

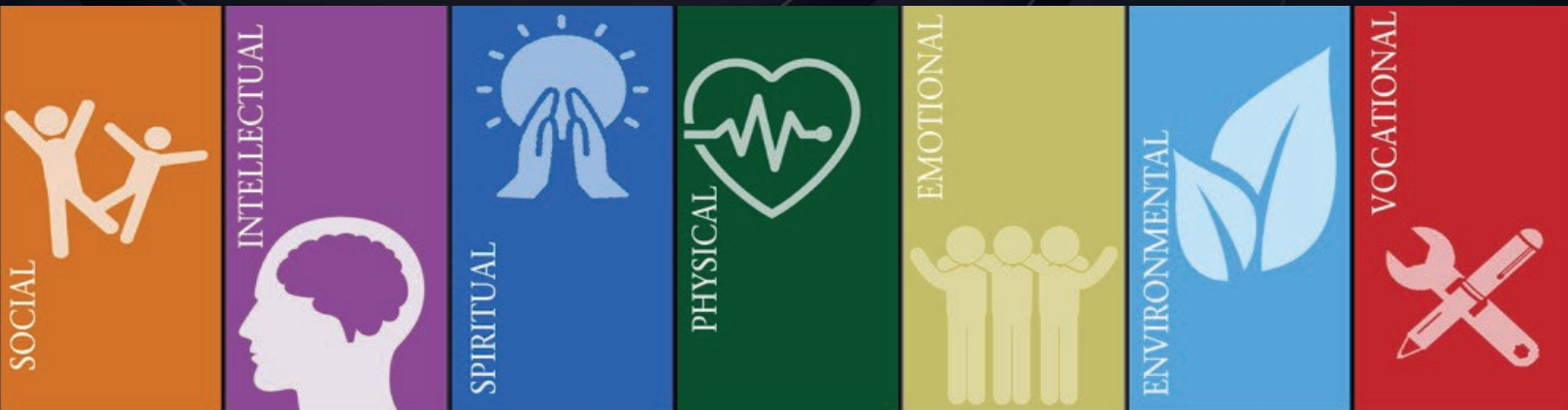
HAPPY NEW YEAR

2025



Providence Place SENIOR LIVING News

Q1: January 2025



A Note from the Executive Director

The Oxford dictionary defines resolution as a firm decision to do or not to do something. Choosing to make a New Year's resolution is a personal decision that can be either simple or complex. Have you set any goals for 2025?

Some common resolutions have to do with health or exercise, but others could include starting a gratitude journal, becoming more mindful, eating more vegetables, trying new foods or new activities. Here at Providence Place we want to help you reach your goals!

Be sure to check out the Community Life events offered and get involved. Perhaps your goal is to join the art class, participate in more exercise programs or help welcome new neighbors.

We are blessed with many wonderful resident volunteers who were recognized last month at a social gathering. Thank you to all our wonderful residents, families and coworkers who help to make Chambersburg Providence Place such an amazing community.

Wishing you all a happy and healthy 2025!

Holly Townsend
Executive Director

Highlighted Events

- 3 - **Antique Roadshow** @ 10am
- 8 - **Dementia Support Group**
@ 6pm - *Connections*
- 11 - **Lunch Outing:** Red Robin
@ 11:30am
- 16 - **Celebration of Life** @ 2pm
- 16 - **Musical Entertainment:**
One Man Marching Band @ 6pm

Resident Birthdays

January

- 1 - Lucille Hopple
- 1 - Rose Horn
- 14 - Mary Ann Campbell
- 18 - Samuel Wenger Jr.
- 20 - Bruce Fischer
- 22 - Sandra Myers
- 29 - Susan Lavery

February

- 7 - Margaret Lawson
- 8 - Madeline Cornelius
- 10 - Phyllis Goetz
- 13 - E. Mae Dagenhart
- 16 - I. Grace Barnes
- 16 - Faye Nicarry
- 21 - Irene Dunkin
- 28 - Patricia Piper
- 29 - Theresa Westergren

March

- 1 - Martha Swink
- 7 - Ruth Springer
- 7 - Donna Gotshall
- 12 - Mary Fisher
- 15 - Virginia Stouffer
- 19 - Faye Cramer
- 25 - Wilma Whetstone
- 31 - Sarah Baker



For Community Life activities, campus events and Providence Place happenings, please follow our Facebook page at www.Facebook.com/ProvPlace.



To sign up to receive this quarterly newsletter and monthly events calendar via email, please contact us to subscribe at Info@Prov-Place.com.



www.Providence-Place.com

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Calendar Key: Pub (P) Café (C), Library (L) Back Lobby (BL) 2nd Floor Activity Room (2A) 3rd Floor Activity Room (3A) 3rd Floor Exercise Room (3E) Private Dining Room (PDR) Out of Building (OOB) Connections (CN) Building Wide (BW)	<h1>THE Club</h1>		1 9:00 Morning Meeting & Gazette (3A) 9:30 Daily Chronicle and Discussion (3A) 10:00 Shopping Trip: Walmart \$\$ (OOB) 10:00 My 2 Cents Game (3A) 1:45 New Year's Trivia (CN) 2:30 Hydration Station (CN) 3:00 Craft: Confetti Catch-All (3A) 6:00 Wednesday Winddown at the Fireplace (BL) New Year's Day	2 9:00 Morning Meeting Flex & Stretch (3A) 10:00 January IQ (3A) 10:00 Helping Hands: Removing Door Décor (HW) 1:15 Day Excursion: Wendy's Frosties (OOB) 1:45 Kitchen Creations: Donut Snowman (CN) 3:00 Mid Week Worship Service (CN) 6:00 Wii Bowling League (3E)	3 9:00 Morning Meeting & Fitness Flow (2A) 9:30 Daily Chronicle and Discussion (2A) 10:00 Providence Place Chambersburg Antique Road Show (2A) 1:30 Walk and Stroll Mail Check (MR) 2:00 Reader's Theater: <i>The Wedding</i> (3A) 3:00 Blind Tasting Popcorn (P) 6:00 Movie Night & Popcorn: <i>As Good As it Gets</i> (3A)	4 9:00 Morning Meeting & Sunrise Zen (3A) 9:30 Daily Chronicle and Discussion (3A) 10:00 Aromatherapy and Nails (3A) 10:00 TV Sitcom Comedy Hour (3A) 1:30 Talk n' Toss Ball (3A) 2:30 Musical Entertainment Featuring Pianist Bryan Herber (2A) 3:00 Card Connect: Uno (3A) 6:00 Card Club: Rummy (2A)
5 9:00 Morning Meeting and Inspirations (3A) 9:30 Daily Chronicle and Discussion (3A) 10:00 Teamwork Toss: Ski Ball (3A) 10:00 Communion with Corpus Christi Church (2A) 11:30 Wine and Dine (DR) 1:30 Walk and Stroll Club (HW) 2:00 Worship Service (2A) 3:00 Game Club: Planet Earth Trivia (3A) 6:00 Resident Run Pinochle (3A)	6 9:00 Morning Meeting & Fitness Flow (3A) 9:30 Daily Chronicle and Discussion (3A) 10:00 Memory Magic (3A) 1:30 Imagery Fitness (3A) 2:00 Prize Bingo (3A) 3:00 Curious Minds Documentary: <i>Our Planet- Frozen Worlds</i> (3A) 6:00 Resident Run Blitz (2A)	7 9:00 Morning Meeting Flex & Stretch (3A) 9:30 Daily Chronicle and Discussion (3A) 10:00 Helping Hands: Folding Towels (3A) 10:30 Searching for January (3A) 1:45 Crafts with Connections: Snowstorm Painting (CN) 2:30 Sip and Taste: Snowball Truffles (CN) 3:00 Lifelong Learning: <i>The Billionaires' Club</i> (3A) 6:00 Wii Bowling for Beginners (3E)	8 9:00 Morning Meeting & Fitness Flow (2A) 9:30 Daily Chronicle and Discussion (2A) 10:00 Shopping Trip: Target \$\$ (OOB) 10:00 Dinning Committee Meeting (2A) 1:15 Day Excursion: Big Oak Café (OOB) 2:00 Tabletop Game: Candyland (CN) 3:00 Can You Picture This? (3A) 6:00 Dementia Care Partner Support Group (CN) 6:00 Resident Run Sequence (2A)	9 9:00 Morning Meeting Flex & Stretch (3A) 9:30 Daily Chronicle and Discussion (3A) 10:00 Brain Games (3A) 1:45 Kitchen Creations: Caramel Apple Nachos (CN) 2:30 Winter Orchard Soiree (CN) 3:00 Mid Week Worship Service (CN) 3:30 Bible Study (CN) 6:00 Wii Bowling League (3E)	10 9:00 Morning Meeting & Fitness Flow (3A) 10:00 Aromatherapy and Nails (3A) 1:30 Walk and Stroll Mail Check (MR) 2:00 Catholic Mass with Corpus Christi Catholic Church (2A) 2:00 Elvis' Blue Shoes Game (3A) 3:00 Fact or Fiction with Cream Cheese Roll Ups (P) 6:00 Movie Night & Popcorn: <i>African Queen</i> (3A)	11 9:00 Morning Meeting & Sunrise Zen (3A) 9:30 Daily Chronicle and Discussion (3A) 10:00 Memory Magic (3A) 1:30 Linda's Movie Matinee: <i>Last of the Mohicans</i> (3A) 2:00 Dot to Dot (P) 3:00 Card Club: Uno (3A) 6:00 Card Club: Rummy (2A)
12 9:00 Morning Meeting and Inspirations (3A) 9:30 Daily Chronicle and Discussion (3A) 10:00 Teamwork Toss: Balloon Ball (3A) 11:30 Wine and Dine (DR) 1:30 Walk and Stroll Club (HW) 2:00 Worship Service (2A) 3:00 Game Club: Po-Ke-No (3A) 6:00 Resident Run Pinochle (3A)	13 9:00 Morning Meeting & Fitness Flow (3A) 9:30 Daily Chronicle and Discussion (3A) 10:00 Prize Memory Magic (3A) 1:30 Imagery Fitness (3A) 2:00 Kindly Canines (Building Wide) 2:00 Prize Bingo (3A) 3:00 <i>Curious Minds Documentary: Ancient Egypt Empire Egypt From Above</i> (3A) 6:00 Resident Run Blitz (2A)	14 9:00 Morning Meeting Flex & Stretch (3A) 9:30 Daily Chronicle and Discussion (3A) 10:00 Helping Hands: Folding Towels (3A) 10:30 Junk Drawer Detective (3A) 1:15 Day Excursion: Country Ride (OOB) 1:45 Crafts with Connections: Homemade Crystals (CN) 3:00 Men's Club: Game Time and Sports Trivia (3A) 6:00 Resident Run Rummikub (2A)	15 9:00 Morning Meeting & Fitness Flow (3A) 9:30 Daily Chronicle and Discussion (3A) 10:00 Shopping Trip: Dollar Tree \$\$ (OOB) 10:00 Polar Bear Plunge Worksheet (3A) 1:30 Blood Pressure Clinic (2A) 2:00 Community Meeting With Department Managers (2A) 3:00 Leading Ladies with Connections (CN) 6:00 Wednesday Winddown at the Fireplace (BL)	16 9:00 Morning Meeting Flex & Stretch (3A) 9:30 Daily Chronicle and Discussion (3A) 10:00 Concentration Puzzles (3A) 1:30 Walk and Stroll (HW) 2:00 Celebration of Life (2A) 3:00 Mid Week Worship Service (CN) 3:30 Bible Study (CN) 6:00 Musical Entertainment Featuring One Man Marching Band, Nick Disanto (2A)	17 9:00 Morning Meeting & Fitness Flow (3A) 9:30 Daily Chronicle and Discussion (3A) 10:00 Memory Magic (3A) 1:30 Walk and Stroll Mail Check (MR) 2:00 January Jeopardy (3A) 3:00 Table Topics with Leah's Cheese Dip (2A) 6:00 Movie Night & Popcorn: <i>Antwone Fischer</i> (3A)	18 9:00 Morning Meeting & Sunrise Zen (3A) 9:30 Daily Chronicle and Discussion (3A) 10:00 Aromatherapy and Nails (3A) 10:00 TV Sitcom Comedy Hour (3A) 1:30 Talk n' Toss Ball (3A) 2:00 Card Connect: Uno (3A) 3:00 Hydration and Finishing Words (3A) 6:00 Card Club: Rummy (2A)
19 9:00 Morning Meeting and Inspirations (3A) 9:30 Daily Chronicle and Discussion (3A) 10:00 Teamwork Toss: Horseshoes (3A) 10:00 Communion with Corpus Christi Church (2A) 11:30 Wine and Dine (DR) 2:00 Worship Service (2A) 3:00 Singing with Chester (3A) 6:00 Resident Run Pinochle (3A)	20 9:00 Morning Meeting & Fitness Flow (3A) 9:30 Daily Chronicle and Discussion (3A) 10:00 Martin Luther Day Puzzles (3A) 1:30 Imagery Fitness (3A) 2:00 Prize Bingo (3A) 3:00 Curious Minds Documentary : <i>MLK the Fight for Civil Rights</i> (3A) 6:00 Resident Run Blitz (2A) Martin Luther King, Jr Day	21 9:00 Morning Meeting Flex & Stretch (3A) 9:30 Daily Chronicle and Discussion (3A) 10:00 Helping Hands: Folding Towels (3A) 10:30 What Am I? Celebrating A Mystery Thing (3A) 1:45 Crafts with Connections: Poinsettia Sponge Art (CN) 2:30 Poinsettias and Penguins Social (CN) 3:00 Coloring Creation: 3D Teacups (3A) 6:00 Wii Bowling for Beginners (3E)	22 9:00 Morning Meeting & Fitness Flow (3A) 9:30 Daily Chronicle and Discussion (3A) 10:00 Shopping Trip: Giant \$\$ (OOB) 10:00 Sharpen Your Senses (3A) 1:15 Day Excursion: Wednesday Windy Knolls (OOB) 2:00 Finish the Phrase with Friends (CN) 3:00 Guess A Word: Winter Edition (3A) 6:30 Gospel Hymns with Spring Valley Mennonite Church (2A)	23 9:00 Yoga with Beth (3E) 9:00 Morning Meeting Flex & Stretch (3A) 10:00 Short Story: <i>The Uninvited Guests</i> (3A) 1:45 Kitchen Creation: Winter Snack Mix (CN) 2:30 Winter Munch and Mingle (CN) 3:00 Mid Week Worship Service (CN) 3:30 Bible Study (CN) 6:00 Wii Bowling League (3E)	24 9:00 Morning Meeting & Fitness Flow (3A) 10:00 Aromatherapy and Nails (3A) 1:30 Walk and Stroll Mail Check (MR) 2:00 Beads Matching & Life Story Interview Game (3A) 3:00 Resident Spotlight Social: Sour Cream Banana Cake (P) 6:00 Movie Night & Popcorn: <i>Angels & Demons</i> (3A)	25 9:00 Morning Meeting & Sunrise Zen (3A) 9:30 Daily Chronicle and Discussion (3A) 10:00 Memory Magic (3A) 1:30 Talk n' Toss Ball (3A) 2:00 Card Connect: Uno (3A) 3:00 Hydration and Finishing Lyrics (3A) 6:00 Card Club: Rummy (2A)
26 9:00 Morning Meeting and Inspirations (3A) 9:30 Daily Chronicle and Discussion (3A) 10:00 Teamwork Toss: Cornhole (3A) 10:00 Communion with Corpus Christi Church (2A) 11:30 Wine and Dine (DR) 1:30 Walk and Stroll Club (HW) 2:00 Worship Service (2A) 3:00 Game Club: Dominoes (3A) 6:00 Resident Run Pinochle (3A)	27 9:00 Morning Meeting & Fitness Flow (3A) 9:30 Daily Chronicle and Discussion (3A) 10:00 Memory Magic (3A) 1:30 Imagery Fitness (3A) 2:00 Prize Bingo (3A) 3:00 Curious Minds Documentary: <i>Badlands America's National Parks</i> (3A) 6:00 Resident Run Blitz (2A)	28 9:00 Morning Meeting Flex & Stretch (3A) 9:30 Daily Chronicle and Discussion (3A) 10:00 Helping Hands: Folding Towels (3A) 10:30 Who Am I? Celebrating A Mystery Person (3A) 1:45 Crafts with Connections: Spiral Spring Snake (CN) 2:30 Sip and Share (CN) 3:00 Art Project: Snowbirds Painting (3A) 6:00 Resident Run Rummikub (2A)	29 9:00 Morning Meeting & Fitness Flow (3A) 9:30 Daily Chronicle and Discussion (3A) 10:00 Shopping Trip: TJ Max \$\$ (OOB) 10:00 Picture It: Can You See the Big Picture? (3A) 1:15 Day Excursion: Caledonia Café (OOB) 2:00 Guess a Letter: Winter Edition (CN) 3:00 The Golden Journey (3A) 6:00 Wednesday Winddown at the Fireplace (BL)	30 9:00 Morning Meeting Flex & Stretch (3A) 9:30 Daily Chronicle and Discussion (3A) 10:00 Chinese New Year: Are You a Snake? (3A) 1:45 Kitchen Creations: Penguin Cupcakes (CN) 2:30 Penguin Palooza Party (CN) 3:00 Mid Week Worship Service (CN) 3:30 Bible Study (CN) 6:00 Wii Bowling League (3E)	31 9:00 Morning Meeting & Fitness Flow (3A) 9:30 Daily Chronicle and Discussion (3A) 10:00 Memory Magic (3A) 1:00 Ed-U Music with Jay Smar (2A) 2:00 Sit & Fit: Balloon Ball (3A) 3:00 Dress to Impress: Snowball Social (P) 6:00 Movie Night & Popcorn: <i>Dreamer</i> (3A)	<h1>January 2025</h1>