

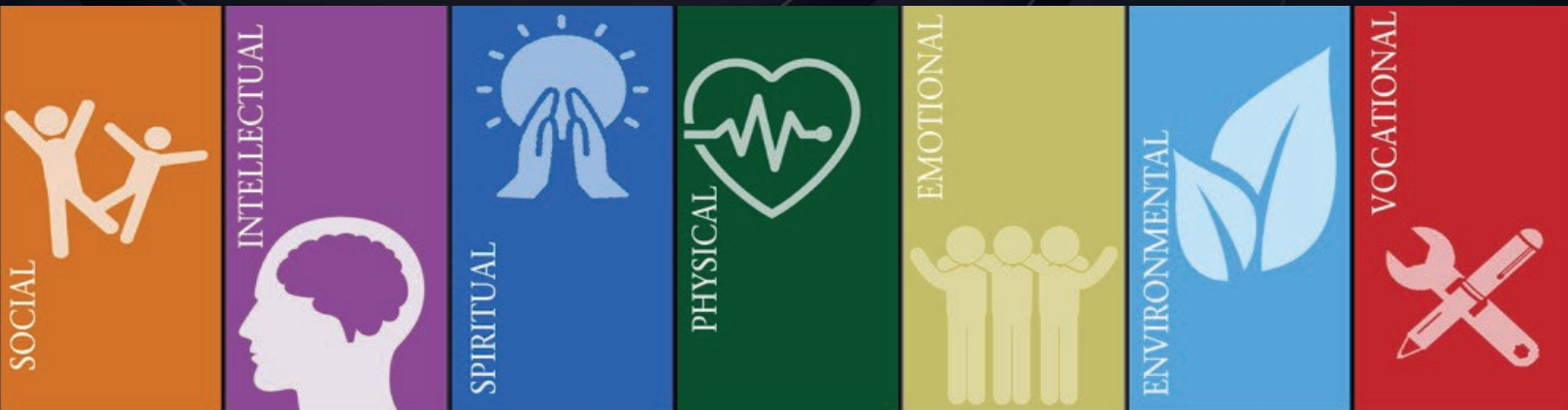
HAPPY NEW YEAR

2025



Providence Place SENIOR LIVING News

Q1: January 2025



A Note from the Executive Director

The Oxford dictionary defines resolution as a firm decision to do or not to do something. Choosing to make a New Year's resolution is a personal decision that can be either simple or complex. Have you set any goals for 2025?

Some common resolutions have to do with health or exercise, but others could include starting a gratitude journal, becoming more mindful, eating more vegetables, trying new foods or new activities. Here at Providence Place we want to help you reach your goals!

Be sure to check out the Community Life events offered and get involved. Perhaps your goal is to join the art class, participate in more exercise programs or help welcome new neighbors.

We are blessed with many wonderful resident volunteers who were recognized last month at a social gathering. Thank you to all our wonderful residents, families and coworkers who help to make Chambersburg Providence Place such an amazing community.

Wishing you all a happy and healthy 2025!

Holly Townsend
Executive Director

Highlighted Events

- 3 - **Antique Roadshow** @ 10am
- 8 - **Dementia Support Group**
@ 6pm - *Connections*
- 11 - **Lunch Outing:** Red Robin
@ 11:30am
- 16 - **Celebration of Life** @ 2pm
- 16 - **Musical Entertainment:**
One Man Marching Band @ 6pm

Resident Birthdays

January

- 1 - Lucille Hopple
- 1 - Rose Horn
- 14 - Mary Ann Campbell
- 18 - Samuel Wenger Jr.
- 20 - Bruce Fischer
- 22 - Sandra Myers
- 29 - Susan Lavery

February

- 7 - Margaret Lawson
- 8 - Madeline Cornelius
- 10 - Phyllis Goetz
- 13 - E. Mae Dagenhart
- 16 - I. Grace Barnes
- 16 - Faye Nicarry
- 21 - Irene Dunkin
- 28 - Patricia Piper
- 29 - Theresa Westergren

March

- 1 - Martha Swink
- 7 - Ruth Springer
- 7 - Donna Gotshall
- 12 - Mary Fisher
- 15 - Virginia Stouffer
- 19 - Faye Cramer
- 25 - Wilma Whetstone
- 31 - Sarah Baker




For Community Life activities, campus events and Providence Place happenings, please follow our Facebook page at www.Facebook.com/ProvPlace.



To sign up to receive this quarterly newsletter and monthly events calendar via email, please contact us to subscribe at Info@Prov-Place.com.



www.Providence-Place.com

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Calendar Key: Pub (P) Café (C), Library (L) Back Lobby (BL) 2nd Floor Activity Room (2A) 3rd Floor Activity Room (3A) 3rd Floor Exercise Room (3E) Private Dining Room (PDR) Out of Building (OOB) Connections (CN) Building Wide (BW) **Registration Required, \$\$ Cost Involved			New Year's Day 1 9:00 Seated Weights with Leah (3E) 10:00 Circle of Friends (PDR) 1:30 Year 2025 Predictions and Wishes Time Capsule (P) 2:00 Cooking Creation: Caramel Corn (C) 2:00 Men's Club with Chaplain Rick (P) 3:00 Brave New Year Social (P) 6:00 Wednesday Winddown at the Fireplace (BL)	2 9:00 Balance & Action (3E) 10:00 Our Journey Together (PDR) 10:00 Move to Music (BL) 1:30 Art Exploration: Mixed Media (C) 2:00 Mid Week Worship Service (2A) 2:00 Un- Deck the Halls (BL) 3:00 Bible Study (PDR) 6:00 Wii Bowling League (3E)	3 9:00 New Year, New You, New Exercise with Leah (3E) 10:00 Bible Study with Sharon (PDR) 10:00 Providence Place Chambersburg Antique Road Show (2A) 2:00 Helping Hands: Resetting the Hallways (BL) 3:00 Blind Tasting: Popcorn (P) 6:00 Movie & Popcorn: <i>As Good As it Gets</i> (3A)	4 9:00 Light & Lively Exercise (3E) 9:30 National Trivia Day Trivia (L) 10:00 Nickel Bingo \$\$ (2A) 2:00 Community Outreach: Coupons for Troops (C) 2:30 Musical Entertainment Featuring Pianist Bryan Herber (2A) 3:00 Scrabble Club (C) 6:00 Resident Run Rummy (2A)
5 9:00 Light & Lively Exercise (3E) 9:30 Puzzling Puzzles Handout (L) 10:00 Polish and Paint Nail Service (BL) 10:00 Communion with Corpus Christi Church (2A) 11:30 Wine and Dine (DR) 2:00 Worship Service (2A) 3:00 Chocolate Coke Social (C) 3:00 Mexican Train Dominoes Club (C) 6:00 Resident Run Pinochle (3A)	6 9:00 Light & Lively Exercise (3E) 9:30 Who, What, Where? Who Am I? (L) 10:00 New Neighbor Orientation (C) 1:30 Balance & Action (3E) 2:00 Prize Bingo (3A) 2:00 Horseshoes or Ladder Ball (3E) 3:00 Curious Minds Documentary: <i>Our Planet- Frozen Worlds</i> (2A) 6:00 Resident Run Blitz (2A)	7 9:00 Sit & Be Fit Exercise (3E) 9:00 Shopping Trip: Walmart **\$(OOB) 10:00 New Neighbor Building Tour (FL) 1:30 Balance & Action (3E) 1:30 Acrylic Canvas Paintings (C) 2:00 Cooking Creation: Cream Cheese Roll Ups (C) 3:00 Tundra Facts to Learn (P) 6:00 Resident Run Rummikub (2A) 6:00 Wii Bowling for Beginners (3E)	8 9:00 Seated Weights with Leah (3E) 10:00 Dining Committee Meeting (2A) 10:00 Circle of Friends (PDR) 2:00 Jeopardy! (2A) 2:00 Billiards (3E) 3:00 Spiritual Life Planning Mtg. (2A) 6:00 Dementia Care Partner Support Group (CN) 6:00 Resident Run Sequence (2A)	9 9:00 Yoga with Beth (3E) 10:00 Our Journey Together (PDR) 10:00 Destination Discovery: <i>Tomb Raiders, The Lost Treasures of Egypt</i> (3A) 1:30 Art Exploration: Mixed Media (C) 2:00 Mid Week Worship Service (2A) 3:00 Bible Study (PDR) 6:00 Wii Bowling League (3E)	10 9:00 Light & Lively Exercise (3E) 10:00 Spilling the Tea with Your New Neighbors (P) 2:00 Catholic Mass with Corpus Christi Catholic Church (2A) 2:00 Billard's (3E) 3:00 Fact or Fiction with Cream Cheese Roll Ups (P) 6:00 Movie & Popcorn: <i>African Queen</i> (3A)	11 9:00 Light & Lively Exercise (3E) 9:30 Community Outreach: Coupons for Troops (C) 10:00 Nickel Bingo \$\$ (2A) 11:30 Lunch Out: Red Robin **\$(OOB) 2:00 Personal Device Technical Support Assistance (P) 3:00 Musical Entertainment With the Gospel Strings (2A) 3:00 Scrabble Club (C) 6:00 Resident Run Rummy (2A)
12 9:00 Light & Lively Exercise (3E) 9:30 Trivia Handout (L) 10:00 Polish and Paint Nail Service (BL) 10:00 Communion with Corpus Christi Church (2A) 11:30 Wine and Dine (DR) 2:00 Worship Service (2A) 3:00 Hot Cocoa Social (C) 3:00 Mexican Train Dominoes Club (C) 6:00 Resident Run Pinochle (3A)	13 9:00 Light & Lively Exercise (3E) 9:30 Destination Travel: Oxford, England (L) 10:00 Community Life Planning Mtg. (P) 1:30 Balance & Action (3E) 2:00 Kindly Canines (Building Wide) 2:00 Prize Bingo (3A) 3:00 Curious Minds Documentary: <i>Ancient Egypt Empire Egypt From Above</i> (2A) 6:00 Resident Run Blitz (2A)	14 9:00 Sit & Be Fit Exercise (3E) 9:30 Shopping Trip: Hobby Lobby **\$(OOB) 10:00 Talent Show Planning Meeting (P) 11:30 Franklin County Library Bookmobile (LD) 1:30 Acrylic Canvas Paintings (C) 2:00 Charades (P) 3:00 Interesting Facts About Egypt (P) 6:00 Resident Run Rummikub (2A)	15 9:00 Seated Weights with Leah (3E) 10:00 Circle of Friends (PDR) 11:00 Local Fares: Natura Asian Cuisine **\$(OOB) 1:30 Blood Pressure Clinic (2A) 2:00 Community Meeting with Department Managers (2A) 3:00 Coping with Loneliness (PDR) 6:00 Wednesday Winddown at the Fireplace (BL)	16 9:00 Balance & Action (3E) 10:00 Our Journey Together (PDR) 10:00 Move to Music (BL) 1:30 Art Exploration: Mixed Media (C) 2:00 Celebration of Life (2A) 3:00 Bible Study (PDR) 6:00 Wii Bowling League (3E) 6:00 Musical Entertainment Featuring One Man Marching Band, Nick Disanto (2A)	17 9:00 New Year, New You, New Exercise with Leah (3E) 10:00 Bible Study with Sharon (PDR) 10:00 Ed-U Wellness w/ Kelsey From Bayada Home Healthcare (2A) 1:00 Workout with Julie From Powerback Rehabilitation (3E) 2:00 Uno Club (P) 3:00 Table Topics with Leah's Cheese Dip (2A) 6:00 Movie & Popcorn: <i>Antwone Fischer</i> (3A)	18 9:00 Light & Lively Exercise (3E) 9:30 Community Outreach: Coupons for Troops (C) 10:00 Cooking Creation: Pecan Pies (C) 2:00 Nickel Bingo \$\$ (2A) 3:00 Scrabble Club (C) 6:00 Resident Run Rummy (2A)
19 9:00 Light & Lively Exercise (3E) 9:30 Wacky Wordie Handout (L) 10:00 Polish and Paint Nail Service (BL) 10:00 Communion with Corpus Christi Church (2A) 11:30 Wine and Dine (DR) 2:00 Worship Service (2A) 3:00 Honoring MLK, Jr. with Pecan Pie Social (C) 3:00 Mexican Train Dominoes Club (C) 6:00 Resident Run Pinochle (3A)	20 9:00 Light & Lively Exercise (3E) 9:30 Who, What, Where? Who Am I? (L) 10:00 Birthday Gang Committee Mtg. (L) 1:30 Balance & Action (3E) 2:00 Prize Bingo (3A) 2:00 Billard's (3E) 3:00 Curious Minds Documentary : <i>MLK the Fight for Civil Rights</i> (3A) 6:00 Resident Run Blitz (2A) Martin Luther King, Jr Day	21 9:00 Sit & Be Fit Exercise (3E) 9:30 Shopping Trip: Target and 5 Below **\$(OOB) 10:00 Talent Show Registration (BL) 1:30 Balance & Action (3E) 1:30 Acrylic Canvas Paintings (C) 2:00 Open Mic Group Karaoke (P) 3:00 Civil Rights Movement Trivia (P) 6:00 Resident Run Rummikub (2A) 6:00 Wii Bowling for Beginners (3E)	22 9:00 Seated Weights with Leah (3E) 10:00 Crafting Creation: Pipe Cleaner Valentines Flowers (C) 10:00 Circle of Friends (PDR) 2:00 Rosary with Corpus Christi (2A) 2:00 Cooking Creation: Sour Cream Banana Cake (C) 3:00 Coping with Loneliness (PDR) 6:30 Gospel Hymns with Spring Valley Mennonite Church (2A)	23 9:00 Yoga with Beth (3E) 10:00 Our Journey Together (PDR) 10:00 Move to Music (BL) 1:30 Art Exploration: Mixed Media (C) 2:00 Mid Week Worship Service (2A) 3:00 National Pie Day Social (P) 3:00 Bible Study (PDR) 6:00 Wii Bowling League (3E)	24 9:00 Light & Lively Exercise (3E) 9:30 Ed-U: The Billionaires Club (P) 10:00 Community Outreach: Dog Treats For the Animal Shelter (C) 2:00 Hallway Bowling (3E) 3:00 Resident Spotlight Social with Sour Cream Banana Cake (P) 6:00 Movie & Popcorn: <i>Angels & Demons</i> (3A)	25 9:00 Light & Lively Exercise (3E) 9:30 Community Outreach: Coupons for Troops (C) 11:30 Local Fares: Cracker Barrel **\$(OOB) 10:00 Personal Device Technical Support Assistance (P) 2:00 Nickel Bingo \$\$ (2A) 3:00 Scrabble Club (C) 6:00 Resident Run Rummy (2A)
26 9:00 Light & Lively Exercise (3E) 9:30 Magazine Kiosk (L) 10:00 Polish and Paint Nail Service (BL) 10:00 Communion with Corpus Christi Church (2A) 11:30 Wine and Dine (DR) 2:00 Worship Service (2A) 3:00 Butterfly Pea Tea Social (C) 3:00 Mexican Train Dominoes Club (C) 6:00 Resident Run Pinochle (3A)	27 9:00 Light & Lively Exercise (3E) 9:30 Humor Spotlight: Mail Order Outfit Madlib (L) 10:00 New Neighbor Orientation (C) 1:30 Balance & Action (3E) 2:00 Prize Bingo (3A) 2:00 Ladder Ball or Corn Hole (3E) 3:00 Curious Minds Documentary: <i>Badlands America's National Parks</i> (2A) 6:00 Resident Run Blitz (2A)	28 9:00 Sit & Be Fit Exercise (3E) 9:30 Shopping Trip: Dollar Tree **\$(OOB) 10:00 New Neighbor Building Tour (FL) 1:30 Balance & Action (3E) 1:30 Acrylic Canvas Paintings (C) 2:00 Interesting Badlands Facts (P) 3:00 Resident Tales: National Parks (P) 6:00 Resident Run Rummikub (2A) 6:00 Wii Bowling for Beginners (3E)	29 9:00 Seated Weights with Leah (3E) 10:00 Circle of Friends (PDR) 10:00 Crafting Creation: Pipe Cleaner Valentines Flowers (C) 2:00 Cooking Creation: Snowballs (C) 3:00 Coping with Loneliness (PDR) 3:00 Coffee and Conversations (P) 6:00 Wednesday Winddown at the Fireplace (BL)	30 9:00 Balance & Action (3E) 10:00 Our Journey Together (PDR) 10:00 PA Dutch Market **\$(OOB) 1:30 Art Exploration: Mixed Media (C) 2:00 Mid Week Worship Service (2A) 3:00 Bible Study (PDR) 3:00 National Vacation Day: Reminiscing Our Favorite Vacations With Stories and Photos (P) 6:00 Wii Bowling League (3E)	31 9:00 New Year, New You, New Exercise with Leah (3E) 10:00 Design Club: Snowball Social (P) 1:00 Ed-U Musical Presentation with Jay Smar (2A) 2:00 Short Story Series 1 (P) 3:00 Dress to Impress: Snowball Social (P) 6:00 Movie & Popcorn: <i>Dreamer</i> (3A)	<h1>January</h1> <h1>2025</h1>