

# Focus on Wellness

We are finally seeing the beautiful signs of Spring and that means getting outside and enjoying the warming weather. Spending time in natural environments can improve your physical and mental health. Some ways we can enjoy these benefits:

- Walking in nature could improve your short-term memory
- Being outdoors has a destressing effect
- Spending time outdoors reduces inflammation & helps eliminate fatigue
- Outdoor experiences may help fight depression and anxiety
- Spending time outside lowers blood pressure

*Please enjoy all of our outdoor walking paths and activities. Check your calendar for spring outings!*



## Resident Birthdays

### May

1 - Mary Nichols  
4 - Mary Patricia Vath  
11 - Joseph Berger  
12 - Anthony Tomaselli  
17 - Rochelle Nezin  
18 - Nancy Wood  
20 - Rosemary Acri  
21 - Emily Berger  
23 - Stuart Erwin  
29 - Wilson Shearer  
30 - Ruth Herman

### June

2 - Helen George  
8 - Martha Aregood  
9 - Alfred Carl  
11 - Sandra Seymour  
13 - Elizabeth Duffy  
14 - Dawn Morgan  
15 - Lois Ecker  
21 - Joan Conway  
27 - Lawrence Generose  
29 - Barbara Warakomski



# Providence Place SENIOR LIVING News

Q2: May 2025

## A Note from the Executive Director

**“ Let your joy burst forth like flowers in the Spring”**

Spring is finally here! The residents and staff are already taking full advantage of some nicer weather and heading outside on our walking path and sitting on our deck.

We have some lovely events coming up to celebrate the season -- with our **Spring Family Meeting on Monday, May 5<sup>th</sup> @ 7pm** and our **Mother's Day Brunch on May 11<sup>th</sup>. If you would like to join your loved one for Brunch, please RSVP to reception by 5/8.**

Looking ahead, we will be hosting our annual Summer Picnic on June 21<sup>st</sup> from 2-5pm - save the date, details to come!

As always, thank you to all our staff, residents and families for your continued support. Please never hesitate to reach out with any questions.

*Missie Jacoby*  
Executive Director

## Highlighted Events

3 - **Kentucky Derby Social** @ 3pm

5 - **Spring Family Meeting**  
@ 7pm

11 - **Mother's Day Brunch**  
*Families welcome, RSVP to reception*

17 - **Tip Tap Toe Recital** @ 2pm

21 - **Hazleton Garden Club:**  
Tulip arrangements @ 1:30pm

26 - **Memorial Day Picnic**  
@ 11a-1pm

27 - **Shopping Outing:**  
**Och's Farm** @ 9:30am

## Welcome New Residents

Shirley Reigel  
Helen Zukowski  
Johanna Eckrote  
Gloria Terraccino  
Tina Stankavage



For Community Life activities, campus events and Providence Place happenings, please follow our Facebook page at [www.Facebook.com/ProvPlace](http://www.Facebook.com/ProvPlace).



To sign up to receive this quarterly newsletter and monthly events calendar via email, please contact us to subscribe at [Info@Prov-Place.com](mailto:Info@Prov-Place.com).



**[www.Providence-Place.com](http://www.Providence-Place.com)**

| SUNDAY  | MONDAY   | TUESDAY  | WEDNESDAY   | THURSDAY  | FRIDAY  | SATURDAY   |
|---|--|--|---|---|---|--|
|    |  | <b>Calendar Key:</b><br><b>** Registration Required</b><br><b>\$\$ Cost Involved</b><br>(1st) First Floor, (2nd) Second Floor,<br>(3rd) Third Floor, (DR) Dining Room,<br>(CR) Community Room, (SR) Sun Room,<br>(CN) Connections Neighborhood,<br>(FP) Front Porch, (ML) Meet in Lobby,<br>(OOB) Out of Building  | <div>May</div> <div>2025</div>  | <div>1</div> 9:00 Daily Chronicle (1st)<br>9:30 Rosary (CR)<br>10:00 Mass with Father Seegar (CR)<br>10:30 Take Out Thursday:<br>Jersey Mikes***\$(1st)<br>1:30 What Am I? (1st)<br>2:00 Global Love Day: Find The Flowers (ML)<br>2:30 Crafting Club: Jewelry Frames (3rd)<br>3:00 Ed-U Presentation: <i>Medal of Honor; Part 1, The Civil War</i> (2nd)<br>6:30 Pinochle Player's Club (3rd)                    | <div>2</div> 9:00 Daily Chronicle (1st)<br>9:30 Hand Weight Exercise (2nd)<br>10:00 Bible Study & Hymn Sing<br>with Chaplain Beverly (CR)<br>10:30 Coffee & Chat (1st)<br>1:30 Our Journey Together (SR)<br>1:30 Assembling Nurses' Day Gift Bags (3rd)<br>2:30 Musical Entertainment: Lester Hirsh (DR)<br>3:00 Ed-U Presentation: <i>Medal of Honor; Part 2, World War 1</i> (2nd)<br>6:30 Boggle (1st) | <div>3</div> 9:00 Daily Chronicle (1st)<br>9:30 Rosary (CR)<br>10:00 Chair Yoga Exercise (2nd)<br>10:30 What's Up May? (1st)<br>1:30 Movie Matinee: <i>Secretariat</i> (3rd)<br>2:00 Cornhole (FP)<br>3:00 Kentucky Derby: Day at The Races (1st)<br>6:00 Card Player's Club (2nd)<br>6:30 Rummikub (1st)<br>6:45 Kentucky Derby Race (3rd)                        |
| <div>4</div> 9:00 Daily Chronicle (1st)<br>9:00 Televised Catholic Mass (3rd)<br>10:00 Finishing The Lines (1st)<br>10:30 Strength Exercise (2nd)<br>11:00-1:00 Wine & Dine (DR)<br>1:15 Worship with Chaplain Beverly (CR)<br>2:00 Bingo (DR)<br>3:30 Silver Sneakers:<br>Outdoor Walking Club (ML)<br>6:00 Yahtzee (1st)  | <div>5</div> 9:00 Daily Chronicle (1st)<br>9:30 Rosary (CR)<br>10:00 Yoga with Bill Kinge (CR)<br>10:00 Bridge Club (3rd)<br>1:30 Interactive Music Class with Cynthia (2nd)<br>2:00 Aromatherapy (SR)<br>3:00 Cinco De Mayo Social (1st)<br>6:00 Color Me Calm (1st)<br>6:30 Pinochles Player's Club (3rd)  | <div>6</div> 9:00 Daily Chronicle (1st)<br>9:00 Shopping Trip Out:<br>Target**\$(OOB)<br>10:00 Stretch Exercise (2nd)<br>10:30 Collage Detective (1st)<br>1:15 Prayer & Communion Service (CR)<br>2:00 Operation Gratitude for Veterans (3rd)<br>2:30 Crafting Club: Mother's Day Corsage (3rd)<br>3:00 Ed-U Presentation: <i>Medal of Honor; Part 3, World War 2 Europe</i> ( 2nd)<br>6:00 Card Player's Club (2nd) | <div>7</div> 9:00 Daily Chronicle (1st)<br>9:30 Tai Chi Exercise (2nd)<br>10:00 Prayer Service with Chap. Beverly (CR)<br>1:30 Circle of Friends (SR)<br>1:30 Musical Entertainment with Rionne (1st)<br>2:30 Wacky Wednesday Work-Outs:<br>Parachute Balloon Bounce (2nd)<br>3:00 Country Ride **(OOB)<br>6:00 Dominos (1st)   | <div>8</div> 9:00 Daily Chronicle (1st)<br>9:30 Rosary (CR)<br>10:00 Exercise with Shay (2nd)<br>10:30 Book Club Reading: Mystery (1st)<br>1:30 Ice Cream Caravan: Rita's**\$(OOB)<br>2:00 Culinary Club with Chef Jeff (DR)<br>2:30 Ed-U Presentation: <i>Medal of Honor; Part 4, World War 2 Pacific</i> (2nd)<br>3:00 Crafting with Tatyana (3rd)<br>6:30 Pinochle Player's Club (3rd)                         | <div>9</div> 9:00 Daily Chronicle (1st)<br>9:30 Hand Weight Exercise (2nd)<br>10:00 Bible Study & Hymn Sing<br>with Chaplain Beverly (CR)<br>10:30 Coffee & Chat (1st)<br>1:30 Our Journey Together (SR)<br>1:30 LCR Dice Game (2nd)<br>2:30 Musical Entertainment: Glenn Faul (DR)<br>3:00 Color Me Calm (1st)<br>6:30 Boggle (1st)  | <div>10</div> 9:00 Daily Chronicle (1st)<br>9:30 Rosary (CR)<br>10:00 Chair Yoga Exercise (2nd)<br>10:30 Anne Marie with Therapy Dogs (ML)<br>1:30 Movie Matinee: <i>Mother's Day</i> (3rd)<br>2:00 Axe Throwing (FP)<br>3:00 Super Happy Hour:<br>Whisky Sours (1st)<br>6:00 Card Player's Club (2nd)<br>6:30 Rummikub (1st)                                      |
| <div>Mother's Day</div> <div>11</div> 9:00 Famous Mother's Matching Puzzle (1st)<br>9:00 Televised Catholic Mass (3rd)<br>10:00 Mother's Day Photo Booth (1st)<br>10:30 Chair Zumba Class with Alyson (2nd)<br>11:00-1:00 Brunch with Mom (DR)<br>1:15 Worship with Chaplain Beverly (CR)<br>2:00 Prize Bingo (DR)<br>3:30 Mother's Day Tea (1st)<br>6:00 Yahtzee (1st) | <div>12</div> 9:00 Daily Chronicle (1st)<br>9:30 Rosary (CR)<br>10:00 Yoga with Bill Kinge (CR)<br>10:00 Bridge Club (3rd)<br>1:30 Bible Study with Deacon Bob (CR)<br>2:00 7's Out Dice Game (2nd)<br>3:00 Timeless Trivia: Advertising Slogans,<br>Jingles & Taglines (3rd)<br>6:00 Color Me Calm (1st)<br>6:30 Pinochles Player's Club (3rd)            | <div>13</div> 9:00 Daily Chronicle (1st)<br>9:30 Shopping Trip Out:<br>Wal-Mart**\$(OOB)<br>10:00 Stretch Exercise (2nd)<br>10:30 Glee Club (CR)<br>1:15 Prayer & Communion Service (CR)<br>2:00 Interactive Tetris Game (3rd)<br>2:30 Inviting New Residents to Mixer (ML)<br>3:00 New Resident Mixer (1st)<br>6:00 Card Player's Club (2nd)  | <div>14</div> 9:00 Daily Chronicle (1st)<br>9:30 Sit & Be Fit Exercise (2nd)<br>10:00 Prayer Service with Chap. Beverly (CR)<br>1:30 Circle of Friends (SR)<br>1:30 Musical Entertainment with Rionne (1st)<br>2:00 Ed-U Live Presentation with<br>Joe & Delores: <i>A Walk Through History</i> (3rd)<br>3:00 Hilarious Mad Libs (1st)<br>6:00 Dominos (1st)                      | <div>15</div> 9:00 Daily Chronicle (1st)<br>9:30 Rosary (CR)<br>10:00 Ed-U Presentation: <i>How They Build Massive Submarines in the US</i> (3rd)<br>10:30 Diner's Luncheon Caravan:<br>Norm's Pizza & Eatery**\$(OOB)<br>1:30 Secret Gardening Quote (1st)<br>2:00 Manicures & Music (3rd)<br>2:30 Relaxation to Sights & Sounds (SR)<br>3:00 Providence Place Spa Day (SR)<br>6:30 Pinochle Player's Club (3rd) | <div>16</div> 9:00 Daily Chronicle (1st)<br>9:30 Hand Weight Exercise (2nd)<br>10:00 Bible Study & Hymn Sing (CR)<br>10:30 Coffee & Chat (1st)<br>1:30 Our Journey Together (SR)<br>1:30 Red & Black Card Game (3rd)<br>2:00 TED Talk: <i>The Secret of Successful Aging</i><br>with Cathleen Toomey (3rd)<br>3:00 Men's Club: Pool & Beer (2nd)<br>6:30 Boggle (1st)                                     | <div>Armed Forces Day</div> <div>17</div> 9:00 Daily Chronicle (1st)<br>9:30 Rosary (CR)<br>10:00 Song & Prayer with Faith Church (CR)<br>10:30 Cahir Yoga Exercise (2nd)<br>1:30 Movie Matinee: <i>Broken Bridges</i> (3rd)<br>2:00 Tip Tap Toe Dance Company Show (CN)<br>3:00 Resident Photo Shoot (SR)<br>6:00 Card Player's Club (2nd)<br>6:30 Rummikub (1st) |
| <div>18</div> 9:00 Daily Chronicle (1st)<br>9:00 Televised Catholic Mass (3rd)<br>10:00 Finishing The Lines (1st)<br>10:30 Strength Exercise (2nd)<br>11:00-1:00 Wine & Dine (DR)<br>1:15 Worship with Chaplain Beverly (CR)<br>2:00 Bingo (DR)<br>3:30 Silver Sneakers:<br>Outdoor Walking Club (ML)<br>6:00 Yahtzee (1st)   | <div>19</div> 9:00 Daily Chronicle (1st)<br>9:30 Rosary (CR)<br>10:00 Yoga with Bill Kinge (CR)<br>10:00 Bridge Club (3rd)<br>1:30 Interactive Music Class with Cynthia (2nd)<br>2:00 Mindful Mediations (SR)<br>3:00 Hot Rocks Dice Game (2nd)<br>6:00 Color Me Calm (1st)<br>6:30 Pinochles Player's Club (3rd)  | <div>20</div> 9:00 Daily Chronicle (1st)<br>9:30 Shopping Trip Out:<br>Dollar Tree/Aldi's**\$(OOB)<br>10:00 Stretch Exercise (2nd)<br>10:30 Sunshine Club (2nd)<br>1:15 Prayer & Communion Service (CR)<br>2:00 Interactive Murder Mystery Party (1st)<br>2:30 May Gazette (1st)<br>3:00 Ed-U Presentation: <i>Medal of Honor; Part 5: The Koren War</i> ( 2nd)<br>6:00 Card Player's Club (2nd)                     | <div>21</div> 9:00 Daily Chronicle (1st)<br>9:30 International Tea Day: Tea & Biscuits (1st)<br>10:00 Prayer Service with Chap. Beverly (CR)<br>1:30 Circle of Friends (SR)<br>1:30 Hazleton Garden Club:<br>Tulip Arrangements** (1st)<br>2:30 Culinary Club with Chef Jeff (DR)<br>3:00 Wacky Wednesday Work-Outs:<br>Keep The Ball Moving to Music (3rd)<br>6:00 Dominos (1st) | <div>22</div> 9:00 Daily Chronicle (1st)<br>9:30 Rosary (CR)<br>10:00 Welcome Ambassador Meeting (1st)<br>10:30 Book Club Reading: Mystery (1st)<br>1:30 Gardening Club: Planting Herbs (ML)<br>2:00 LCR Dice Game (2nd)<br>2:30 Musical Entertainment: Vernon Jones (DR)<br>3:30 Veterans Trip Out:<br>Mt. Top VFW for Dinner**\$(OOB)<br>6:30 Pinochle Player's Club (3rd)                                      | <div>23</div> 9:00 Daily Chronicle (1st)<br>9:30 Hand Weight Exercise (2nd)<br>10:00 Bible Study & Hymn Sing<br>with Chaplain Beverly (CR)<br>10:30 Coffee & Chat (1st)<br>1:30 Our Journey Together (SR)<br>1:30 Pass The Ball To Music (3rd)<br>2:00 Community Life Meeting with Shay (2nd)<br>3:00 Crazy Tic Tac Toe Game (FP)<br>6:30 Boggle (1st)  | <div>24</div> 9:00 Daily Chronicle (1st)<br>9:30 Rosary (CR)<br>10:00 Chair Yoga Exercise (2nd)<br>10:30 Anne Marie with Therapy Dogs (ML)<br>1:30 Movie Matinee: <i>To Hell &amp; Back</i> (3rd)<br>2:00 Toss Like A Boss Ball Game (FP)<br>3:00 Super Happy Hour:<br>Tequila Honey Bee (1st)<br>6:00 Card Player's Club (2nd)<br>6:30 Rummikub (1st)             |
| <div>25</div> 9:00 Daily Chronicle (1st)<br>9:00 Televised Catholic Mass (3rd)<br>10:00 Finishing The Lines (1st)<br>10:30 Chair Zumba Class with Alyson (2nd)<br>11:00-1:00 Wine & Dine (DR)<br>1:15 Worship with Chaplain Beverly (CR)<br>2:00 Bingo (DR)<br>3:30 Silver Sneakers:<br>Outdoor Walking Club (ML)<br>6:00 Yahtzee (1st)                                 | <div>Memorial Day</div> <div>26</div> 9:00 Daily Chronicle (1st)<br>9:30 Rosary (CR)<br>10:00 Yoga with Bill Kinge (CR)<br>10:00 Bridge Club (3rd)<br>11:00-1:00 Memorial Day Picnic (FP)<br>1:30 Cornhole Tournament (FP)<br>2:00 Cloud Finder (FP)<br>3:00 Spring Craft Clean Up (3rd)<br>6:00 Color Me Calm (1st)<br>6:30 Pinochles Player's Club (3rd) | <div>27</div> 9:00 Daily Chronicle (1st)<br>9:30 Shopping Trip Out:<br>Ochs Farm**\$(OOB)<br>10:00 Stretch Exercise (2nd)<br>10:30 Cranium Crunchers (1st)<br>1:15 Prayer & Communion Service (CR)<br>2:00 Bingo (DR)<br>3:00 Community Meeting with Missie (DR)<br>6:00 Card Player's Club (2nd)  | <div>28</div> 9:00 Daily Chronicle (1st)<br>9:30 Sit & Be Fit Exercise (2nd)<br>10:00 Prayer Service with Chap. Beverly (CR)<br>1:30 Circle of Friends (SR)<br>1:30 Musical Entertainment with Rionne (1st)<br>2:00 Wacky Wednesday Work Outs:<br>Pool Noodle Volleyball (3rd)<br>3:00 Celebration of Life (CR)<br>6:00 Dominos (1st)   | <div>29</div> 9:00 Daily Chronicle (1st)<br>9:30 Rosary (CR)<br>10:00 Family Feud (3rd)<br>10:30 Exercise with Shay (2nd)<br>1:30 Ice Cream Caravan:<br>Milkhouse Creamery**\$(OOB)<br>2:00 Silver Sneakers: Outdoor Walking Club (ML)<br>2:30 Ed-U Presentation: <i>Medal of Honor; Part 6: The Vietnam War</i> ( 2nd)<br>3:00 Manicures & Music (3rd)<br>6:30 Pinochle Player's Club (3rd)                      | <div>30</div> 9:00 Daily Chronicle (1st)<br>9:30 Hand Weight Exercise (2nd)<br>10:00 Bible Study & Hymn Sing (CR)<br>10:30 Coffee & Chat (1st)<br>1:30 Our Journey Together (SR)<br>1:30 Food For Thought & Tasting:<br>Tortellini Pasta Salad (Hot & Cold) (C)<br>2:00 May IQ (1st)<br>3:00 Ed-U Presentation with Director of Nursing<br>Hayley (3rd)<br>6:30 Boggle (1st)                              | <div>31</div> 9:00 Daily Chronicle (1st)<br>9:30 Rosary (CR)<br>10:00 Chair Yoga Exercise (2nd)<br>10:30 Keeping The Beat with<br>Noah B on Drums (3rd)<br>1:30 Movie Matinee: <i>Rio Lobo</i> (3rd)<br>2:00 Ladderball (FP)<br>3:00 Resident Photo Shoot (SR)<br>6:00 Card Player's Club (2nd)<br>6:30 Rummikub (1st)   |