



# ★ FEBRUARY ★ AMERICAN HEART MONTH



## Resident Birthdays

### February

- 7 - Margaret Lawson
- 8 - Madeline Cornelius
- 10 - Phyllis Goetz
- 13 - E. Mae Dagenhart
- 16 - I. Grace Barnes
- 16 - Faye Nicarry
- 21 - Irene Dunkin
- 28 - Patricia Piper
- 28 - Nila Casbohm
- 29 - Theresa Westergren

### March

- 1 - Martha Swink
- 7 - Ruth Springer
- 7 - Donna Gotshall
- 12 - Mary Fisher
- 15 - Virginia Stouffer
- 19 - Faye Cramer
- 25 - Wilma Whetstone
- 31 - Sarah Baker

## A Note from the Executive Director

The Oxford dictionary defines resolution as a firm decision to do or not to do something. Choosing to make a New Year's resolution is a personal decision that can be either simple or complex. Have you set any goals for 2025?

Some common resolutions have to do with health or exercise, but others could include starting a gratitude journal, becoming more mindful, eating more vegetables, trying new foods or new activities. Here at Providence Place we want to help you reach your goals!

Be sure to check out the Community Life events offered and get involved. Perhaps your goal is to join the art class, participate in more exercise programs or help welcome new neighbors.

We are blessed with many wonderful resident volunteers who were recognized last month at a social gathering. Thank you to all our wonderful residents, families and coworkers who help to make Chambersburg Providence Place such an amazing community.

Please keep your eyes out for your annual tax letter in the monthly billings - if you have any questions, please connect with our office manager.

Wishing you all a happy and healthy 2025!

*Holly Townsend*  
Executive Director

## Highlighted Events

- 12 - **Dementia Support Group**  
@ 6pm - *Connections*
- 14 - **Valentine's Day Dinner**  
Entertainment with Guest Take Two
- 16 - **Luhrs Center Outing:**  
Canine Stars @ 12pm
- 23 - **Land of Oz Special Event**  
Wicked + Lunch @ 10am
- 26 - **Variety Talent Show**  
@ 2pm

## Welcome New Residents

- Ruth Killian
- Mary Lou Bookheimer
- Nila Casbohm




For Community Life activities, campus events and Providence Place happenings, please follow our Facebook page at [www.Facebook.com/ProvPlace](http://www.Facebook.com/ProvPlace).



To sign up to receive this quarterly newsletter and monthly events calendar via email, please contact us to subscribe at [Info@Prov-Place.com](mailto:Info@Prov-Place.com).



[www.Providence-Place.com](http://www.Providence-Place.com)

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<h1>February</h1> <h2>2025</h2>						<p>1</p> <p>9:00 Light &amp; Lively Exercise (3E) 9:30 Community Outreach: Coupons for Troops ( C ) 10:00 Cooking Creation: Groundhog Cupcakes ( C ) 1:30 Stair Stepper Exercise (3E) 2:00 Nickel Bingo \$(2A) 3:00 Game Club: Scrabble ( C ) 6:00 Card Club: Rummy (2A)</p>
2	3	4	5	6	7	8
<p>9:00 Light &amp; Lively Exercise (3E) 9:30 Puzzling Puzzles Handout (L) 10:00 Polish and Paint Nail Service (BL) 10:00 Communion with Corpus Christi Church (2A) 11:30 Wine and Dine (DR) 2:00 Worship Service (2A) 3:00 Groundhog Cupcakes (P) 6:00 Resident Run Pinochle (3A)</p>	<p>9:00 Light &amp; Lively Exercise (3E) 9:30 Who, What, Where? Who Am I? (L) 10:00 New Neighbor Orientation ( C ) 1:30 Balance &amp; Action (3E) 2:00 Prize Bingo (3A) 3:00 Curious Minds: <i>The Great Migration How 6 Million African Americans Escaped Jim Crow</i> (2A) 6:00 Resident Run Blitz (2A)</p>	<p>9:00 Sit &amp; Be Fit Exercise (3E) 9:00 Shopping Trip: Walmart **\$(OOB) 10:00 New Neighbor Building Tour (FL) 1:30 Balance &amp; Action (3E) 1:30 Acrylic Canvas Paintings ( C ) 2:00 Musical Entertainment with Jim, Chris and Friends (2A) 3:00 Civil Rights Trivia (P) 6:00 Resident Run Rummikub (2A) 6:00 Wii Bowling for Beginners (3E)</p>	<p>9:00 Seated Weights with Leah (3E) 10:00 Circle of Friends with Chaplain Rick (PDR) 10:00 Design Club: Valentines Centerpieces For Dining (DR) 2:00 Jeopardy! (2A) 3:00 Never Have I Ever with Pink Drinks ( C ) 3:00 Men's Club with Chaplain Rick (P) 6:00 Wednesday Winddown at the Fireplace (BL)</p>	<p>9:00 Fit Arms Tightening &amp; Strength Exercise (3E) 10:00 Move 2 Music With Leah (BL) 10:00 Our Journey Together (PDR) 1:30 Balance &amp; Action (3E) 1:30 Art Exploration: Mixed Media ( C ) 2:00 Mid Week Worship Service (2A) 3:00 Bible Study (PDR) 3:00 Musical Ball Toss (P) 6:00 Wii Bowling League (3E)</p>	<p>9:00 Light &amp; Lively Exercise (3E) 10:00 Providence Place Chambersburg Antique Road Show (2A) 10:00 Bible Study with Sharon (PDR) 2:00 Catholic Mass with Corpus Christi Catholic Church (2A) 3:00 Chocolate Blind Tasting (P) 6:00 Movie &amp; Popcorn: <i>Apollo 13</i> (3A)</p>	<p>9:00 Light &amp; Lively Exercise (3E) 9:30 Community Outreach: Coupons for Troops ( C ) 10:00 Personal Device Technical Support Assistance (P) 1:30 Stair Stepper Exercise (3E) 2:00 Nickel Bingo \$(2A) 3:00 Game Club: Scrabble ( C ) 6:00 Card Club: Rummy (2A)</p>
9	10	11	12	13	14	15
<p>9:00 Light &amp; Lively Exercise (3E) 9:30 Trivia Handout (L) 10:00 Polish and Paint Nail Service (BL) 10:00 Communion with Corpus Christi Church (2A) 11:30 Wine and Dine (DR) 2:00 Worship Service (2A) 3:00 Orange Floats and Dominoes ( C ) 6:00 Resident Run Pinochle (3A) 6:30 Superbowl LIV (P)</p>	<p>9:00 Light &amp; Lively Exercise (3E) 9:30 Destination Travel: Dubai, United Arab Emirates (L) 10:00 Prize Bingo (2A) 2:00 Wandering Woodcrafts with Amber ** (CN) 3:00 Curious Minds: <i>Shakespeare - The Greatest Playwright in History Part 1</i> (3A) 6:00 Resident Run Blitz (2A)</p>	<p>9:30 Shopping Trip: TJ Maxx and/or Ollies **\$(OOB) 10:00 Variety Talent Show Rehearsal (2A) 11:00 Franklin Co. Library Bookmobile (LD) 1:30 Acrylic Canvas Paintings ( C ) 2:00 Curious Minds: <i>Shakespeare - The Greatest Playwright in History Part 2</i> (3A) 3:00 Shakespeare Trivia (P) 6:00 Resident Run Rummikub (2A)</p>	<p>9:00 Seated Weights with Leah (3E) 10:00 Dining Committee Meeting (2A) 10:00 Circle of Friends with Chaplain Rick (PDR) 2:00 Cooking Creation: Cheesecakes ( C ) 2:00 Valentines Message Grams (P) 3:00 Spiritual Life Planning Meeting (2A) 6:00 Dementia Care Partner Support Group (CN) 6:00 Resident Run Sequence (2A)</p>	<p>9:00 Yoga with Beth (3E) 10:00 Our Journey Together (PDR) 10:00 Design Club: Valentines Day (P) 1:30 Balance &amp; Action (3E) 1:30 Art Exploration: Mixed Media ( C ) 2:00 Mid Week Worship Service (2A) 3:00 Poetry Reading (P) 3:00 Bible Study (PDR) 6:00 Wii Bowling League (3E)</p>	<p>Valentine's Day</p>	<p>9:00 Seated Weights with Leah (3E) 10:00 Bible Study with Sharon (PDR) 10:00 Ed-U Wellness with Bayada Home Healthcare (2A) 1:00 Valentines Grams Door Delivery (BL) 2:00 Entertainment Featuring Rock N Roll Tom Shultz (CN) 3:00 Sweet Treats with Sweeter Friends (P) 6:00 Movie &amp; Popcorn: <i>Surprised by Love</i> (3A)</p>
16	17	18	19	20	21	22
<p>9:00 Light &amp; Lively Exercise (3E) 10:00 Polish and Paint Nail Service (BL) 10:00 Communion with Corpus Christi Church (2A) 12:00 The Canine Stars at The Luhrs Center **\$(OOB) 1:00 Hymns with St. Johns Praise Team (2A) 2:00 Worship Service (2A) 3:00 Mexican Train Dominoes Club ( C ) 6:00 Resident Run Pinochle (3A)</p>	<p>Presidents' Day</p>	<p>9:00 Sit &amp; Be Fit Exercise (3E) 9:30 Shopping Trip: Butcher Shoppe **\$(OOB) 10:00 Variety Talent Show Rehearsal (2A) 1:30 Acrylic Canvas Paintings ( C ) 2:00 <i>Hail to the Chief</i> History (P) 3:00 Trivia: Presidents (P) 6:00 Resident Run Rummikub (2A) 6:00 Wii Bowling for Beginners (3E)</p>	<p>9:00 Seated Weights with Leah (3E) 10:00 Circle of Friends with Chaplain Rick (PDR) 11:00 Local Fares: Aki **\$(OOB) 1:30 Blood Pressure Clinic (2A) 2:00 Community Meeting w/ Department Managers (2A) 3:00 Bible Trivia (PDR) 3:00 Coffee &amp; Conversations (P) 6:00 Wednesday Fireplace Winddown (BL)</p>	<p>9:00 Fit Arms Tightening &amp; Strength Exercise (3E) 10:00 Our Journey Together (PDR) 1:30 Balance &amp; Action (3E) 1:30 Art Exploration: Mixed Media ( C ) 2:00 Mid Week Worship Service (2A) 3:00 Bible Study (PDR) 3:00 Charades (P) 6:00 Wii Bowling League (3E)</p>	<p>9:00 Light &amp; Lively Exercise (3E) 10:00 Cooking Creation: Bite Size Italian Wraps ( C ) 1:30 Balance &amp; Action (3E) 2:00 Learning How to Play Banana Grams ( C ) 3:00 Fact or Fiction with Italian Wraps (P) 6:00 Movie &amp; Popcorn: <i>Anger Management</i> (3A)</p>	<p>9:00 Light &amp; Lively Exercise (3E) 9:30 Community Outreach: Coupons for Troops ( C ) 10:00 Personal Device Technical Support Assistance (P) 11:30 Local Fares: The Velvet Café **\$(OOB) 2:00 Nickel Bingo \$(2A) 3:00 Game Club: Scrabble ( C ) 6:00 Card Club: Rummy (2A)</p>
23	24	25	26	27	28	<p><b>Calendar Key:</b> Pub (P) Café (C), Library (L) Back Lobby (BL) 2nd Floor Activity Room (2A) 3rd Floor Activity Room (3A) 3rd Floor Exercise Room (3E) Private Dining Room (PDR) Out of Building (OOB) Connections (CN) Building Wide (BW)</p>
<p>9:00 Light &amp; Lively Exercise (3E) 9:30 Magazine Kiosk (L) 10:00 Land of OZ Special Event: Exclusive <i>Wicked</i> Showing ** (3A) (Lunch Included) 10:00 Communion with Corpus Christi Church (2A) 2:00 Worship Service (2A) 3:00 Sweet and Sour Taste Test ( C ) 3:00 Mexican Train Dominoes Club ( C ) 6:00 Resident Run Pinochle (3A)</p>	<p>9:00 Light &amp; Lively Exercise (3E) 9:30 Traveling the Underground Railroad (2A) 10:00 New Neighbor Orientation ( C ) 2:00 Prize Bingo (2A) 2:00 Walk and Wonder the Halls (BW) 3:00 Curious Minds: <i>Cat Tales</i> (2A) 6:00 Resident Run Blitz (2A)</p>	<p>9:00 Sit &amp; Be Fit Exercise (3E) 9:30 Shopping Trip: Dollar Tree **\$(OOB) 10:00 Variety Talent Show Rehearsal (CN) 1:30 Acrylic Canvas Paintings ( C ) 2:00 State Park: <i>The Everglades</i> (3A) 3:00 Everglade Trivia (P) 6:00 Resident Run Rummikub (2A) 6:00 Wii Bowling for Beginners (3E)</p>	<p>9:00 Seated Weights with Leah (3E) 10:00 Circle of Friends w/Chap. Rick (PDR) 11:00 Local Fares: Bonanza Buffet **\$(OOB) 2:00 Rosary with Corpus Christi Catholic Church (2A) 2:00 Resident &amp; Coworker Talent Show (CN) 3:00 Variety Talent Show After Party (CN) 6:30 Gospel Hymns with Spring Valley Mennonite Church (2A)</p>	<p>9:00 Yoga with Beth (3E) 10:00 Our Journey Together (PDR) 1:30 Balance &amp; Action (3E) 1:30 Art Exploration: Mixed Media ( C ) 2:00 Mid Week Worship Service (2A) 3:00 Bible Study (PDR) 6:00 Wii Bowling League (3E) 6:00 Valentine Show Featuring Shayne Carmack (2A)</p>	<p>9:00 Seated Weights with Leah (3E) 10:00 Cooking Creation: Pigs In a Blanket ( C ) 1:30 Balance &amp; Action (3E) 2:00 Tree Family Piggies (CN) 2:00 Billiards (3E) 3:00 Piggy Pig Social (CN) 6:00 Movie &amp; Popcorn: <i>A Beautiful Mind</i> (3A)</p>	