


Lancaster

CONNECTIONS



DECEMBER 2024

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>1</p> <p>7:00 Rise & Shine 8:00 Breakfast 9:00 Daily Chronicle & Our Daily Bread Message 10:00 Chair Exercise 10:30 Hydration & Small Bites 10:45 Helping Hands: Set Up Lunch 11:30 Lunch 12:00 Sunroom Sun Rays Soak 12:30 Manicures & Music 1:30 Reminiscing: Classic Toys 2:15 Worship Service 3:30 Helping Hands: Set Up Dinner 4:30 Dinner 5:30 Western Movie: <i>The Great Train Robbery</i> 7:00 Evening Wind Down</p>	<p>2</p> <p>7:00 Rise & Shine 8:00 Breakfast 9:00 Daily Chronicle & Coffee 10:00 Helping Hands: <i>Deck the Halls</i> & Christmas Music 10:30 Refreshing Spritzers 10:45 Clean Up Holiday Décor 11:30 Lunch 12:00 Sunroom Sun Rays Soak 12:30 Hallway Bowling 1:30 Popcorn & Finish the Lines 2:30 Classic Toys Picture Bingo 3:30 Helping Hands: Set Up Dinner 4:30 Dinner 5:30 Classic Movie: <i>Scrooge</i> (1951) 7:00 Evening Wind Down</p>	<p>3</p> <p>7:00 Rise & Shine 8:00 Breakfast 9:00 Daily Chronicle & Coffee 10:00 Helping Hands: <i>Deck the Halls</i> & Christmas Music 10:30 Refreshing Spritzers 10:45 Clean Up Holiday Décor 11:30 <i>Special Birthday Lunch</i> (2nd) 12:00 Sunroom Sun Rays Soak 12:30 Art: Calming Coloring & Music 1:30 Paw Pals with Cody & Jill 2:00 TimeSlips Story Creation 3:00 Bingo Helpers (2nd) 4:30 Dinner 5:30 Musical: <i>A Christmas Carol</i> 7:00 Evening Wind Down</p> <p>Happy Birthday, Sheldon!</p>	<p>4</p> <p>7:00 Rise & Shine 8:00 Breakfast 9:00 Daily Chronicle & Coffee 10:00 Dancing Scarves Exercises 10:30 Refreshments & Small Bites 10:45 Finish the Lyrics 11:30 Lunch 12:00 Sunroom Sun Rays Soak 12:30 Household Chores 1:30 Life History Highlight 2:00 Christmas Musical Engagement: <i>Bells, Bangers & Bobbers</i> (2nd DR) 3:00 Mid-Week Worship (2nd) 3:30 Mid-Week Worship (1st) 4:30 Dinner 5:30 Movie: <i>Christmas Angel</i> 7:00 Evening Wind Down</p>	<p>5</p> <p>7:00 Rise & Shine 8:00 Breakfast 9:00 Daily Chronicle & Coffee 10:00 Chair Exercises 10:30 Hydration & Small Bites 10:45 What's in the Box? Game 11:30 Lunch 12:00 Sunroom Sun Rays Soak 12:30 Art: Calming Coloring & Music 1:30 Food Creation: <i>Minty Ice Cream Shakes</i> 2:30 Men's Group: Nerf Targets 3:00 Armchair Travels: Switzerland 4:30 Dinner 5:30 Movie: <i>Heaven is for Real</i> 7:00 Evening Wind Down</p>	<p>6</p> <p>7:00 Rise & Shine 8:00 Breakfast 9:00 Daily Chronicle & Coffee 10:00 Seated Yoga 10:30 Hydration Station 10:45 Balloon Volleyball 11:30 Lunch 12:00 Sunroom Sun Rays Soak 12:30 Hallway Bowling 1:30 Hymn Sing with Chaplain Jeff 2:30 Friday Floats & Trivia 3:30 Helping Hands: Set Up Dinner 4:30 Dinner 5:30 Classic Westerns: <i>Tate</i> 7:00 Evening Wind Down</p>	<p>7</p> <p>7:00 Rise & Shine 8:00 Breakfast 9:00 Daily Chronicle & Coffee 10:00 Chair Aerobics 10:30 Spritzers & Snackers 10:45 Guess the Movie Stars 11:30 Lunch 12:00 Sunroom Sun Rays Soak 12:30 Musical Memories 1:30 USS Arizona Memorial Virtual Tour & Reminisce 2:30 Ladies Club: Card Making 3:30 Helping Hands: Set Up Dinner 4:30 Dinner 5:30 TV Series: <i>Angels in Disguise</i> 7:00 Evening Wind Down</p> <p>Pearl Harbor Remembrance Day</p>
<p>8</p> <p>7:00 Rise & Shine 8:00 Breakfast 9:00 Daily Chronicle & Our Daily Bread Message 10:00 Chair Exercise 10:30 Hydration & Small Bites 10:45 Helping Hands: Set Up Lunch 11:30 Lunch 12:00 Sunroom Sun Rays Soak 12:30 Manicures & Music 1:30 Reminiscing: Classic Toys 2:15 Worship Service 3:30 Helping Hands: Set Up Dinner 4:30 Dinner 5:30 Western Movie: <i>It Happened on 5th Avenue</i> 7:00 Evening Wind Down</p>	<p>9</p> <p>7:00 Rise & Shine 8:00 Breakfast 9:00 Daily Chronicle & Coffee 10:00 Chair Aerobics 10:30 Refreshing Spritzers 10:45 Minute to Win It Game 11:30 Lunch 12:00 Sunroom Sun Rays Soak 12:30 Hallway Bowling 1:30 Popcorn & Horse Shoes 2:00 Art: PotteryWorks by Marcie (2nd) 3:30 Helping Hands: Set Up Dinner 4:30 Dinner 5:30 Musical: <i>The Music Man</i> 7:00 Evening Wind Down</p>	<p>10</p> <p>7:00 Rise & Shine 8:00 Breakfast 9:00 Daily Chronicle & Coffee 10:00 Movement & Music Exercises 10:30 Hydration & Small Bites 10:45 Remember the Sears Wish Book 11:30 Lunch 12:00 Sunroom Sun Rays Soak 12:30 Art: Calming Coloring & Music 1:30 Paw Pals with Cody & Jill 2:00 TimeSlips Story Creation 3:00 Bingo Helpers (2nd) 4:30 Dinner 5:30 Movie: <i>Cowboy Christmas</i> 7:00 Evening Wind Down</p>	<p>11</p> <p>7:00 Rise & Shine 8:00 Breakfast 9:00 Daily Chronicle & Coffee 10:00 Dancing Scarves Exercise 10:30 Refreshments & Small Bites 10:45 Finish the Lines 11:30 Lunch 12:00 Sunroom Sun Rays Soak 12:30 Household Chores 1:30 Life History Highlight 2:00 Christmas Musical Engagement 3:00 Mid-Week Worship (2nd) 3:30 Mid-Week Worship (1st) 4:30 Dinner 5:30 Movie: <i>12 Pups of Christmas</i> 7:00 Evening Wind Down</p>	<p>12</p> <p>7:00 Rise & Shine 8:00 Breakfast 9:00 Daily Chronicle & Coffee 10:00 Chair Exercises 10:30 Hydration & Small Bites 10:45 What's in the Box? Game 11:30 <i>Special Birthday Lunch</i> (1st) 12:00 Sunroom Sun Rays Soak 12:30 Art: Calming Coloring & Music 1:30 Food Creation: <i>Peppermint Pretzels</i> 2:30 Men's Group: Snowball Catapults 3:00 Armchair Travels: Virtual Zoo Trip 4:30 Dinner 5:30 Movie: <i>Three Wishes for Cinderella</i> 7:00 Evening Wind Down</p> <p>Happy Birthday, Phoebe!</p>	<p>13</p> <p>7:00 Rise & Shine 8:00 Breakfast 9:00 Daily Chronicle & Coffee 10:00 Seated Yoga 10:30 Hydration Station 10:45 Balloon Volleyball 11:30 Lunch 12:00 Sunroom Sun Rays Soak 12:30 Hallway Bowling 1:30 Hymn Sing with Chaplain Jeff 2:30 Friday Floats & Trivia 3:30 Helping Hands: Set Up Dinner 4:30 Dinner 5:30 Classic Sitcoms: <i>Leave It To Beaver</i> 7:00 Evening Wind Down</p>	<p>14</p> <p>7:00 Rise & Shine 8:00 Breakfast 9:00 Daily Chronicle & Coffee 10:00 Chair Aerobics 10:30 Spritzers & Snackers 10:45 Crafts: First Day of Christmas! 11:30 Lunch 12:00 Sunroom Sun Rays Soak 12:30 Musical Memories 1:30 Amazing Gingerbread Houses 2:30 Ladies Club: Baking Muffins 3:30 Helping Hands: Set Up Dinner 4:30 Dinner 5:30 TV Series: <i>Angels in Disguise</i> 7:00 Evening Wind Down</p>

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
15 7:00 Rise & Shine 8:00 Breakfast 9:00 Daily Chronicle & Our Daily Bread Message 10:00 Chair Exercise 10:30 Hydration & Small Bites 10:45 Helping Hands: Set Up Lunch 11:30 Lunch 12:00 Sunroom Sun Rays Soak 12:30 Manicures & Music 1:30 Reminiscing: Classic Toys 2:15 Worship Service 3:30 Helping Hands: Set Up Dinner 4:30 Dinner 5:30 Movie: <i>A Streetcar Named Desire</i> 7:00 Evening Wind Down	16 7:00 Rise & Shine 8:00 Breakfast 9:00 Daily Chronicle & Coffee 10:00 Chair Aerobics 10:30 Refreshing Spritzers 10:45 What's In the Bag Game 11:30 Lunch 12:00 Sunroom Sun Rays Soak 12:30 Hallway Bowling 1:30 Popcorn & Corn Hole 2:30 Guess the Flavor: Jelly Beans 3:30 Helping Hands: Set Up Dinner 4:30 Dinner 5:30 Musical: <i>Seven Brides for Seven Brothers</i> 7:00 Evening Wind Down	17 7:00 Rise & Shine 8:00 Breakfast 9:00 Daily Chronicle & Coffee 10:00 Movement & Music Exercises 10:30 Hydration & Small Bites 10:45 December Group Up Game 11:30 Lunch 12:00 Sunroom Sun Rays Soak 12:30 Art: Calming Coloring & Music 1:30 Paw Pals with Cody & Jill 2:00 TimeSlips Story Creation 3:00 Bingo Helpers (2 nd) 4:30 Dinner 5:30 Movie: <i>Small Town Santa</i> 6:00 Dementia Support Group (1 st) 7:00 Evening Wind Down	18 7:00 Rise & Shine 8:00 Breakfast 9:00 Daily Chronicle & Coffee 10:00 Dancing Scarves Exercises 10:30 Refreshments & Small Bites 10:45 Finish the Lyrics 11:30 Lunch 12:00 Sunroom Sun Rays Soak 12:30 Household Chores 1:30 Life History Highlight 2:00 Decorating Gingerbread Houses 3:00 Mid-Week Worship (2 nd) 3:30 Mid-Week Worship (1 st) 4:30 Dinner 5:30 Movie: <i>Christmas Angel</i> 7:00 Evening Wind Down	19 7:00 Rise & Shine 8:00 Breakfast 9:00 Daily Chronicle & Coffee 10:00 Chair Exercises 10:30 Hydration & Small Bites 10:45 What's in the Box? Game 11:30 Lunch 12:00 Sunroom Sun Rays Soak 12:30 Art: Calming Coloring & Music 1:30 Food Creation: Ginger Pudding Cookies 2:30 Men's Group: Pine Cone Chuckin' 3:00 Armchair Travels: Kauai, Hawaii 4:30 Dinner 5:30 Movie: <i>Follow the River</i> 7:00 Evening Wind Down	20 7:00 Rise & Shine 8:00 Breakfast 9:00 Daily Chronicle & Coffee 10:00 Seated Yoga 10:30 Hydration Station 10:45 Balloon Volleyball 11:30 Lunch 12:00 Sunroom Sun Rays Soak 12:30 Hallway Bowling 1:30 Hymn Sing with Chaplain Jeff 2:30 Friday Floats & Trivia 3:30 Helping Hands: Set Up Dinner 4:30 Dinner 5:30 Classic Westerns: <i>Tate</i> 7:00 Evening Wind Down	21 7:00 Rise & Shine 8:00 Breakfast 9:00 Daily Chronicle & Coffee 10:00 Chair Aerobics 10:30 Spritzers & Snackers 10:45 Cookie Bake for Later! 11:30 Lunch 12:00 Sunroom Sun Rays Soak 12:30 Musical Memories & Games 2:00 Musical Entertainment on Piano by Ed (2 nd) 2:30 Ladies Club: Cookie Decorating 3:30 Helping Hands: Set Up Dinner 4:30 Dinner 5:30 TV Series: <i>Angels in Disguise</i> 7:00 Evening Wind Down
22 7:00 Rise & Shine 8:00 Breakfast 9:00 Daily Chronicle & Our Daily Bread Message 10:00 Chair Exercise 10:30 Hydration & Small Bites 10:45 Helping Hands: Set Up Lunch 11:30 Lunch 12:00 Sunroom Sun Rays Soak 12:30 Manicures & Music 1:30 Reminiscing: Classic Toys 2:15 Worship Service 3:30 Helping Hands: Set Up Dinner 4:30 Dinner 5:30 Movie: <i>The Long, Long Trailer</i> 7:00 Evening Wind Down	23 7:00 Rise & Shine 8:00 Breakfast 9:00 Daily Chronicle & Coffee 10:00 Chair Aerobics 10:30 Refreshing Spritzers 10:45 Minute to Win It Game 11:30 Lunch 12:00 Sunroom Sun Rays Soak 12:30 Hallway Bowling 1:30 Popcorn & Horse Shoes 2:00 Crafts: Stocking Decorating 3:30 Helping Hands: Set Up Dinner 4:30 Dinner 5:30 Movie: <i>Christmas Break-In</i> 7:00 Evening Wind Down	24 7:00 Rise & Shine 8:00 Breakfast 9:00 Daily Chronicle & Coffee 10:00 Movement & Music Exercises 10:30 Hydration & Small Bites 10:45 Carols & Conversations 11:30 Lunch 12:00 Sunroom Sun Rays Soak 12:30 Art: Calming Coloring & Music 1:30 Paw Pals with Cody & Jill 2:00 TimeSlips Story Creation 3:00 Bingo Helpers (2 nd) 4:30 Dinner 5:30 Movie: <i>The Night Before Christmas</i> 7:00 Evening Wind Down	25 7:00 Rise & Shine 8:00 Breakfast 9:00 Daily Chronicle & Coffee 10:00 Dancing Scarves Exercises 10:30 Refreshments & Small Bites 10:45 Christmas Sing-A-Long 11:30 Christmas Lunch 1:00 Christmas Coloring & Music 2:00 Christmas Cookies & (2 nd DR) 3:00 Christmas Worship (2 nd) 3:30 Christmas Worship (1 st) 4:30 Dinner 5:30 Movie: <i>The Bishop's Wife</i> 7:00 Evening Wind Down Christmas Day	26 7:00 Rise & Shine 8:00 Breakfast 9:00 Daily Chronicle & Coffee 10:00 Chair Exercises 10:30 Hydration & Small Bites 10:45 What's in the Box? Game 11:30 Lunch 12:00 Sunroom Sun Rays Soak 12:30 Art: Calming Coloring & Music 1:30 Food Creation: Cheese, Crackers, Veggies & Homemade Dip 2:30 Men's Group: Basketball 3:00 Armchair Travels: Kauai, Hawaii 4:30 Dinner 5:30 Movie: <i>Follow the River</i> 7:00 Evening Wind Down	27 7:00 Rise & Shine 8:00 Breakfast 9:00 Daily Chronicle & Coffee 10:00 Seated Yoga 10:30 Hydration Station 10:45 Balloon Volleyball 11:30 Lunch 12:00 Sunroom Sun Rays Soak 12:30 Hallway Bowling 1:30 Hymn Sing with Chaplain Jeff 2:30 Friday Floats & Trivia 3:30 Helping Hands: Set Up Dinner 4:30 Dinner 5:30 Classic Sitcoms: <i>Leave It To Beaver</i> 7:00 Evening Wind Down	28 7:00 Rise & Shine 8:00 Breakfast 9:00 Daily Chronicle & Coffee 10:00 Chair Aerobics 10:30 Spritzers & Snackers 10:45 Crafts: First Day of Christmas! 11:30 <i>Special Birthday Lunch</i> (1 st) 12:00 Sunroom Sun Rays Soak 12:30 Musical Memories 1:30 Chocolate Candy Day 2:30 Ladies Club: Baking Muffins 3:30 Helping Hands: Set Up Dinner 4:30 Dinner 5:30 TV Series: <i>Angels in Disguise</i> 7:00 Evening Wind Down Happy Birthday, Bill D.!
29 7:00 Rise & Shine 8:00 Breakfast 9:00 Daily Chronicle & Our Daily Bread Message 10:00 Chair Exercise 10:30 Hydration & Small Bites 10:45 Helping Hands: Set Up Lunch 11:30 Lunch 12:00 Sunroom Sun Rays Soak 12:30 Manicures & Music 1:30 Reminiscing: Classic Toys 2:15 Worship Service 3:30 Helping Hands: Set Up Dinner 4:30 Dinner 5:30 Movie: <i>Please Don't Eat the Daisies</i> 7:00 Evening Wind Down	30 7:00 Rise & Shine 8:00 Breakfast 9:00 Daily Chronicle & Coffee 10:00 Chair Aerobics 10:30 Refreshing Spritzers 10:45 Minute to Win It Game 11:30 Lunch 12:00 Sunroom Sun Rays Soak 12:30 Hallway Bowling 1:30 Popcorn & Horse Shoes 2:00 Crafts: Stocking Decorating 3:30 Helping Hands: New Year's Decorations in Dining Room 4:30 Dinner 5:30 Movie: <i>Christmas Break-In</i> 7:00 Evening Wind Down	31 7:00 Rise & Shine 8:00 Breakfast 9:00 Daily Chronicle & Coffee 10:00 Movement & Music Exercises 10:30 Hydration & Small Bites 10:45 New Year's Resolutions 11:30 <i>Drop the Ball at Noon Lunch</i> 12:00 Sunroom Sun Rays Soak 12:30 Art: Calming Coloring & Music 1:30 Paw Pals with Cody & Jill 2:00 TimeSlips Story Creation 3:00 Bingo Helpers (2 nd) 4:30 Dinner 5:30 Movie: <i>Royal New Year's Eve</i> 7:00 Evening Wind Down New Year's Eve	<h1>CONNECTIONS</h1>  <h1>DECEMBER 2024</h1>			