


SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						<p>1</p> <p>6:00 Activities of Daily Living 8:00 Breakfast 9:30 Morning Meet Up: Daily Chronicle and Devotional 10:00 Choose Your Own Exercise 10:30 Mid-Morning Mind Crunch 11:00 Discussing the Day Ahead 11:30 Lunch 1:30 Musical Memories with Bryan Herber 2:30 Hydration Station 3:00 Bird Matching Game and Trivia 4:00 Dinner 5:00 Cute and Cuddly Animals 7:00 Evening Wind Down</p>
<p>2</p> <p>6:00 Activities of Daily Living 8:00 Breakfast 9:30 Morning Meet Up: Daily Chronicle and Devotional 10:00 Create Your Own Story 10:30 Chair Yoga 11:00 Discussing the Day Ahead 11:30 Lunch 1:30 Fat Tuesday Fill In 2:30 Mocktail Happy Hour: Whipped Kool Aid 3:00 Worship Service 4:00 Dinner 5:00 Cozy Conversations 7:00 Evening Wind Down</p>	<p>3</p> <p>6:00 Activities of Daily Living 8:00 Breakfast 9:30 Morning Meet Up: Daily Chronicle and Devotional 10:00 Lots o' Leg Exercise 10:30 Mid-Morning Mind Crunch 11:00 Discussing the Day Ahead 11:30 Lunch 1:30 Scent Detective 2:30 Memory Café 3:00 Sunshine Club 4:00 Dinner 5:00 Classic TV 7:00 Evening Wind Down</p>	<p>4</p> <p>6:00 Activities of Daily Living 8:00 Breakfast 9:30 Morning Meet Up: Daily Chronicle and Devotional 10:00 Ab-solutely Solid Core Workout 10:30 Shake and Shimmy Music Therapy 11:00 Morning March 11:30 Lunch 1:45 Crafts with Club: Mardi Gras Masks 2:30 Air Fryer Doughnuts with Amberlee 3:00 Sunny Self Care 4:00 Dinner 5:00 International Adventures 7:00 Evening Wind Down</p> <p>Fat Tuesday/Mardi Gras</p>	<p>5</p> <p>6:00 Activities of Daily Living 8:00 Breakfast 9:30 Morning Meet Up: Daily Chronicle and Devotional 10:00 Stretch Away the Stress 10:30 Mid Morning Mind Crunch 11:30 Lunch 1:15 Day Excursion: Shippensburg Wendy's Frosties 2:00 Friendly Feud with Club 2:30 Refreshments with Friends 3:00 Leading Ladies: Hymns and Bible Study with Patti 4:00 Dinner 5:00 Calming Nature Livestreams 7:00 Evening Wind Down</p> <p>Ash Wednesday</p>	<p>6</p> <p>6:00 Activities of Daily Living 8:00 Breakfast 9:30 Morning Meet Up: Daily Chronicle and Devotional 10:00 Mobility in Motion 10:30 Mid Morning Mind Crunch 11:00 Morning March 11:30 Lunch 1:45 Kitchen Creations with Club: Bagel Bar 2:30 Bagel and Beats Bash 3:00 Midweek Worship Service 4:00 Dinner 5:00 Retro Radio 7:00 Evening Wind Down</p>	<p>7</p> <p>6:00 Activities of Daily Living 8:00 Breakfast 9:30 Morning Meet Up: Daily Chronicle and Devotional 10:00 Easy Arm Exercises 10:30 Mid-Morning Mind Crunch 11:00 Discussing the Day Ahead 11:30 Lunch 1:30 Match the Color Brain Game 2:00 Violin Performance by Heidi from Grane Hospice 2:30 Memory Café 3:00 Balloon Volleyball League 4:00 Dinner 5:00 Relaxing Reading 7:00 Evening Wind Down</p>	<p>8</p> <p>6:00 Activities of Daily Living 8:00 Breakfast 9:30 Morning Meet Up: Daily Chronicle and Devotional 10:00 Choose Your Own Exercise 10:30 Mid-Morning Mind Crunch 11:00 Discussing the Day Ahead 11:30 Lunch 1:30 Finish the Song Lyric 2:30 Hydration Station 3:00 Hot Potato with Conversation Ball 4:00 Dinner 5:00 Cute and Cuddly Animals 7:00 Evening Wind Down</p>
<p>9</p> <p>6:00 Activities of Daily Living 8:00 Breakfast 9:30 Morning Meet Up: Daily Chronicle and Devotional 10:00 Create Your Own Story 10:30 Chair Yoga 11:00 Discussing the Day Ahead 11:30 Lunch 1:30 March Madness Color by Number 2:30 Mocktail Happy Hour: Shirley Temples 3:00 Worship Service 4:00 Dinner 5:00 Cozy Conversations 7:00 Evening Wind Down</p> <p>Daylight Savings</p>	<p>10</p> <p>6:00 Activities of Daily Living 8:00 Breakfast 9:30 Morning Meet Up: Daily Chronicle and Devotional 10:00 Lots o' Leg Exercise 10:30 Mid-Morning Mind Crunch 11:00 Discussing the Day Ahead 11:30 Lunch 1:30 Paper Shamrock Door Décor 2:30 Memory Café 3:00 Sunshine Club 4:00 Dinner 5:00 Classic TV 7:00 Evening Wind Down</p>	<p>11</p> <p>6:00 Activities of Daily Living 8:00 Breakfast 9:30 Morning Meet Up: Daily Chronicle and Devotional 10:00 Ab-solutely Solid Core Workout 10:30 Shake and Shimmy Music Therapy 11:00 Morning March 11:30 Lunch 1:45 Crafts with Club: Skittles and Water Experiment 2:30 Sip and Taste with Club 3:00 Sunny Self Care 4:00 Dinner 5:00 International Adventures 7:00 Evening Wind Down</p>	<p>12</p> <p>6:00 Activities of Daily Living 8:00 Breakfast 9:30 Morning Meet Up: Daily Chronicle and Devotional 10:00 Stretch Away the Stress 10:30 Mid Morning Mind Crunch 11:30 Lunch 1:15 Day Excursion: Country Bus Ride 2:00 Opposite Word Game with Club 2:30 Refreshments with Friends 3:00 Leading Ladies: Hymns and Bible Study with Patti 4:00 Dinner 5:00 Calming Nature Livestreams 7:00 Evening Wind Down</p>	<p>13</p> <p>6:00 Activities of Daily Living 8:00 Breakfast 9:30 Morning Meet Up: Daily Chronicle and Devotional 10:00 Mobility in Motion 10:30 Mid Morning Mind Crunch 11:00 Morning March 11:30 Lunch 1:45 Kitchen Creations with Club: Festive Fruit Salad 2:30 Tropical Melon Mixer 3:00 Midweek Worship Service 4:00 Dinner 5:00 Retro Radio 7:00 Evening Wind Down</p>	<p>14</p> <p>6:00 Activities of Daily Living 8:00 Breakfast 9:30 Morning Meet Up: Daily Chronicle and Devotional 10:00 Easy Arm Exercises 10:30 Mid-Morning Mind Crunch 11:00 Discussing the Day Ahead 11:30 Lunch 1:30 March Cook Club: Back on the Court 2:30 Memory Café 3:00 Balloon Volleyball League 4:00 Dinner 5:00 Relaxing Reading 7:00 Evening Wind Down</p>	<p>15</p> <p>6:00 Activities of Daily Living 8:00 Breakfast 9:30 Morning Meet Up: Daily Chronicle and Devotional 10:00 Choose Your Own Exercise 10:30 Mid-Morning Mind Crunch 11:00 Discussing the Day Ahead 11:30 Lunch 1:30 Famous Women Bingo 2:30 Hydration Station 3:00 Green Thumbs Club: Indoor Gardening 4:00 Dinner 5:00 Cute and Cuddly Animals 7:00 Evening Wind Down</p>

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
16 6:00 Activities of Daily Living 8:00 Breakfast 9:30 Morning Meet Up: Daily Chronicle and Devotional 10:00 Create Your Own Story 10:30 Chair Yoga 11:00 Discussing the Day Ahead 11:30 Lunch 1:30 Size the Shamrock 2:30 Mocktail Happy Hour: Leprechaun Punch 3:00 Worship Service 4:00 Dinner 5:00 Cozy Conversations 7:00 Evening Wind Down	17 6:00 Activities of Daily Living 8:00 Breakfast 9:30 Morning Meet Up: Daily Chronicle and Devotional 10:00 Lots o' Leg Exercise 10:30 Mid-Morning Mind Crunch 11:00 Discussing the Day Ahead 11:30 Lunch 1:30 Luck of the Irish: Discuss and Learn 2:30 Memory Café 3:00 Sunshine Club 4:00 Dinner 5:00 Classic TV 7:00 Evening Wind Down  St. Patrick's Day	18 6:00 Activities of Daily Living 8:00 Breakfast 9:30 Morning Meet Up: Daily Chronicle and Devotional 10:00 Ab-solutely Solid Core Workout 10:30 Shake and Shimmy Music Therapy 11:00 Morning March 11:30 Lunch 1:15 Day Excursion: Windy Knolls 1:45 Crafts with Club: Rainbow in a Bag 2:30 Sip and Taste with Club 3:00 Sunny Self Care 4:00 Dinner 5:00 International Adventures 7:00 Evening Wind Down	19 6:00 Activities of Daily Living 8:00 Breakfast 9:30 Morning Meet Up: Daily Chronicle and Devotional 10:00 Stretch Away the Stress 10:30 Mid Morning Mind Crunch 11:30 Lunch 1:30 Popsicle Stick Picket Fence 2:30 Refreshments with Friends 3:00 Leading Ladies: Hymns and Bible Study with Patti 4:00 Dinner 5:00 Calming Nature Livestreams 7:00 Evening Wind Down	20 6:00 Activities of Daily Living 8:00 Breakfast 9:30 Morning Meet Up: Daily Chronicle and Devotional 10:00 Mobility in Motion 10:30 Mid Morning Mind Crunch 11:00 Morning March 11:30 Lunch 1:30 Singing Along to our Favorite Songs 2:30 At Home Shamrock Shakes 3:00 Midweek Worship Service 4:00 Dinner 5:00 Retro Radio 7:00 Evening Wind Down	21 6:00 Activities of Daily Living 8:00 Breakfast 9:30 Morning Meet Up: Daily Chronicle and Devotional 10:00 Easy Arm Exercises 10:30 Mid-Morning Mind Crunch 11:00 Discussing the Day Ahead 11:30 Lunch 1:30 Around the Table Talk: Grooming Products 2:30 Memory Café 3:00 Balloon Volleyball League 4:00 Dinner 5:00 Relaxing Reading 7:00 Evening Wind Down	22 6:00 Activities of Daily Living 8:00 Breakfast 9:30 Morning Meet Up: Daily Chronicle and Devotional 10:00 Choose Your Own Exercise 10:30 Mid-Morning Mind Crunch 11:00 Discussing the Day Ahead 11:30 Lunch 1:30 Can You Picture This? 2:30 Hydration Station 3:00 Green Thumbs Club: Indoor Gardening 4:00 Dinner 5:00 Cute and Cuddly Animals 7:00 Evening Wind Down	
23 6:00 Activities of Daily Living 8:00 Breakfast 9:30 Morning Meet Up: Daily Chronicle and Devotional 10:00 Create Your Own Story 10:30 Chair Yoga 11:00 Discussing the Day Ahead 11:30 Lunch 1:30 STEM Experiment: Grow a Rainbow 2:30 Mocktail Happy Hour: Iced Butterfly Pea Latte 3:00 Worship Service 4:00 Dinner 5:00 Cozy Conversations 7:00 Evening Wind Down	24 6:00 Activities of Daily Living 8:00 Breakfast 9:30 Morning Meet Up: Daily Chronicle and Devotional 10:00 Lots o' Leg Exercise 10:30 Mid-Morning Mind Crunch 11:00 Discussing the Day Ahead 11:30 Lunch 1:30 Guess the Movie by the Song 2:30 Memory Café 3:00 Sunshine Club 4:00 Dinner 5:00 Classic TV 7:00 Evening Wind Down	25 6:00 Activities of Daily Living 8:00 Breakfast 9:30 Morning Meet Up: Daily Chronicle and Devotional 10:00 Ab-solutely Solid Core Workout 10:30 Shake and Shimmy Music Therapy 11:00 Morning March 11:30 Lunch 1:45 Crafts with Club: Cork-y Framed Painting 2:30 Sip and Taste with Club 3:00 Sunny Self Care 4:00 Dinner 5:00 International Adventures 7:00 Evening Wind Down	26 6:00 Activities of Daily Living 8:00 Breakfast 9:30 Morning Meet Up: Daily Chronicle and Devotional 10:00 Stretch Away the Stress 10:30 Mid Morning Mind Crunch 11:30 Lunch 1:15 Day Excursion: Caledonia Bus Ride 2:00 Group Up Game 2:30 Refreshments with Friends 3:00 Leading Ladies: Hymns and Bible Study with Patti 4:00 Dinner 5:00 Calming Nature Livestreams 7:00 Evening Wind Down	27 6:00 Activities of Daily Living 8:00 Breakfast 9:30 Morning Meet Up: Daily Chronicle and Devotional 10:00 Mobility in Motion 10:30 Mid Morning Mind Crunch 11:00 Morning March 11:30 Lunch 1:45 Kitchen Creations with Club: Frosted Fudge Cookies 2:30 Chocolate and Chill Gathering 3:00 Midweek Worship Service 4:00 Dinner 5:00 Retro Radio 7:00 Evening Wind Down	28 6:00 Activities of Daily Living 8:00 Breakfast 9:30 Morning Meet Up: Daily Chronicle and Devotional 10:00 Easy Arm Exercises 10:30 Mid-Morning Mind Crunch 11:00 Discussing the Day Ahead 11:30 Lunch 1:30 Make Beats and Move Your Feet Drum Circle 2:30 Memory Café 3:00 Balloon Volleyball League 4:00 Dinner 5:00 Relaxing Reading 7:00 Evening Wind Down	29 6:00 Activities of Daily Living 8:00 Breakfast 9:30 Morning Meet Up: Daily Chronicle and Devotional 10:00 Choose Your Own Exercise 10:30 Mid-Morning Mind Crunch 11:00 Discussing the Day Ahead 11:30 Lunch 1:30 Animal Shadow Match Up 2:30 Hydration Station 3:00 Green Thumbs Club: Indoor Gardening 4:00 Dinner 5:00 Cute and Cuddly Animals 7:00 Evening Wind Down	
30 6:00 Activities of Daily Living 8:00 Breakfast 9:30 Morning Meet Up: Daily Chronicle and Devotional 10:00 Create Your Own Story 10:30 Chair Yoga 11:00 Discussing the Day Ahead 11:30 Lunch 1:30 Tic Tac Toe Bean Bag Toss 2:30 Mocktail Happy Hour: Lazy Daisy Lemonade 3:00 Worship Service 4:00 Dinner 5:00 Cozy Conversations 7:00 Evening Wind Down	31 6:00 Activities of Daily Living 8:00 Breakfast 9:30 Morning Meet Up: Daily Chronicle and Devotional 10:00 Lots o' Leg Exercise 10:30 Mid-Morning Mind Crunch 11:00 Discussing the Day Ahead 11:30 Lunch 1:30 Indoor Bowling 2:30 Memory Café 3:00 Sunshine Club 4:00 Dinner 5:00 Classic TV 7:00 Evening Wind Down	<h1>CONNECTIONS</h1>  <h1>MARCH 2025</h1>					