

Focus on Wellness

As we step into Fall, the shorter days and cooler temperatures can sometimes lead to feelings of sadness or loneliness. Take this time to find ways to focus on your own wellness by staying connected to your community and loved ones through the following:

- Reflect on your own needs
- Reach out to family members you don't see often
- Join a club or hobby group at your community and make time for activities you enjoy
- Enjoy local, seasonal produce in our dining programs
- Volunteer your time to give back

Check your activities calendar and highlight items of interest to you - and feel free to invite your friends & family to join!



Resident Birthdays

October

2 - Margaret Bergin
3 - John Moscon
4 - Ronald Katzor
7 - Linda Morgan
8 - Joyce Boyle
13 - Shirley Brenner
13 - Nancy Davis
15 - Theresa Tarapchak
21 - Eugene Contrady
22 - Rachel Sibio
24 - Joseph Sacco
30 - Robert Green

November

6 - Caroline Drozda
8 - John Kmetz
10 - Rosemary Solt
13 - Rachel Taylor
13 - Gretchen Brighthaupt
18 - Rosemary McCann
21 - Eleanor Slobodnick
25 - Rosemary Rocco
26 - Rosemary Darcangelo

December

6 - David Adams
6 - Jane Brown
12 - Eugene Reinard
13 - Lawrence Belusko
25 - Barbara Barnhart



Providence Place SENIOR LIVING News

Q4: October 2024

A Note from the Executive Director

“The wind is rising and the air is wild with leaves. We have had our summer evenings: now for October eves!”

We are in full Fall mode here in Drums. The building is decorated with beautiful mums, pumpkins & corn stalks. The residents are sitting on the balcony enjoying the weather while watching the leaves change colors and fall from the trees.

Our annual Trunk-or-Treat will be held on October 13th from 2-4pm. Be sure to bring the kids dressed in their costumes! There will be plenty of candy handed out from staff and residents.

Be sure to sign up for our October Brunch at the reception desk. It will be held October 20th. Please RSVP by 10/13.

We are so excited for all the Fall festivities! Please be sure to check the Community Life calendar. As always, thank you to all our staff, residents and families for your continued support.

Best,

Missie Jacoby
Executive Director

Highlighted Events

- 2 - **Culinary Club with Chef Sargent @ 2pm**
- 6 - **Hazleton Art League Outing:**
Coffee with the artists @ 1:30pm
- 8/9 - **Country Rides @ 2pm**
- 13- **Community Trunk-or-Treat @ 2-4pm - all are welcome!**
- 22-24- **Oktoberfest Festivities**
- 31 - **Halloween Cosume Party @ 10am**

Welcome New Residents

Stuart Erwin
Gretchen Brighthaupt
Nancy Schwartz
Rachel Sibio




For Community Life activities, campus events and Providence Place happenings, please follow our Facebook page at www.Facebook.com/ProvPlace.



To sign up to receive this quarterly newsletter and monthly events calendar via email, please contact us to subscribe at Info@Prov-Place.com.



www.Providence-Place.com

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY		
		1	Rosh Hashanah 2	3	4	5		
		6	7	8	9	10	11	12
		13	14	15	16	17	18	19
		20	21	22	23	24	25	26
		27	28	29	30	31	October 2024	