

Focus on Wellness

SUMMER is here! Be sure to make the most of the season with these healthy tips:

- Stay Hydrated with plenty of water
- Use sunscreen and shade to enjoy the outdoors
- Enjoy socializing with friends in nature
- Enjoy local, seasonal produce in our dining programs

Please enjoy all of our outdoor walking paths and activities.
Check your calendar for outings and family events!



Resident Birthdays

August

7 - Verna Siford
10 - Pamela Byers
11 - Loretta Hamme
12 - Gerry Smith
13 - Norma Bixler
13 - Karen Dehn
14 - Marilyn Noel
18 - William Hensel
19 - Ralph Bucklen
22 - Dale Landis

24 - Barry Beakler
25 - Robert Davis
26 - Joan Fahringer
28 - Ralph Shearer
28 - Maxine Crone
28 - Janet Deardorff
31 - Carol Wintermyer
31 - Dale Raffensberger

September

1 - Adonna Barshinger
5 - Donald Zeigler
8 - Sally Messenger
14 - Lenora Bear
14 - Marilyn Gross
15 - Earl Hoover
17 - Walter Miller
17 - Carolyn McFeaters

21 - Ruthanna Krone
21 - Lorraine Newton
26 - Sandra Hoover
27 - George Kelbaugh
27 - James Miller
30 - Ethel Gerberick



Providence Place SENIOR LIVING News

Q3: August 2025

A Note from the Executive Director

We are thoroughly enjoying this lovely summer weather, please continue to enjoy the walking path and patios and remember to stay hydrated. Check out our activity calendar for summer outings and entertainment.

Our dining room renovations are well under way - the new support beam is in place and we are working diligently to keep progress moving forward. Final space should be ready in late September.

SAVE THE DATE: September 10th from 4-6pm will be our annual LUAU celebration. Please RSVP to reception at 717-767-4500!

Our in-house physician, Dr. Arora, is available for our residents. If you'd like more information for using this provider, please see reception.

As always, thank you for being a part of our Providence Place Family!

Best,

Howard Holben
Executive Director

Highlighted Events

- 9 - **Musical Entertainment** @ 2pm
with Tom & Randi
- 12 - **Elvis Look-a-like Competition**
@ 3pm
- 13 - **EdU Wellness Presentation:**
Hair, Skim & Nails @ 2pm
- 14 - **Community Meeting** @ 2pm
- 20 - **Bible Trivia** @ 10am
- 27 - **Chef on Deck** @ 4:30pm

Fridays at 10am: **Walking Club**

Welcome New Residents

Marilyn Gross
Nelda Kellenberger
Lorraine Newton



For Community Life activities, campus events and Providence Place happenings, please follow our Facebook page at www.Facebook.com/ProvPlace.



To sign up to receive this quarterly newsletter and monthly events calendar via email, please contact us to subscribe at Info@Prov-Place.com.



www.Providence-Place.com



Dover (York) | 3377 Fox Run Road | Dover, PA 17315 | 717-767-4500

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<div>31</div> <div> 9:00 Plan of the Day Meeting (CR) 9:30 Morning Exercise (AR) 10:00 Desserts and Discussion (CN) 2:00 Movie Matinee: The Wizard of Oz (AR) 3:00 Sunday Worship Service (CR) 6:00 Poker Club (AR) 6:30 Front Porch Fellowship (FL) </div>	<div>THE Club</div>		<div>August 2025</div>	<div>Calendar Key:</div> <div> ** Registration Required \$\$ Cost Involved Out of Building (OOB) Activity Room (AR) Community Room (CR) Connections Neighborhood (CN) Front Lobby (FL) 100 Hall Patio (100 P) Building Wide (BW) Sunshine Room (SR) </div>	<div>1</div> <div> 9:00 Plan of the Day Meeting (CR) 9:30 Morning Exercise (AR) 10:00 Happy Laps Walking Club (FL) 1:00 Helping Hands: Towel Folding (AR) 1:15 Creating Hospitality Cards (CR) 2:00 Happy Hour: Black Cows & Cookies (100 P) 3:00 Star-Spangled Afternoon (CR) 3:45 Fifteen Minutes of Fitness (CR) 6:00 Resident Run Bingo (AR) </div>	<div>2</div> <div> 9:00 Plan of the Day Meeting (CR) 9:30 Morning Exercise (AR) 10:15 Donuts & Coffee (FL) 1:15 Side Kick Sugar Fillers (CR) 2:15 Indoors Scavenger Hunt (BW) 3:00 Essential Breaks: Tennessee Breeze (AR) 3:30 Summer Bucket List (AR) 6:00 Resident Ran Card Club (AR) </div>
<div>3</div> <div> 9:00 Plan of the Day Meeting (CR) 9:30 Morning Exercise (AR) 10:00 Desserts and Discussion (CN) 1:15 Blue Binder Bingo (CR) 2:15 Chit Chat by the Fish Tank (CR) 3:00 Sunday Worship Service (CR) 6:00 Poker Club (AR) 6:30 Front Porch Fellowship (FL) </div>	<div>4</div> <div> 9:00 Plan of the Day Meeting (CR) 9:30 Morning Exercise (AR) 10:00 August IQ (AR) 1:00 Helping Hands: Towel Folding (AR) 1:15 Crafting with Friends: Door Hangers (CN) 2:30 Cooking Club: Potato Bites (AR) 3:00 Destination Discovery: Kansas (AR) 3:00 Men's Club (100 Hall) 6:00 Rummikub (AR) </div>	<div>5</div> <div> 9:00 Plan of the Day Meeting (CR) 9:30 Morning Exercise (AR) 10:00 Name That Tune (AR) 1:00 Helping Hands: Towel Folding (AR) 2:00 Music with Mark Rutter (AR) 3:15 Afternoon Drinks: Berry Cider (SR) 3:45 Brain Booster: Word Game (SR) 6:00 Evening Bingo (AR) </div>	<div>6</div> <div> 9:30 Morning Exercise (AR) 10:00 Bible Trivia (AR) 10:00 Time with Friends (CN) 1:00 Helping Hands: Towel Folding (AR) 1:30 Mid-Week Worship Service (CR) 2:15 Manicure Maintenance (CR) 3:15 A & W history & Floats (CR) 6:00 Front Porch Fellowship (FP) </div>	<div>7</div> <div> 9:00 Plan of the Day Meeting (CR) 9:30 Morning Exercise (AR) 10:00 Hymn sing (CR) 10:45 Themed Trivia (CR) 1:00 Over the Rainbow Word Game (AR) 2:45 Ticket Prize Shoppers Cart (AR) 3:00 Prize Bingo (AR) 6:00 Pinochle (AR) </div>	<div>8</div> <div> 9:00 Plan of the Day Meeting (CR) 9:30 Morning Exercise (AR) 10:00 Happy Laps Walking Club (FL) 1:00 Helping Hands: Towel Folding (AR) 1:15 Creating Hospitality Cards (CR) 2:00 Happy Hour: Shades, Sandals and Sunscreen (100 P) 3:00 Elvis in the building game (AR) 6:00 Resident Run Bingo (AR) </div>	<div>9</div> <div> 9:00 Plan of the Day Meeting (CR) 9:30 Morning Exercise (AR) 10:15 Donuts & Coffee (FL) 1:15 Side Kick Sugar Fillers (CR) 2:00 Music with Tom & Randi (AR) 3:00 Essential Breaks: Malibu Sunset (AR) 3:30 Elvis Greatest Hits and Fan Club (AR) 6:00 Resident Ran Card Club (AR) </div>
<div>10</div> <div> 9:00 Plan of the Day Meeting (CR) 9:30 Morning Exercise (AR) 10:00 Desserts and Discussion (CN) 1:15 Blue Binder Bingo (CR) 2:15 Chit Chat by the Fish Tank (CR) 3:00 Sunday Worship Service (CR) 6:00 Poker Club (AR) 6:30 Front Porch Fellowship (FL) </div>	<div>11</div> <div> 9:00 Plan of the Day Meeting (CR) 9:30 Morning Exercise (AR) 10:00 Music Therapy (AR) 1:00 Helping Hands: Towel Folding (AR) 1:15 Connect with Friends: Games (CN) 2:30 Cooking Club: P/B/B Sandwich (AR) 3:00 Destination Discovery: Graceland (AR) 3:00 Men's Club (100 Hall) 6:00 Rummikub (AR) </div>	<div>12</div> <div> 9:00 Plan of the Day Meeting (CR) 9:30 Morning Exercise (AR) 10:00 Name That Tune (AR) 1:00 Helping Hands: Towel Folding (AR) 2:00 Providence Place Bowling (AR) 3:15 Afternoon Drinks: Apple Barn Julep (SR) 3:45 Brain Booster: Spelling Tease (SR) 6:00 Evening Bingo (AR) </div>	<div>13</div> <div> 9:30 Morning Exercise (AR) 10:00 Bible Trivia (AR) 10:00 Time with Friends (CN) 1:00 Helping Hands: Towel Folding (AR) 1:30 Mid-Week Worship Service (CR) 2:15 Manicure Maintenance (CR) 3:15 Telephone Reminisce (CR) 6:00 Front Porch Fellowship (FP) </div>	<div>14</div> <div> 9:00 Plan of the Day Meeting (CR) 9:30 Morning Exercise (AR) 10:00 Hymn sing (CR) 10:45 Themed Trivia (CR) 1:00 Club Country Side Ride: Sheets Shakes (OOB) 2:45 Ticket Prize Shoppers Cart (AR) 3:00 Elvis Bingo (AR) 6:00 Pinochle (AR) </div>	<div>15</div> <div> 9:00 Plan of the Day Meeting (CR) 9:30 Morning Exercise (AR) 10:00 Happy Laps Walking Club (FL) 1:00 Helping Hands: Towel Folding (AR) 1:15 Creating Hospitality Cards (CR) 2:00 Happy Hour: Rock around the Clock (AR) 3:00 ET & Aliens (CR) 3:45 Fifteen Minutes of Fitness (CR) 6:00 Resident Run Bingo (AR) </div>	<div>16</div> <div> 9:00 Plan of the Day Meeting (CR) 9:30 Morning Exercise (AR) 10:15 Donuts & Coffee (FL) 1:15 Side Kick Sugar Fillers (CR) 2:15 Dice Game: Ducks in a Pond (CR) 3:00 Essential Breaks: Summer in a Cup (AR) 3:30 Summer Song Days (AR) 6:00 Resident Ran Card Club (AR) </div>
<div>17</div> <div> 9:00 Plan of the Day Meeting (CR) 9:30 Morning Exercise (AR) 10:00 Desserts and Discussion (CN) 1:15 Music with Hershey Mennonites (FL) 3:00 Sunday Worship Service (CR) 6:00 Poker Club (AR) 6:30 Front Porch Fellowship (FL) </div>	<div>18</div> <div> 9:00 Plan of the Day Meeting (CR) 9:30 Morning Exercise (AR) 10:00 Music Therapy (AR) 1:00 Helping Hands: Towel Folding (AR) 1:15 Crafting with Friends: Book Flowers (CN) 2:30 Cooking Club: Watermelon Salad (AR) 3:00 Destination Discovery: Beaches (AR) 3:00 Men's Club (100 Hall) 6:00 Rummikub (AR) </div>	<div>19</div> <div> 9:00 Plan of the Day Meeting (CR) 9:30 Morning Exercise (AR) 10:00 Name That Tune (AR) 1:00 Helping Hands: Towel Folding (AR) 2:00 Providence Place Bowling (AR) 3:15 Afternoon Drinks: Lemon Drop Mocktail (SR) 3:45 Brain Booster: Themed Trivia (CR) 6:00 Evening Bingo (AR) </div>	<div>20</div> <div> 9:30 Morning Exercise (AR) 10:00 Bible Trivia (AR) 10:00 Time with Friends (CN) 1:00 Helping Hands: Towel Folding (AR) 1:30 Mid-Week Worship Service (CR) 2:00 Chef Demo: Milkshakes (AR) 3:15 Fresh Squeezed Lemonade (CR) 6:00 Special Guest Bingo: Dover Women of Today (AR) </div>	<div>21</div> <div> 9:00 Plan of the Day Meeting (CR) 9:30 Morning Exercise (AR) 10:00 Hymn sing (CR) 10:45 Themed Trivia (CR) 1:00 Club Country Side Ride: Macks Ice Cream (OOB) 2:00 Music by: One Man Band (AR) 3:00 Celebrating Seniors (AR) 6:00 Pinochle (AR) World Senior Citizen Day </div>	<div>22</div> <div> 9:00 Plan of the Day Meeting (CR) 9:30 Morning Exercise (AR) 10:00 Happy Laps Walking Club (FL) 1:00 Helping Hands: Towel Folding (AR) 1:30 Horticulture Club (AR) 2:00 Happy Hour: Campers Delight (AR) 3:00 Rock around the Clock (CR) 3:45 Fifteen Minutes of Fitness (CR) 6:00 Resident Run Bingo (AR) </div>	<div>23</div> <div> 9:00 Plan of the Day Meeting (CR) 9:30 Morning Exercise (AR) 10:15 Donuts & Coffee (FL) 1:15 Side Kick Sugar Fillers (CR) 2:15 Indoors Scavenger Hunt (BW) 3:00 Essential Breaks: Summer Berry Red Wine (AR) 3:30 August Star of the Month: Melissa McCarthy (AR) 6:00 Resident Ran Card Club (AR) </div>
<div>24</div> <div> 9:00 Plan of the Day Meeting (CR) 9:30 Morning Exercise (AR) 10:00 Desserts and Discussion (CN) 1:15 Blue Binder Bingo (CR) 2:15 Chit Chat by the Fish Tank (CR) 3:00 Sunday Worship Service (CR) 6:00 Poker Club (AR) 6:30 Front Porch Fellowship (FL) </div>	<div>25</div> <div> 9:00 Plan of the Day Meeting (CR) 9:30 Morning Exercise (AR) 10:00 Music Therapy (AR) 1:00 Helping Hands: Towel Folding (AR) 1:15 Funt with Friends: Bowling (CN) 2:30 Cooking Club: Lemon Squares (AR) 3:00 Destination Discovery: The Making of The Wizard of Oz (AR) 3:00 Men's Club (100 Hall) 6:00 Rummikub (AR) </div>	<div>26</div> <div> 9:00 Plan of the Day Meeting (CR) 9:30 Morning Exercise (AR) 10:00 Name That Tune (AR) 1:00 Helping Hands: Towel Folding (AR) 2:00 Providence Place Bowling (AR) 3:15 Small Bites for Support (CR) 3:45 Brain Booster: Famous Names (CR) 4:00 Alzheimer's Support Group (CR) 6:00 Evening Bingo (AR) </div>	<div>27</div> <div> 9:30 Morning Exercise (AR) 10:00 Bible Trivia (AR) 10:00 Time with Friends (CN) 1:00 Helping Hands: Towel Folding (AR) 1:30 Mid-Week Worship Service (CR) 2:30 Club Birthday Celebration (CR) 6:00 Front Porch Fellowship (FP) </div>	<div>28</div> <div> 9:00 Plan of the Day Meeting (CR) 9:30 Morning Exercise (AR) 10:00 Hymn sing (CR) 10:45 Themed Trivia (CR) 1:00 Club Country Side Ride: Snow Palace Frozen Treats (OOB) 2:00 Celebration of Life Service (CR) 3:00 Wizard of Oz bingo (AR) 6:00 Pinochle (AR) </div>	<div>29</div> <div> 9:00 Plan of the Day Meeting (CR) 9:30 Morning Exercise (AR) 10:00 Happy Laps Walking Club (FL) 1:00 Helping Hands: Towel Folding (AR) 1:15 Creating Hospitality Cards (CR) 2:00 Happy Hour: Emerald City (AR) 3:00 Unusual uses for Lemon Juice (AR) 3:45 Fifteen Minutes of Fitness (CR) 6:00 Resident Run Bingo (AR) </div>	<div>30</div> <div> 9:00 Plan of the Day Meeting (CR) 9:30 Morning Exercise (AR) 10:15 Donuts & Coffee (FL) 1:15 Side Kick Sugar Fillers (CR) 2:15 Memory Magic (CR) 3:00 Essential Breaks: Wildy Wicked Punch (AR) 3:30 August Trivia A(R) 6:00 Resident Ran Card Club (AR) </div>