


Chambersburg

CONNECTIONS



JULY 2025

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1	2	3	4	5
		6:00 Activities of Daily Living 8:00 Breakfast 9:30 Morning Meet Up: Daily Chronicle and Devotional 10:00 Ab-solutely Solid Core Workout 10:30 Shake and Shimmy Music Therapy 11:30 Lunch 1:45 Crafts with Club: Patriotic Tye Dye Napkins 2:30 Cool Off in the Courtyard 3:00 Sunny Self Care 4:00 Dinner 5:00 International Adventures 7:00 Evening Wind Down	6:00 Activities of Daily Living 8:00 Breakfast 9:30 Morning Meet Up: Daily Chronicle and Devotional 10:00 Stretch Away the Stress 10:30 Mid Morning Mind Crunch 11:30 Lunch 1:30 Day Excursion: Rita's in Shippensburg 2:00 Fourth of July Firework Show 2:30 Refreshments with Friends 3:00 Leading Ladies: Hymns and Bible Study with Patti 4:00 Dinner 5:00 Calming Nature Livestreams 7:00 Evening Wind Down	6:00 Activities of Daily Living 8:00 Breakfast 9:30 Morning Meet Up: Daily Chronicle and Devotional 10:00 Mobility in Motion 10:30 Mid Morning Mind Crunch 11:30 Lunch 1:45 Cooking with Club: Firecracker Float 2:30 Star Spangled Sundae Bash 3:00 Midweek Worship Service 4:00 Dinner 5:00 Retro Radio 7:00 Evening Wind Down	6:00 Activities of Daily Living 8:00 Breakfast 9:30 Morning Meet Up: Daily Chronicle and Devotional 10:00 Easy Arm Exercises 10:30 Mid-Morning Mind Crunch 11:00 Discussing the Day Ahead 11:30 Lunch 1:30 Fourth of July Firework Comb Painting 2:00 Violin Performance by Heidi from Grane Hospice 2:30 Memory Café 3:00 Balloon Volleyball League 4:00 Dinner 5:00 Relaxing Reading 7:00 Evening Wind Down Independence Day	6:00 Activities of Daily Living 8:00 Breakfast 9:30 Morning Meet Up: Daily Chronicle and Devotional 10:00 Choose Your Own Exercise 10:30 Mid-Morning Mind Crunch 11:00 Discussing the Day Ahead 11:30 Lunch 1:30 Musical Memories with Bryan Herber 2:30 Hydration Station 3:00 Fluff and Fold 4:00 Dinner 5:00 Cute and Cuddly Animals 7:00 Evening Wind Down
6	7	8	9	10	11	12
6:00 Activities of Daily Living 8:00 Breakfast 9:30 Sunday Service Televised: Grand Point Church 10:00 Create Your Own Story 10:30 Chair Yoga 11:00 Discussing the Day Ahead 11:30 Lunch 1:30 Red, White, and Blue Trivia 2:30 Mocktail Happy Hour: Fizzy Fruit Punch 3:00 Worship Service 4:00 Dinner 5:00 Cozy Conversations 7:00 Evening Wind Down	6:00 Activities of Daily Living 8:00 Breakfast 9:30 Morning Meet Up: Daily Chronicle and Devotional 10:00 Lots o' Leg Exercise 10:30 Mid-Morning Mind Crunch 11:00 Discussing the Day Ahead 11:30 Lunch 1:30 Sing-A-Long with Catchy Songs: Movie Musicals 2:30 Memory Café 3:00 Sunshine Club 4:00 Dinner 5:00 Classic TV 7:00 Evening Wind Down	6:00 Activities of Daily Living 8:00 Breakfast 9:30 Morning Meet Up: Daily Chronicle and Devotional 10:00 Ab-solutely Solid Core Workout 10:30 Shake and Shimmy Music Therapy 11:30 Lunch 1:45 Crafts with Club: Whimsical Wind Chimes 2:30 Refreshments with Friends 3:00 Sunny Self Care 4:00 Dinner 5:00 International Adventures 7:00 Evening Wind Down	6:00 Activities of Daily Living 8:00 Breakfast 9:30 Morning Meet Up: Daily Chronicle and Devotional 10:00 Stretch Away the Stress 10:30 Mid Morning Mind Crunch 11:30 Lunch 1:30 Day Excursion: July Joy Ride 2:00 World Famous Island of Garden 2:30 Refreshments with Friends 3:00 Leading Ladies: Hymns and Bible Study with Patti 4:00 Dinner 5:00 Calming Nature Livestreams 7:00 Evening Wind Down	6:00 Activities of Daily Living 8:00 Breakfast 9:30 Morning Meet Up: Daily Chronicle and Devotional 10:00 Mobility in Motion 10:30 Mid Morning Mind Crunch 11:30 Lunch 1:45 Cooking with Club: Oreo Icebox Cake 2:30 Cool Cookie Soiree 3:00 Midweek Worship Service 4:00 Dinner 5:00 Retro Radio 7:00 Evening Wind Down	6:00 Activities of Daily Living 8:00 Breakfast 9:30 Morning Meet Up: Daily Chronicle and Devotional 10:00 Easy Arm Exercises 10:30 Mid-Morning Mind Crunch 11:00 Discussing the Day Ahead 11:30 Lunch 1:30 What Fits Where? Matching Game 2:30 Memory Café 3:00 Balloon Volleyball League 4:00 Dinner 5:00 Relaxing Reading 7:00 Evening Wind Down	6:00 Activities of Daily Living 8:00 Breakfast 9:30 Morning Meet Up: Daily Chronicle and Devotional 10:00 Choose Your Own Exercise 10:30 Mid-Morning Mind Crunch 11:00 Discussing the Day Ahead 11:30 Lunch 1:30 Word Ladder 2:30 Hydration Station 3:00 Fluff and Fold 4:00 Dinner 5:00 Cute and Cuddly Animals 7:00 Evening Wind Down

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<div>13</div> <div> 6:00 Activities of Daily Living 8:00 Breakfast 9:30 Sunday Service Televised: Grand Point Church 10:00 Create Your Own Story 10:30 Chair Yoga 11:00 Discussing the Day Ahead 11:30 Lunch 1:30 July Stitch Up 2:30 Mocktail Happy Hour: Blue Hawaiian 3:00 Worship Service 4:00 Dinner 5:00 Cozy Conversations 7:00 Evening Wind Down </div>	<div>14</div> <div> 6:00 Activities of Daily Living 8:00 Breakfast 9:30 Morning Meet Up: Daily Chronicle and Devotional 10:00 Lots o' Leg Exercise 10:30 Mid-Morning Mind Crunch 11:00 Discussing the Day Ahead 11:30 Lunch 1:30 Match the Item to the Room 2:30 Memory Café 3:00 Sunshine Club 4:00 Dinner 5:00 Classic TV 7:00 Evening Wind Down </div>	<div>15</div> <div> 6:00 Activities of Daily Living 8:00 Breakfast 9:30 Morning Meet Up: Daily Chronicle and Devotional 10:00 Ab-solutely Solid Core Workout 10:30 Shake and Shimmy Music Therapy 11:30 Lunch 1:45 Day Excursion: Windy Knoll's 2:00 Summertime Sun Prints 2:30 Cool Off in the Courtyard 3:00 Sunny Self Care 4:00 Dinner 5:00 International Adventures 7:00 Evening Wind Down </div>	<div>16</div> <div> 6:00 Activities of Daily Living 8:00 Breakfast 9:30 Morning Meet Up: Daily Chronicle and Devotional 10:00 Stretch Away the Stress 10:30 Mid Morning Mind Crunch 11:30 Lunch 1:30: Art with Patti: Agamograph 2:30 Refreshments with Friends 3:00 Leading Ladies: Hymns and Bible Study with Patti 4:00 Dinner 5:00 Calming Nature Livestreams 7:00 Evening Wind Down </div>	<div>17</div> <div> 6:00 Activities of Daily Living 8:00 Breakfast 9:30 Morning Meet Up: Daily Chronicle and Devotional 10:00 Mobility in Motion 10:30 Mid Morning Mind Crunch 11:30 Lunch 1:45 Odd Word Out Quiz 2:30 Cream Soda Floats 3:00 Midweek Worship Service 4:00 Dinner 5:00 Retro Radio 7:00 Evening Wind Down </div>	<div>18</div> <div> 6:00 Activities of Daily Living 8:00 Breakfast 9:30 Morning Meet Up: Daily Chronicle and Devotional 10:00 Easy Arm Exercises 10:30 Mid-Morning Mind Crunch 11:00 Discussing the Day Ahead 11:30 Lunch 1:30 July Book Club: The Knitting Tree 2:30 Memory Café 3:00 Balloon Volleyball League 4:00 Dinner 5:00 Relaxing Reading 7:00 Evening Wind Down </div>	<div>19</div> <div> 6:00 Activities of Daily Living 8:00 Breakfast 9:30 Morning Meet Up: Daily Chronicle and Devotional 10:00 Choose Your Own Exercise 10:30 Mid-Morning Mind Crunch 11:00 Discussing the Day Ahead 11:30 Lunch 1:30 Guess the 60's TV Show Theme Song 2:30 Hydration Station 3:00 Fluff and Fold 4:00 Dinner 5:00 Cute and Cuddly Animals 7:00 Evening Wind Down </div>
<div>20</div> <div> 6:00 Activities of Daily Living 8:00 Breakfast 9:30 Sunday Service Televised: Grand Point Church 10:00 Create Your Own Story 10:30 Chair Yoga 11:00 Discussing the Day Ahead 11:30 Lunch 1:30 Can You Picture This? 2:30 Mocktail Happy Hour: Sharkbite Punch 3:00 Worship Service 4:00 Dinner 5:00 Cozy Conversations 7:00 Evening Wind Down </div>	<div>21</div> <div> 6:00 Activities of Daily Living 8:00 Breakfast 9:30 Morning Meet Up: Daily Chronicle and Devotional 10:00 Lots o' Leg Exercise 10:30 Mid-Morning Mind Crunch 11:00 Discussing the Day Ahead 11:30 Lunch 1:30 Around the Table Talk: Lunar Landing in the 60's 2:30 Memory Café 3:00 Sunshine Club 4:00 Dinner 5:00 Classic TV 7:00 Evening Wind Down </div>	<div>22</div> <div> 6:00 Activities of Daily Living 8:00 Breakfast 9:30 Morning Meet Up: Daily Chronicle and Devotional 10:00 Ab-solutely Solid Core Workout 10:30 Shake and Shimmy Music Therapy 11:30 Lunch 1:45 Crafts with Club: Wooden Watermelon Coasters 2:30 Refreshments with Friends 3:00 Sunny Self Care 4:00 Dinner 5:00 International Adventures 7:00 Evening Wind Down </div>	<div>23</div> <div> 6:00 Activities of Daily Living 8:00 Breakfast 9:30 Morning Meet Up: Daily Chronicle and Devotional 10:00 Stretch Away the Stress 10:30 Mid Morning Mind Crunch 11:30 Lunch 1:30 Day Excursion: Summer Breeze Bus Bash 2:00 Wonders of Planet Earth 2:30 Refreshments with Friends 3:00 Leading Ladies: Hymns and Bible Study with Patti 4:00 Dinner 5:00 Calming Nature Livestreams 7:00 Evening Wind Down </div>	<div>24</div> <div> 6:00 Activities of Daily Living 8:00 Breakfast 9:30 Morning Meet Up: Daily Chronicle and Devotional 10:00 Mobility in Motion 10:30 Mid Morning Mind Crunch 11:30 Lunch 1:45 Cooking with Club: Banana Splits 2:30 July Banana Bonanza Bash 3:00 Midweek Worship Service 4:00 Dinner 5:00 Retro Radio 7:00 Evening Wind Down </div>	<div>25</div> <div> 6:00 Activities of Daily Living 8:00 Breakfast 9:30 Morning Meet Up: Daily Chronicle and Devotional 10:00 Easy Arm Exercises 10:30 Mid-Morning Mind Crunch 11:00 Discussing the Day Ahead 11:30 Lunch 1:30 Christmas in July Party 2:30 Memory Café 3:00 Balloon Volleyball League 4:00 Dinner 5:00 Relaxing Reading 7:00 Evening Wind Down </div>	<div>26</div> <div> 6:00 Activities of Daily Living 8:00 Breakfast 9:30 Morning Meet Up: Daily Chronicle and Devotional 10:00 Choose Your Own Exercise 10:30 Mid-Morning Mind Crunch 11:00 Discussing the Day Ahead 11:30 Lunch 1:30 Summer Picture Clues 2:30 Hydration Station 3:00 Fluff and Fold 4:00 Dinner 5:00 Cute and Cuddly Animals 7:00 Evening Wind Down </div>
<div>27</div> <div> 6:00 Activities of Daily Living 8:00 Breakfast 9:30 Sunday Service Televised: Grand Point Church 10:00 Create Your Own Story 10:30 Chair Yoga 11:00 Discussing the Day Ahead 11:30 Lunch 1:30 Finish the Song Lyric 2:30 Mocktail Happy Hour: Sunset Mocktail 3:00 Worship Service 4:00 Dinner 5:00 Cozy Conversations 7:00 Evening Wind Down </div>	<div>28</div> <div> 6:00 Activities of Daily Living 8:00 Breakfast 9:30 Morning Meet Up: Daily Chronicle and Devotional 10:00 Lots o' Leg Exercise 10:30 Mid-Morning Mind Crunch 11:00 Discussing the Day Ahead 11:30 Lunch 1:30 Headbands Guessing Game: Summertime Edition 2:30 Memory Café 3:00 Sunshine Club 4:00 Dinner 5:00 Classic TV 7:00 Evening Wind Down </div>	<div>29</div> <div> 6:00 Activities of Daily Living 8:00 Breakfast 9:30 Morning Meet Up: Daily Chronicle and Devotional 10:00 Ab-solutely Solid Core Workout 10:30 Shake and Shimmy Music Therapy 11:30 Lunch 1:45 Crafts with Club: Suds and Science 2:30 Bubbly Beverages 3:00 Sunny Self Care 4:00 Dinner 5:00 International Adventures 7:00 Evening Wind Down </div>	<div>30</div> <div> 6:00 Activities of Daily Living 8:00 Breakfast 9:30 Morning Meet Up: Daily Chronicle and Devotional 10:00 Stretch Away the Stress 10:30 Mid Morning Mind Crunch 11:30 Lunch 1:30 Day Excursion: Bus Cruise in the Bramble 2:00 Secret Lives of Hummingbirds 2:30 Refreshments with Friends 3:00 Leading Ladies: Hymns and Bible Study with Patti 4:00 Dinner 5:00 Calming Nature Livestreams 7:00 Evening Wind Down </div>	<div>31</div> <div> 6:00 Activities of Daily Living 8:00 Breakfast 9:30 Morning Meet Up: Daily Chronicle and Devotional 10:00 Mobility in Motion 10:30 Mid Morning Mind Crunch 11:30 Lunch 1:45 Cooking with Club: Fruit Cones 2:30 Summer Citrus Cone Social 3:00 Midweek Worship Service 4:00 Dinner 5:00 Retro Radio 7:00 Evening Wind Down </div>	<div> <div>CONNECTIONS</div> <div>  </div> <div>JULY 2025</div> </div>	