Focus on Wellness

We are finally seeing the beautiful signs of Spring and that means getting outside and enjoying the warming weather. Spending time in natural environments can improve your physical and mental health. Some ways we can enjoy these benefits:

- Walking in nature could improve your short-term memory
- Being outdoors has a destressing effect
- Spending time outdoors reduces inflammation & helps eliminate fatigue
- Outdoor experiences may help fight depression and anxiety
- Spending time outside lowers blood pressure

Please enjoy all of our outdoor walking paths and activities. Check your calendar for spring outings!



Resident Birthdays

May

- 1 Mary Nichols
- 4 Mary Patricia Vath
- 11 Joseph Berger
- 12 Anthony Tomaselli
- 17 Rochelle Nezin
- 18 Nancy Wood
- 20 Rosemary Acri
- 21 Emily Berger
- 23 Stuart Erwin
- 29 Wilson Shearer 30 - Ruth Herman

- 2 Helen George
- 8 Martha Aregood
- 9 Alfred Carl
- 11 Sandra Seymour
- 13 Elizabeth Duffy
- 14 Dawn Morgan
- 15 Lois Ecker
- 21 Joan Conway
- 27 Lawrence Generose
- 29 Barbara Warakomski



For Community Life activities, campus events and Providence Place happenings, please follow our Facebook page at www.Facebook.com/ProvPlace.



To sign up to receive this quarterly newsletter and monthly events calendar via email, please contact us to subscribe at Info@Prov-Place.com.



www.Providence-Place.com



O2: May 2025

A Note from the Executive Director

"Let your joy burst forth like flowers in the Spring"

Spring is finally here! The residents and staff are already taking full advantage of some nicer weather and heading outside on our walking path and sitting on our deck.

We have some lovely events coming up to celebrate the season -- with our **Spring Family Meeting on** Monday, May 5th @ 7pm and our Mother's Day Brunch on May 11th. If you would like to join your loved one for Brunch, please RSVP to reception by 5/8.

Looking ahead, we will be hosting our annual Summer Picnic on June 21st from 2-5pm - save the date, details to come!

As always, thank you to all our staff, residents and families for your continued support. Please never hesitate to reach out with any questions.

Missie Jacoby Executive Director

Highlighted Events

- 3 Kentucky Derby Social @ 3pm
- 5-Spring Family Meeting @ 7pm
- 11 Mother's Day Brunch Families welcome, RSVP to reception
- 17 **Tip Tap Toe Recital** @ 2pm
- 21 Hazleton Garden Club: Tulip arrangements @ 1:30pm
- 26 Memorial Day Picnic @ 11a-1pm
- 27 **Shopping Outing: Och's Farm** @ 9:30am

Welcome New Residents

Shirley Reigel Helen Zukowski Johanna Eckrote Gloria Terraccino Tina Stankavage



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
THE	ub	Calendar Key: ** Registration Required \$\$ Cost Involved (1st) First Floor, (2nd) Second Floor, (3rd) Third Floor, (DR) Dining Room, (CR) Community Room, (SR) Sun Room, (CN) Connections Neighborhood, (FP) Front Porch, (ML) Meet in Lobby, (OOB) Out of Building	May	9:00 Morning Meeting (Second Floor) 9:30 Rosary (CR) 10:00 Mass with Father Seegar (CR) 10:30 Book Club Reading: Mystery (2nd) 10:30 Take Out Thursday: Jersey Mikes**\$\$(1st) 1:30 What Am I? (1st) 2:00 Group Word Search (2nd) 2:30 Crafting Club: Jewelry Frames (3rd) 3:00 Ed-U Presentation: Medal of Honor. Part 1,The Civil War (2nd)	9:00 Morning Meeting (Second Floor) 9:30 Hand Weight Exercise (2nd) 10:00 Bible Study & Hymn Sing with Chaplain Beverly (CR) 10:30 Helping Hands: Setting Tables (1st) 1:30 Craft Club: Paper Flower Bouquets (2nd) 2:30 Musical Entertainment: Lester Hirsh (DR) 3:00 Ed-U Presentation: Medal of Honor; Part 2, World War 1 (2nd) 6:30 Boggle (1st)	9:00 Morning Meeting (2nd) 9:30 Rosary (CR) 10:00 Chair Yoga Exercise (2nd) 10:30 Funny Videos of the Week (2nd) 1:30 Movie Matinee: Secretariat (3rd) 2:00 Cornhole (FP) 3:00 Kentucky Derby: Day at the Races (1st) 6:00 Card Player's Club (2nd) 6:30 Rummikub (1st) 6:45 Kentucky Derby Race (3rd)
9:00 Morning Meeting (2nd) 9:00 Televised Catholic Mass (3rd) 9:30 Morning Meeting (2nd) 10:00 Sunday Crossword Challenge (2nd) 10:30 Strength Exercise (2nd) 11:00-1:00 Wine & Dine (DR) 1:15 Worship with Chaplain Beverly (CR) 2:00 Bingo (DR) 3:00 Baking w/Nancy: Strawberry Shortcake (C) 6:00 Yahtzee (1st)	9:00 Morning Meeting (2nd) 9:30 Rosary (CR) 10:00 Yoga with Bill Kinge (CR) 10:00 Bridge Club (3rd) 1:30 Interactive Music Class with Cynthia (2nd) 2:00 The History of Cinco De Mayo (2nd) 3:00 Cinco De Mayo Social (1st) 6:00 Color Me Calm (1st) 6:30 Pinochles Player's Club (3rd)	9:00 Morning Meeting (2nd) 9:00 Shopping Trip Out: Target**\$\$(OOB) 10:00 Stretch Exercise (2nd) 10:30 What's New in the World (2nd) 1:15 Prayer & Communion Service (CR) 2:00 Mother's Day Photo Shoot (CN) 2:30 Crafting Club: Mother's Day Corsage (3rd) 3:00 Ed-U Presentation: Medal of Honor: Part 3, World War 2 Europe (2nd)		9:00 Daily Chronicle (1st) 9:30 Rosary (CR) 10:00 Exercise with Shay (2nd) 10:30 Book Club Reading: Mystery (2nd) 1:30 Ice Cream Caravan: Rita's**\$(OOB) 2:00 Culinary Club with Chef Jeff (DR) 2:30 Ed-U Presentation: Medal of Honor; Part 4, World War 2 Pacific (2nd) 3:00 Crafting with Tatyana (3rd) 6:30 Pinochle Player's Club (3rd)	9:00 Morning Meeting (2nd) 9:30 Hand Weight Exercise (2nd) 10:00 Bible Study & Hymn Sing with Chaplain Beverly (CR) 10:30 Group Word Search (2nd) 1:30 Craft Club: Coffee Filter Butterflies (2nd) 2:30 Musical Entertainment: Glenn Faul (DR) 3:30 Penny Pitching Game (2nd) 6:30 Boggle (1st)	9:00 Daily Chronicle (1st) 9:30 Rosary (CR) 10:00 Chair Yoga Exercise (2nd) 10:30 Anne Marie with Therapy Dogs (ML) 1:30 Movie Matinee: <i>Mother's Day</i> (3rd) 2:00 Looking for Sunshine: Walking Club (ML) 3:00 Super Happy Hour: Whisky Sours (1st) 6:00 Card Player's Club (2nd) 6:30 Rummikub (1st)
Mother's Day 9:00 Televised Catholic Mass (3rd) 9:30 Morning Meeting (2nd) 10:00 Sunday Crossword Challenge (2nd) 10:30 Chair Zumba Class with Alyson (2nd) 11:00-1:00 Brunch with Mom (DR) 1:00 Mother's Day Butterfly Sanctuary (CN) 1:15 Worship with Chaplain Beverly (CR) 2:00 Prize Bingo (DR) 3:30 Mother's Day Tea (1st) 6:00 Yahtzee (1st)	9:00 Morning Meeting (2nd) 9:30 Rosary (CR) 10:00 Yoga with Bill Kinge (CR) 10:00 Bridge Club (3rd) 1:30 Bible Study with Deacon Bob (CR) 2:00 Sing-a-Long with Nancy (2nd) 3:00 Card Games: Resident Choice (2nd) 6:00 Color Me Calm (1st) 6:30 Pinochles Player's Club (3rd)	9:00 Morning Meeting (2nd) 9:30 Shopping Trip Out: Wal Mart**\$\$(OOB) 10:00 Stretch Exercise (2nd) 10:30 Glee Club (CR) 1:15 Prayer & Communion Service (CR) 2:00 Garden Club Craft: Garden Signs (CN) 2:30 Inviting New Residents to Mixer (ML) 3:00 New Resident Mixer (1st) 6:00 Card Player's Club (2nd)	9:00 Daily Chronicle (1st)	9:00 Morning Meeting (2nd) 9:30 Rosary (CR) 10:00 Ed-U Presentation: How They Build Massive Submarines in the US (3rd) 10:30 Book Club Reading: Mystery (2nd) 10:30 Diner's Luncheon Caravan: Norm's Pizza & Eatery**\$\$(OOB) 1:30 Secret Gardening Quote (1st) 2:00 Manicures & Music (3rd) 2:30 Relaxation to Sights & Sounds (SR) 3:00 Providence Place Spa Day (SR)	9:00 Morning Meeting (2nd) 9:30 Hand Weight Exercise (2nd) 10:00 Bible Study & Hymn Sing (CR) 10:30 Group Word Search (2nd) 1:30 Red & Black Card Game (3rd) 2:00 TED Talk: The Secret of Successful Aging with Cathleen Toomey (3rd) 2:30 Craft Club: DIY Projection Lantern (2nd) 3:00 Men's Club: Pool & Beer (2nd) 3:30 Color Me Calm (1st) 6:30 Boggle (1st)	Armed Forces Day 9:00 Morning Meeting (2nd) 9:30 Rosary (CR) 10:00 Song & Prayer with Faith Church (CR) 10:30 Chair Yoga Exercise (2nd) 1:30 Movie Matinee: Broken Bridges (3rd) 2:00 Tip Tap Toe Dance Company Show (CN) 3:00 Helping Hands Club: Passing Out Packages (ML) 6:00 Card Player's Club (2nd) 6:30 Rummikub (1st)
9:00 Televised Catholic Mass (3rd) 9:30 Morning Meeting (2nd) 10:00 Sunday Crossword Challenge (2nd) 10:30 Strength Exercise (2nd) 11:00-1:00 Wine & Dine (DR) 1:15 Worship with Chaplain Beverly (CR) 2:00 Bingo (DR) 3:00 Baking with Nancy: No-Bake Icebox Cake (C) 6:00 Yahtzee (1st)	9:00 Morning Meeting (2nd) 9:30 Rosary (CR) 10:00 Yoga with Bill Kinge (CR) 10:00 Bridge Club (3rd) 1:30 Interactive Music Class with Cynthia (2nd) 2:30 Card Games: Resident Choice (2nd) 6:00 Color Me Calm (1st) 6:30 Pinochles Player's Club (3rd)	9:00 Morning Meeting (2nd) 9:30 Shopping Trip Out: Dollar Tree/Aldi's**\$\$(OOB) 10:00 Stretch Exercise (2nd) 10:30 Funny Videos of the Week (2nd) 1:15 Prayer & Communion Service (CR) 2:00 Interactive Murder Mystery Party (1st) 2:30 Garden Club: Setting Up Soil (CN) 3:00 Ed-U Presentation: Medal of Honor: Part 5: The Koren War (2nd) 6:00 Card Player's Club (2nd)	9:00 Morning Meeting (2nd) 9:30 International Tea Day: Tea & Biscuits (1st) 10:00 Prayer Service with Chap. Beverly (CR) 1:00 Sing-a-Long with Kathy (CN) 1:30 Hazleton Garden Club: Tulip Arrangements** 2:30 Culinary Club with Chef Jeff (DR) 3:00 Wacky Wednesday Work-Outs: Keep The Ball Moving to Music (3rd) 6:00 Dominos (1st)	9:00 Morning Meeting (2nd) 9:30 Rosary (CR) 10:00 Exercise with Shay (2nd) 10:30 Book Club Reading: Mystery (1st) 1:00 Garden Club Trip: Dollar Tree for Garden Decorations (OOB) 2:00 Group Crossword Challenge (2nd) 2:30 Musical Entertainment: Vernon Jones (DR) 3:30 Veterans Trip Out: Mt. Top VFW for Dinner**\$\$(OOB) 6:30 Pinochle Player's Club (3rd)	9:00 Morning Meeting (2nd) 9:30 Hand Weight Exercise (2nd) 10:00 Bible Study & Hymn Sing with Chaplain Beverly (CR) 10:30 Group Word Search (2nd) 1:30 Pass the Ball to Music (3rd) 2:00 Thankful for You Committee: Baking Cookies for Staff (C) 3:30 Delivering Cookies to Staff (ML) 6:30 Boggle (1st)	9:00 Morning Meeting (2nd) 9:30 Rosary (CR) 10:00 Chair Yoga Exercise (2nd) 10:30 Anne Marie with Therapy Dogs (ML) 1:30 Movie Matinee: <i>To Hell & Back</i> (3rd) 3:00 Super Happy Hour: Tequila Honey Bee (1st) 6:00 Card Player's Club (2nd) 6:30 Rummikub (1st)
9:00 Daily Chronicle (1st) 9:00 Televised Catholic Mass (3rd) 9:30 Morning Meeting (2nd) 10:00 Sunday Crossword Challenge (2nd) 10:30 Chair Zumba Class with Alyson (2nd) 11:00-1:00 Wine & Dine (DR) 1:15 Worship with Chaplain Beverly (CR) 2:00 Bingo (DR) 3:00 Baking w/ Nancy: Mississippi Mud Pie (C) 6:00 Yahtzee (1st)	Memorial Day 9:00 Morning Meeting (2nd) 9:30 Rosary (CR) 10:00 Yoga with Bill Kinge (CR) 10:00 Bridge Club (3rd) 11:00-1:00 Memorial Day Picnic (FP) 1:30 Cornhole Tournament (FP) 2:00 Cloud Finder (FP) 3:00 Spring Craft Clean Up (3rd) 6:00 Color Me Calm (1st) 6:30 Pinochles Player's Club (3rd)	9:00 Morning Meeting (2nd) 9:30 Shopping Trip Out: Ochs Farm**\$\$(OOB) 10:00 Stretch Exercise (2nd) 10:30 Funny Videos of the Week (2nd) 1:15 Prayer & Communion Service (CR) 2:00 Ice Cream with Friends: Milkhouse Creamery**\$\$ (OOB) 2:00 Bingo (DR)	9:30 Sit & Be Fit Exercise (2nd) 10:00 Prayer Service with Chap. Beverly (CR) 10:00 Garden Club Trip: Van Holken's Nursey (OOB) 1:00 Sing-a-Long with Kathy (CN) 1:30 Musical Entertainment with Rionne (1st)	9:00 Morning Meeting (2nd) 9:30 Rosary (CR) 10:00 Book Club Reading: Mystery (1st) 10:30 Exercise with Shay (2nd) 1:30 Garden Club: Planting Flowers (CN) 2:30 Ed-U Presentation: Medal of Honor: Part 6: The Vietnam War (2nd) 3:00 Manicures & Music (3rd) 6:30 Pinochle Player's Club (3rd)	9:00 Morning Meeting (2nd) 9:30 Hand Weight Exercise (2nd) 10:00 Bible Study & Hymn Sing (CR) 10:30 Group Word Search (2nd) 1:30 Our Journey Together (SR) 1:30 Garden Club: Planting Vegetables (CN) 3:00 Ed-U Presentation with Director of Nursing Hayley (3rd) 6:30 Boggle (1st)	9:00 Morning Meeting (2nd) 9:30 Rosary (CR) 10:00 Chair Yoga Exercise (2nd) 10:30 Keeping The Beat with Noah B on Drums (3rd) 1:30 Movie Matinee: <i>Rio Lobo</i> (3rd) 2:00 Garden Club: Decorating Garden (CN) 3:00 Helping Hands Club: Delivering Packages (ML) 6:00 Card Player's Club (2nd) 6:30 Rummikub (1st)