Q2: May 2025

A Note from the Executive Director

Our Dementia Care Partner Support Group continues on the last Thursday of each month - all are welcome to join us in May on 5/29 at 6pm.

We are enjoying some updated flooring in the community. The remainder of the replacements are scheduled for June. Come check out the refresh along with the updated dining room.

Please also **SAVE THE DATE** for our upcoming Summer Bash on June 28th @ 11am-2pm.

Spring is shaping up to be really fantastic in Pine Grove - we can't wait to use our patio and courtyard space and to see lots of family and friends. We also welcome back our Business Office Manager, Kelsey - stop in to say hi!

Blessings,

Cynthia Martin Executive Director

Highlighted Events

- 5 Cinco de Mayo festivities
- 7 Musical Entertainment @ 2pm The Singing Mayor
- 9 **Garden Club** @ 12:30pm with Day of Caring volunteers
- 11 Mother's Day Tea @ 3pm
- 26 Memorial Day festivities
- 29 Dementia Support Group @ 6pm

Every Tuesday @ 2pm:

Bible Study

Every Tuesday @ 2:30pm:

Circle of Friends

Welcome New Residents

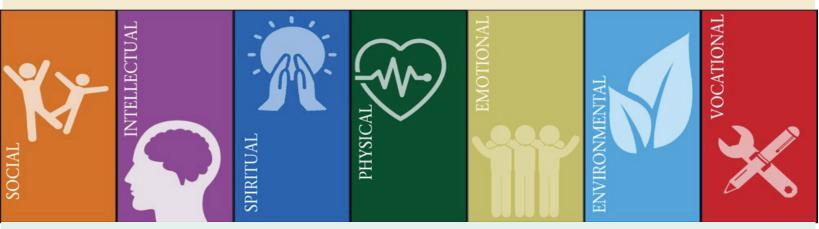
Anne Lukach Violet Lengle Leroy Reale

Focus on Wellness

We are finally seeing the beautiful signs of Spring and that means getting outside and enjoying the warming weather. Spending time in natural environments can improve your physical and mental health. Some ways we can enjoy these benefits:

- Walking in nature could improve your short-term memory
- Being outdoors has a destressing effect
- Spending time outdoors reduces inflammation & helps eliminate fatigue
- Outdoor experiences may help fight depression and anxiety
- Spending time outside lowers blood pressure

Please enjoy all of our outdoor walking paths and activities. Check your calendar for spring outings!



Resident Birthdays

May

- 1 Leona Kintzel
- 13 Randall Schwalm
- 14 Brenda Wiscount
- 24 Michael Prime

June

- 7 Mary Evelyn Trinkle
- 8 James Smith
- 10 June Seiler
- 15 Marilyn Herb
- 21 Catherine Dinko
- 28 William Hoffman



For Community Life activities, campus events and Providence Place happenings, please follow our Facebook page at www.Facebook.com/ProvPlace.



To sign up to receive this quarterly newsletter and monthly events calendar via email, please contact us to subscribe at Info@Prov-Place.com.



www.Providence-Place.com