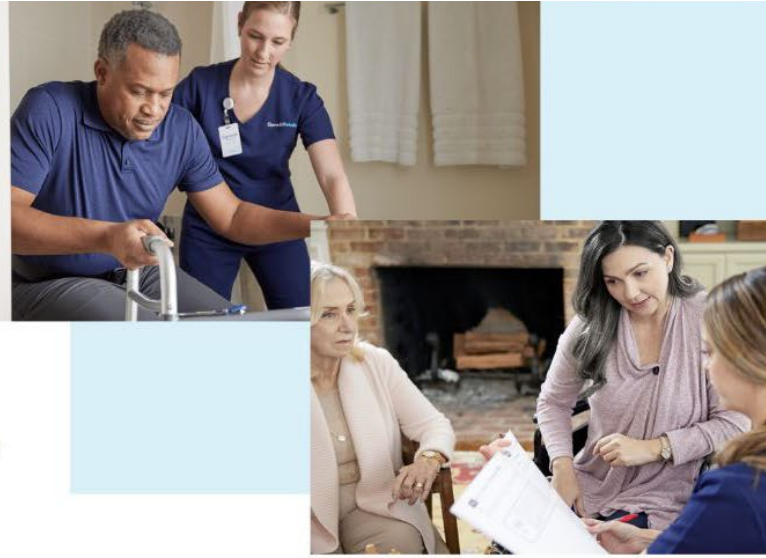


HOME FOR THE HOLIDAYS

"I'LL BE THERE THIS YEAR"

As you head into the holiday season, let Powerback Rehabilitation's physical, occupational, and speech therapy team help prepare you and your family for your time together.



Let us help you make more holiday memories with your loved ones. We can provide training and consultation to you and your family:

- Car Transfers
- Equipment Use and Care
- Fall Prevention
- Bathing and Dressing Needs
- Swallow/Dining Safety
- Communication Strategies
- Virtual Home Safety Assessment

Powerback Rehabilitation®

Contact Us Today
Please call your campus and ask for the Therapy Department
Learn more about us at
WWW.GETPOWERBACK.COM

Resident Birthdays

December

- | | |
|----------------------|---------------------------|
| 5 - James Shindle | 18 - Elizabeth Fitzgerald |
| 6 - Patricia Nichols | 19 - Florence Sterner |
| 8 - Norman Kennedy | 23 - Glen Yaukey |
| 13 - Ann Dubbs | 28 - Willy Rudolph |
| 16 - Lavada Norko | 29 - Ruth Yocum |
| 16 - Glenn Walizer | 30 - Margaret Stigers |
| 16 - Nancy Seville | |



Providence Place SENIOR LIVING News

Q4: December 2024

A Note from the Executive Director

Happy Holidays!

I am happy to share that our Providence Place of Chambersburg has once again been chosen by the Public Opinion readers and the community as one of the TOP THREE in the 2024 Best of Franklin County for the following category - Best Assisted/Senior Living! Thank you to all who may have voted and participated in this survey. We also completed surveys in October with residents and family members - we look forward to reviewing your feedback to help with making improvements in our community and quality of care.

December brings even more celebrations throughout the month. Please check out the activity calendar and join us and your loved ones this season.

Wishing you all the best in 2025,

Holly Townsend
Executive Director

Highlighted Events

- 5- **Musical Entertainment**
New Horizons Band @ 2pm
Connections
- 5 - **Tour of Worship: Calvary**
Assembly of God @ 9:30am
- 11 - **Dementia Support Group**
@ 6pm- *Connections*
- 19 - **Ice Cream Social with CASD Volunteers** @ 1pm
- 22 - **Singing with Mayor** @ 2pm
Chuck Mummert

Welcome New Residents

- Madeline Cornelius
- Stephanie Coldsmith
- Emma Yeager
- Evelyn Jean Weller




For Community Life activities, campus events and Providence Place happenings, please follow our Facebook page at www.Facebook.com/ProvPlace.



To sign up to receive this quarterly newsletter and monthly events calendar via email, please contact us to subscribe at Info@Prov-Place.com.



www.Providence-Place.com

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
1 9:00 Light & Lively Exercise (3E) 9:30 Puzzling Puzzles Handout (L) 10:00 Polish and Paint Nail Service (BL) 10:00 Communion with Corpus Christi Church (2A) 11:30 Wine and Dine (DR) 2:00 Worship Service with Guest David & Anna Lee Kopp (2A) 3:00 Mexican Train Dominoes Club (C) 3:00 Egg Nog Social (C) 6:00 Resident Run Pinochle (3A)	2 9:00 Light & Lively Exercise (3E) 9:30 Who, What, Where? Who Am I? (L) 10:00 Deck the Halls #2 (FL) 1:30 Balance & Action (3E) 2:00 Prize Bingo (2A) 3:00 Documentary: <i>Christmas Through the Decades- The 60's</i> (3A) 6:00 Resident Run Blitz (2A)	3 9:00 Sit & Be Fit Exercise (3E) 9:00 Shopping Trip: Walmart **\$(OOB) 10:00 Community Life Planning Mtg. (P) 1:30 Acrylic Canvas Paintings (C) 2:00 Design Club: Dining Centerpieces (PDR) 3:00 Holiday Cookie Trivia (P) 3:00 New Neighbor Building Tour (FL) 6:00 Resident Run Rummikub (2A) 6:00 Wii Bowling for Beginners (3E)	4 9:00 Seated Weights with Leah (3E) 10:00 Community Service: Holiday Cards for Our Partners (C) 10:00 Deck the Halls #1 (FL) 2:00 Jeopardy (2A) 2:00 Billiards, Corn Hole, Ladder Ball (3E) 3:00 Men's Club with Chaplain Rick (P) 3:00 Craft Creation: Bejeweled Holiday Trees (C) 6:00 Resident Run Sequence (2A)	5 9:00 Light & Lively Exercise (3E) 9:30 Tour of Worship: Calvary of Assembly of God** (OOB) 10:00 Cooking Creation: Peppermint Patties (C) 1:30 Art Exploration: Mixed Media (C) 2:00 Mid Week Worship Service (2A) 2:00 New Horizons Performance Band (CN) 3:00 Bible Study (PDR) 6:00 Wii Bowling League (3E)	6 9:00 Seated Weights with Leah (3E) 10:00 Bible Study with Sharon (PDR) 10:00 Community Service: Holiday Cards for Our Partners (C) 1:00 Musical Entertainment Featuring Jay Smar (2A) 2:00 Circle of Friends w/Chap Rick (PDR) 3:30 Never Have I Ever with Peppermint Patties (P) 6:00 Movie & Popcorn: <i>Miracle on 34th St</i> (3A)	7 9:00 Light & Lively Exercise (3E) 9:30 Community Outreach: Coupons for Troops (C) 10:00 Nickel Bingo \$(2A) 2:00 Musical Entertainment Featuring Robert Twine (2A) 3:00 Helping Hands: Gift Wrapping (P) 6:00 Card Club: Rummy (2A) Pearl Harbor Remembrance Day	
8 9:00 Light & Lively Exercise (3E) 9:30 Trivia Handout (L) 10:00 Polish and Paint Nail Service (2A) 10:00 Communion with Corpus Christi Church (2A) 11:30 Wine and Dine (DR) 2:00 Worship Service (2A) 3:00 Mexican Train Dominoes Club (C) 3:00 Jingle Juice Social (C) 6:00 Resident Run Pinochle (3A)	9 9:00 Light & Lively Exercise (3E) 9:30 Walk the Halls (BW) 10:00 Birthday Gang Committee Mtg. (L) 1:30 Balance & Action (3E) 2:00 Kindly Canines (Building Wide) 2:00 Prize Bingo (2A) 3:00 Documentary: <i>The Real Story of Christmas</i> (3A) 6:00 Resident Run Blitz (2A)	10 9:00 Sit & Be Fit Exercise (3E) 9:45 Shopping Trip: Hagerstown Valley Mall **\$(OOB) 10:00 Helping Hands: Gift Wrapping (P) 11:00 Franklin County Library Bookmobile (LD) 1:00 Mercersburg Academy Saxophone Quartet (2A) 1:30 Acrylic Canvas Paintings (C) 3:00 Best Holiday Trivia (P) 6:00 Resident Run Rummikub (2A) 6:00 Wii Bowling for Beginners (3E)	11 9:00 Seated Weights with Leah (3E) 10:00 Dining Committee Meeting (2A) 10:00 Circle of Friends w/Chap Rick (PDR) 1:00 Providence Christian Academy Children's Choir (CN) 2:00 Musical Entertainment Featuring Tom Shultz (3A) 2:00 Rosary with Corpus Christi Catholic Church (2A) 3:00 Our Journey Together (PDR) 6:00 Dementia Care Support Group (CN)	12 9:00 Yoga with Beth (3E) 10:00 Contagious Living Life Chats with Chaplain Rick (PDR) 10:00 Reindeer Games (BL) 1:30 Art Exploration: Mixed Media (C) 2:00 Mid Week Worship Service (2A) 3:00 Bible Study (PDR) 3:00 Cookin' with Chef Cody (P) 6:00 Wii Bowling League (3E)	13 9:00 Light & Lively Exercise (3E) 10:00 Providence Place Chambersburg Antique Road Show (2A) 2:00 Catholic Mass with Corpus Christi Catholic Church (2A) 2:00 Helping Hands: Cocoa Bar Prep (P) 2:00 Axe Throwing or Ladder Ball (3E) 3:00 Christmas Carols and Cocoa Bar (P) 6:00 Movie & Popcorn: <i>North Pole</i> (3A)	14 9:00 Light & Lively Exercise (3E) 10:00 Community Outreach: Coupons for Troops (C) 11:30 Local Fares: Kenny's **\$(OOB) 1:30 Stair Stepper Exercise (3E) 2:00 Nickel Bingo \$(2A) 3:00 Musical Entertainment Featuring The Starlight's (2A) 6:00 Card Club: Rummy (2A)	
15 9:00 Light & Lively Exercise (3E) 9:30 Wacky Wordie Handout (L) 10:00 Polish and Paint Nail Service (BL) 10:00 Communion with Corpus Christi Church (2A) 11:30 Wine and Dine (DR) 2:00 Worship Service (2A) 3:00 Mexican Train Dominoes Club (C) 3:00 Peppermint Dream Drink Social (C) 4:30 Christmas Carols with St. Mary Orthodox Church (Dining Room Hallway)	16 9:00 Light & Lively Exercise (3E) 9:30 Who, What, Where? Who Am I? (L) 10:00 New Resident Building Tour (BL) 1:30 Balance & Action (3E) 2:00 Prize Bingo (2A) 3:00 Documentary: <i>Legends of Santa-Around the World</i> (3A) 6:00 Resident Run Blitz (2A)	17 9:00 Sit & Be Fit Exercise (3E) 9:00 Shopping Trip: Target and Five Below **\$(OOB) 10:00 Gifts for Giving: Santa Paint Brushes (C) 1:30 Acrylic Canvas Paintings (C) 2:00 New Neighbor Building Tour (FL) 3:00 Fun Christmas Trivia (P) 6:00 Resident Run Rummikub (2A) 6:00 Wii Bowling for Beginners (3E)	18 9:00 Seated Weights with Leah (3E) 10:00 Circle of Friends w/Chap Rick (PDR) 11:00 Lunch Out: Fiesta Maya **\$(OOB) 1:30 Blood Pressure Clinic (2A) 2:00 Community Meeting w/ Department Managers (2A) 3:00 Our Journey Together with Chaplain Rick (PDR) 6:00 Resident Run Sequence (2A) 7:00 Christmas Caroling w/church (FL)	19 9:00 Light & Lively Exercise (3E) 10:00 Contagious Living Life Chats with Chaplain Rick (PDR) 1:00 Ice Cream Social with Our CAHS Volunteers (P) 1:30 Art Exploration: Mixed Media (C) 2:00 Mid Week Worship Service (2A) 3:00 Bible Study (PDR) 3:00 Volunteer Recognition Party (P) 6:00 Cookies & Cocoa w/Santa (BL)	20 9:00 Seated Weights with Leah (3E) 10:00 Bible Study with Sharon (PDR) 10:00 Holiday Jeopardy w/Bayada (2A) 1:30 Workout with Julie From Powerback Rehabilitation (3E) 2:00 Helping Hands: Gift Wrapping (P) 3:00 Personalize Your Own Sugar Cookie Social (P) 6:00 Movie & Popcorn: <i>Christmas With the Kranks</i> (3A)	21 9:00 Light & Lively Exercise (3E) 9:30 Community Outreach: Coupons for Troops (C) 10:00 Nickel Bingo \$(2A) 1:30 Stair Stepper Exercise (3E) 2:00 Violin Performance by Jenni And Owen (2A) 3:00 Scrabble Club (C) 6:00 Card Club: Rummy (2A)	
22 9:00 Light & Lively Exercise (3E) 9:30 Magazine Kiosk (L) 10:00 Polish and Paint Nail Service (2A) 10:00 Communion with Corpus Christi Church (2A) 11:30 Wine and Dine (DR) 2:00 Worship Service (2A) 3:00 Mexican Train Dominoes Club (C) 3:00 Holiday Punch Social (C) 6:00 Resident Run Pinochle (3A)	23 9:00 Light & Lively Exercise (3E) 9:30 Walk the Halls (BW) 10:00 New Resident Welcome Orientation (C) 1:30 Balance & Action (3E) 2:00 Prize Bingo (2A) 3:00 <i>Origins of Christmas</i> History Channel Documentary (3A) 6:00 Resident Run Blitz (2A)	24 9:00 Sit & Be Fit Exercise (3E) 10:00 Decorate Your Wheelchair, Walker, or Rollator for the Holiday Parade (P) 1:30 Acrylic Canvas Paintings (C) 2:00 Resident Holiday Parade (BL) 3:00 Christmas Eve Carols Sing A Long (P) 6:00 Resident Run Rummikub (2A) 6:00 Wii Bowling for Beginners (3E) Christmas Eve	25 9:00 Light & Lively Exercise (3E) 10:00 Circle of Friends w/Chap Rick (PDR) 1:00 Movie Matinee: <i>A Christmas Story</i> (3A) 2:00 Holiday Music by the Fireplace (BL) 3:00 Cultural Holiday Celebrations Around The World with Chap. Rick (2A) 3:00 Build Your Best Snowman (P) 6:00 Resident Run Sequence (2A) Christmas Day/Hanukkah	26 9:00 Yoga with Beth (3E) 10:00 Cooking Creation: Candied Pretzels (C) 1:30 Balance & Action (3E) 1:30 Art Exploration: Mixed Media (C) 2:00 Mid Week Worship Service with Special Guest Daniel Scheiderder (2A) 3:00 Bible Study (PDR) 6:00 Wii Bowling League (3E)	27 9:00 Light & Lively Exercise (3E) 10:00 Snowman Contest Voting (BL) 1:30 Balance & Action (3E) 2:00 Musical Entertainment Featuring The Singing Mayor, Chuck Mummert (2A) 3:00 Spiked (or not) Egg Nog Social (P) 6:00 Movie & Popcorn: <i>The Nutcracker</i> (3A)	28 9:00 Light & Lively Exercise (3E) 9:30 Community Outreach: Coupons for Troops (C) 10:00 New Resident Building Tour (BL) 1:30 Stair Stepper Exercise (3E) 2:00 Nickel Bingo \$(2A) 3:00 Scrabble Club (C) 6:00 Card Club: Rummy (2A)	
29 9:00 Light & Lively Exercise (3E) 9:30 Puzzling Puzzles Handout (L) 10:00 Polish and Paint Nail Service (BL) 10:00 Communion with Corpus Christi Church (2A) 11:30 Wine and Dine (DR) 2:00 Worship Service (2A) 3:00 Mexican Train Dominoes Club (C) 3:00 Peppermint Tea Social (C) 6:00 Resident Run Pinochle (3A)	30 9:00 Light & Lively Exercise (3E) 9:30 Who, What, Where? Who Am I? (L) 10:00 Community Life Planning Mtg. (P) 1:30 Balance & Action (3E) 2:00 Prize Bingo (2A) 3:00 Documentary: <i>Our Planet - Frozen Worlds</i> (3A) 6:00 Resident Run Blitz (2A)	31 9:00 Sit & Be Fit Exercise (3E) 9:30 Shopping Trip: Dollar Tree **\$(OOB) 10:00 Helping Hands: NYE Décor (Pub) 1:30 Acrylic Canvas Paintings (C) 2:00 New Year Trivia (P) 3:00 Champagne Toast & 2025 Goal Setting (P) 6:00 Resident Run Rummikub (2A) 6:00 Wii Bowling for Beginners (3E) New Year's Eve			<h1>December</h1> <h1>2024</h1>		Calendar Key: Pub (P), Café (C), Library (L), 2nd Floor Activity Room (2A), 3rd Floor Activity Room (3A), 3rd Floor Exercise Room (3E), Back Lobby (BL), Dining Room (DR), Loading Dock (LD), Private Dining Room (PDR), Out of Building (OOB), Hallway (HW), Connections (CN), Pub Deck (PD) Back Yard (BY) **Registration Required, \$\$ Cost Involved