HOME FOR THE

As you head into the holiday season, let Powerback Rehabilitation's physical, occupational, and speech therapy team help prepare you and your family for your time together.



Contact Us Today Please call your campus and ask for the Therapy Department Learn more about us at WWW.GETPOWERBACK.COM

Resident Birthdays



Let us help you make more holiday memories with your loved ones. We can provide training and consultation to you and your family:

- Car Transfers
- Equipment Use and Care
- Fall Prevention
- Bathing and Dressing Needs
- Swallow/Dining Safety
- Communication Strategies
- Virtual Home Safety Assessment

December

5 - James Shindle

16 - Lavada Norko

18 - Elizabeth Fitzgerald

23 - Glen Yaukey 28 - Willy Rudolph

29 - Ruth Yocum

30 - Margaret Stigers

6 - Patricia Nichols

8 - Norman Kennedy 13 - Ann Dubbs

16 - Glenn Walizer

16 - Nancy Seville

19 - Florence Sterner



For Community Life activities, campus events and Providence Place happenings, please follow our Facebook page at www.Facebook.com/ProvPlace.



To sign up to receive this quarterly newsletter and monthly events calendar via email, please contact us to subscribe at Info@Prov-Place.com.



www.Providence-Place.com



Q4: December 2024

A Note from the Executive Director

Happy Holidays!

I am happy to share that our Providence Place of Chambersburg has once again been chosen by the Public Opinion readers and the community as one of the TOP THREE in the 2024 Best of Franklin County for the following category - Best Assisted/Senior Living! Thank you to all who may have voted and participated in this survey. We also completed surveys in October with residents and family members - we look forward to reviewing your feedback to help with making improvements in our community and quality of care.

December brings even more celebrations throughout the month. Please check out the activity calendar and join us and your loved ones this season.

Wishing you all the best in 2025,

Holly Townsend Executive Director

Highlighted Events

5-Musical Entertainment

New Horizons Band @ 2pm Connections

- 5-Tour of Worship: Calvary Assembly of God @ 9:30am
- 11 Dementia Support Group @ 6pm- Connections
- 19 Ice Cream Social with CASD Volunteers @ 1pm
- 22 Singing with Mayor @ 2pm **Chuck Mummert**

Welcome New Residents

Madeline Cornelius Stephanie Coldsmith Emma Yeager Evelyn Jean Weller



| SUNDAY | Monday | TUESDAY | WEDNESDAY | Thursday | FRIDAY | SATURDAY |
|---|---|---|--|---|---|--|
| 9:00 Morning Meeting & Gazette (3A) 9:30 Daily Chronicle and Discussion (3A) 10:00 Teamwork Toss: Ski Ball (3A) 11:30 Wine and Dine (DR) 1:30 Walk and Stroll Club (HW) 2:00 Worship Service with Guest David & Anna Lee Kopp (2A) 3:00 Game Club: Planet Earth Trivia (3A) 6:00 Resident Run Pinochle (3A) | 9:30 Daily Chronicle and Discussion (3A) 10:00 Helping Hands: Decorating Our Christmas Tree (3A) 10:30 Memory Magic (3A) 1:30 Imagery Fitness (3A) 2:00 Prize Bingo (3A) 3:00 Documentary: Christmas Through the Decades—The 60's (3A) | 9:00 Morning Meeting Flex & Stretch (3A) 9:30 Daily Chronicle and Discussion (3A) 10:00 What Am I? Celebrating a Mystery Thing (3A) 1:45 Crafts with Connections: Gingerbread Homes (CN) 2:30 Snacking on Snowballs (CN) 3:00 Handcrafted Heirlooms: Send A Hug Ornament (3A) 6:00 Wii Bowling for Beginners (3E) | 9:30 Daily Chronicle and Discussion (3A) 10:00 Shopping Trip: Walmart \$\$ (OOB) 10:00 Reminiscing with the Senses: Remembering the Sears Wish Book (3A) 1:15 Day Excursion: Wednesday Wendy's Frosties (OOB) 2:00 Wildlife Conservation & Trivia (CN) 3:00 Holiday Door Decorating (3A) | 9:00 Morning Meeting Flex & Stretch (3A) 9:30 Daily Chronicle and Discussion (3A) 10:00 Working with Words (3A) 1:45 Kitchen Creation: Carmel Apple Grapes (CN) 2:30 Red & White Holiday Stripe Social (CN) 3:00 Mid Week Worship Service (CN) 3:30 Bible Study (CN) 6:00 Wii Bowling League (3E) | 9:00 Morning Meeting & Fitness Flow (3A) 9:30 Daily Chronicle and Discussion (3A) 10:00 Candy Bar Memory Magic (3A) 1:30 Walk and Stroll Mail Check (MR) 2:00 Book Club: The Trains of Tuscany (3A) 3:00 Social Hour: Never Have I Ever with Peppermint Patties (P) 6:00 Movie Night & Popcorn: Miracle on 34th St (3A) | 9:00 Morning Meeting & Sunrise Zen(3A) 9:30 Daily Chronicle and Discussion (3A) 10:00 Aromatherapy and Nails (3A) 10:00 TV Sitcom Comedy Hour (3A) 1:30 Linda's Movie Matinee: The Santa Clause (3A) 3:00 Card Connect: Uno (3A) 6:00 Card Club: Rummy (2A) Pearl Harbor Remembrance |
| 9:00 Morning Meeting and Inspirations (3A) 9:30 Daily Chronicle and Discussion (3A) 10:00 Teamwork Toss: Balloon Ball (3A) 11:30 Wine and Dine (DR) 1:30 Walk and Stroll Club (HW) 2:00 Worship Service (2A) 3:00 Game Club: Po-Ke-No (3A) 6:00 Resident Run Pinochle (3A) | 9:30 Daily Chronicle and Discussion (3A) 10:00 Helping Hands: Folding Towels (3A) 10:30 Memory Magic (3A) 1:30 Imagery Fitness (3A) 2:00 Kindly Canines (Building Wide) 2:00 Prize Bingo (3A) 3:00 Documentary: | 9:00 Morning Meeting Flex & Stretch (3A) 9:30 Daily Chronicle and Discussion (3A) 10:00 Helping Hands: Folding Towels (3A) 10:30 Concentration Puzzles (3A) 1:45 Crafts with Connections: Winter Window Art (CN) 2:30 Wintery Mix Snack Bags (CN) 3:00 Exercise & Wellness: Elf-ercise (3A) 6:00 Wii Bowling for Beginners (3E) | 9:30 Daily Chronicle and Discussion (2A) 10:00 Shopping Trip: Target \$\$ (OOB) 10:00 Dinning Committee Meeting (2A) 1:15 Day Excursion: Wednesday Windy Knolls (OOB) 2:00 History of our Mountains (CN) 3:00 Pack the Presents Game (3A) | 9:00 Morning Meeting Flex & Stretch (3A) 9:30 Daily Chronicle and Discussion (3A) 10:00 Searching for December (3A) 1:45 Kitchen Creation: Pickle and Ham Roll-Ups (CN) 2:30 Fun Chats and Santa Hats (CN) 3:00 Mid Week Worship Service (CN) 3:30 Bible Study (CN) 6:00 Wii Bowling League (3E) | 9:00 Morning Meeting & Fitness Flow (3A) 9:30 Daily Chronicle and Discussion (3A) 10:00 Candy Bar Memory Magic (3A) 1:30 Walk and Stroll Mail Check (MR) 2:00 Reader's Theater: A Tasty Compromise (3A) 3:00 Social Hour: Christmas Carols and Cocoa Bar (P) 6:00 Movie Night & Popcorn: North Pole (3A) | 9:00 Morning Meeting & Sunrise Zen(3A) 9:30 Daily Chronicle and Discussion (3A) 10:00 Aromatherapy and Nails (3A) 10:00 TV Sitcom Comedy Hour (3A) 2:00 Card Connect: Uno (3A) 3:00 Musical Entertainment Featuring The Starlight's (2A) 6:00 Card Club: Rummy (2A) |
| 9:00 Morning Meeting and Inspirations (3A) 9:30 Daily Chronicle and Discussion (3A) 10:00 Teamwork Toss: Horseshoes (3A) 11:30 Wine and Dine (DR) 1:30 Walk and Stroll Club (HW) 2:00 Worship Service (2A) 3:00 Singing Showcase Karaoke with Chester (3A) 6:00 Resident Run Pinochle (3A) | 9:30 Daily Chronicle and Discussion (3A) 10:00 Helping Hands: Folding Towels (3A) 10:30 Memory Magic (3A) 1:30 Imagery Fitness (3A) 2:00 Prize Bingo (3A) 3:00 Documentary: Legends of Santa Around the World (3A) 6:00 Resident Run Blitz (2A) | 9:00 Morning Meeting Flex & Stretch (3A) 9:30 Daily Chronicle and Discussion (3A) 10:30 Who Am I? Celebrating a Mystery Person (3A) 1:30 Day Excursion: Crumbl Cookies (OOB) 1:45 Crafts with Connections: Hand Print Holiday Wreathes (CN) 3:00 Men's Club: December Manly Puzzles (3A) 6:00 Wii Bowling for Beginners (3E) | 9:30 Daily Chronicle and Discussion (3A) 10:00 Shopping Trip: Dollar Tree \$\$ (OOB) 10:00 Resident Calander Meeting (3A) 1:30 Blood Pressure Clinic (2A) 2:00 Community Meeting With Department Managers (2A) 3:00 Jeopardy Trivia (3A) | 9:00 Morning Meeting Flex & Stretch (3A) 9:30 Daily Chronicle and Discussion (3A) 10:00 Can you Picture This? (3A) 1:45 Kitchen Creations: Caribou Cookies (CN) 2:30 Reindeer Games (CN) 3:00 Mid Week Worship Service (CN) 3:30 Bible Study (CN) 6:00 Cookies & Cocoa w/Santa (BL) | 9:00 Morning Meeting & Fitness Flow (3A) 9:30 Daily Chronicle and Discussion (3A) 10:00 Candy Bar Memory Magic (3A) 1:30 Walk and Stroll Mail Check (MR) 2:00 A-Mazing Crosswords (3A) 3:00 Personalize Your Own Sugar Cookie Social (P) 6:00 Movie Night & Popcorn: Christmas With the Kranks (3A) | 9:00 Morning Meeting & Sunrise Zen(3A) 9:30 Daily Chronicle and Discussion (3A) 10:00 Aromatherapy and Nails (3A) 10:00 TV Sitcom Comedy Hour (3A) 1:30 Talk n' Toss Ball (3A) 2:00 Violin Performance by Jenni And Owen (2A) 3:00 Card Connect: Uno (3A) 6:00 Card Club: Rummy (2A) |
| 9:00 Morning Meeting and Inspirations (3A) 9:30 Daily Chronicle and Discussion (3A) 10:00 Teamwork Toss: Cornhole (3A) 11:30 Wine and Dine (DR) 1:30 Walk and Stroll Club (HW) 2:00 Worship Service (2A) 3:00 Game Club: Dominoes (3A) 6:00 Resident Run Pinochle (3A) | 9:30 Daily Chronicle and Discussion (3A) 10:00 Helping Hands: Folding Towels (3A) 10:30 Memory Magic (3A) 1:30 Imagery Fitness (3A) 2:00 Prize Bingo (3A) 3:00 Documentary: Origins of Christmas History (3A) | 9:00 Morning Meeting Flex & Stretch (3A) 9:30 Daily Chronicle and Discussion (3A) 10:30 Christmas Brain Games (3A) 1:45 Make, Bake, and Decorate Holiday Cookies (CN) 2:30 Eat, Drink, and Be Merry Social (CN) 3:00 Science Lab: Candy Cane Science (3A) 6:00 Wii Bowling for Beginners (3E) Christmas Eve | 9:30 Daily Chronicle and Discussion (3A) 10:00 Shopping Trip: TJ Max \$\$ (OOB) 10:00 Celebrating Hanukkah (3A) 1:30 History of Christmas and Trivia (CN) 2:30 Refreshments with Friends (CN) 3:00 Twelve Days of Christmas Bingo (3A) 6:00 Resident Run Sequence (2A) | 9:00 Morning Meeting Flex & Stretch (3A) 9:30 Daily Chronicle and Discussion (3A) 10:00 Gift-Giving Detective (3A) 1:30 Day Excursion: Nature Ride (OOB) 1:45 Kitchen Creation: Festive Sugar Cookie Dip (CN) 2:30 Believe in your Elf Holiday Gathering (CN) 3:00 Mid Week Worship Service (CN) 6:00 Wii Bowling League (3E) | 9:00 Morning Meeting & Fitness Flow (3A) 9:30 Daily Chronicle and Discussion (3A) 10:00 Candy Bar Memory Magic (3A) 1:30 Walk and Stroll Mail Check (MR) 2:00 Musical Entertainment Featuring The Singing Mayor, Chuck Mummert (2A) 3:00 Spiked (or not) Egg Nog Social (P) 6:00 Movie Night & Popcorn: The Nutcracker (3A) | 9:00 Morning Meeting & Sunrise Zen(3A) 9:30 Daily Chronicle and Discussion (3A) 10:00 Aromatherapy and Nails (3A) 10:00 TV Sitcom Comedy Hour (3A) 1:30 Talk n' Toss Ball (3A) 2:00 Card Connect: Uno (3A) 3:00 Hydration and Finishing Lyrics (3A) 6:00 Card Club: Rummy (2A) |
| 9:00 Morning Meeting and Inspirations (3A) 9:30 Daily Chronicle and Discussion (3A) 10:00 Teamwork Toss: Ski Ball (3A) 11:30 Wine and Dine (DR) 1:30 Walk and Stroll Club (HW) 2:00 Worship Service (2A) 3:00 Game Club: The Golden Journey Board Game (3A) 6:00 Resident Run Pinochle (3A) | 9:30 Daily Chronicle and Discussion (3A) 10:00 Helping Hands: Folding Towels (3A) 10:30 Memory Magic (3A) 1:30 Imagery Fitness (3A) 2:00 Prize Bingo (3A) 3:00 Documentary: Our Planet Frozen Worlds (3A) 6:00 Resident Run Blitz (2A) | New Year's Eve 31 9:00 Morning Meeting Flex & Stretch (3A) 9:30 Daily Chronicle and Discussion (3A) 10:30 What's New in 2025? (3A) 1:45 Crafts with Connections: New Year's Noise Makers (CN) 2:30 New Beginnings with Old Friends Holiday Hangout (CN) 3:00 Men's Club: Crafty Snowball Catapults (3A) 6:00 Wii Bowling for Beginners (3E) | THE | lub | December 2024 | Calendar Key: Pub (P), Café (C), Library (L), 2nd Floor Activity Room (2A), 3rd Floor Activity Room (3A), 3rd Floor Exercise Room (3E), Front Lobby (FL), Dining Room (DR), Loading Dock (LD), Private Dining Room (PDR), Out of Building (OOB), Hallway (HW), Connections Chapel (CC), Laundry Rooms (LR's), Pub Deck (PD) Back Yard (BY) Connections (CN) Picnic Tables (PT) ** Registration Required \$\$ Cost Involved |