

# Focus on Wellness

SUMMER is here! Be sure to make the most of the season with these healthy tips:

- Stay Hydrated with plenty of water
- Use sunscreen and shade to enjoy the outdoors
- Enjoy socializing with friends in nature
- Enjoy local, seasonal produce in our dining programs

Please enjoy all of our outdoor walking paths and activities.  
*Check your calendar for outings and family events!*



## Resident Birthdays

### July

10 - Paul Yecker  
14 - Evelyn Reese  
14 - Jeanne Musser  
16 - Suzanne Sheppard  
19 - Donald Witmer  
24 - Alfred Stamp  
31 - Janice Grobengieser

### August

4 - Rita Charbonneau  
5 - Carol Uhlik  
9 - Jere Goodman  
15 - Barbara Antonelli  
18 - Shirley Shuffelbottom  
18 - Sherley Baker  
20 - Linda Groff  
22 - Regina Moyer

27 - Joann Gallagher  
27 - Doris Spina  
30 - Jan Rutt  
31 - Marlene Shaffer  
31 - Patricial Dolor

### September

1 - Naomi Nagy  
5 - Lillian Pacheco  
7 - Laurel Forney  
10 - David Alexander  
11 - Roberta Sheffer  
14 - Charles Robie  
15 - Michael Zych  
20 - Margaret Pugh  
30 - Frank Roschel



# Providence Place SENIOR LIVING News

Q3: July 2025

## A Note from the Executive Director

Dear Residents & Families -

We welcome Summer here at our Lancaster community and love seeing the outdoor activities and flowers in bloom!

Just as the seasons change, so do the faces around campus. We welcome in new residents and team members and say goodbye to others. We wanted to share that our Director of Nursing, Kim, has left our organization. As we search for a great fit for this role, I will be your contact for coordination of care and questions.

As always, we have some great entertainment and educational opportunities lined up for July - check out the calendar and join us anytime. We will also be hosting our monthly Dementia Care Partner Support Group on 7/16 @ 1pm.

Best,

*Janet Love*  
Executive Director

## Highlighted Events

4 - **Musical Entertainment** @ 4pm

8 - **Lunch Outing:**

Fox Meadows @ 10:30am

16 - **Dementia Support Group**

@ 1pm - *Connections*

17 - **Community Meeting** @ 1pm

Every Monday @ 10:30am:

**EdU: Armchair Travels**

## Welcome New Residents

Michael Hall  
Shirley Hoffman  
Frances Meyer  
Michael Zych  
Eileen Zych



For Community Life activities, campus events and Providence Place happenings, please follow our Facebook page at [www.Facebook.com/ProvPlace](http://www.Facebook.com/ProvPlace).



To sign up to receive this quarterly newsletter and monthly events calendar via email, please contact us to subscribe at [Info@Prov-Place.com](mailto:Info@Prov-Place.com).



**[www.Providence-Place.com](http://www.Providence-Place.com)**

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<div>Community Life</div>		1 9:00 Daily Chronicle Handout (FL) 10:00 Weights and Bands Exercise (CR) 10:30 Devotions and Hymn Sing (CR) 1:00 Blitz Card Game (AR) 2:00 Musical Entertainment Presents Nick Viscusso (CR) 3:00 Bingo Helpers in Connections (CN) 3:15 Axe Throwing (CR) 6:00 Resident Run Game Night (AR)	2 9:00 Fresh Air Morning Walk (FL) 10:00 Chair Yoga (CR) 10:30 Mid Week Worship (CR) 1:00 Media Class with Alyssa (CR) 2:00 Jeopardy (CR) 2:00 Uno Attack (AR) 3:15 Bingo Bonanza (CR) 6:00 Movie: <i>An American in Paris</i> (CR) 6:00 Games of Chance (AR)	3 9:00 Resident Run Daily Chronicles (FL) 10:00 Balance and Flex (CR) 10:30 Our Journey Together with Chaplain Jeff (CR) 1:00 Yahtzee (AR) 200 Chef's Pairing (AR) 2:00 Manicures (S) 3:00 LCR with Chaplain (AR) 6:00 Evening Gather and Chat (FL)	4 Independence Day 9:00 Morning Walk (FL) 10:00 Fun Fitness Game (CR) 10:30 Journey Through the Bible (CR) 1:00 Bridging the Floors with Connections (CN) 1:00 Fun Holiday Games (CR) 2:00 Musical Entertainment Featuring Tish Brown (CR) 3:15 Word in Word with Shakes (CR) 6:00 Movie: <i>Independence Day</i> (CR)	5 9:00 Coffee & Current Events (FL) 10:00 What's the Word (CR) 10:30 Saturday Morning Bingo (CR) 1:00 Stretch and Flex Exercise (CR) 2:00 Card Game 31 (AR) 2:30 Saturday Social on Deck (GL) 3:00 History Trivia Time (GL) 6:00 Scrabble Club (AR)
6 9:00 Our Week in Review (FL) 10:00 Cooking Club: Red White & Blue Trifles (AR) 1:00 LCR Card Game (AR) 2:00 Sunday Social (GL) 2:30 Trivia Time (GL) 3:00 Sunday Worship Service (CR) 6:00 Evening Wind Down (FL)	7 9:00 Morning Walk (FL) 10:00 Stretch and Flex Exercise (CR) 10:30 Armchair Travel To <i>Cleopatra's Lost Tomb</i> (AR) 1:00 Who, What, Where Am I? (CR) 2:00 Artist in us All: Pottery Works (AR) 3:15 Balloon Volleyball (CR) 5:30 Resident Run Bingo (AR)	8 9:00 Daily Chronicle Handout (FL) 10:00 Weights and Bands Exercise (CR) 10:30 Lunch Outing: Fox Meadows **\$(OOB) 10:30 Devotions and Hymn Sing (CR) 1:00 Shark Week Game (AR) 2:00 Musical Entertainment Presents Colby Dove (CR) 3:00 Bingo Helpers in Connections (CN) 3:15 Corn Hole Game (CR) 6:00 Resident Run Game Night (AR)	9 9:00 Fresh Air Morning Walk (FL) 10:00 Chair Yoga (CR) 10:30 Mid Week Worship (CR) 1:00 Craft Time: Floral Ink Pens (AR) 2:00 Jeopardy (CR) 3:15 Bingo Bonanza (CR) 6:00 Movie: <i>Charade</i> (CR) 6:00 Games of Chance (AR)	10 9:00 Resident Run Daily Chronicles (FL) 10:00 Balance and Flex (CR) 10:30 Our Journey Together (CR) 1:00 Ed-U Wellness Presentation with Grane Hospice (AR) 2:00 Ed-U Presents Trivia with Bob Reigh (AR) 2:30 Celebration Of Life (CR) 3:00 LCR with Chaplain (AR) 6:00 Evening Gather and Chat (FL)	11 9:00 Morning Walk (FL) 10:00 Fun Fitness Game (CR) 10:00 Shopping Trip: Community Aid **\$(OOB) 10:30 Journey Through the Bible (CR) 1:00 Bridging the Floors w/Connections (CN) 2:00 Family Feud (CR) 3:15 Word in a Word with Floats (CR) 6:00 Movie: Kevin Costner as <i>Robin Hood</i> (CR)	12 9:00 Coffee & Current Events (FL) 10:00 What's the Word (CR) 10:30 Prize Bingo (CR) 1:00 Wheel Chair and Walker Wash (FP) 2:30 Saturday Social (GL) 3:00 Trivia Time (GL) 6:00 Yahtzee Game (AR)
13 9:00 Our Week in Review (FL) 10:00 Cooking Club: Glazed Carrot Snack Cake (AR) 1:00 LCR Card Game (AR) 2:00 Sunday Social (GL) 2:30 Trivia Time (GL) 3:00 Sunday Worship Service (CR) 6:00 Evening Wind Down (FL)	14 9:00 Morning Walk (FL) 10:00 Stretch and Flex Exercise (CR) 10:30 Armchair Travel To <i>Tornado Alley Real Time Tornado in Tuscaloosa, AL</i> (AR) 1:00 Who, What, Where Am I? (CR) 2:00 Artist in us All: Craft with Alyssa (AR) 3:15 Tea & Tidbits (CR) 5:15 Resident Run Bingo (AR)	15 9:00 Daily Chronicle Handout (FL) 10:00 Weights and Bands Exercise (CR) 10:30 Devotions and Hymn Sing (CR) 1:00 Minute to Win It Game (AR) 2:00 Musical Entertainment Presents Keil Holland (CR) 3:00 Bingo Helpers in Connections (CN) 3:15 Ladder Ball Game (CN) 6:00 Resident Run Game Night (AR)	16 9:00 Fresh Air Morning Walk (FL) 10:00 Chair Yoga (CR) 10:30 Mid Week Worship (CR) 1:00 Ed-U Wellness with Bayada Home Health Care (CR) 1:00 Dementia Care Support Group (CN) 2:00 Jeopardy (CR) 3:15 Bingo Bonanza (CR) 6:00 Movie: <i>Superman</i> (CR) 6:00 Games of Chance (AR)	17 9:00 Resident Run Daily Chronicles (FL) 10:00 Balance and Flex Exercise (CR) 10:30 Our Journey Together with Chaplain Jeff (CR) 1:00 Community Meeting with Department Managers (CR) 2:00 Manicures (S) 2:00 Uno Attack (AR) 3:00 LCR with Chaplain (AR) 6:00 Evening Gather and Chat (FL)	18 9:00 Morning Walk (FL) 10:00 Fun Fitness Game (CR) 10:00 Shopping Trip: Dollar General **\$(OOB) 10:30 Journey Through the Bible (CR) 1:00 Bridging the Floors with Connections (CN) 2:00 Ed-U Presents Lisa Sanchez (CR) 3:15 Word in a Word with Shakes (CR) 6:00 Movie: <i>The Conclave</i> (CR)	19 9:00 Coffee & Current Events (FL) 10:00 What's the Word (CR) 10:30 Saturday Morning Bingo (CR) 1:00 Stretch and Flex Exercise (CR) 1:30 Balloon Volleyball (CR) 2:30 Saturday Social (GL) 3:00 Trivia Time (GL) 6:00 Scrabble Club (AR)
20 9:00 Our Week in Review (FL) 10:00 Cooking Club: Italian Love Cake (AR) 1:00 LCR Card Game (AR) 2:00 Sunday Social (GL) 2:30 Trivia Time (GL) 3:00 Sunday Worship Service (CR) 6:00 Evening Wind Down (FL)	21 9:00 Morning Walk (FL) 10:00 Stretch and Flex Exercise (CR) 10:30 Armchair Travel To <i>Culp's Hill at Gettysburg</i> (AR) 1:00 Who, What, Where Am I? (CR) 2:00 Cooking Club: Ten Minute Easy to Make Snacks (AR) 3:15 Dare to Play: Active Games (CR) 5:30 Resident Run Bingo (AR)	22 9:00 Daily Chronicle Handout (FL) 10:00 Weights and Bands Exercise (CR) 10:30 Devotions and Hymn Sing (CR) 10:30 Lunch Outing: Shogun Steakhouse **\$(OOB) 1:00 Uno Attack (AR) 2:00 Musical Entertainment Presents Quentin Jones (CR) 3:00 Bingo Helpers in Connections (CN) 3:15 Aerobic Drumming (CR) 6:00 Resident Run Game Night (AR)	23 9:00 Fresh Air Morning Walk (FL) 10:00 Chair Yoga (CR) 10:30 Mid Week Worship (CR) 1:00 Uno Attack (AR) 2:00 Community Life Planning Meeting (CR) 3:15 Bingo Bonanza (CR) 6:00 Games of Chance AR) 6:00 Movie: <i>All the President's Men</i> (CR)	24 9:00 Resident Run Daily Chronicles (FL) 10:00 Balance and Flex (CR) 10:30 Our Journey Together with Chaplain Jeff (CR) 1:00 Ka-Blab Game (CR) 2:00 Men's Club with Chaplain (CR) 2:00 Brain Games (AR) 3:00 LCR with Chaplain (AR) 6:00 Evening Gather and Chat (FL)	25 9:00 Morning Walk (FL) 10:00 Fun Fitness Game (CR) 10:30 Journey through the Bible (CR) 1:00 Bridging the Floors With Connections (CN) 2:00 Name that Tune (CN) 3:15 Word in a Word with Shakes (CN) 6:00 Movie: <i>The Planet of the Apes</i> (CR)	26 9:00 Coffee & Current Events (FL) 10:00 What's the Word (CR) 10:30 Prize Bingo (CR) 1:00 Password (AR) 2:00 Games of Choice (AR) 2:30 Saturday Social on Deck (GL) 3:00 Trivia Time (GL) 6:00 Tiominoes Game (AR)
27 9:00 Our Week in Review (FL) 10:00 Cooking Club: Heirloom Blueberry Cake (AR) 1:00 LCR Card Game (AR) 2:00 Sunday Social (GL) 2:30 Trivia Time (GL) 3:00 Sunday Worship Service (CR) 6:00 Evening Wind Down (FL)	28 9:00 Morning Walk (FL) 10:00 Stretch and Flex (CR) 10:30 Armchair Travel to Yellowstone National Park (AR) 1:00 Who, What, Where Am I? (CR) 2:00 Artist in Us All: Woodworking (AR) 3:15 Dare to Play: Active Games (CR) 5:30 Resident Run Bingo (AR)	29 9:00 Daily Chronicle Handout (FL) 10:00 Weights and Bands Exercise (CR) 10:30 Devotions and Hymn Sing (CR) 1:00 Rummy Game 500 (AR) 2:00 Jeopardy (CR) 3:00 Bingo Helpers in Connections (CN) 3:15 Axe Throwing (CR) 6:00 Resident Run Game Night (AR)	30 9:00 Fresh Air Morning Walk (FL) 10:00 Chair Yoga (CR) 10:30 Mid Week Worship (CR) 1:00 Media Class with Alyssa (CR) 2:00 Musical Entertainment Presents Steven Barth (CR) 2:00 Yahtzee Game (AR) 3:15 Bingo Bash (CR) 6:00 Games of Chance (AR) 6:00 Movie: <i>Planet of the Apes</i> (CR)	31 9:00 Resident Run Daily Chronicles (FL) 10:00 Balance and Flex (CR) 10:30 Our Journey Together with Chaplain Jeff (CR) 1:00 Pictionary (CR) 2:00 Manicures (S) 2:00 Minute to Win It Game (CR) 3:00 LCR with Chaplain (AR) 6:00 Evening Gather and Chat (FL)	<div>Calendar Key: (BR) Billiards Room, (CR) Community Room, (AR) Activity Room (S) Salon, (GL) Governors Lounge (LB) Library, (DR) Dining Room (FL) Front Lobby, (FP) Front Porch (OOB) Out of Building (BW) Building Wide (EL) Elevator ** Registration Required \$\$ Cost Involved</div> <div>July 2025</div>	