

# Focus on Wellness

SUMMER is here! Be sure to make the most of the season with these healthy tips:

- Stay Hydrated with plenty of water
- Use sunscreen and shade to enjoy the outdoors
- Enjoy socializing with friends in nature
- Enjoy local, seasonal produce in our dining programs

Please enjoy all of our outdoor walking paths and activities.  
*Check your calendar for outings and family events!*



## Resident Birthdays

### July

4 - Mary Conville  
9 - Mary Rowcotsky  
22 - Raymond Long  
26 - Elizabeth Dunkel  
26 - Arthur Kelly  
29 - Carl Hahner  
30 - Carol Pizzico  
30 - Beatrice Hoffman  
31 - Ellen Stone

### August

2 - Carol Benner  
2 - Adele Llewellyn  
7 - George Lescosky  
8 - Ellen Nevada  
10 - Joyce Cantu  
11 - Dorothy Llewellyn  
22 - John Lazarski  
23 - Francis Stephen  
23 - Robert McQuillan  
28 - Joanne Lazusky  
29 - Shirley Williamson

### September

1 - Barbara Webber  
1 - Audrey Lantz  
2 - Clair Dunkelberger  
6 - Sang O'Reilly  
7 - Shirley Krammes  
9 - Regina Kenesky  
12 - Margaret Stednitz  
13 - Lois Rilo  
14 - Gladys Bachman  
14 - Eugenia Jeppson

15 - James Smith  
18 - Joan Paparazo  
19 - Audrey Serrian  
22 - Mary Hahner  
24 - Sally Houseknecht



# Providence Place SENIOR LIVING News

Q3: July 2025

## A Note from the Executive Director

Welcome Summer!

Thank you to those who joined us for our first Summer Concert Series in June. It is always such a wonderful gathering and a great way to kick off the season. Come join us for our second **Summer Concert event - on Tuesday, July 15th @ 7pm** for John Stevens presenting the Double Shot Polka Trio & bring your own chair!

We have a lot of other fun stuff coming up for the summer season:

- We are planning a fall festival in September-- **Save the Date for 9/24**. We will have a petting zoo and many other great activities.
- We are starting to have dinner theaters at the campus
- We are organizing a breakfast that will be hosted by John and our veteran's, on our first-floor patio, monthly (weather permitting)

Another update as we had our new LPN, James, join our nightshift team, so we have an LPN on both teams now and are proud of the care provided in our community.

If you have any questions or concerns, please reach out anytime. We look forward to a fantastic July.

*Julie Wallace*  
Executive Director

## Highlighted Events

1 - **Printed Dishtowel Art + Pink Lemonade** @ 1:30pm

4 - **Independence Day Picnic**  
@ 11am to 1pm

8 - **Musical Entertainment:**  
Jason Brauer @ 3pm

15 - **Summer Concert Series:**  
Double Shot Polka Trio @ 7pm  
*Families and Friends welcome*

23 - **Dinner Theater** : Newsies  
@ 4pm

24 - **Dementia Support Group**  
@ 6pm - *Connections*

## Welcome New Residents

Kathleen Berkenstock  
George Forster  
Patricia Forster  
Sandra Mitchell  
Anna Kerlavage  
Shirley Krammes



For Community Life activities, campus events and Providence Place happenings, please follow our Facebook page at [www.Facebook.com/ProvPlace](http://www.Facebook.com/ProvPlace).



To sign up to receive this quarterly newsletter and monthly events calendar via email, please contact us to subscribe at [Info@Prov-Place.com](mailto:Info@Prov-Place.com).



**[www.Providence-Place.com](http://www.Providence-Place.com)**



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SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
<div>THE</div> <div>Club</div>		1 9:30 Daily Meeting & Chronicles (3FL/CR) 10:00 Dining Committee Meeting (DR) 10:30 Travel Club: North Islands in New Zealand (3FL/CR) 11:00 Gentle Stretching For Seniors (3FL/CR) 1:30 Brain Gym: New Zealand Trivia (3FL/CR) 2:30 Magnetism Game (3FL/CR) 3:00 Outside Stroll (PL) 6:00 Nickel Bingo \$\$ (P)	2 9:00 Daily Meeting & Chronicles (ML) 9:00 Shopping Trip: Boscov's & The Dollar Tree ** \$\$ (OOB) 10:30 Exercise Video with Paul Eugene (P) 1:30 Afternoon Trailblazers (TB) 2:00 Acrylic Paint Class with Shannon (P) 2:00 Worship Service with Chaplain Britany followed by Bible Study (CM) 3:00 Card Games: Gin Rummy (3FL/CR) 6:00 Evening Movie: <i>Wizard of Oz</i> (P)	3 9:30 Daily Meeting & Chronicles (3FL/CR) 10:00 Food Prep Club: Making Fruit Salad For our Fruity Social (3FL/CR) 11:00 Brain Gym: July Trivia (3FL/CR) 1:30 Zumba with Michele (CNS) 2:30 Fruity Social with Fresh Fruit Salad (CNS) 3:00 Balloon Volleyball CNS) 3:30 Afternoon Trailblazers (TB) 6:00 Nickel Bingo \$\$ (P) 7:00 Gospel Singers (CM)	4 Independence Day 9:30 Daily Meeting & Chronicles (P) 10:00 Red, White, and Blue Trivia (3FL/CR) 11-1 4th of July Picnic (DR & FP) 2:00 Creative Crafters: Patriotic Paper Pinwheels (3FL/CR) 3:00 Communion & Rosary Service with Chaplain Henninger (CM) 3:30 Kerplunk (3FL/CR) 6:00 Evening Movie: <i>When Sparks Fly</i> (P)	5 9:30 Daily Meeting & Chronicles (P) 10:00 More Jeopardy Trivia (3FL/CR) 10:30 Scarf Exercise (3FL/CR) 1:30 Afternoon Troll Outside (PL) 2:00 Nickel Bingo \$\$ (P) 2:30 Strawberry Social with Strawberry Sundaes (3FL/CR) 3:00 Helping Hands: Cleaning up (3FL/CR) 6:00 Televised Catholic Mass with Father Jim (P)	
	6 9:00 Daily Meeting & Chronicles (3FL/CR) 9:30 Live Stream Worship: Trinity Lutheran Church (3FL/CR) 10:30 Total Body Workout for Seniors (3FL/CR) 1:00 Sunday Matinee: <i>Arsenic &amp; Old Lace</i> (P) 1:30 Country Ride & Ice Cream **\$\$ (OOB) 3:00 Rosary & Communion with Chaplain Henninger (CM) 6:00 Puzzles (P)	7 9:30 Daily Meeting & Chronicles (3FL/CR) 10:00 Perfect Painter's Club: Round Canvas Melon Painting (3FL/CR) 10:30 Seated Yoga with Michele (P) 1:30 Twister with Bean Bags (3FL/CR) 2:00 Worship Service with Chaplain Britany Followed by Circle of Friends (CM) 2:30 Ed-U Presentation: <i>History Through Folk Music</i> by Jay Smar (P) 3:30 Afternoon Trailblazers (TB) 6:00 Drawing with Friends Sketching (P)	8 9:30 Daily Meeting & Current Events (3FL/CR) 10:00 Perfect Polish Manicures (3FL/CR) 10:30 <i>Dick Van Dyke</i> Show (3FL/CR) 11:00 Afternoon Fitness Walkers (3FL/CR) 1:30 Presentation by Father Chris Zelonis: <i>Catholic Traditions &amp; Blessings</i> (P) 2:30 Let's Roll the Cube Exercise (3FL/CR) 3:00 Musical Entertainment by Pianist Jason Brauser (P) 6:00 Nickel Bingo \$\$ (P)	9 9:00 Daily Meeting & Chronicles (ML) 9:00 Shopping Trip: Walmart ** \$\$ (3FL/CR) 9:30 Who, What, Where Game (P) 10:30 Exercise Video with Paul Eugene (P) 1:30 Ed-U Documentary: <i>Kiwi Birds</i> (3FL/CR) 2:00 Worship Service with Chaplain Brittany followed by Bible Study (CM) 2:30 Summer Cookout Detective (3FL/CR) 3:00 My 2 Cents Game (3FL/CR) 6:00 Evening Movie: <i>Gone with the Wind</i> (P)	10 9:30 Daily Meeting & Chronicles (3FL/CR) 10:00 Pass the Pickle Game (3FL/CR) 10:30 Chat Club: Tell the Person Next to You Something Nice About Themselves (3FL/CR) 1:30 Zumba with Michele (CNS) 2:30 Musical Entertainment with Cynthia :(CNS) 3:00 Twister Bean Bag Toss (CNS) 3:30 iN2L: <i>The Wonders of New Zealand</i> (CNS) 6:00 Nickel Bingo \$\$ (P)	11 9:30 Daily Meeting & Chronicles (3FL/CR) 10:00 Inside Golfing (3FL/CR) 10:30 Game Time: Connect 4 (3FL/CR) 1:30 Seated Yoga with Michele (P) 2:30 Words That Begin with J (3FL/CR) 3:00 Mass & Confession with Father Karpyn (CM) 3:30 Afternoon Trailblazers (OOB) 6:00 Evening Movie: <i>The Apple Dumpling Gang</i> (P)	12 9:30 Daily Meeting & Chronicles (3FL/CR) 10:00 Balance in Action Exercise (3FI/CR) 10:30 Pivot Point Game (3FL/CR) 1:30 Perfect Painters: Wooded Butterflies & Bees (3FL/CR) 2:00 Nickel Bingo \$\$ (P) 3:00 Animal Kingdom: Sea Animals (3FL/CR) 3:30 Ring Toss (3FL/CR) 6:00 Televised Catholic Mass with Father Jim (P)
	13 9:00 Daily Meeting & Chronicles (3FL/CR) 9:30 Live Stream Worship: Trinity Lutheran Church (3FL/CR) 10:30 Gentle Range of Motion Chair Exercise for Seniors (3FL/CR) 1:00 Sunday Matinee: <i>The Notebook</i> (P) 1:30 Country Ride & Ice Cream ** \$\$ (OOB) 3:00 Rosary & Communion with Chaplain Henniger (CM) 6:00 Puzzles (P)	14 9:30 Daily Meeting & Chronicles (3FL/CR) 10:00 Morning Steppers (3FL/CR) 10:30 Seated Yoga with Michele (P) 1:30 Left-Right Christmas in July In Sunnyville Game (3FL/CR) 2:00 Worship Service with Chaplain Britany followed by Circle of Friends (CM) 2:30 Minute to Win It: How Many Pennies Can You Put in the Cup (3FL/CR) 3:00 Short Story & Discussion (3FL/CR) 6:00 Chess and Checkers with Friends (P)	15 9:30 Daily Meeting & Chronicles (3FL/CR) 10:00 Chef's Table with Jake (DR) 10:30 July Word Search & Cross Words (3FL/CR) 1:30 Creative Crafters: Frida Kahlo 3D Paper Doll (3FL/CR) 2:30 Pivot Point Game (3FL/CR) 3:00 Brain Gym: Pictionary (3FL/CR) 7:00 Summer Concert Series: John Stevens Double Presents <i>Double Shot Polka Trio</i> (PL)	16 9:00 Daily Meeting & Chronicles (3FL/CR) 10:00 Trip to Heiser's: Mini-golf, Lunch, & Ice Cream ** \$\$ (OOB) 10:30 Balance in Action (P) 1:30 Health Talk: <i>Benefits of Eating Kiwi's for Breakfast</i> by Dr. William Li (3FL/CR) 2:00 Worship Service with Chaplain Brittany followed by Bible Study (CM) 2:30 Ball Toss Challenge (3FL/CR) 6:00 Evening Movie: <i>Casablanca</i> (P)	17 9:30 Daily Meeting & Chronicles (3FL/CR) 10:00 Daily Reading & Reflection (3FL/CR) 10:30 Sticker Art by Numbers (3FL/CR) 11:00 Afternoon Troll (FP) 1:30 Zumba with Michele (CNS) 2:30 Parachute Ball Balancing (CNS) 3:00 Brain Gym: Name Words Relating To July (CNS) 3:30 iN2L: <i>Gardens of New Zealand</i> (CNS) 6:00 Nickel Bingo \$\$ (P)	18 9:30 Daily Meeting & Chronicles (P) 10:00 Short Sory Time (3FL/CR) 10:30 Story Discussion & Reflection (3FL/CR) 1:30 Seated Yoga with Michele (P) 2:30 Outside Hand-Shaped Fly Swatter Balloon Volleyball (1FP) 3:00 Communion & Rosary with Chaplain Henniger (CM) 3:30 Refresh & Rehydrate with Apple Spritzers (1FP) 6:00 Evening Movie: <i>A Room With A View</i> (P)	19 9:30 Daily Meeting & Chronicles (3FL/CR) 10:00 The Art of Conversation (3FL/CR) 11:00 Compliment Time: Compliment the Person Next to You (3FL/CR) 1:30 Enjoying Friends & Conversation In the Gazebo (PL) 2:00 Mimosas & Snacks in the Gazebo (PL) 2:00 Nickel Bingo \$\$ (P) 3:00 Pass The Pickle Game (3FL/CR) 6:00 Televised Catholic Mass with Father Jim (P)
	20 9:00 Daily Meeting & Chronicles (3FL/CR) 9:30 Live Stream Worship: Trinity Lutheran Church (3FL/CR) 10:30 Light N' Lively Exercise (3FL/CR) 1:00 Sundy Matinee: <i>Sweet Home Alabama</i> (P) 1:30 Country Ride & Ice Cream ** \$\$ (OOB) 3: 00 Rosary & Communion with Chaplain Henninger (CM) 6:00 Puzzles (CM)	21 9:30 Daily Meeting & Chronicles (3FL/CR) 10:00 Let's Take a Stroll (TB) 10:30 Seated Yoga with Michels (P) 1:30 Brain Gym: Drawing a Blank (3FL/CR) 2:00 Worship Service with Chaplain Brittany followed by Circle of Friends (CM) 2:30 Spa Time: Moisturizing Hand & Arm Massages (3FL/CR) 3:00 Chatty Club: Let's Talk about Eating Healthier (P) 6:00 Card Games with Friends (P)	22 9:30 Daily Meeting & Chronicles (3FL/CR) 10:00 Grove to the Beat Senior Exercise (3FL/CR) 10:30 Name 5 Word Game (3FL/CR) 1:30 Perfect Painters: Painting Garden Rocks (3FL/CR) 2:00 Tea Talk with Michele (P) 2:30 Nickel Pitching (3FL/CR) 3:00 Relaxing Meditation Exercises (3FL/CR) 6:00 Nickel Bingo \$\$ (P)	23 9:30 Daily Meeting & Chronicles (3FL/CR) 10:00 Total Body Workout for Seniors (3FL/CR) 10:30 Ball Pass Challenge (3FL/CR) 1:30 Last Standing Castle (3FL/CR) 2:00 Worship Service with Chaplain Brittany followed by Bible Study (CM) 2:30 Parachute Ball Balancing (3FL/CR) 4:00 Dinner Theater: <i>Newies</i> Broadway Musical Dinner ** (P)	24 9:30 Daily Meeting & Chronicles (P) 10:00 Sticker Art (3FL/CR) 11:00 Game Time: Checkers (3FL/CR) 1:30 Afternoon Fitness Walkers (TB) 2:00 Community Meeting (P) 3:00 Minute to Win It: How Many Cups Can You Stack (CNS) 3:30 iN2L: Wheel of Fortune (CNS) 6:00 Nickel Bingo \$\$ (P)	25 9:30 Daily Meeting & Chronicles (3FL/CR) 10:00 Word Play (3FL/CR) 10:30 Green Thumbs: Watering our Flowers (3FL/CR) 1:30 Yoga with Michele (P) 2:30 Twister with Sand Bags (3FL/CR) 3:00 Communion & Rosary with Chaplain Henninger (CM) 3:30 Puzzles & Ponderings (3FL/CR) 6:00 Evening Movie: <i>Big</i> (P)	26 9:30 Daily Meeting & Chronicles (P) 10:00 Daily Prayer & Reflection (3FL/CR) 10:30 Chair Soccer (3FL/CR) 1:30 Hand -Shaped Fly Swatter Balloon Volley Ball (3FL/CR) 2:00 Nickel Bingo \$\$ (P) 2:30 Sherbert Saturday Social with Rainbow Sherbert (3FL/CR) 3:00 Outside Horse Shoes (1FP) 6:00 Televised Catholic Mass with Father Jim (P)
	27 9:00 Daily Meeting & Chronicles (3FL/CR) 9:30 Live Stream Worship: Trinity Lutheran Church (3FL/CR) 10:30 Drum to the Beat Exercise (3FL/CR) 1:00 Sunday Matinee: <i>Rock a Bye Baby</i> (P) 1:30 Live Musical Entertainment with Dale Cecilla & Justin (P) 3:00 Rosary & Communion with Chaplain Henninger (CM) 6:00 Puzzles (P)	28 9:30 Daily Meeting & Chronicles (3FL/CR) 10:00 Daily Prayer & Reflection (3FL/CR) 10:30 Seated Yoga with Michelle (P) 1:30 Creative Crafters: Photo Finish: Summer Bouquet (3FL/CR) 2:00 Worship Service with Chaplain Brittany followed by Circle of Friends (CR) 3:00 Pass the Pickel Game (3FL/CR) 6:00 Chess and Checkers with Friends (P)	29 9:30 Daily Meeting & Chronicles (3FL/CR) 10:00 Paddles, Picnics & Pastimes: Remembering a Day on the Lake (3FL/CR) 11:00 Grandma's Pie Detective (3FL/CR) 1:30 Backyard Balloon Social with Orange Dream Sickles (3FL/CR) 2:30 Backyard Balloon Shoot (1FP) 3:00 Afternoon Trailblazers (TB) 6:00 Nickel Bingo \$\$ (P) 7:00 Ed-U Excursion: <i>Celestial Fireworks</i> by Pottsville High Planetarian ** \$\$ (OOB)	30 9:30 Daily Meeting & Chronicles (3FL/CR) 10:00 Inside Hatchet Throwing (3FL/CR) 11:00 Shooting Hoops Basket Ball (3FL/CR) 1:30 Creative Crafters: Snapping Alligators (3FL/CR) 2:00 Worship Service with Chaplain Brittany followed by Bible Study (CM) 2:30 What's the Scoop Game (3FL/CR) 3:30 Ice Cream Cone Social (3FL/CR) 6:00 Evening Movie: <i>Lawrence of Arabia</i> (P)	31 9:30 Daily Meeting & Chronicles (3FL/CR) 10:00 My 2 Cents Game (3FL/CR) 11:00 Let's Roll the Cube Exercise (3FL/CR) 1:30 Zumba with Michele (CNS) 2:30 Pass the Pickle (CNS) 3:00 Floats for Us Social: Cream Soda Floats (CNS) 3:30 iN2L: <i>Waitomo Caves in New Zealand</i> (CNS) 5:00 Resident Birthday Dinner (P) 6:00 Dementia Support Group (3FL/CR)	<div>Calendar Key:</div> <div>** Registration Required</div> <div>\$\$ Cost Involved</div> <div>3F 3rd Floor</div> <div>3FL/CR 3rd Floor Club Room</div> <div>CM Community Room</div> <div>CNS Connections 2nd Floor South</div> <div>Dr Dining Room</div> <div>1FP 1st Floor Patio</div> <div>ML Main Lobby</div> <div>OOB Out of Building</div> <div>P Pub</div> <div>PL Parking Lot</div> <div>TB Throughout Building</div>	<div>July</div> <div>2025</div>