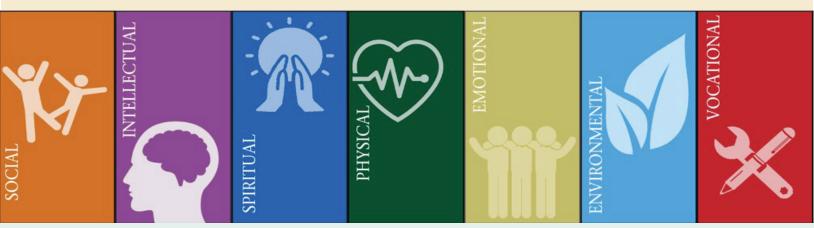
# Focus on (1)ellness

SUMMER is here! Be sure to make the most of the season with these healthy tips:

- Stay Hydrated with plenty of water
- Use sunscreen and shade to enjoy the outdoors
- Enjoy socializing with friends in nature
- Enjoy local, seasonal produce in our dining programs

Please enjoy all of our outdoor walking paths and activities. Check your calendar for outings and family events!



# Resident Birthdays

# July

- 3 Shelia Saxton 5 - Victor Aldinger 7 - Dorothy Limbert 8 - Karen Browning 9 - Leona Hubley 9 - Robert Bowers 12 - Bonnie Grace 12 - Connie Cummings 16 - Ralph Dolheimer
- 17 Terry Firestone
- 20 Julene Bechtel 21 - Dorothy Buecher 23 - Eleanor Gingerich 11 - Loretta Hamme 27 - Sandy Wise 28 - Pamelia Vaden 29 - Nancy Jameson

### August

24 - Barry Beakler 7 - Verna Siford 25 - Robert Davis 10 - Pamela Byers 26 - Joan Fahringer 28 - Ralph Shearer 12 - Gerry Smith 28 - Maxine Crone 13 - Norma Bixler 28 - Janet Deardorff 13 - Karen Dehn 14 - Marilynn Noel 31 - Carol Wintermyer 16 - Syrene Kuhn 31 - Dale Raffensberger 18 - William Hensel 19 - Ralph Bucklen 22 - Dale Landis

## September

1 - Adonna Barshinger 5 - Donald Zeigler 8 - Sally Messenger 14 - Lenora Bear 15 - Earl Hoover 17 - Walter Miller 17 - Carolyn McFeaters 21 - Ruthanna Krone 26 - Sandra Hoover 27 - George Kelbaugh 27 - James Miller





To sign up to receive this quarterly newsletter and monthly events calendar via email, please contact us to subscribe at Info@Prov-Place.com.

#### www.Providence-Place.com



## A Note from the Executive Director

Welcome Summer!

As the summer weather arrives, please enjoy the walking path and patios and remember to stay hydrated. Check out our activity calendar for summer outings and entertainment.

Our dining room renovations are well under way - the new support beam is in place and we are working diligently to keep progress moving forward. Final space should be ready by the end of the summer.

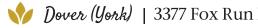
Thank you to those who joined us for our Spring Family Meeting - we always appreciate your feedback and questions and enjoy the company in the community.

**SAVE THE DATE:** September 10th from 4-6pm will be our annual LUAU celebration. Stay tuned for more details.

As always, thank you for being a part of our Providence Place Family!

Best,

Howard Holben Executive Director



**O3: July 2025** 

### Highlighted Events

4 - July 4th festivities + Musical Entertainment @ 2pm 5 - Outing to 1776 Locomotive Train Ride @ 10am **10 - Summer Loving Beach Party** @ 2pm 14 - Men's Club @ 3pm 20 - Musical Entertainment: Hershey Mennonite @ 10am 25 - Christmas in July Happy Hour @ 2pm 30 - Chef on Deck @ 4:30pm

Fridays at 10am: Walking Club

### Welcome New Residents

Ardella Bentzel Robert Knaub Kathy Murphy

#### Dover (York) | 3377 Fox Run Road | Dover, PA 17315 | 717-767-4500

SUNDAY	Monday	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Comn	unity Life	1 9:30 Morning Exercise (AR) 10:00 Name that Tune with Sue (AR) 10:00 Laugh Basket (FL) 1:30 Circle of Friends (CR) 2:00 Providence Place Bowling (AR) 2:00 Chess or Checkers (FL) 3:00 Bible Study (P) 3:00 Musical Entertainment with Mark Rutter (AR) 6:00 Evening Bingo with Adam (AR)	2 9:00 Coffee with Friends (FL) 9:30 Morning Exercise (AR) 10:00 Shopping Trip: Hobby Lobby **\$\$(OOB) 10:00 Bible Trivia with Chaplain Shawn (AR) 1:30 Mid-Week Worship Service (CR) 2:00 1950's Food & Drink Slogans (AR) 2:30 Country Side Ride **(OOB) 3:00 Halfway Point on 2025 Happy Hour (AR) 6:00 Resident Ran Evening Activity (AR)	2 33 9:30 Morning Exercise (AR) 10:00 Hymn Sing (CR) 10:00 Puzzle Take A Way (AR) 10:30 Praying the Rosary (P) 11:30 Bible Study (CR) 2:00 Community Life Planning Committee (AR) 2:00 Billiard Buffs Pool Games (100H) 3:00 Prize Bingo (AR) 3:00 Old Time Radio (P) 6:00 Pinochle (AR)	<ul> <li>Independence Day</li> <li>9:00 Coffee Café (FL)</li> <li>9:30 Morning Exercise (AR)</li> <li>10:00 Aim for the Stars Game (AR)</li> <li>10:00 Happy Laps Walking Club (FL)</li> <li>10:30 Cranium Crunches (AR)</li> <li>1:30 500 Rummy (AR)</li> <li>2:00 Musical Entertainment 4th of July Special with Doug and Adair (AR)</li> <li>3:00 Red, White and Blue Trivia (AR)</li> <li>3:00 Yahtzee Crew (FL)</li> <li>6:00 Resident Ran Bingo (AR)</li> </ul>	<ul> <li>9:30 Morning Exercise (AR)</li> <li>10:00 Coffee and Donuts (FL)</li> <li>10:30 Day Excursion 1776 Locomotive Train Ride with Northern Central Railway \$\$**(OOB)</li> <li>1:15 Humor Alley (AR)</li> <li>2:00 Wall Jeopardy (AR)</li> <li>2:00 Dominoes (FL)</li> <li>3:00 Essential Breaks: <i>Goldilocks</i> (AR)</li> <li>3:30 Cracker Jack-A Grand Slam of Flavor (AF 6:00 Resident Card Club (AR)</li> </ul>
6 9:30 Morning Exercise (AR) 10:15 Coffee Clutch with Resident Sharon (FL) 11:30/12 Wine and Dine (DR) 1:15 Crafters Corner: Beach Vibes Canvas Painting (AR) 2:00 Movie Matinee: <i>The Sandlot</i> (AR) 3:00 Sunday Worship Service (CR) 6:00 Poker Club (AR) 6:30 Front Porch Fellowship (FL)	7 9:00 Early Morning Walking Crew (FL) 9:30 Morning Exercise (AR) 10:30 Dining Committee Meeting (P) 10:30 Our Journey Together (CR) 1:00 Catholic Communion (CR) 1:00 Motivational Monday (AR) 2:00 Cooking Club: Coconut Candy Bar Cookies (AR) 3:00 Destination Discovery: Hawaiian Islands (AR) 3:00 Men's Club: Men's Bingo (100H)	8 9:30 Morning Exercise (AR) 10:00 Name that Tune with Sue (AR) 10:00 Unusual Uses for Coca-Cola (AR) 1:30 Circle of Friends (CR) 2:00 Providence Place Bowling (AR) 2:00 Chess or Checkers (FL) 3:00 Bible Study (P) 3:00 Life Long Learning The Ageless American Alligator (AR) 6:00 Evening Bingo with Adam (AR)	<ul> <li>9:00 Coffee with Friends (FL)</li> <li>9:30 Morning Exercise (AR)</li> <li>10:00 Shopping Trip: Weis **\$\$(OOB)</li> <li>10:00 Bible Trivia with Chaplain Shawn (AR)</li> <li>1:30 Mid-Week Worship Service (CR)</li> <li>2:00 Wellness Presentation Arthritis &amp; Pain Management with Laura Lamber Bayada Home Health (AR)</li> <li>2:30 Country Side Ride **(OOB)</li> <li>3:00 Boggle (AR)</li> <li>6:00 Resident Ran Evening Activity (AR)</li> </ul>	<ul> <li>10</li> <li>9:30 Morning Exercise (AR)</li> <li>10:00 Hymn Sing (CR)</li> <li>10:00 Puzzle Take A Way (AR)</li> <li>10:30 Praying the Rosary (P)</li> <li>1:30 Bible Study (CR)</li> <li>2:00 Summer Loving Beach Party (100P)</li> <li>2:00 Billiard Buffs Pool Games (100H)</li> <li>3:00 Prize Bingo (AR)</li> <li>3:00 Old Time Radio (P)</li> <li>6:00 Pinochle (AR)</li> </ul>	11 9:00 Coffee Café (FL) 9:30 Morning Exercise (AR) 10:00 Manicures and Music (AR) 10:00 Happy Laps Walking Club (FL) 10:30 Cranium Crunches (AR) 1:30 Short Story and Discussion The Grayling Homestead (AR) 2:00 Happy Hour (100P) 3:00 Readers Theater- <i>Cacao Magico</i> (AR) 3:00 UNO Jenga (FL) 6:00 Resident Ran Bingo (AR)	1 9:30 Morning Exercise (AR) 10:00 Coffee and Donuts (FL) 10:30 Current Events (AR) 1:15 Humor Alley (AR) 2:00 Wall Jeopardy (AR) 2:00 Dominoes (FL) 3:00 Essential Breaks: <i>Gin and Tonic</i> (AR) 3:30 Summer Song Days (AR) 6:00 Resident Card Club (AR)
13 9:30 Morning Exercise (AR) 10:15 Coffee Clutch with Resident Sharon (FL) 11:30/12 Wine and Dine (DR) 1:15 Crafters Corner: Wood Creations (AR) 2:00 Movie Matinee: <i>Mamma Mai</i> (AR) 3:00 Sunday Worship Service (CR) 6:00 Poker Club (AR) 6:30 Front Porch Fellowship (FL)	14 9:30 Morning Exercise (AR) 10:00 York Music Therapy with Michelle (AR) 10:30 Our Journey Together with Chaplain Shawn (CR) 1:00 Catholic Communion (CR) 1:00 Motivational Monday (AR) 2:00 Cooking Club: <i>Blue Punch Fish Bowl</i> (AR) 3:00 Destination Discovery: Shark Territory (AR) 3:00 Men's Club Manly Jeopardy Trivia (P) 6:00 Rummikub (AR)	15 9:30 Morning Exercise (AR) 10:00 Name that Tune with Sue (AR) 10:00 Baseball Trivia Game (FL) 1:30 Circle of Friends (CR) 2:00 Providence Place Bowling (AR) 2:00 Chess or Checkers (FL) 3:00 Bible Study (P) 3:00 Life Long Learning: <i>Before the A.C</i> (AR) 6:00 Evening Bingo with Adam (AR)	<ul> <li>16</li> <li>9:00 Coffee with Friends (FL)</li> <li>9:30 Morning Exercise (AR)</li> <li>10:00 Shopping Trip Walmart **\$\$(OOB)</li> <li>10:00 Bible Trivia with Chaplain Shawn (AR)</li> <li>1:30 Mid-Week Worship Service (CR)</li> <li>2:00 Hulu-Hoop Games (AR)</li> <li>2:30 Country Side Ride **(OOB)</li> <li>3:00 Musical Entertainment with Ed Alwine (AR)</li> <li>6:00 Resident Ran Evening Activity (AR)</li> </ul>	<ul> <li>17</li> <li>9:30 Morning Exercise (AR)</li> <li>10:00 Hymn Sing (CR)</li> <li>10:00 Puzzle Take A Way (AR)</li> <li>10:30 Praying the Rosary (P)</li> <li>1:30 Bible Study (CR)</li> <li>2:00 Musical Entertainment with Jay Smar (AR)</li> <li>2:00 Billiard Buffs Pool Games (100H)</li> <li>3:00 Prize Bingo (AR)</li> <li>3:00 Old Time Radio (P)</li> <li>6:00 Pinochle (AR)</li> </ul>	9:00 Coffee Café (FL) 9:30 Morning Exercise (AR) 10:00 Manicures and Music (AR) 10:00 Happy Laps Walking Club (FL) 10:30 Cranium Crunches (AR) 1:30 Compound Memory Game (AR) 2:00 Happy Hour (100P) 3:00 Backyard Balloon Shoot 100P) 3:00 Drawing a Blank Game (AR) 6:00 Resident Ran Bingo (AR)	<ul> <li>9:30 Morning Exercise (AR)</li> <li>9:30 Morning Exercise (AR)</li> <li>10:00 Coffee and Donuts (FL)</li> <li>10:30 Current Events (AR)</li> <li>1:15 Humor Alley (AR)</li> <li>2:00 Musical Entertainment with Tom &amp; Randi (AR)</li> <li>2:00 Dominoes (FL)</li> <li>3:00 Essential Breaks: July Spritzer (AR)</li> <li>6:00 Resident Card Club (AR)</li> </ul>
20 9:30 Morning Exercise (AR) 10:15 Coffee Clutch with Resident Sharon (FL) 11:30/12 Wine and Dine (DR) 1:15 Musical Entertainment with Hershey Mennonite (FL) 2:00 Movie Matinee: <i>Grease</i> (AR) 3:00 Sunday Worship Service (CR) 6:00 Poker Club (AR) 6:30 Front Porch Fellowship (FL)	21 9:30 Morning Exercise (AR) 10:00 York Music Therapy with Michelle (AR) 10:30 Our Journey Together with Chaplain Shawn (CR) 1:00 Catholic Communion (CR) 1:00 Motivational Monday (AR) 2:00 Cooking Club: Chocolate Pops (AR) 3:00 Destination Discovery: Coldest Places on Earth (AR) 3:00 Men's Club Guy Talk & Cold Ones (P) 6:00 Rummikub (AR)	22 9:30 Morning Exercise (AR) 10:00 Name that Tune with Sue (AR) 10:00 Mad about Math Game (AR) 1:30 Finish the Song Lyric (AR) 2:00 Providence Place Bowling (AR) 2:00 Chess or Checkers (FL) 3:00 Chess or Checkers (FL) 3:00 Resident Ran Bible Study (P) 3:00 Life Long Learning: Hammock's Rocking History (AR) 6:00 Evening Bingo with Adam (AR)	<ul> <li>2</li> <li>9:00 Coffee with Friends (FL)</li> <li>9:30 Morning Exercise (AR)</li> <li>10:00 Shopping Trip: Old Navy **\$\$(OOB)</li> <li>10:00 Bible Trivia with Chaplain Shawn (AR)</li> <li>1:30 Mid-Week Worship Service (CR)</li> <li>2:00 Leo the Lion Day (AR)</li> <li>2:30 Country Side Ride **(OOB)</li> <li>3:00 Chef Demo with Chef Joe (AR)</li> <li>6:00 Resident Ran Evening Activity (AR)</li> </ul>	<ul> <li>B 24</li> <li>9:30 Morning Exercise (AR)</li> <li>10:00 Hymn Sing (CR)</li> <li>10:00 Puzzle Take A Way (AR)</li> <li>10:30 Praying the Rosary (P)</li> <li>1:30 Bible Study (CR)</li> <li>2:00 Women Aviators Day</li> <li>Amelia Earhart Discussion and Theories (AR)</li> <li>2:00 Billiard Buffs Pool Games (100H)</li> <li>3:00 Prize Bingo (AR)</li> <li>3:00 Old Time Radio (P)</li> <li>6:00 Pinochle (AR)</li> </ul>	9:00 Coffee Café (FL) 9:30 Morning Exercise (AR) 10:00 Manicures and Music (AR) 10:00 Happy Laps Walking Club (FL) 10:30 Cranium Crunches (AR) 1:30 Jingle Bells in July (AR)	9:30 Morning Exercise (AR) 10:00 Coffee and Donuts (FL) 10:30 Current Events (AR) 1:15 Humor Alley (AR) 2:00 Wall Jeopardy (AR) 2:00 Dominoes (FL) 3:00 Essential Breaks: <i>July Favorites</i> (AR) 6:00 Resident Card Club (AR)
27 9:30 Morning Exercise (AR) 10:15 Coffee Clutch with Resident Sharon (FL) 11:30/12 Wine and Dine (DR) 1:15 Crafters Corner: <i>Paper Lanterns</i> (AR) 2:00 Movie Matinee: <i>Footloose</i> (AR) 3:00 Sunday Worship Service (CR) 6:00 Poker Club (AR) 6:30 Front Porch Fellowship (FL)	28 9:30 Morning Exercise (AR) 10:00 York Music Therapy with Michelle (AR) 10:30 Our Journey Together with Chaplain Shawn (CR) 1:00 Catholic Communion (CR) 1:00 Motivational Monday (AR) 2:00 Cooking Club: Avocado Salad (AR) 3:00 Destination Discovery: Miami, FL (AR) 3:00 Men's Club How Things Used To Work (P) 6:00 Rummikub (AR)	29 9:30 Morning Exercise (AR) 10:00 Name that Tune with Sue (AR) 10:00 Target Trio (AR) 1:30 Circle of Friends (CR) 2:00 Providence Place Bowling (AR) 2:00 Chess or Checkers (FL) 3:00 Bible Study (P) 3:00 Life Long Learning: Global Tiger Day (AR) 6:00 Evening Bingo with Adam (AR)	<ul> <li>30</li> <li>9:00 Coffee with Friends (FL)</li> <li>9:30 Morning Exercise (AR)</li> <li>10:00 Shopping Trip: Dollar Tree **\$\$(OOB)</li> <li>10:00 Bible Trivia with Chaplain Shawn (AR)</li> <li>1:30 Mid-Week Worship Service (CR)</li> <li>2:00 What's That Scent (AR)</li> <li>2:30 Country Side Ride **(OOB)</li> <li>3:00 Star of the Month Grace Kelly AR)</li> <li>4:30 July Chef on Deck (AR)</li> <li>6:00 Resident Ran Evening Activity (AR)</li> </ul>	<ul> <li>31</li> <li>9:30 Morning Exercise (AR)</li> <li>10:00 Hymn Sing (CR)</li> <li>10:00 Puzzle Take A Way (AR)</li> <li>10:30 Praying the Rosary (P)</li> <li>1:30 Bible Study (CR)</li> <li>2:00 Celebration of Life (CR)</li> <li>2:00 Billiard Buffs Pool Games (100H)</li> <li>3:00 Prize Bingo (AR)</li> <li>3:00 Old Time Radio (P)</li> <li>6:00 Pinochle (AR)</li> </ul>	Calendar Key: ** Registration Required \$\$ Cost Involved (OOB) Out of Building (AR) Activity Room (CR) Community Room (100H) 100 Hall Common Area (100P) 100 Hall Patio (FL) Front Lobby (DR) Dining Room (BW) Building Wide	<b>July</b> 2025