

Focus on Wellness

SUMMER is here! Be sure to make the most of the season with these healthy tips:

- Stay Hydrated with plenty of water
- Use sunscreen and shade to enjoy the outdoors
- Enjoy socializing with friends in nature
- Enjoy local, seasonal produce in our dining programs

Please enjoy all of our outdoor walking paths and activities.
Check your calendar for outings and family events!



Resident Birthdays

July

7 - Kenneth Pepper
9 - Marian Moats
10 - Jane Tyson
11 - Barbara Lawrence
12 - Nada Kennedy
13 - Theresa Kuhna
13 - Leevester Taylor
15 - Chester Garman
15 - Jean Stambaugh
15 - Keith Shanholtz
17 - Sarah Pryor

August

21 - Shirley Shilling
22 - Agnes Maurello
24 - Helen Wenger
25 - Doris Dull
26 - Susan Downin
27 - Benjamin Davis
27 - Martha Sipos

4 - Paul Nicarry
4 - Marion King
5 - Peggy Gsell
6 - Elizabeth Stewart
10 - Lydia Baker
12 - Agnes Peden
12 - Robert Lunsford
13 - Beverly Barnes
14 - Jean Wengert
14 - Jean Underwood
14 - Dorothy Davis

September

18 - Rosemary Sheridan
19 - Ruth Killian
24 - Mary Mathias
24 - Shirley St. Clair
24 - Alice Davis
25 - Susan McCarl
25 - Anne Marie Hickey
30 - Dorothy Paylor
31 - Clair Baker

1 - Terry Auvil
1 - Lois Hoover
4 - Lois Garman
6 - Donald Duffey
8 - Betty Fogelsanger
8 - Karen Boyd
9 - Sandra Bender
10 - Elizabeth Hammaker
12 - Virginia Federhoof
13 - Earl Robinson
17 - Joann Bachtell

17 - Leon McIntyre
24 - Eleanora Duffey
24 - Stephanie Coldsmith
25 - William Brindle
26 - K Lorraine Shaffer
26 - Carolyn Rotz
28 - Bonita Mearkle
29 - Stephen Martin
30 - LeVaun Stouffer
30 - Betty Petrie



For Community Life activities, campus events and Providence Place happenings, please follow our Facebook page at www.Facebook.com/ProvPlace.



To sign up to receive this quarterly newsletter and monthly events calendar via email, please contact us to subscribe at Info@Prov-Place.com.



www.Providence-Place.com



Providence Place SENIOR LIVING News

Q3: July 2025

A Note from the Executive Director

It has been wonderful seeing so many residents, family members and others utilizing our outdoor spaces and the walking trail. A quick reminder that call pendants are available at the receptionist desk to borrow during your walk. You can check one out from the receptionist if you feel safer having that while walking on campus and then return it upon completion of your walk.

Also, remember that there are benches, gazebos and picnic tables on our beautiful 17-acre property. If you are looking to host a gathering of friends or family members you can always reserve an indoor or outdoor space. Lorelei or Leah in Community Life can assist you in making reservations. Because this is your home and sometimes it is easier to bring the fun celebrations here to Providence Place rather than venturing out to areas that can be challenging if you have physical limitations!

I hope you are enjoying your summer thus far. Stay safe and stay healthy.

Best,

Holly Townsend
Executive Director

Highlighted Events

4 - **July 4th festivities + Fireworks**

8 - **Franklin County Bookmobile**
@ 11am

9 - **Dementia Support Group**
@ 6pm - *Connections*

16 - **Community Meeting** @ 2pm

Saturdays at 10am-
Personal Device/Technology Assistance

Welcome New Residents

Boyd Hey

Doris Hey


Cynthia Walker

Betty Petrie

Stephen Underwood

Jean Underwood

Ingrid Moynihan

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		<div>1</div> <div> 9:00 Sit & Be Fit Exercise (3E) 9:00 Shopping Trip: Walmart **\$(OOB) 10:00 America's National Trivia (P) 1:30 Acrylic Canvas Paintings (C) 2:00 Premiering Entertainment with Eric Everett (2A) 3:00 Curious Minds: <i>Betsy Ross A Life Sewn in Myth</i> with Marla Miller (3A) 6:00 Resident Run Rummikub (2A) </div>	<div>2</div> <div> 9:00 Seated Weights with Leah (3E) 10:00 Circle of Friends (PDR) 10:00 Cooking Creation: Pasta Salad & Brownies (C) 2:00 Charades (P) 3:00 Design Club: Independence Day (P) 3:00 Men's Club with Chaplain Rick (3E) 4:30 Dinner on the Deck **(P) 6:00 Resident Run Sequence (2A) </div>	<div>3</div> <div> 9:00 Walk Or Roll Outside Walking Path 10:00 New Neighbor Building Tour & Orientation (FL) 1:30 Balance & Action (3E) 1:30 Art Exploration: Mixed Media (C) 2:00 Mid Week Worship Service (2A) 3:00 Bible Study (PDR) 3:00 Helping Hands: Picnic Prep (P) 6:00 Wii Bowling League (3E) </div>	<div>4</div> <div> Independence Day 9:00 Light & Lively Exercise (3E) 10:00 Bible Study with Sharon (PDR) 10:00 Garden Club (LD) 12:00 Picnic Lunch on the Pub Deck **(P) 2:00 1776 Movie Matinee (3A) 3:00 Banana Ice Cream Sundae (P) 6:00 Movie & Popcorn: <i>Attack on the Iron Coast</i> (3A) 9:00 Memorial Park Fireworks (Pub Deck) </div>	<div>5</div> <div> 9:00 Light & Lively Exercise (3E) 9:30 Community Outreach: Coupons for Troops (C) 10:00 Design Club: Pub Clean Up (P) 11:00 Local Fares: Windy Knoll**\$(OOB) 1:30 Stair Stepper Exercise (3E) 2:00 Nickel Bingo \$(2A) 3:00 Game Club: Scrabble (C) 6:00 Card Club: Rummy (2A) </div>
<div>6</div> <div> 9:00 Light & Lively Exercise (3E) 9:30 Puzzling Puzzles Handout (L) 10:00 Polish and Paint Nail Service (BL) 10:00 Communion with Corpus Christi Church (2A) 11:30 Wine and Dine (DR) 2:00 Worship Service (2A) 3:00 Root Beer Floats (C) 3:00 Mexican Train Dominoes Club (C) 6:00 Resident Run Pinochle (3A) </div>	<div>7</div> <div> 9:00 Yoga with Beth (3E) 9:30 Who, What, Where? Who Am I? (L) 10:00 Birthday Gang Committee Mtg. (C) 1:30 Balance & Action (3E) 2:00 Prize Bingo (3A) 3:00 Curious Minds: <i>Hurricane Dorian Gathering Storm</i> (3A) 6:00 Kings in the Corner Card Game (2A) </div>	<div>8</div> <div> 9:00 Sit & Be Fit Exercise (3E) 9:30 Shopping Trip: Kohls/Giant \$(OOB) 10:00 Walk Outdoors with Lorelei (BL) 11:00 Franklin County Library Bookmobile (LD) 1:30 Acrylic Canvas Paintings (C) 2:00 Jewelry Cleaning Clinic (P) 3:00 Hurricane Facts That Will Blow You Away (P) 6:00 Resident Run Rummikub (2A) </div>	<div>9</div> <div> 9:00 Seated Weights with Leah (3E) 10:00 Dining Committee Meeting (2A) 10:00 Circle of Friends (PDR) 2:00 Jeopardy (2A) 3:00 Spiritual Life Planning Mtg. (2A) 3:00 Build Your Own Suncatcher ** (C) 4:30 Dinner on the Deck **(P) 6:00 Dementia Care Partner Support Group (CN) 6:00 Resident Run Sequence (2A) </div>	<div>10</div> <div> 9:00 Walk Or Roll Outside Walking Path 10:00 Cooking Creation: Italian Tortilla Wraps (C) 10:00 Shippensburg Shoe Box Facility Tour & Lunch at Pizza Hut **(OOB) 1:30 Art Exploration: Mixed Media (C) 2:00 Mid Week Worship Service (2A) 3:00 Bible Study (PDR) 3:00 Customize Your Edible Blizzard (P) 6:00 Wii Bowling League (3E) </div>	<div>11</div> <div> 9:00 Light & Lively Exercise (3E) 10:00 Providence Place Chambersburg Antique Road Show (2A) 10:00 Dart League (P) 1:30 Garden Club (LD) 2:00 Catholic Mass with Corpus Christi Catholic Church (2A) 3:00 Hershey Vs. Nestle Taste Test (P) 6:00 Movie & Popcorn: <i>Shall We Dance?</i> (3A) </div>	<div>12</div> <div> 9:00 Light & Lively Exercise (3E) 9:30 Community Outreach: Coupons for Troops (C) 10:00 Personal Device Technical Support Assistance (C) 1:30 Stair Stepper Exercise (3E) 2:00 Nickel Bingo \$(2A) 3:00 Game Club: Scrabble (C) 6:00 Card Club: Rummy (2A) </div>
<div>13</div> <div> 9:00 Light & Lively Exercise (3E) 9:30 Trivia Handout (L) 10:00 Polish and Paint Nail Service (BL) 10:00 Communion with Corpus Christi Church (2A) 11:30 Wine and Dine (DR) 2:00 Worship Service (2A) 3:00 Italian Tortilla Wraps (C) 3:00 Mexican Train Dominoes Club (C) 6:00 Resident Run Pinochle (3A) </div>	<div>14</div> <div> 9:00 Light & Lively Exercise (3E) 9:30 Destination Travel Worksheet to North Island, New Zealand (L) 10:00 Prize Bingo (2A) 1:30 Kindly Canines (Building Wide) 2:00 Wandering Woodcrafts w/Amber ** (CN) 3:00 Curious Minds: <i>Deadly Disasters—Blizzards</i> (3A) 6:00 Kings in the Corner Card Game (2A) </div>	<div>15</div> <div> 9:00 Sit & Be Fit Exercise (3E) 10:00 Shopping and Lunch: Act II Thrift Store & Vinny's Pizza**\$(OOB) 10:00 New Neighbor Building Tour & Orientation (FL) 1:30 Acrylic Canvas Paintings (C) 2:00 Corn Husking Contest (LD) 3:00 Blistering Blizzard Facts & Trivia (P) 6:00 Resident Run Rummikub (2A) 6:00 Wii Bowling for Beginners (3E) </div>	<div>16</div> <div> 9:00 Seated Weights with Leah (3E) 10:00 Circle of Friends (PDR) 12:00 –3:00 Deitrick's Ice Cream Truck \$(LD) 1:30 Blood Pressure Clinic (2A) 2:00 Community Meeting with Department Managers (2A) 3:00 Bible Trivia (PDR) 3:00 Coffee & Conversations (P) 4:30 Dinner on the Deck **(P) 6:00 Resident Run Sequence (2A) </div>	<div>17</div> <div> 9:00 Walk Or Roll Outside Walking Path 10:00 Manicures with Lorelei & Leah **(P) 1:30 Art Exploration: Mixed Media (C) 2:00 Celebration of Life (2A) 3:00 Bible Study (PDR) 3:00 Friends & Fellowship Following COL (P) 6:00 Musical Entertainment Featuring One Man Marching Band, Nick DiSanto (2A) </div>	<div>18</div> <div> 9:00 Seated Weights with Leah (3E) 10:00 Bible Study with Sharon (PDR) 10:00 Helping Hands: Dining Rooms (DR) 1:00 Workout with Julie From Powerback Rehabilitation (3E) 2:00 Pub Wall Games (P) 3:00 New Neighbor Welcome Hour (P) 6:00 Movie & Popcorn: <i>The Quiet Man</i> (3A) 6:00 Mexican Train Dominoes (C) </div>	<div>19</div> <div> 9:00 Light & Lively Exercise (3E) 9:30 Community Outreach: Coupons for Troops (C) 10:00 Personal Device Technical Support Assistance (C) 1:30 Garden Club (LD) 2:00 Nickel Bingo \$(2A) 3:00 Game Club: Scrabble (C) 6:00 Card Club: Rummy (2A) </div>
<div>20</div> <div> 9:00 Light & Lively Exercise (3E) 9:30 Wacky Wordie Handout (L) 10:00 Polish and Paint Nail Service (BL) 10:00 Communion with Corpus Christi Church (2A) 11:30 Wine and Dine (DR) 2:00 Worship Service (2A) 3:00 Spiked (or not) Hawaiian Punch (C) 3:00 Mexican Train Dominoes Club (C) 6:00 Resident Run Pinochle (3A) </div>	<div>21</div> <div> 9:00 Yoga with Beth (3E) 9:30 Who, What, Where? Who Am I? (L) 10:00 Community Life Planning Mtg. (P) 1:30 Balance & Action (3E) 2:00 Prize Bingo (3A) 3:00 Curious Minds: <i>2004 Terror in Thailand</i> (3A) 6:00 Kings in the Corner Card Game (2A) </div>	<div>22</div> <div> 9:00 Sit & Be Fit Exercise (3E) 9:30 Shopping Trip: Hobby Lobby **\$(OOB) 10:00 Billiards or Ladder Ball (FL) 1:30 Balance & Action (3E) 1:30 Acrylic Canvas Paintings (C) 2:00 Name That Tune (P) 3:00 Terrifying Tsunami Facts (P) 6:00 Resident Run Rummikub (2A) </div>	<div>23</div> <div> 9:00 Seated Weights with Leah (3E) 10:00 Circle of Friends (PDR) 11:30 Walking Taco Lunch ** (C) 12:00 –3:00 Deitrick's Ice Cream Truck \$(LD) 2:00 Rosary with Corpus Christi Catholic Church (2A) 3:00 <i>Jesus The Man</i> (P) 4:30 Dinner on the Deck **(P) 6:30 Spring Valley Mennonite Church (2A) </div>	<div>24</div> <div> 9:00 Walk Or Roll Outside Walking Path 10:00 Outdoor Rollator Wash (LD) 1:30 Balance & Action (3E) 1:30 Art Exploration: Mixed Media (C) 2:00 Mid Week Worship Service (2A) 3:00 Bible Study (PDR) 3:00 Memory Café: Summer Vacation (P) 6:00 Wii Bowling League (3E) </div>	<div>25</div> <div> 9:00 Light & Lively Exercise (3E) 10:00 Cooking Club: Puppy Chow (C) 10:00 Axe Throwing (3E) 1:30 Garden Club (LD) 2:00 Abstract Art for Beginners (P) 3:00 Fact or Fiction with Chips & Salsa (P) 6:00 Movie & Popcorn: <i>The Sacketts</i> (3A) </div>	<div>26</div> <div> 9:00 Light & Lively Exercise (3E) 9:30 Community Outreach: Coupons for Troops (C) 10:00 Personal Device Technical Support Assistance (C) 1:30 Stair Stepper Exercise (3E) 2:00 Nickel Bingo \$(2A) 3:00 Game Club: Scrabble (C) 6:00 Card Club: Rummy (2A) </div>
<div>27</div> <div> 9:00 Light & Lively Exercise (3E) 9:30 Magazine Kiosk (L) 10:00 Polish and Paint Nail Service (BL) 10:00 Communion with Corpus Christi Church (2A) 11:30 Wine and Dine (DR) 2:00 Worship Service (2A) 3:00 Puppy Chow Down (C) 3:00 Mexican Train Dominoes Club (C) 6:00 Resident Run Pinochle (3A) </div>	<div>28</div> <div> 9:00 Yoga with Beth (3E) 9:30 Humor Spotlight: That Spells CATastrophe (L) 10:00 Reminiscing Dog Tales: Sharing Stories & Photos (P) 1:30 Balance & Action (3E) 2:00 Prize Bingo (3A) 3:00 Curious Minds: <i>100 Facts About Dogs That Will Surprise You</i> (3A) 6:00 Kings in the Corner Card Game (2A) </div>	<div>29</div> <div> 9:00 Sit & Be Fit Exercise (3E) 9:30 Shopping Trip: Dollar Tree**\$(OOB) 10:00 New Neighbor Building Tour & Orientation (FL) 1:30 Acrylic Canvas Paintings (C) 2:00 Premiering Penny Pitching (BL) 3:00 Cats & Dogs Trivia (P) 6:00 Resident Run Rummikub (2A) 6:00 Wii Bowling for Beginners (3E) </div>	<div>30</div> <div> 9:00 Seated Weights with Leah (3E) 10:00 Circle of Friends (PDR) 10:00 Cooking Creation: Lemon Cheesecake Cresnet Rolls (C) 2:00 Comedic Felines & Funny Felines Punny Social (P) 3:00 Chef's Table (C) 3:00 <i>Jesus The Man</i> (P) 4:30 Dinner on the Deck **(P) 6:00 Resident Run Sequence (2A) </div>	<div>31</div> <div> 9:00 Walk Or Roll Outside Walking Path 10:00 Move 2 Music (BL) 1:30 Scenic Ride Through Gettysburg Battlefields ** (OOB) 1:30 Art Exploration: Mixed Media (C) 2:00 Mid Week Worship Service (2A) 3:00 Bible Study (PDR) 3:00 Garden Club (BL) 6:00 Wii Bowling League (3E) </div>	<div> Calendar Key: Café (C) Loading Dock (LD) Library (L) Pub (P) Back Lobby (BL) 2nd Floor Activity Room (2A) 3rd Floor Activity Room (3A) 3rd Floor Exercise Room (3E) Private Dining Room (PDR) Out of Building (OOB) Connections (CN) Building Wide (BW) Front Porch (FP) **Registration Required, \$\$ Cost Involved </div> <div> <div>July</div> <div>2025</div> </div>	