

Focus on Wellness

SUMMER is here! Be sure to make the most of the season with these healthy tips:

- Stay Hydrated with plenty of water
- Use sunscreen and shade to enjoy the outdoors
- Enjoy socializing with friends in nature
- Enjoy local, seasonal produce in our dining programs

Please enjoy all of our outdoor walking paths and activities.
Check your calendar for outings and family events!



Resident Birthdays

August

4 - Paul Nicarry	13 - Beverly Barnes	24 - Shirley St. Clair
4 - Marion King	14 - Jean Wengert	24 - Alice Davis
5 - Peggy Gsell	14 - Jean Underwood	25 - Susan McCarl
6 - Elizabeth Stewart	14 - Dorothy Davis	25 - Anne Marie Hickey
10 - Lydia Baker	18 - Rosemary Sheridan	30 - Dorothy Paylor
12 - Agnes Peden	19 - Ruth Killian	31 - Clair Baker
12 - Robert Lunsford	24 - Mary Mathias	

September

1 - Terry Auvil	12 - Virginia Federhoof	26 - Carolyn Rotz
1 - Lois Hoover	13 - Earl Robinson	28 - Bonita Mearkle
2 - George Shearer	17 - Joann Bachtell	29 - Stephen Martin
4 - Lois Garman	17 - Leon McIntyre	30 - LeVaun Stouffer
6 - Donald Duffey	24 - Stephanie Coldsmith	30 - Betty Petrie
8 - Betty Fogelsanger	25 - William Brindle	
8 - Karen Boyd	26 - K Lorraine Shaffer	
9 - Sandra Bender		
10 - Elizabeth Hammaker		



Providence Place SENIOR LIVING News

Q3: August 2025

A Note from the Executive Director

It has been wonderful seeing so many residents, family members and others utilizing our outdoor spaces and the walking trail. A quick reminder that call pendants are available at the receptionist desk to borrow during your walk. You can check one out from the receptionist if you feel safer having that while walking on campus and then return it upon completion of your walk.

Also, remember that there are benches, gazebos and picnic tables on our beautiful 17-acre property. If you are looking to host a gathering of friends or family members you can always reserve an indoor or outdoor space. Lorelei or Leah in Community Life can assist you in making reservations. Because this is your home and sometimes it is easier to bring the fun celebrations here to Providence Place rather than venturing out to areas that can be challenging if you have physical limitations!

SAVE THE DATE: we will be hosting a Tailgate Party of September 10th - stay tuned for details!

I hope you are enjoying your summer thus far. Stay safe and stay healthy.

Best,

Holly Townsend
Executive Director

Highlighted Events

9 - **The Singing Mayor** @ 2pm
12 - **Dementia Support Group**
@ 6pm - *Connections*
23 - **Celebrating Betty's 100th**
@ 11:30am
27 - **Picnic Outing** @ 11am
Caledonia State Park

Saturdays at 9:30am-
Community Outreach

Welcome New Residents

Keith Shanholtz
Joyce Purkey
James Mellott
George Shearer
Vivian Brewbaker



For Community Life activities, campus events and Providence Place happenings, please follow our Facebook page at www.Facebook.com/ProvPlace.



To sign up to receive this quarterly newsletter and monthly events calendar via email, please contact us to subscribe at Info@Prov-Place.com.



www.Providence-Place.com

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<div>31</div> 9:00 Morning Meeting and Inspirations (3A) 9:30 Daily Chronicle and Discussion (3A) 10:00 Teamwork Toss: Ladder Ball (3A) 10:00 Communion with Corpus Christi Church (2A) 11:30 Wine and Dine (DR) 2:00 Worship Service (2A) 3:00 Game Club: Uno (3A) 6:00 Resident Run Pinochle (3A)	<div>THE Club</div>		<div>August 2025</div>	<div>Calendar Key:</div> <div>Café (C) Loading Dock (LD)</div> <div>Library (L) Pub (P)</div> <div>Back Lobby (BL)</div> <div>2nd Floor Activity Room (2A)</div> <div>3rd Floor Activity Room (3A)</div> <div>3rd Floor Exercise Room (3E)</div> <div>Private Dining Room (PDR)</div> <div>Out of Building (OOB)</div> <div>Connections (CN)</div> <div>Building Wide (BW)</div> <div>Front Porch (FP)</div> <div>**Registration Required, \$\$ Cost Involved</div>	<div>1</div> 9:00 Morning Meeting & Fitness Flow (3A) 9:30 Daily Chronicle and Discussion (3A) 10:00 Memory Magic (3A) 1:30 Walk and Stroll Mail Check (MR) 2:00 Pickle Flights (P) 3:00 Musical Entertainment Featuring Jay Smar (3A) 6:00 Movie & Popcorn: <i>Eat, Pray, Love</i> (3A)	<div>2</div> 9:00 Morning Meeting & Sunrise Zen (3A) 9:30 Daily Chronicle and Discussion (3A) 10:00 Aromatherapy and Nails (3A) 10:00 TV Sitcom Comedy Hour: Resident's Choice (3A) 1:30 Talk n' Toss Ball (3A) 2:00 Matching Club: Uno (3A) 3:00 Hydration and Finishing the Lines (3A) 6:00 Card Club: Rummy (2A)
<div>3</div> 9:00 Morning Meeting and Inspirations (3A) 9:30 Daily Chronicle and Discussion (3A) 10:00 Teamwork Toss: Horseshoes (3A) 10:00 Communion with Corpus Christi Church (2A) 11:30 Wine and Dine (DR) 2:00 Worship Service (2A) 3:00 Game Club: Matching Dominos (3A) 6:00 Resident Run Pinochle (3A)	<div>4</div> 9:00 Yoga with Beth (3E) 9:00 Morning Meeting & Fitness Flow (3A) 9:30 Daily Chronicle and Discussion (3A) 10:00 Memory Magic (3A) 1:30 Imagery Fitness (3A) 2:00 Prize Bingo (3A) 3:00 Curious Minds: <i>Aerial America–</i> <i>The Best of the Midwest</i> (3A) 6:00 Kings in the Corner Card Game (2A)	<div>5</div> 9:00 Morning Meeting Flex & Stretch (3A) 9:30 Daily Chronicle and Discussion (3A) 10:00 Helping Hands: Folding Towels (3A) 10:30 August IQ (3A) 1:30 Craft with Connections: Connections & Club Collage Book Part 1 (CN) 2:00 Quench and Crunch (CN) 3:00 Handcrafted Heirlooms: Yarn Wrapped Lighthouse (3A) 6:00 Resident Run Rummikub (2A) 6:00 Wii Bowling for Beginners (3E)	<div>6</div> 9:00 Morning Meeting & Fitness Flow (2A) 9:30 Daily Chronicle and Discussion (2A) 10:00 Shopping Trip: Walmart \$\$ (OOB) 10:00 Old-Timey Words and Phrases (3A) 1:30 Day Excursion: Dunkin' Donuts (OOB) 2:00 Cheers to Lucy: Float Your Boat Party (CN) 3:00 Double Exposure (3A) 6:00 Front Porch Sitting (FP) 6:00 Resident Run Sequence (2A)	<div>7</div> 9:00 Morning Meeting Flex & Stretch (3A) 9:30 Daily Chronicle and Discussion (3A) 10:00 Matching Garage Sale Boxes (3A) 1:45 Cooking with Connections: Edible Lighthouse (CN) 2:30 Nibbles at the Beacon (CN) 3:00 Bloom and Grow Club (PD) 3:00 Mid Week Worship Service (CN) 3:30 Bible Study (CN) 6:00 Wii Bowling League (3E)	<div>8</div> 9:00 Morning Meeting & Fitness Flow (3A) 9:30 Daily Chronicle and Discussion (3A) 10:00 Aromatherapy and Nails (3A) 2:00 Catholic Mass with Corpus Christi Catholic Church (2A) 2:00 Providence Place Chambersburg Antique Road Show (3A) 3:00 Can You Picture This? (3A) 6:00 Movie & Popcorn: <i>Breakheart Pass</i> (3A)	<div>9</div> 9:00 Morning Meeting & Sunrise Zen (3A) 9:30 Daily Chronicle and Discussion (3A) 10:00 Memory Magic (3A) 1:30 Walk and Stroll Club (HW) 2:00 Musical Entertainment Featuring Singing Mayor Chuck Mummert (2A) 3:00 Matching Club: The Uzzle (3A) 6:00 Card Club: Rummy (2A)
<div>10</div> 9:00 Morning Meeting and Inspirations (3A) 9:30 Daily Chronicle and Discussion (3A) 10:00 Teamwork Toss: Cornhole (3A) 10:00 Communion with Corpus Christi Church (2A) 11:30 Wine and Dine (DR) 2:00 Worship Service (2A) 3:00 Game Club: Kerplunk (3A) 6:00 Resident Run Pinochle (3A)	<div>11</div> 9:00 Yoga with Beth (3E) 9:00 Morning Meeting & Fitness Flow (3A) 9:30 Daily Chronicle and Discussion (3A) 10:00 Memory Magic (3A) 1:30 Imagery Fitness (3A) 1:30 Kindly Canines (Building Wide) 2:00 Prize Bingo (3A) 3:00 Curious Minds: <i>50 Best Places to Visit in the US</i> (3A) 6:00 Kings in the Corner Card Game (2A)	<div>12</div> 9:00 Morning Meeting Flex & Stretch (3A) 9:30 Daily Chronicle and Discussion (3A) 10:00 Helping Hands: Folding Towels (3A) 10:30 HOTEL Categories (3A) 1:30 Craft with Connections: Connections & Club Collage Book Part 2 (CN) 2:00 Sip and Share (CN) 3:00 Palette of Memories: Balloon Animals (3A) 6:00 Resident Run Rummikub (2A)	<div>13</div> 9:00 Morning Meeting & Fitness Flow (2A) 10:00 Shopping Trip: Giant \$\$ (OOB) 10:00 Dinning Committee Meeting (2A) 1:30 Day Excursion: Big Oak Cafe (OOB) 2:00 Cooking with Connections: Orange Creamsicle Pie (CN) 3:00 Crossword Worksheets (3A) 6:00 Dementia Care Partner Support Group (CN) 6:00 Resident Run Sequence (2A)	<div>14</div> 9:00 Morning Meeting Flex & Stretch (3A) 10:00 Garden Hobby Detective (3A) 1:45 Orange Dream Pie Delight Social (CN) 2:30 Creamsicle Fun Facts (CN) 3:00 Bloom and Grow Club (PD) 3:00 Mid Week Worship Service (CN) 3:30 Bible Study (CN) 6:00 Wii Bowling League (3E)	<div>15</div> 9:00 Morning Meeting & Fitness Flow (3A) 9:30 Daily Chronicle and Discussion (3A) 10:00 Memory Magic (3A) 1:00 Workout with Julie From Powerback Rehabilitation (3E) 1:30 Walk and Stroll Mail Check (MR) 2:00 Book Club: <i>Lucky Strike</i> (3A) 3:00 New Neighbor Welcome Social (P) 6:00 Movie & Popcorn: <i>Raising Arizona</i> (3A)	<div>16</div> 9:00 Morning Meeting & Sunrise Zen (3A) 9:30 Daily Chronicle and Discussion (3A) 10:00 Aromatherapy and Nails (3A) 10:00 TV Sitcom Comedy Hour: Resident's Choice (3A) 1:30 Talk n' Toss Ball (3A) 2:00 Matching Club: Uno (3A) 3:00 Hydration and Finishing Words (3A) 6:00 Card Club: Rummy (2A)
<div>17</div> 9:00 Morning Meeting and Inspirations (3A) 9:30 Daily Chronicle and Discussion (3A) 10:00 Teamwork Toss: Skee Ball (3A) 10:00 Communion with Corpus Christi Church (2A) 11:30 Wine and Dine (DR) 2:00 Worship Service (2A) 3:00 Game Club: Po-Ke-No (3A) 6:00 Resident Run Pinochle (3A)	<div>18</div> 9:00 Yoga with Beth (3E) 9:00 Morning Meeting & Fitness Flow (3A) 9:30 Daily Chronicle and Discussion (3A) 10:00 Memory Magic (3A) 1:30 Imagery Fitness (3A) 2:00 Prize Bingo (3A) 3:00 Curious Minds: <i>Uncovering the Secrets of New York City Drain the Oceans</i> (3A) 6:00 Kings in the Corner Card Game (2A)	<div>19</div> 9:00 Morning Meeting Flex & Stretch (3A) 9:30 Daily Chronicle and Discussion (3A) 10:00 Helping Hands: Folding Towels (3A) 10:30 Puzzle & Ponderings (3A) 1:30 Day Excursion: The Meadows (OOB) 2:00 Game with Connections: Roll a Story (CN) 3:00 Jeopardy (3A) 6:00 Resident Run Rummikub (2A)	<div>20</div> 9:00 Morning Meeting & Fitness Flow (3A) 10:00 Shopping Trip: TJ Maxx \$\$ (OOB) 10:00 Resident Calander Meeting (3A) 10:15 Concentration Puzzles (3A) 1:30 Blood Pressure Clinic (2A) 2:00 Community Meeting with Department Managers (2A) 3:00 Guess the Letter (3A) 6:00 Front Porch Sitting (FP) 6:00 Resident Run Sequence (2A)	<div>21</div> <div>World Senior Citizen Day</div> 9:00 Morning Meeting Flex & Stretch (3A) 9:30 Daily Chronicle and Discussion (3A) 10:00 Searching for Summer Fun (3A) 1:45 Senior Citizens Day Social (CN) 2:00 Musical Memories with Tom Shultz (CN) 3:00 Bloom and Grow Club (PD) 3:00 Mid Week Worship Service (CN) 3:30 Bible Study (CN) 6:00 Wii Bowling League (3E)	<div>22</div> 9:00 Morning Meeting & Fitness Flow (2A) 9:30 Daily Chronicle and Discussion (2A) 10:00 Ed-U: <i>John Brown In Chambersburg Presented by Adam Leeper</i> (2A) 1:30 Walk and Stroll Mail Check (MR) 2:00 Aromatherapy and Nails (3A) 3:00 Table Topics with Pickle Pasta Salad (P) 6:00 Movie & Popcorn: <i>The Prairie Home Companion</i> (3A)	<div>23</div> 9:00 Morning Meeting & Sunrise Zen (3A) 9:30 Daily Chronicle and Discussion (3A) 10:00 Memory Magic (3A) 1:30 Linda's Movie Matinee: <i>Cinderella</i> (3A) 2:00 Dot to Dot (P) 3:00 Moving Through Oz Game (3A) 6:00 Card Club: Rummy (2A)
<div>24</div> 9:00 Morning Meeting and Inspirations (3A) 9:30 Daily Chronicle and Discussion (3A) 10:00 Teamwork Toss: Ring Ball (3A) 10:00 Communion with Corpus Christi Church (2A) 11:30 Wine and Dine (DR) 2:00 Worship Service (2A) 3:00 Game Club: Hole Tarp Game (3A) 6:00 Resident Run Pinochle (3A)	<div>25</div> 9:00 Yoga with Beth (3E) 9:00 Morning Meeting & Fitness Flow (3A) 9:30 Daily Chronicle and Discussion (3A) 10:00 Memory Magic (3A) 1:30 Imagery Fitness (3A) 2:00 Prize Bingo (3A) 3:00 Curious Minds: <i>The Survivors of the Deadly 1999 Oklahoma Tornado Out Break</i> (3A) 6:00 Kings in the Corner Card Game (2A)	<div>26</div> 9:00 Morning Meeting Flex & Stretch (3A) 9:30 Daily Chronicle and Discussion (3A) 10:00 Helping Hands: Folding Towels (3A) 10:30 Over the Rainbow Worksheets (3A) 1:45 Craft with Connections: Lemon and Watercolor Science (CN) 2:30 Cool Off in the Courtyard (CN) 3:00 Men's Club: Roberto Clemente (3A) 6:00 Resident Run Rummikub (2A) 6:00 Wii Bowling for Beginners (3E)	<div>27</div> 9:00 Morning Meeting & Fitness Flow (3A) 9:30 Daily Chronicle and Discussion (3A) 10:00 Shopping Trip: Target \$\$ (OOB) 10:00 A-Mazing Worksheets (3A) 1:30 Day Excursion: Crumbl Cookies(OOB) 2:00 Kindness Rocks Project (CN) 3:00 EZ Word Games (3A) 6:00 Front Porch Sitting (FP) 6:30 Gospel Hymns with Spring Valley Mennonite Church (2A)	<div>28</div> 9:00 Morning Meeting Flex & Stretch (3A) 9:30 Daily Chronicle and Discussion (3A) 10:00 Table Topics (3A) 1:45 Refreshments with Connections: Lemonade Bar (CN) 2:30 Lemonade Lounge Social (CN) 3:00 Bloom and Grow Club (PD) 3:00 Mid Week Worship Service (CN) 3:30 Bible Study (CN) 6:00 Wii Bowling League (3E)	<div>29</div> 9:00 Morning Meeting & Fitness Flow (3A) 9:30 Daily Chronicle and Discussion (3A) 10:00 Memory Magic (3A) 1:30 Walk and Stroll Mail Check (MR) 2:00 Reader's Theater: <i>A Lazy Day</i> (3A) 3:00 Fact or Fiction with Oklahoma Walking Frito Chili Pies (P) 6:00 Movie & Popcorn: <i>Oklahoma</i> (3A)	<div>30</div> 9:00 Morning Meeting & Sunrise Zen (3A) 9:30 Daily Chronicle and Discussion (3A) 10:00 Aromatherapy and Nails (3A) 10:00 TV Sitcom Comedy Hour: Resident's Choice (3A) 1:30 Talk n' Toss Ball (3A) 2:00 Matching Club: Uno (3A) 3:00 My Scrapbook Story (3A) 6:00 Card Club: Rummy (2A)