

Focus on Wellness

We are finally seeing the beautiful signs of Spring and that means getting outside and enjoying the warming weather. Spending time in natural environments can improve your physical and mental health. Some ways we can enjoy these benefits:

- Walking in nature could improve your short-term memory
- Being outdoors has a destressing effect
- Spending time outdoors reduces inflammation & helps eliminate fatigue
- Outdoor experiences may help fight depression and anxiety
- Spending time outside lowers blood pressure

Please enjoy all of our outdoor walking paths and activities. Check your calendar for spring outings!



Resident Birthdays

May

2 - Elsie Fragale
 9 - Catherine Havrilla
 12 - John Thomas
 13 - Paul Deebel
 14 - Florence Shuey
 18 - Margaret Ann Ritter
 19 - Carolyn Curran
 20 - Elmer Kramer
 22 - Abla Kholoussy

25 - Betty Tower
 27 - Joan Grapsy
 27 - Elaine Benko
 31 - Pauline Dunkelberger
 31 - Charles Lantz

June

1 - Albert Schneider
 3 - Ruth Terwilliger
 5 - Lynn Korn
 15 - Joan Moyer
 16 - Judith Thomas
 19 - Evelyn Moore
 21 - Mary Lou Widel
 22 - James Miller
 24 - Gerladine Womer
 26 - Anna Mease
 28 - Donald Hoffman
 28 - Leonard Caruso
 29 - Margaret Antanavage



Providence Place SENIOR LIVING News

Q2: May 2025

A Note from the Executive Director

Happy Spring!

Please join me in welcoming back Kelsey to our Business Office - she will be in the office to assist with needs on Mondays, Wednesdays and Thursdays. Stop in to say hi and see her family pictures.

We will also have some new faces around the community as our new receptionist, Sasha, and our new Community Life Director, Kim, will be joining us. Community Life will enjoy Sandy Rossi, our current dining room coordinator, as the new activities associate. We are looking forward to some fun spring and summer events with everyone.

Our Spring Family Meeting will be held on May 14th @ 6pm with David Leader. Please plan to attend as we will have key Leadership here also to answer any questions you may have and provide information on our clinical care offerings.

Best,

Julie Wallace
Executive Director

Highlighted Events

- 7 - **Paint Class with Shannon**
@ 2pm
- 11 - **Mother's Day Tea** @ 2pm
- 13 - **Kentucky Derby Social Hour**
@ 2pm
- 14 - **Spring Family Meeting**
@ 7pm - Families welcome!
- 20 - **Men's Club: Picnic & Fishing**
@ 12pm
- 26 - **Memorial Day Picnic**
@ 11am-1pm

Fridays at 9:30am -
Green Thumb Club

Welcome New Residents

Francis Stephen
 Catherine Halpin
 Lynn Nickels
 Anna Lukacz
 Margaret Ann Ritter
 Joan Paparazo
 Margaret Ebling
 Clair Dunkelberger
 Joyce Cantu



For Community Life activities, campus events and Providence Place happenings, please follow our Facebook page at www.Facebook.com/ProvPlace.



To sign up to receive this quarterly newsletter and monthly events calendar via email, please contact us to subscribe at Info@Prov-Place.com.



www.Providence-Place.com

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY				
		Calendar Key: ** Registration Required \$\$ Cost Involved P Pub CM Community Room 1FP 1st Floor Patio FP Front Porch DR Dining Room ML Main Lobby OOB Out of Building	<h1>May 2025</h1>		1	2	3			
		4			5	6	7	8	9	10
		11			12	13	14	15	16	17
		18			19	20	21	22	23	24
		25			26	27	28	29	30	31
9:00 Hymn Sing (P) 9:30 Live Stream Worship: St. John's UCC (P) 10:30 Balance in Action (P) 11&12 Wine & Dine (ALL DR) 1:00 Sunday Matinee: <i>Because I Said So</i> (P) 3:00 Communion Service with Chaplain Henninger (CM) 3:30 Corn Hole Toss (P) 6:00 Puzzles (P)	9:00 Daily Chronicle with Friends (ML) 9:30 Brain Games: Name 5 (ML) 10:00 Crosswords & Coffee (P) 10:30 Seated Yoga with Michele (P) 1:30 Gratitude Club Meeting (P) 2:00 Worship Service w/Chap. Brittany (CM) 2:30 Victorian Humor (P) 3:00 Circle of Friends (CM) 3:30 Craft Corner: Favors for Tea (P) 6:00 Game Nights with Friends (P)	9:00 Daily Chronicle with Friends (ML) 9:30 Morning Steppers (ML) 10:00 Dining Committee Meeting (DR) 10:30 Balloon Volleyball (P) 1:30 Card Games: War (P) 2:00 Fiesta Social Hour (P) 3:00 Star of the Month: Vincent Price (P) 6:00 Nickel Bingo \$\$ (P) 7:00 Ed-U Excursion: <i>Constellations & Their Stories</i> at PAHS Planetarium ** (OOB)	9:00 Daily Chronicle with Friends (ML) 9:00 Shopping Trip: Walmart **\$(OOB) 9:30 Good Morning Café (P) 10:30 Light & Lively Exercise (P) 1:30 Errand Day: Banks & Post Office **\$(OOB) 2:00 Worship Service w/Chaplain Brittany (CM) 2:00 Acrylic Paint Class with Shannon ** (P) 3:00 Bible Study (CM) 3:30 Bean Bag Toss Game (P) 6:00 Dominoes with Friends (P)	9:00 Daily Chronicle with Friends (ML) 9:30 Brain Games: Riddles (ML) 10:00 Sudoku & Snacks (P) 10:30 Keep Kicking Kickball (P) 12:00 Nurse's Day Luncheon ** (P) 1:30 Gard Games: UNO (P) 2:00 Manicures & Mimosas ** (P) 2:30 Animal Kingdom: Busy Beavers (P) 3:00 Craft Corner: Derby Hats (P) 6:00 Nickel Bingo \$\$ (P)	9:00 Daily Chronicle with Friends (ML) 9:30 Green Thumbs: Tending our Plants (TB) 10:00 Cranium Crunches (P) 10:30 Balloon Badminton (P) 1:30 Seated Zumba with Michele (P) 2:30 5 Things Game (P) 3:00 Mass & Confession w/Father Karpyn (CM) 3:30 Cuisine Club: Strawberry Sweet Cream Delight (P) 6:00 Evening Movie: <i>Blue Hawaii</i> (P)	9:00 Daily Chronicle with Friends (ML) 9:30 Morning Walkers Club (ML) 10:00 Find a Word & Fudge (P) 10:30 Horse Racing (P) 1:30 Short Story Book Club (L) 2:00 Nickel Bingo \$\$ (P) 3:30 Vagabond Travelers: Creation of the Great Lakes with Sugar Free Chocolate Parfaits (P) 6:00 Color Me Creative (P)				
Mother's Day 9:00 Hymn Sing (P) 9:30 Live Stream Worship: Trinity Lutheran Church (P) 10:30 Balance in Action (P) 11&12 Wine & Dine (ALL DR) 2:00 Mother's Day Tea ** (P) 3:00 Communion Service with Chaplain Henninger (CM) 6:00 Puzzles (P)	9:00 Daily Chronicle with Friends (ML) 9:30 Brain Games: Pictionary (ML) 10:00 Crosswords & Cookies (P) 10:30 Seated Yoga with Michele (P) 1:30 Bingo Club Meeting (P) 2:00 Worship Service w/Chap. Brittany (CM) 2:30 Musical Mayhem: Splashy Xylophone (P) 3:00 Circle of Friends (CM) 3:30 Cornhole (P) 6:00 Evening Movie: <i>The Whales of August</i> (P)	9:00 Daily Chronicle with Friends (ML) 9:30 Morning Steppers (ML) 10:00 Cranium Crunches (P) 10:30 Balloon Volleyball (P) 12:00 Great Lakes Fish Fry ** (1FP) 2:00 Kentucky Derby Social Hour (P) 3:00 Providence Place Derby (P) 6:00 Nickel Bingo \$\$ (P)	9:00 Daily Chronicle with Friends (ML) 9:00 Shopping Trip: Fairlane Mall **\$(OOB) 9:30 Who, What, Where Game (P) 10:30 Strength Training (P) 1:30 Birthday Club (P) 2:00 Art with Christy from Advantage (P) 2:00 Worship Service w/Chap. Brittany (CM) 3:00 Bible Study (CM) 3:30 Ring Toss (1FP) 6:00 Reminisce & Refreshment w/Friends (FP)	9:00 Daily Chronicle with Friends (ML) 9:30 Brain Games: Pictionary (ML) 10:00 Sudoku & Snacks (P) 10:30 Keep Kicking Kickball (P) 1:30 Card Games: War (P) 2:00 Manicures & Mimosas ** (P) 2:30 Gratitude Calendar (P) 3:00 Operation Boots on the Ground (P) 6:00 Prize Bingo (P)	9:00 Daily Chronicle with Friends (ML) 9:30 Green Thumbs: Tending our Plants (TB) 10:00 Cranium Crunches (P) 10:30 Balloon Badminton (P) 1:30 Seated Zumba with Michele (P) 2:30 Junk Drawer Detective (P) 3:00 Communion Service with Chaplain Henninger (CM) 3:30 Cuisine Club: Chocolate Truffles (P) 6:00 Evening Movie: <i>Look Who's Coming to Dinner</i> (P)	Armed Forces Day 9:00 Daily Chronicle with Friends (ML) 9:30 Morning Steppers (ML) 10:00 Find a Word & Fudge (P) 10:30 Penny Pitching (P) 2:00 Entertainment Featuring Pianist Bryan Herber (P) 3:00 Nickel Bingo \$\$ (P) 6:00 Color Me Creative (P)				
9:00 Hymn Sing (P) 9:30 Live Stream Worship: St. John's UCC (P) 10:30 Balance in Action (P) 11&12 Wine & Dine (ALL DR) 1:00 Sunday Matinee: <i>For Love & Honey</i> (P) 3:00 Communion Service with Chaplain Henninger (CM) 3:30 Reader's Theater: <i>The Unexpected Guest</i> (P) 6:00 Puzzles (P)	9:00 Daily Chronicle with Friends (ML) 9:30 Brain Games: Great Lakes Trivia (ML) 10:00 Crosswords & Coffee (P) 10:30 Seated Yoga with Michele (P) 1:30 Movie Buffs Club Meeting (P) 2:00 Worship Service w/Chap. Brittany (CM) 2:30 The History of Batik Art (P) 3:00 Circle of Friends (CM) 3:30 Faux Batik Art (P) 6:00 Dominoes with Friends (P)	9:00 Daily Chronicle with Friends (ML) 9:30 Morning Steppers (ML) 10:00 Chef's Table with Jake (DR) 10:30 Balloon Volleyball (P) 12:00 Silver Fox: Picnic and Fishing Outing ** (OOB) 1:30 Welcome Committee Meeting (P) 2:00 Ed-U Presentation: Tea Talk with Michele (P) 3:00 Jeopardy (P) 6:00 Nickel Bingo \$\$ (P)	9:00 Daily Chronicle with Friends (ML) 9:00 Shopping Trip: Walmart \$\$ (P) 9:30 Good Morning Café (P) 10:30 Drum Stick Exercise (P) 12:00 Foodies Dine Out: Cracker Barrel **\$(OOB) 1:30 Card Games: UNO 2:00 Worship Service w/Chap. Brittany (CM) 2:30 Fishing Rodeo (1FP) 3:00 Bible Study (CM) 6:00 Outdoor Game Night with Friends (1FP)	9:00 Daily Chronicle with Friends (ML) 9:30 Brain Games: Word Within a Word (ML) 10:00 Sudoku & Snacks (P) 10:30 Keep Kicking Kickball (P) 1:30 Foodies Meeting (P) 2:00 Manicures & Mimosas ** (P) 2:30 Bodies of Water in the Bible Discussion (P) 3:00 Ed-U Wellness: <i>All About Arthritis</i> (P) 6:00 Nickel Bingo \$\$ (P)	9:00 Daily Chronicle with Friends (ML) 9:30 Green Thumbs: Tending our Plants (TB) 10:00 Cranium Crunches (P) 10:30 Balloon Badminton (P) 1:30 Gentle Stretching (P) 2:30 Mom-a-Day Jokes & Puns (P) 3:00 Communion Service with Chaplain Henninger (CM) 3:30 Cuisine Club: Soft Vanilla Pudding Cookies (P) 6:00 Evening Movie: <i>Citizen Kane</i> (P)	9:00 Daily Chronicle with Friends (ML) 9:30 Morning Steppers (ML) 10:00 Find a Word & Fudge (P) 10:30 Punch for a Prize (P) 1:00 Short Story Book Club Discussion (L) 2:00 Nickel Bingo \$\$ (P) 3:30 Vagabond Travelers: <i>Drain the Great Lakes: Secrets of These Freshwater Oceans</i> with Soft Vanilla Cookies (P) 6:00 Color Me Creative (P)				
9:00 Hymn Sing (P) 9:30 Live Stream Worship: Trinity Lutheran Church (P) 10:30 Balance in Action (P) 11&12 Wine & Dine (ALL DR) 1:00 Sunday Matinee: <i>Pearl Harbor</i> (P) 3:00 Communion Service with Chaplain Henninger (CM) 6:00 Puzzles (P)	Memorial Day 9:00 Daily Chronicle with Friends (ML) 9:30 Brain Games: Memorial Day Trivia (ML) 10:00 Crosswords & Coffee (P) 10:30 Helping Hands: Setting up Picnic (1FP) 11-1 Memorial Day Picnic (ALL DR & 1FP) 2:00 Entertainment by Pat Maue (P) 3:00 Country Ride to Indiantown Gap National Cemetery (P) 6:00 Evening Movie: <i>Flags of Our Fathers</i> (P)	9:00 Daily Chronicle with Friends (ML) 9:30 Morning Steppers (P) 10:00 Cranium Crunches (P) 10:30 Balloon Volleyball (P) 1:30 Tell Me a Story (P) 2:00 Welcome Social (P) 3:00 Getting to Know Your Neighbor (P) 6:00 Nickel Bingo \$\$ (P)	9:00 Daily Chronicle with Friends (ML) 9:30 5 Things a Pondering Game (P) 10:00 Day Excursion: Hollywood Casino **\$(OOB) 10:30 Seated Dance Exercise (P) 1:30 Craft Corner: Water Color Scene (P) 2:00 Worship Service w/Chap. Brittany (CM) 2:30 Bowling (P) 3:00 Bible Study (CM) 6:00 Card Games with Friends (P)	9:00 Daily Chronicle with Friends (ML) 9:30 Brain Games: Modern Trivia (ML) 10:00 Sudoku & Snacks (P) 10:30 Keep Kicking Kickball (P) 2:00 Community Meeting (P) 3:00 Ed-U Presentation: <i>PA Wildlife</i> by the PA Game Commission (P) 5:00 May Resident Birthday Dinner (P)	9:00 Daily Chronicle with Friends (ML) 9:30 Green Thumbs: Tending our Plants (TB) 10:00 Cranium Crunches (P) 10:30 Balloon Badminton (P) 1:30 Seated Zumba with Michele (P) 2:30 Wheel of Fortune (P) 3:00 Communion Service with Chaplain Henninger (CM) 3:30 Cuisine Club: Polish Babka (P) 6:00 Evening Movie: <i>Sweet Home Alabama</i> (P)	9:00 Daily Chronicle with Friends (ML) 9:30 Morning Steppers (ML) 10:00 Find a Word & Fudge (P) 10:30 Penny Pitching (P) 2:00 Nickel Bingo \$\$ (P) 3:30 Vagabond Travelers: <i>World's Toughest Boat Trips</i> with Polish Babka (P) 6:00 Color Me Creative (P)				