SUNDAY	Monday	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Dover		NS 🍁	AUGU	ST 2025	7:00 Activities of Daily Living 8:00 Breakfast 8:30 Café Espresso 9:30 Morning Workout 10:15 Answer this-ball 12:00 Lunch 1:15 Courtyard Fun with Friends 2:00 Afternoon Walk 3:00 Hydration and Snack 3:30 Bible Connections with Wanda 4:00 Balloon Volleyball 5:00 Dinner 6:30 Hand Massages	7:00 Activities of Daily Living 8:00 Breakfast 8:30 Café Espresso 9:30 Morning Workout 10:15 Color Me Calm in Courtyard 11:30 Lunch 1:15 Relax and Recoup—Meditation 2:30 Bubble Fun in Courtyard 3:00 Hydration Station 3:30 Reminiscing: Movie Memories 5:00 Dinner 6:30 Relaxation Sounds
7:00 Activities of Daily Living 8:00 Breakfast 8:30 Café Espresso 9:30 Live Church Service 10:00 Discussion and Donuts 12:00 Lunch 1:30 Sunday Services with Chaplain Shawn 2:00 Ice Cream Sundaes 2:30 Sunday Hymns 3:00 Relax in Courtyard 5:00 Dinner 6:30 Sunday Evening Movie	7:00 Activities of Daily Living 8:00 Breakfast 8:30 Café Espresso 9:30 Morning Workout 10:50 Morning Stroll 12:00 Lunch 1:15 Door Hangers with Club 2:00 Bible Study – Chaplain Shawn 2:30 Men's Club with Chaplain Shawn 3:00 Hydration Station & Snack 3:30 Bible Connections with Wanda 5:00 Dinner 6:30 Silly Dogs and Music	7:00 Activities of Daily Living 8:00 Breakfast 8:30 Café Espresso 9:30 Let's Get Physical 10:00 World Traveler– North Carolina 12:00 Lunch 1:15 Afternoon Adventures on the Town 2:30 Basketball 3:30 Hydration Station & Snack 4:00 Color Me Calm 5:00 Dinner 7:00 Memories & Magazines	7:00 Activities of Daily Living 8:00 Breakfast 8:30 Café Espresso 9:30 Morning News 10:00 Polished Perfections with Club 12:00 Lunch 1:15 BINGO 2:00 Create a Bag 2:30 Mid-Week Worship Service 3:00 Hydration and Hymns 3:30 Relaxing Sounds 4:30 Courtyard Fun with Friends 5:00 Dinner 6:30 Bible Connections with Wanda	7:00 Activities of Daily Living 8:00 Breakfast 8:30 Café Espresso 9:30 Let's Get Physical 10:00 Let's Win a Prize 12:00 Lunch 1:15 Corn Hole 2:15 Hymns & Devotions with Chaplain Shawn 3:00 Courtyard Sweet Tooth Adventures 3:30 Hydration Station 4:00 Afternoon Nature Walk with Friends 5:00 Dinner	7:00 Activities of Daily Living 8:00 Breakfast 8:30 Café Espresso 9:30 Morning Workout 10:15 Large Games 12:00 Lunch 1:15 Indoor Golf 2:00 Relaxing Sounds and Cute Dogs 2:30 Hydration Station 3:00 1-on-1 Chats 3:30 Bible Connections with Wanda 5:00 Dinner 7:00 Courtyard Cooldown	8 7:00 Activities of Daily Living 8:00 Breakfast 8:30 Café Espresso 9:30 Morning Workout 10:15 Morning Trivia on the Porch 11:30 Lunch 1:15 Craft 2:30 Hydration and Snack 3:00 Courtyard Fun with Friends 4:00 Afternoon Stretches 5:00 Dinner 6:30 Relaxation Sounds
7:00 Activities of Daily Living 8:00 Breakfast 8:30 Café Espresso 9:30 Live Church Service 10:00 Discussion and Cinnamon Rolls 12:00 Lunch 1:30 Sunday Services with Chaplain Shawn 2:00 Ice Cream Sundaes 2:30 Sunday Hymns 3:00 Relax and Unwind in Courtyard 5:00 Dinner 6:30 Sunday Evening Play	7:00 Activities of Daily Living 8:00 Breakfast 8:30 Café Espresso 9:30 Morning Workout 10:50 Melodic & Marvelous Music with Lindsay from York Music Therapy 12:00 Lunch 1:15 Large Games with Club 2:00 Bible Study with Chaplain Shawn 2:30 Men's Club with Chaplain 3:30 Bible Connections with Wanda 5:00 Dinner 6:30 Hydration Station	7:00 Activities of Daily Living 8:00 Breakfast 8:30 Café Espresso 9:30 Let's Get Physical 10:00 Wildflower Lookout 12:00 Lunch 1:15 Crafty Corner 2:30 Win a Prize 3:00 Hydration Station & Snack 3:30 Calming Nature Sounds in the Garden 4:00 Horse Documentary 5:00 Dinner	7:00 Activities of Daily Living 8:00 Breakfast 8:30 Breakfast with Activities 9:30 Morning Stroll 10:00 Polished Perfections with Club 12:00 Lunch 1:15 Strawberry Dessert 2:30 Mid-Week Worship Service – Chaplain Shawn 3:00 Hydration Station 3:30 Walk and Talk 5:00 Dinner 6:30 Bible Connections with Wanda	7:00 Activities of Daily Living 8:00 Breakfast 8:30 Café Espresso 9:30 Morning Workout 10:00 Morning Porch Laughs with Friends 12:00 Lunch 1:00 Ice Cream Soda Social 2:15 Hymns & Devotions with Chaplain Shawn 3:00 Musical Entertainment by Jay Smar 4:00 Hydration 5:00 Dinner 7:00 Household Chores	7:00 Activities of Daily Living 8:00 Breakfast 8:30 Café Espresso 9:30 Morning Workout 10:15 Coffee, Friends and Sunshine 12:00 Lunch 1:15 Color Me Calm 2:00 Make a Word 3:30 Afternoon Musical 5:00 Dinner 7:00 Bible Connections with Wanda	7:00 Activities of Daily Living 8:00 Breakfast 8:30 Café Espresso 9:30 Morning Workout 10:15 Words with Friends 11:30 Lunch 1:15 Afternoon Stroll with Friends 2:30 Hydration and Snack 3:00 Entertainment by Tom and Randi 4:00 Afternoon Stretches—Seated Yoga 5:00 Dinner 6:30 Relaxation Sounds

SUNDAY	Monday	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
17	1	8 19	20	21	2	2
:00 Activities of Daily Living	7:00 Activities of Daily Living	7:00 Activities of Daily Living	7:00 Activities of Daily Living	7:00 Activities of Daily Living	7:00 Activities of Daily Living	7:00 Activities of Daily Living
:00 Breakfast	8:00 Breakfast	8:00 Breakfast	8:00 Breakfast	8:00 Breakfast	8:00 Breakfast	8:00 Breakfast
:30 Café Espresso	8:30 Café Espresso	8:30 Café Espresso	8:30 Breakfast with Activities	8:30 Café Espresso	8:30 Café Espresso	8:30 Café Espresso
:30 Morning Workout	9:30 Morning Workout	9:30 Boat Adventures	9:30 Morning Stroll	9:30 Morning Workout	9:30 Morning News	9:30 Morning Workout
0::00 Discussion and Bagels	10:50 Melodic & Marvelous Music with	10:00 Morning Hymns	10:00 Polished Perfections with Club	10:00 Morning Porch Laughs with Friends	10:15 Birdwatching Gang	10:00 Crafty Corner
2:00 Lunch	Lindsay from York Music Therapy	12:00 Lunch Out	12:00 Lunch	12:00 Lunch	12:00 Lunch	12:00 Lunch
:30 Sunday Services with	12:00 Lunch	1:15 Hangman	1:15 Games of Choice	1:00 Bingo	1:15 Crafty Corner	1:15 Stroll Around the Walking Path
Chaplain Shawn	1:15 Book Flowers with Club	2:30 Dirt Pudding and Worms	2:30 Mid-Week Worship Service –	2:15 Hymns & Devotions with	2:00 Win a Prize	2:30 Hydration Station
2:00 Ice Cream Social	2:00 Bible Study with Chaplain Shawn	3:00 Hydration Station & Snack	Chaplain Shawn	Chaplain Shawn	3:30 Bible Connections with Wanda	3:00 Polished Perfections: Manicure
3:00 Bird Watching Gang	2:30 Men's Group with Chaplain Shawn	3:30 Calming Nature Sounds in the Garden	3:00 Hydration Station	3:00 Trivia Throwdown	4:30 Hydration Station & Melody's	4:00 Lassie – Movie
5:00 Dinner	3:00 Hydration Station	4:00 Horse Documentary	3:30 Relax and unwind by the Ocean	4:00 Hydration	5:00 Dinner	5:00 Dinner
6:30 Sunday Evening Movie	3:30 Bible Connections with Wanda	5:00 Dinner	4:30 Relaxing Sounds	4:30 Golfing	7:00 Elvis Top hits	6:30 Relaxation Sounds
	5:00 Dinner		5:00 Dinner	5:00 Dinner		
24	7:00 Relaxing Sounds		6:30 Bible Connections with Wanda	7:00 Household Chores		
				World Senior Citizen Day		
	. 2	5 26	27	28	2	29
7:00 Activities of Daily Living	7:00 Activities of Daily Living	7:00 Activities of Daily Living	7:00 Activities of Daily Living	7:00 Activities of Daily Living	7:00 Activities of Daily Living	7:00 Activities of Daily Living
3:00 Breakfast	8:00 Breakfast	8:00 Breakfast	8:00 Breakfast	8:00 Breakfast	8:00 Breakfast	8:00 Breakfast
3:30 Café Espresso	8:30 Café Espresso	8:30 Café Espresso	8:30 Breakfast with Activities	8:30 Café Espresso	8:30 Café Espresso	8:30 Café Espresso
9:30 Morning Workout	9:30 Morning Workout	9:30 Morning Walk	9:30 Morning Stroll	9:30 Morning Workout	9:30 Morning Workout	9:30 Morning Workout
10:00 Discussion and Muffins	10:50 Melodic & Marvelous Music with	10:00 Balloon Volleyball	10:00 Polished Perfections with Club	10:15 Outdoor Fun with Friends	10:15 Baking with Friends	10:15 Morning Walk
12:00 Lunch	Lindsay from York Music Therapy	12:00 Lunch	12:00 Lunch	12:00 Lunch	12:00 Lunch	11:30 Lunch
1:30 Sunday Services with	12:00 Lunch	1:15 Wizard of Oz Social	1:15 Monthly Birthday Party	1:15 Color Me Calm	1:15 Bingo	1:15 Balloon Volleyball
Chaplain Shawn	1:15 Bowling Club	2:30 Wicked Watch Party	2:30 Mid-Week Worship Service –	2:15 Hymns and Devotions with	2:00 Relax and Recoup—Meditation	2:30 Bubble Fun in Courtyard
2:00 Afternoon Stretches—Seated Yoga	2:00 Bible Study with Chaplain Shawn	3:00 Hydration Station & Snack	Chaplain Shawn	Chaplain Shawn	3:00 Hydration and Snack	3:00 Hydration Station
3:00 Sunday Afternoon Movie	2:30 Men's Group with Chaplain Shawn	3:30 Calming Nature Sounds in the Garden	3:30 Bible Connections with Wanda	3:00Hydration and Snack	3:30 Bible Connections with Wanda	3:30 Reminiscing: Movie Memories
5:00 Dinner	3:00 Hydration Station	4:00 Pool Hall with Friends	5:00 Dinner	3:30 Target Practice	4:00 Bird Watching Crew	5:00 Dinner
6:30 Sunday Evening Movie	3:30 Bible Connections with Wanda	5:00 Dinner	6:30 Bible Connections with Wanda	5:00 Dinner	5:00 Dinner	6:30 Relaxation Sounds
	5:00 Dinner			7:00 America's Funniest Videos	6:30 Hand Massages	
	7:00 Relaxing Sounds					
31		1	1	1		
·00 Activities of Daily Living						

7:00 Activities of Daily Living

8:00 Breakfast

8:30 Café Espresso

9:30 Morning Workout

10:00 Discussion and Donuts

12:00 Lunch

1:30 Sunday Services with Chaplain Shawn

2:00 Hydration and Snack

2:30 Afternoon Stretches—Tia Chi

3:00 Sunday Hymns

5:00 Dinner

6:30 Sunday Evening Movie

CONNECTIONS & AUGUST 2025

