Yahtzee (1st)	9:30 Rosary (Ch) 10:00 Yoga Fitness by Bill Kringe (Ch) 10:00 Bridge Club (3rd) 1:30 Musical Entertainment: Pat Maue (CN) 2:00 Food For Thought & Tasting: German Butterkuchin (C) 3:00 Crafting Club with Tatyana (2nd) 6:00 Color Me Calm (1st)	9:30 Shopping Trip: Wal-Mart**\$\$(OOB) 10:00 Stretch Exercise (2nd) 1:15 Prayer & Communion Service (Ch) 2:30 Musical Entertainment: Oktoberfest with John Stevens (DR) 3:30 Community Meeting (DR) 6:00 Card Players Club (2nd) 6:30 Scrabble (1st)	9:30 Halloween Word Search (1st) 10:00 Prayer Services with Chaplain Bev(Ch) 10:30 Wacky Wednesday Work-Out: Balloons Up (2nd) 1:30 Circle of Friends (SR) 2:00 Culinary Club with Chef Sargent (DR) 3:15 Ed-U Presentation: Smithsonian's B-52 Stratofortress (2nd) 6:30 Dominos (1st)	9:30 Rosary (Ch) 10:00 Halloween Costume Party (1st) 10:30 Thia Chi Exercise (2nd) 1:30 Hands on Halloween Sensory Game (1st) 2:30 Bowling League Practice (3rd) 3:00 Bowling League (3rd) 6:30 Pinochle Players Club (3rd)	Calendar Key: ** Registration Required \$\$ Cost Involved (1st) First Floor, (2nd) Second Floor, (3rd) Third Floor, (DR) Dining Room, (Ch) Chapel, (CN) Connections Neighborhood, (SR) Sun Room, (FP) Front Porch, (OOB) Out Of Building	October 2024