

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						<p>1</p> <p>7:00 Rise & Shine 8:00 <i>Breakfast</i> 9:30 Daily Chronicle & Coffee 10:00 Sittercise 10:30 Hydration Station 10:45 Word in a Word 11:30 <i>Lunch</i> 1:00 Dog Visit (Bennie) 2:00 Snacks & Spritzers 2:30 Sing Along 3:00 Bingo 4:30 <i>Dinner</i> 5:30 Movie Night!</p>
<p>2</p> <p>7:00 Rise & Shine 8:00 <i>Breakfast</i> 9:30 Daily Chronicle & Coffee 10:00 Chair Yoga 10:30 Hydration Station 10:45 Hangman 11:30 <i>Lunch</i> 1:00 Millersville U. Concert 2:00 Cool Cup Connection 2:15 Worship Service w/ Chaplain Jeff 3:00 Horseshoe Toss 4:30 <i>Dinner</i> 5:30 Movie Night!</p>	<p>3</p> <p>7:00 Rise & Shine 8:00 <i>Breakfast</i> 9:30 Daily Chronicle & Coffee 10:00 Stretches & Serenity 10:30 Hydration Station 10:45 Finish the Lyrics 11:30 <i>Lunch</i> 1:00 Bowling 2:00 Refresh & Rejoice 2:20 Painting Pottery Pals With Marcie 3:00 Name 5 4:30 <i>Dinner</i> 5:30 Movie Night!</p>	<p>4</p> <p>7:00 Rise & Shine 8:00 <i>Breakfast</i> 9:30 Daily Chronicle & Coffee 10:00 Sittercise 10:30 Hydration Station 10:45 Riddle Me This 11:30 <i>Lunch</i> 1:00 Balloon Paddleball w/ Jeff 2:00 Snacks & Spritzers 2:30 Countryside Ride 3:00 Bingo! 4:30 <i>Dinner</i> 5:30 Movie Night!</p>	<p>5</p> <p>7:00 Rise & Shine 8:00 <i>Breakfast</i> 9:30 Daily Chronicle & Coffee 10:00 Chair Yoga 10:30 Hydration Station 10:45 Who, What, Where 11:30 <i>Lunch</i> 1:00 Manicures Mixer 2:00 Sippin' Social 2:15 Basketball 3:00 Wednesday Fellowship w/ Chaplain Jeff 4:30 <i>Dinner</i> 5:30 Movie Night!</p> <p>Ash Wednesday</p>	<p>6</p> <p>7:00 Rise & Shine 8:00 <i>Breakfast</i> 9:30 Daily Chronicle & Coffee 10:00 Stretches & Serenity 10:30 Hydration Station 10:45 Jeopardy 11:30 <i>Lunch</i> 1:00 Art Social 1:30 Floats & Friendly Folks w/Jeff 2:30 Countryside Ride 3:00 Karaoke 4:30 <i>Dinner</i> 5:30 Movie Night!</p>	<p>7</p> <p>8:00 <i>Breakfast</i> 9:30 Daily Chronicle & Coffee 10:00 Sittercise 10:30 Hydration Station 10:45 Famous Faces 11:30 <i>Lunch</i> 1:00 Bridging Floors 1:30 Hymn Sing w/ Chaplain Jeff 2:00 Beverage Break 2:15 Zumba 3:00 Bingo! 4:30 <i>Dinner</i> 5:30 Movie Night</p>	<p>8</p> <p>7:00 Rise & Shine 8:00 <i>Breakfast</i> 9:30 Daily Chronicle & Coffee 10:00 Chair Yoga 10:30 Hydration Station 10:45 Finish the Line 11:30 <i>Lunch</i> 1:00 Dog Visit (Bennie) 2:00 Snacks & Spritzers 2:30 Sing Along 3:00 Bingo 4:30 <i>Dinner</i> 5:30 Movie Night!</p>
<p>9</p> <p>7:00 Rise & Shine 8:00 <i>Breakfast</i> 9:30 Daily Chronicle & Coffee 10:00 Stretches & Serenity 10:30 Hydration Station 10:45 Word in a Word 11:30 <i>Lunch</i> 1:00 Sunroom Relaxation 2:00 Cool Cup Connection 2:15 Worship Service w/ Chaplain Jeff 3:00 Cornhole 4:30 <i>Dinner</i> 5:30 Movie Night!</p> <p>Daylight Savings</p>	<p>10</p> <p>7:00 Rise & Shine 8:00 <i>Breakfast</i> 9:30 Daily Chronicle & Coffee 10:00 Sittercise 10:30 Hydration Station 10:45 Hangman 11:30 <i>Lunch</i> 1:00 Basketball 2:00 Refresh & Rejoice 2:30 Family Feud 3:00 Art Social 4:30 <i>Dinner</i> 5:30 Movie Night!</p>	<p>11</p> <p>7:00 Rise & Shine 8:00 <i>Breakfast</i> 9:30 Daily Chronicle & Coffee 10:00 Chair Yoga 10:30 Hydration Station 10:45 Finish the Lyrics 11:30 <i>Lunch</i> 1:00 Balloon Paddleball w/ Jeff 2:00 Snacks & Spritzers 2:30 Countryside Ride 3:00 Bingo! 4:30 <i>Dinner</i> 5:30 Movie Night!</p>	<p>12</p> <p>7:00 Rise & Shine 8:00 <i>Breakfast</i> 9:30 Daily Chronicle & Coffee 10:00 Stretches & Serenity 10:30 Hydration Station 10:45 Riddle Me This 11:30 <i>Lunch</i> 1:00 Dog visit w/ Jill 2:00 Sippin' Social 2:15 Bowling 3:00 Wednesday Fellowship w/ Chaplain Jeff 4:30 <i>Dinner</i> 5:30 Movie Night!</p>	<p>13</p> <p>7:00 Rise & Shine 8:00 <i>Breakfast</i> 9:30 Daily Chronicle & Coffee 10:00 Sittercise 10:30 Hydration Station 10:45 Who, What, Where 11:30 <i>Lunch</i> 1:00 Horseshoe Toss 1:30 Floats & Friendly Folks w/Jeff 2:30 Countryside Ride 3:00 Karaoke 4:30 <i>Dinner</i> 5:30 Movie Night!</p>	<p>14</p> <p>8:00 <i>Breakfast</i> 9:30 Daily Chronicle & Coffee 10:00 Chair Yoga 10:30 Hydration Station 10:45 Jeopardy 11:30 <i>Lunch</i> 1:00 Bridging Floors 1:30 Hymn Sing with Chaplain Jeff 2:00 Beverage Break 2:15 Cornhole 3:00 Bingo! 4:30 <i>Dinner</i> 5:30 Movie Night</p>	<p>15</p> <p>7:00 Rise & Shine 8:00 <i>Breakfast</i> 9:30 Daily Chronicle & Coffee 10:00 Stretches & Serenity 10:30 Hydration Station 10:45 Famous Faces 11:30 <i>Lunch</i> 1:00 Dog Visit (Bennie) 2:00 Snacks & Spritzers 2:30 Sing Along 3:00 Bingo 4:30 <i>Dinner</i> 5:30 Movie Night!</p>

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
<p>16</p> <p>7:00 Rise & Shine 8:00 <i>Breakfast</i> 9:30 Daily Chronicle & Coffee 10:00 Sittercise 10:30 Hydration Station 10:45 Word in a Word 11:30 <i>Lunch</i> 1:00 Sunroom Relaxation 2:00 Cool Cup Connection 2:15 Worship Service w/ Chaplain Jeff 3:00 Name that Tune 4:30 <i>Dinner</i> 5:30 Movie Night!</p>	<p>17</p> <p>7:00 Rise & Shine 8:00 Breakfast 9:30 Daily Chronicle & Coffee 10:00 Chair Yoga 10:30 Hydration Station 10:45 Hangman 11:30 Lunch 1:00 Bowling 2:00 Refresh & Rejoice 3:00 Baking Buddies 4:30 <i>Dinner</i> 5:30 Movie Night!</p> <p>St. Patrick's Day</p>	<p>18</p> <p>7:00 Rise & Shine 8:00 <i>Breakfast</i> 9:30 Daily Chronicle & Coffee 10:00 Stretches & Serenity 10:30 Hydration Station 10:45 Flower Arrangement 11:30 <i>Lunch</i> 1:00 Mike Evanko Duo 2:00 Snacks & Spritzers 2:30 Countryside Ride 3:00 Bingo! 4:30 <i>Dinner</i> 5:30 Movie Night!</p>	<p>19</p> <p>7:00 Rise & Shine 8:00 <i>Breakfast</i> 9:30 Daily Chronicle & Coffee 10:00 Sittercise 10:30 Hydration Station 10:45 Who, What, Where 11:30 <i>Lunch</i> 1:00 Manicures Mixer 2:00 Sippin' Social 2:15 Basketball 3:00 Wednesday Fellowship w/ Chaplain Jeff 4:30 <i>Dinner</i> 5:30 Movie Night!</p>	<p>20</p> <p>7:00 Rise & Shine 8:00 <i>Breakfast</i> 9:30 Daily Chronicle & Coffee 10:00 Chair Yoga 10:30 Hydration Station 10:45 Jeopardy 11:30 <i>Lunch</i> 1:00 Art Social 1:30 Floats & Friendly Folks w/Jeff 2:30 Countryside Ride 3:00 Karaoke 4:30 <i>Dinner</i> 5:30 Movie Night!</p>	<p>21</p> <p>7:00 Rise & Shine 8:00 Breakfast 9:30 Daily Chronicle & Coffee 10:00 Stretches & Serenity 10:30 Parks & Rec 11:30 Lunch 1:00 Bridging Floors 1:30 Hymn Sing with Chaplain Jeff 2:00 Beverage Break 2:15 Ball Toss 3:00 Bingo! 4:30 Dinner 5:30 Movie Night</p>	<p>22</p> <p>7:00 Rise & Shine 8:00 <i>Breakfast</i> 9:30 Daily Chronicle & Coffee 10:00 Sittercise 10:30 Hydration Station 10:45 Famous Faces 11:30 <i>Lunch</i> 1:00 Dog Visit (Bennie) 2:00 Snacks & Spritzers 2:30 Sing Along 3:00 Bingo 4:30 <i>Dinner</i> 5:30 Movie Night!</p>	
<p>23</p> <p>7:00 Rise & Shine 8:00 <i>Breakfast</i> 9:30 Daily Chronicle & Coffee 10:00 Chair Yoga 10:30 Hydration Station 10:45 Finish the Lyrics 11:30 <i>Lunch</i> 1:00 Sunroom Relaxation 2:00 Cool Cup Connection 2:15 Worship Service w/ Chaplain Jeff 3:00 Kickball 4:30 <i>Dinner</i> 5:30 Movie Night!</p>	<p>24</p> <p>7:00 Rise & Shine 8:00 Breakfast 9:30 Daily Chronicle & Coffee 10:00 Stretches & Serenity 10:30 Hydration Station 10:45 Word in a Word 11:30 Lunch 1:00 Basketball 1:45 Refresh & Rejoice 2:00 Amber Waves of Grain 3:00 Recollection Road 4:30 <i>Dinner</i> 5:30 Movie Night!</p>	<p>25</p> <p>7:00 Rise & Shine 8:00 <i>Breakfast</i> 9:30 Daily Chronicle & Coffee 10:00 Sittercise 10:30 Hydration Station 10:45 Flower Arrangement 11:30 <i>Lunch</i> 1:00 Balloon Paddleball w/ Jeff 2:00 Snacks & Spritzers 2:30 Countryside Ride 3:00 Bingo! 4:30 <i>Dinner</i> 5:30 Movie Night!</p>	<p>26</p> <p>7:00 Rise & Shine 8:00 <i>Breakfast</i> 9:30 Daily Chronicle & Coffee 10:00 Chair Yoga 10:30 Hydration Station 10:45 Riddle Me This 11:30 <i>Lunch</i> 1:00 Manicures Mixer 2:00 Sippin' Social 2:15 Bowling 3:00 Wednesday Fellowship w/ Chaplain Jeff 4:30 <i>Dinner</i> 5:30 Movie Night!</p>	<p>27</p> <p>7:00 Rise & Shine 8:00 <i>Breakfast</i> 9:30 Daily Chronicle & Coffee 10:00 Stretches & Serenity 10:30 Hydration Station 10:45 Name 5 11:30 <i>Lunch</i> 1:00 Ball Toss 1:30 Floats & Friendly Folks w/Jeff 2:30 Countryside Ride 3:00 Karaoke 4:30 <i>Dinner</i> 5:30 Movie Night!</p>	<p>28</p> <p>8:00 Breakfast 9:30 Daily Chronicle & Coffee 10:00 Sittercise 10:30 Hydration Station 10:45 Family Feud 11:30 Lunch 1:00 Bridging Floors 1:30 Hymn Sing with Chaplain Jeff 2:00 Beverage Break 2:15 Kickball 3:00 Bingo! 4:30 Dinner 5:30 Movie Night</p>	<p>29</p> <p>7:00 Rise & Shine 8:00 <i>Breakfast</i> 9:30 Daily Chronicle & Coffee 10:00 Chair Yoga 10:30 Hydration Station 10:45 60s Trivia 11:30 <i>Lunch</i> 1:00 Dog Visit (Bennie) 2:00 Snacks & Spritzers 2:30 Sing Along 3:00 Bingo 4:30 <i>Dinner</i> 5:30 Movie Night!</p>	
<p>30</p> <p>7:00 Rise & Shine 8:00 <i>Breakfast</i> 9:30 Daily Chronicle & Coffee 10:00 Stretches & Serenity 10:30 Hydration Station 10:45 Famous Faces 11:30 <i>Lunch</i> 1:00 Sunroom Relaxation 2:00 Cool Cup Connection 2:15 Worship Service w/ Chaplain Jeff 3:00 Kickball 4:30 <i>Dinner</i> 5:30 Movie Night!</p>	<p>31</p> <p>7:00 Rise & Shine 8:00 Breakfast 9:30 Daily Chronicle & Coffee 10:00 Sittercise 10:30 Hydration Station 10:45 Name the Show 11:30 Lunch 1:00 Bowling 2:00 Refresh & Rejoice 3:00 Art Social 4:30 <i>Dinner</i> 5:30 Movie Night!</p>	<h1>CONNECTIONS</h1>  <h1>MARCH 2025</h1>					