

# Focus on Wellness

SUMMER is here! Be sure to make the most of the season with these healthy tips:

- Stay Hydrated with plenty of water
- Use sunscreen and shade to enjoy the outdoors
- Enjoy socializing with friends in nature
- Enjoy local, seasonal produce in our dining programs

Please enjoy all of our outdoor walking paths and activities.  
*Check your calendar for outings and family events!*



## Resident Birthdays

### July

3 - Joseph Giansanta  
5 - Sara Waslick  
7 - Michael D'Orazio  
10 - Richard Pollard  
11 - Constance Warr  
21 - John Hilson  
27 - Maryanna Kropp  
27 - Theresa Chenosky  
31 - Loretta Demito

### August

5 - Pauline Timcho  
7 - Horace Troxel  
9 - Dorothy Watson  
12 - Diane Edmunds  
14 - Margueritta Mackey  
14 - Laura Black  
17 - Eileen Werst  
21 - Dorothy Schmidt  
22 - Marie Innaurato

### September

26 - Beverly Berlin  
26 - Susan Garifallou  
27 - Randi Stetz  
28 - Arlene Hanlon  
28 - Betty Sardella

1 - James Diccianni  
3 - Rita Vitale  
19 - Diane Kenworthy  
25 - Vivian Coscia  
26 - Bruce Summerfield  
29 - Jose Garcia



# Providence Place

SENIOR LIVING

# News

Q3: July 2025

## A Note from the Executive Director

One of the goals of Providence Place is to continually grow, improve and provide high standards of care and quality of life for your loved ones. As a part of this commitment, we've been working on some important cultural changes within our community--changes that are designed to strengthen our teamwork, reinforce accountability and support a more consistent and resident-centered environment.

We recognize that change, even when it's positive and necessary, can be challenging. People respond to change in different ways, and the process of adapting takes time, patience, and compassion. For some, it is an opportunity to grow and thrive; for others, it can feel uncomfortable or uncertain.

Thank you to everyone who joined us for our Sock Hop and for the moments of joy, laughter and togetherness. I am grateful to be here, and a part of the Providence Place family and I am thankful for you and the journey we have been on together in the last few months.

As always, I am willing to hear feedback on what you'd like to see more of in our community and our communications.

Thank you for committing to partner together,

*Kellee Silhan*  
Executive Director

## Highlighted Events

- 3 - **Outing to Scoop Deville**  
@ 1:30pm  
**Welcome New Resident Happy Hour** @ 3:30pm
- 17 - **Community Meeting** @ 2:30pm
- 22 - **Outing to Reading Phillies Game** @ 12:30pm
- 24 - **Cooking Demo + Dining Committee** @ 2:30pm
- 26 - **Outing to Our Town Alley Bowling** @ 1pm

**Destination Discoveries:**  
Every Thursday @ 10:30am

## Welcome New Residents

Helga Rutledge  
Elizabeth McGowan  
James McFarlane



For Community Life activities, campus events and Providence Place happenings, please follow our Facebook page at [www.Facebook.com/ProvPlace](http://www.Facebook.com/ProvPlace).



To sign up to receive this quarterly newsletter and monthly events calendar via email, please contact us to subscribe at [Info@Prov-Place.com](mailto:Info@Prov-Place.com).



**[www.Providence-Place.com](http://www.Providence-Place.com)**

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY		
<div>THE</div> <div>Club</div>		1 9:15 Morning Meeting (CR) 9:30 Sit and Be Fit Exercises (CR) 10:00 Search for July Word Game (CR) 1:30 Outdoor Chat (OOB) 2:30 Name That Tune (C) 3:00 Catholic Mass with St. Eleanor's (CR) 3:30 Happy Hour (P) 6:00 Pool Tournament (OL)	2 9:15 Morning Meeting (CR) 9:30 Sit and Be Fit Exercises (CR) 10:00 Rosary with St. Eleanor's (T) 11:00 UNO (CR) 1:30 Name That Tune (CR) 2:30 Mid-Week Worship with Chaplain Nichole (C) 3:30 Comedy Hour (T) 6:00 The Providence Gem's Club (AR)	3 9:15 Morning Meeting (CR) 9:45 Catholic Communion (CR) 10:00 Sit and Be Fit Exercises (CR) 10:30 Destination Discovery: Washington D.C. (T) 1:30 Kitchen Helpers: Flag Cake (AR) 2:30 Club Planning Meeting (CR) 3:30 Entertainment Featuring Bob Hamel & Happy Hour (P) 6:00 Nickel Bingo with Marlene (AR)	4 Independence Day 9:15 Morning Meeting (CR) 9:30 Sit and Be Fit Exercises (CR) 10:00 Manicures with Katie (CR) 10:30 Patriotic Sing-Along (P) 11:00 Rummikub (P) 1:30 Red, White & Blue Bingo (AR) 2:30 Movie Matinee: <i>The Music Man</i> (T) 3:30 Patriotic Cocktail Hour (P) 6:00 Friday Evening Shabbat (T)	5 9:15 Morning Meeting (CR) 9:30 Sit and Be Fit Exercises (CR) 10:00 In The News with Joe (T) 10:30 Card Games (P) 1:30 Candy Bingo (CR) 2:30 Movie Matinee: Hamilton (T) 3:30 Back Porch Games with Refreshments (BP) 4:00 Green Thumbs Club (AR) 6:00 Independent Games (P)		
		6 9:15 Morning Meeting (CR) 9:30 Sit and Be Fit Exercises (CR) 10:00 Coffee & Conversation (P) 10:30 Livestream Catholic Mass (T) 11:00 Dominoes (P) 1:30 Ecumenical Worship Service & Communion with Chaplain Nichole (CR) 2:30 Name That Tune (CR) 3:30 Lemonade Social (BP) 6:00 Board Games (P)	7 9:15 Morning Meeting (CR) 9:30 Sit and Be Fit Exercises (CR) 10:00 Sing-Along (CR) 11:00 Name That Tune (CR) 1:00 Comfort Caring Canine Visit with Cash (P) 1:30 Bible Study with Chap. Nichole (T) 2:30 Music & Meditation with Nadine (P) 3:30 Candy Bingo (AR) 6:00 Shuffleboard (AR)	8 9:15 Morning Meeting (CR) 9:30 Sit and Be Fit Exercises (CR) 10:00 Reminiscing Over Summer Vacations (CR) 1:30 Armchair Travel: Cape May (CR) 2:30 Kitchen Helpers: Baking Chocolate Cookies (C) 3:30 Happy Hour (P) 6:00 Pool Tournament (OL)	9 9:15 Morning Meeting (CR) 9:30 Sit and Be Fit Exercises (CR) 10:00 Rosary with St. Eleanor's (T) 11:00 Kerplunk (CR) 1:30 Name That Tune (P) 2:30 Mid-Week Worship with Chaplain Nichole (C) 3:30 Comedy Hour (T) 6:00 The Providence Gem's Club (AR)	10 9:15 Morning Meeting (CR) 9:45 Catholic Communion (CR) 10:00 Sit and Be Fit Exercises (CR) 10:30 Destination Discovery: Boston (T) 1:30 Flower Arranging (CR) 2:30 Lemonade Social (C) 3:30 Welcome New Resident Happy Hour (P) 6:00 Nickel Bingo with Marlene (AR)	11 9:15 Morning Meeting (CR) 9:30 Sit and Be Fit Exercises (CR) 10:00 Hand Massages (CR) 11:00 Noodle Volley (CR) 1:30 Drumming Circle (CR) 2:30 Providence Players Drama Club (T) 3:30 Entertainment Featuring Ken Pierson (P) 6:00 Friday Evening Shabbat (T)	12 9:30 Sit and Be Fit Exercises (CR) 10:00 Manicures with Katie (CR) 10:30 Card Games (P) 1:30 Candy Bingo (AR) 2:30 Movie Matinee: <i>Mission Impossible Dead Reckoning</i> (T) 3:30 Back Porch Games with Refreshments (BP) 4:00 Green Thumbs Club (AR) 6:00 Independent Games (P)
		13 9:15 Morning Meeting (CR) 9:30 Sit and Be Fit Exercises (CR) 10:00 Coffee & Conversation (P) 10:30 Livestream Catholic Mass (T) 11:00 Dominoes (P) 1:30 Ecumenical Worship Service with Evansburg Church (CR) 2:30 Name That Tune (CR) 3:30 Back Porch Social (BP) 6:00 Board Games (P)	14 9:15 Morning Meeting (CR) 9:30 Sit and Be Fit Exercises (CR) 10:00 Sing-Along (CR) 11:00 Bowling (CR) 1:30 Comfort Caring Canine Visit with Cash (P) 2:30 Music & Meditation with Nadine (P) 3:30 Candy Bingo (AR) 6:00 Shuffleboard (AR)	15 9:15 Morning Meeting (CR) 9:30 Sit and Be Fit Exercises (CR) 10:00 Lighthouse Art (CR) 11:00 Summer Sing-Along (CR) 1:30 Armchair Travel: Barnegat Light (CR) 2:30 Kitchen Helpers: Blueberry Muffins (C) 3:30 Happy Hour (P) 6:00 Pool Tournament (OL)	16 9:15 Morning Meeting (CR) 9:30 Sit and Be Fit Exercises (CR) 10:00 Rosary with St. Eleanor's (T) 11:00 Jenga (CR) 1:30 Name That Tune (P) 2:30 Mid-Week Worship with Chaplain Nichole (C) 3:30 Comedy Hour (T) 6:00 The Providence Gem's Club (AR)	17 9:15 Morning Meeting (CR) 9:45 Catholic Communion (CR) 10:00 Sit and Be Fit Exercises (CR) 10:30 Destination Discovery: Atlanta (T) 1:30 Crafty Crew: Windchimes (CR) 2:30 Community Meeting with Kellee (CR) 3:30 Happy Hour (P) 6:00 Nickel Bingo with Marlene (AR)	18 9:15 Morning Meeting (CR) 9:30 Sit and Be Fit Exercises (CR) 10:00 Manicures with Katie (CR) 11:00 Word Games (CR) 1:30 Drumming Circle (CR) 2:30 Providence Players Drama Club (T) 3:30 Entertainment Featuring Terry Kane (P) 6:00 Friday Evening Shabbat (T)	19 9:30 Sit and Be Fit Exercises (CR) 10:00 In the News with Joe (T) 10:30 Card Games (P) 1:30 Candy Bingo (AR) 2:30 Movie Matinee: <i>The Long Game</i> (T) 3:30 Back Porch Games with Refreshments (BP) 4:00 Green Thumbs Club (AR) 6:00 Independent Games (P)
		20 9:15 Morning Meeting (CR) 9:30 Sit and Be Fit Exercises (CR) 10:00 Coffee & Conversation (P) 10:30 Livestream Catholic Mass (T) 11:00 Dominoes (P) 1:30 Ecumenical Worship Service with Chaplain Nichole (CR) 2:30 Name That Tune (CR) 3:30 Lemonade Social (BP) 6:00 Board Games (P)	21 9:15 Morning Meeting (CR) 9:30 Sit and Be Fit Exercises (CR) 10:00 TV Sitcom Trivia (CR) 11:00 Outdoor Stroll (OOB) 1:30 Comfort Caring Canine Visit with Cash (P) 2:30 Music & Meditation with Nadine (P) 3:30 Candy Bingo (AR) 6:00 Shuffleboard (AR)	22 9:15 Morning Meeting (CR) 9:30 Sit and Be Fit Exercises (CR) 10:00 Suncatcher Craft (CR) 11:00 Charades (CR) 1:30 Armchair Travel: Philadelphia Zoo (CR) 2:30 Kitchen Helpers: Coffee Cake (C) 3:30 Happy Hour (P) 6:00 Pool Tournament (OL)	23 9:15 Morning Meeting (CR) 9:30 Sit and Be Fit Exercises (CR) 10:00 Rosary with St. Eleanor's (T) 11:00 UNO (CR) 1:30 Name That Tune (P) 2:30 Trip to Dairy Queen (C) 3:30 Comedy Hour (T) 6:00 Group Puzzle (CR)	24 9:15 Morning Meeting (CR) 9:45 Catholic Communion (CR) 10:00 Sit and Be Fit Exercises (CR) 10:30 Destination Discovery: Baltimore (T) 1:30 Water Balloon Toss (BP) 2:30 Dining Committee & Cooking Demo (AR) 3:30 Solve the Mystery Happy Hour (P) 6:00 Nickel Bingo with Marlene (AR)	25 9:15 Morning Meeting (CR) 9:30 Sit and Be Fit Exercises (CR) 10:00 Hand Massages (CR) 11:00 Word Games (CR) 1:30 Drumming Circle (CR) 2:30 Providence Players Drama Club (T) 3:30 Entertainment Featuring Bill Long (P) 6:00 Friday Evening Shabbat (T)	26 9:30 Sit and Be Fit Exercises (CR) 10:00 Manicures with Katie (CR) 10:30 Card Games (P) 1:30 Candy Bingo (AR) 2:30 Movie Matinee: <i>Garbo, Where Did You Go?</i> (T) 3:30 Back Porch Games (BP) 6:00 Independent Games (P)
		27 9:30 Sit and Be Fit Exercises (CR) 10:00 Coffee & Conversation (P) 10:30 Livestream Catholic Mass (T) 11:00 Dominoes (P) 1:30 Ecumenical Worship Service with Chaplain Nichole (CR) 2:30 Name That Tune (CR) 3:30 Back Porch Social (BP) 6:00 Board Games (P)	28 9:15 Morning Meeting (CR) 9:30 Sit and Be Fit Exercises (CR) 10:00 20 Questions Game (CR) 11:00 The Price is Right Game (CR) 1:30 Comfort Caring Canine Visit with Cash (P) 2:30 Music & Meditation with Nadine (P) 3:30 Candy Bingo (AR) 6:00 Shuffleboard (AR)	29 9:15 Morning Meeting (CR) 9:30 Sit and Be Fit Exercises (CR) 10:00 Pinwheel Art (CR) 11:00 60's Trivia (CR) 1:30 Armchair Travel: Valey Forge (CR) 2:30 Kitchen Helpers: Making Ice Cream (C) 3:30 Happy Hour (P) 6:00 Pool Tournament (OL)	30 9:15 Morning Meeting (CR) 9:30 Sit and Be Fit Exercises (CR) 10:00 Rosary with St. Eleanor's (T) 11:00 Kerplunk (CR) 1:30 Name That Tune (P) 2:30 Mid-Week Worship with Chaplain Nichole (C) 3:30 Comedy Hour (T) 6:00 The Providence Gem's Club (AR)	31 9:15 Morning Meeting (CR) 9:45 Catholic Communion (CR) 10:00 Sit and Be Fit Exercises (CR) 10:30 Destination Discovery: New York (T) 1:30 Dominoes (CR) 2:30 Orange Creamsicle Float Social (C) 3:30 July Birthday Celebration Happy Hour (P) 6:00 Nickel Bingo with Marlene (AR)	<div>Calendar Key:</div> <div>** Registration Required</div> <div>\$\$ Cost Involved</div> <div>(AR) Activity Room</div> <div>(BP) Back Porch</div> <div>(C) Connections</div> <div>(CR) Community Room</div> <div>(L) Library</div> <div>(OOB) Out of Building</div> <div>(P) Pub</div> <div>(T) Theater</div>	
						<div>July</div> <div>2025</div>		