

# Focus on Wellness

SUMMER is here! Be sure to make the most of the season with these healthy tips:

- Stay Hydrated with plenty of water
- Use sunscreen and shade to enjoy the outdoors
- Enjoy socializing with friends in nature
- Enjoy local, seasonal produce in our dining programs

Please enjoy all of our outdoor walking paths and activities.  
*Check your calendar for outings and family events!*



## Resident Birthdays

### August

4 - Rita Charbonneau	24 - Mary Jean Baumgardner
5 - Carol Uhlik	27 - Doris Spina
9 - Jere Goodman	30 - Jan Rutt
15 - Barbara Antonelli	31 - Marlene Shaffer
18 - Shirley Shuffelbottom	31 - Patricia Dolor
18 - Sherley Baker	
20 - Linda Groff	
22 - Regina Moyer	

### September

5 - Lillian Pacheco  
7 - Laurel Forney  
10 - David Alexander  
11 - Roberta Sheffer  
14 - Charles Robie  
15 - Michael Zych  
20 - Margaret Pugh



# Providence Place SENIOR LIVING News

Q3: August 2025

## A Note from the Executive Director

We hope this message finds you well and enjoying the summer sunshine while staying cool! We have some great seasonal outings and internal activities for everyone to enjoy.

### A Warm Welcome:

We are excited to welcome some new faces and positive energy. Christina Beavers, our new Dining Director, is settling in nicely and enjoying the dining experience with our residents + team. We also welcomed Michael Wilson, our new Connections Director, in July! You are welcome to join us at this month's Dementia Care Partner Support Group to meet Myke and connect with other individuals and families navigating these transitions.

**Continuing With Care, Love, and Joy:** While transitions can be bittersweet, one thing remains strong and steady—our incredible team. We have a tight ship of dedicated, compassionate professionals who are committed to providing excellent care, joyful moments, and meaningful connection every single day.

Thank you for being part of what makes our community so special. Here's to a bright and joy-filled wrap up to the summer season!

With light and love,

*Janet Love*  
Executive Director

## Highlighted Events

- 7 - **Chef' Pairings** @ 2pm
- 12 - **Lunch Outing:**  
Columbia Diner @ 10:30am
- 19 - **Musical Entertainment**  
Keil Holland @ 2pm
- 20 - **Dementia Support Group**  
@ 1pm - *Connections*
- 27 - **Community Life Planning Meeting** @ 2pm

Every Monday @ 10:30am:  
**EdU: Armchair Travels**

## Welcome New Residents

Patricia Dolor  
Crystal Moss  
Mary Jean Baumgardner  
Robert Eshleman  
Marian Rossi



For Community Life activities, campus events and Providence Place happenings, please follow our Facebook page at [www.Facebook.com/ProvPlace](http://www.Facebook.com/ProvPlace).



To sign up to receive this quarterly newsletter and monthly events calendar via email, please contact us to subscribe at [Info@Prov-Place.com](mailto:Info@Prov-Place.com).



**[www.Providence-Place.com](http://www.Providence-Place.com)**

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<div>31</div> <div>           9:00 Our Week in Review (FL)            10:00 Cooking Club:                Apple Pie (AR)            1:00 LCR Card Game (AR)            2:00 Sunday Social (GL)            2:30 Trivia Time (GL)            3:00 Sunday Worship Service (CR)            6:00 Evening Wind Down (FL)         </div>	<div>  </div>		<div> <div>August</div> <div>2025</div> </div>	<div>           Calendar Key:            (BR) Billiards Room,            (CH) Chapel, (AR) Activity Room            (S) Salon, (GL) Governors Lounge            (LB) Library, (DR) Dining Room            (FL) Front Lobby, (FP) Front Porch            (OOB) Out of Building            (BW) Building Wide            (EL) Elevator            ** Registration Required            \$\$ Cost Involved         </div>	<div>1</div> <div>           9:00 Morning Walk (FL)            10:00 Fun Fitness Game (CR)            10:30 Journey Through the Bible (CR)            1:00 Bridging the Floors                with Connections (CN)            3:00 Word in Word (CR)            6:00 Movie:                <i>Chitty, Chitty Bang Bang</i> (CR)         </div>	<div>2</div> <div>           9:00 Coffee &amp; Current Events (FL)            10:00 What's the Word (CR)            10:30 Saturday Morning Bingo                Resident Run (CR)            1:00 Stretch and Flex Exercise (CR)            2:00 Saturday Social (GL)            2:30 History Trivia Time (GL)            6:00 Scrabble Club Resident Run (AR)         </div>
<div>3</div> <div>           9:00 Our Week in Review (FL)            10:00 Cooking Club:                Corn Chowder (AR)            1:00 LCR Card Game (AR)            2:00 Sunday Social (GL)            2:30 Trivia Time (GL)            3:00 Sunday Worship Service (CR)            6:00 Evening Wind Down (FL)         </div>	<div>4</div> <div>           9:00 Morning Walk (FL)            10:00 Stretch and Flex Exercise (CR)            10:30 Armchair Travel to Madrid (CR)            1:00 Who, What, Where Am I? (CR)            2:00 Artist in us All: Pottery Works (AR)            3:00 Balloon Volleyball (CR)            5:30 Resident Run Bingo (AR)         </div>	<div>5</div> <div>           9:00 Daily Chronicle Handout (FL)            10:00 Weights and Bands Exercise (CR)            10:30 Devotions and Hymn Sing (CR)            1:00 Blitz Card Game (AR)            2:00 Yahtzee (AR)            3:00 Bingo Helpers in Connections (CN)            3:15 Axe Throwing (CR)            6:00 Resident Run Game Night (AR)         </div>	<div>6</div> <div>           9:00 Fresh Air Morning Walk (FL)            10:00 Chair Yoga (CR)            10:30 Mid Week Worship (CR)            1:00 Uno Attack (AR)            2:00 Jeopardy (CR)            3:15 Bingo Bonanza (CR)            6:00 Movie: <i>Jurassic World</i> (CR)         </div>	<div>7</div> <div>           9:00 Resident Run Daily Chronicles (FL)            10:00 Balance and Flex (CR)            10:30 Our Journey Together with                Chaplain Jeff (CR)            1:00 Yahtzee (AR)            200 Chef's Pairing with Your                Dining Department (AR)            3:00 LCR with Chaplain (AR)            6:00 Evening Gather and Chat (FL)         </div>	<div>8</div> <div>           9:00 Morning Walk (FL)            10:00 Fun Fitness Game (CR)            10:30 Journey Through the Bible (CR)            1:00 Bridging the Floors with                Connections (CN)            2:00 Family Feud (CR)            3:00 Word in a Word with Floats (CR)            6:00 Movie: <i>Message in a Bottle</i> (CR)         </div>	<div>9</div> <div>           9:00 Coffee &amp; Current Events (FL)            10:00 What's the Word (CR)            10:30 Prize Bingo (CR)            2:30 Saturday Social (GL)            3:00 Trivia Time (GL)            6:00 Yahtzee Game (AR)         </div>
<div>10</div> <div>           9:00 Our Week in Review (FL)            10:00 Cooking Club:                Fruit Salad (AR)            1:00 LCR Card Game (AR)            2:00 Sunday Social (GL)            2:30 Trivia Time (GL)            3:00 Sunday Worship Service (CR)            6:00 Evening Wind Down (FL)         </div>	<div>11</div> <div>           9:00 Morning Walk (FL)            10:00 Stretch and Flex Exercise (CR)            10:30 Armchair Travel to                <i>Stockholm</i> (CR)            1:00 Who, What, Where Am I? (CR)            2:00 Random Trivia (CR)            3:00 Balloon Volleyball (CR)            5:15 Resident Run Bingo (AR)         </div>	<div>12</div> <div>           9:00 Daily Chronicle Handout (FL)            10:00 Weights and Bands Exercise (CR)            10:30 Lunch Outing:                Columbia Diner **\$(OOB)            10:30 Devotions and Hymn Sing (CR)            1:00 Blitz Card Game (AR)            2:00 Yahtzee (AR)            3:00 Bingo Helpers in Connections (CN)            3:15 Corn Hole Game (CR)            6:00 Resident Run Game Night (AR)         </div>	<div>13</div> <div>           9:00 Fresh Air Morning Walk (FL)            10:00 Chair Yoga (CR)            10:30 Mid Week Worship (CR)            1:00 Craft Time with Chaplain (AR)            2:00 Jeopardy (CR)            3:15 Bingo Bonanza (CR)            6:00 Movie: <i>Max</i> (CR)            6:00 Games of Chance (AR)         </div>	<div>14</div> <div>           9:00 Resident Run Daily Chronicles (FL)            10:00 Balance and Flex (CR)            10:30 Our Journey Together (CR)            1:00 Card Games (AR)            2:00 Trivia with Bob Reigh (AR)            3:00 LCR with Chaplain (AR)            6:00 Evening Gather and Chat (FL)         </div>	<div>15</div> <div>           9:00 Morning Walk (FL)            10:00 Fun Fitness Game (CR)            10:30 Journey Through the Bible (CR)            1:00 Bridging the Floors with                Connections (CN)            3:15 Word in a Word (CR)            6:00 Movie: <i>Pam Am</i> (CR)         </div>	<div>16</div> <div>           9:00 Coffee &amp; Current Events (FL)            10:00 What's the Word (CR)            10:30 Saturday Morning Bingo (CR)            1:00 Stretch and Flex Exercise (CR)            1:30 Balloon Volleyball (CR)            2:30 Saturday Social (GL)            3:00 Trivia Time (GL)            6:00 Scrabble Club (AR)         </div>
<div>17</div> <div>           9:00 Our Week in Review (FL)            10:00 Cooking Club:                No Bake Cheese Cake (AR)            1:00 LCR Card Game (AR)            2:00 Sunday Social (GL)            2:30 Trivia Time (GL)            3:00 Sunday Worship Service (CR)            6:00 Evening Wind Down (FL)         </div>	<div>18</div> <div>           9:00 Morning Walk (FL)            10:00 Stretch and Flex Exercise (CR)            10:30 Armchair Travel to                Damascus (CR)            1:00 Who, What, Where Am I? (CR)            2:00 Random Trivia (AR)            3:00 Balloon Volleyball (CR)            5:30 Resident Run Bingo (AR)         </div>	<div>19</div> <div>           9:00 Daily Chronicle Handout (FL)            10:00 Weights and Bands Exercise (CR)            10:30 Devotions and Hymn Sing (CR)            1:00 Minute to Win It Game (AR)            2:00 Musical Entertainment Presents                Keil Holland (CR)            3:00 Bingo Helpers in Connections (CN)            3:15 Ladder Ball Game (CN)            6:00 Resident Run Game Night (AR)         </div>	<div>20</div> <div>           9:00 Fresh Air Morning Walk (FL)            10:00 Chair Yoga (CR)            10:30 Mid Week Worship (CR)            1:00 Dementia Care Support Group (CN)            2:00 Jeopardy (CR)            3:15 Bingo Bonanza (CR)            6:00 Movie: <i>Flash Dance</i> (CR)         </div>	<div>21</div> <div>           World Senior Citizen Day            9:00 Resident Run Daily Chronicles (FL)            10:00 Balance and Flex (CR)            10:30 Our Journey Together with                Chaplain Jeff (CR)            1:00 Men's Club with Chaplain (CR)            2:00 Bayada Education:                <i>Skin Health and Wound Prevention</i> (AR)            3:00 LCR with Chaplain (AR)            6:00 Evening Gather and Chat (FL)         </div>	<div>22</div> <div>           9:00 Morning Walk (FL)            10:00 Fun Fitness Game (CR)            10:30 Journey through the Bible (CR)            1:00 Bridging the Floors                With Connections (CN)            2:00 Name that Tune (CN)            3:15 Word in a Word with Shakes (CN)            6:00 Movie: <i>Forrest Gump</i> (CR)         </div>	<div>23</div> <div>           9:00 Coffee &amp; Current Events (FL)            10:00 What's the Word (CR)            10:30 Prize Bingo (CR)            1:00 Password (AR)            2:00 Games of Choice (AR)            2:30 Saturday Social on Deck (GL)            3:00 Trivia Time (GL)            6:00 Tiominoes Game (AR)         </div>
<div>24</div> <div>           9:00 Our Week in Review (FL)            10:00 Cooking Club:                Rice Pudding (AR)            1:00 LCR Card Game (AR)            2:00 Sunday Social (GL)            2:30 Trivia Time (GL)            3:00 Sunday Worship Service (CR)            6:00 Evening Wind Down (FL)         </div>	<div>25</div> <div>           9:00 Morning Walk (FL)            10:00 Stretch and Flex (CR)            10:30 Armchair Travel to Las Vegas (CR)            1:00 Who, What, Where Am I? (CR)            3:15 Dare to Play: Active Games (CR)            5:30 Resident Run Bingo (AR)         </div>	<div>26</div> <div>           9:00 Daily Chronicle Handout (FL)            10:00 Weights and Bands Exercise (CR)            10:30 Devotions and Hymn Sing (CR)            10:30 Lunch Outing:                Shogun Steakhouse **\$(OOB)            1:00 Uno Attack (AR)            2:00 Musical Entertainment Presents                Quentin Jones (CR)            3:00 Bingo Helpers in Connections (CN)            6:00 Resident Run Game Night (AR)         </div>	<div>27</div> <div>           9:00 Fresh Air Morning Walk (FL)            10:00 Chair Yoga (CR)            10:30 Mid Week Worship (CR)            1:00 Uno Attack (AR)            2:00 Community Life Planning                Meeting (CR)            3:15 Bingo Bonanza (CR)            6:00 Games of Chance AR            6:00 Movie: <i>Magnificent Seven</i> (CR)         </div>	<div>28</div> <div>           9:00 Resident Run Daily Chronicles (FL)            10:00 Balance and Flex (CR)            10:30 Our Journey Together with                Chaplain Jeff (CR)            1:00 Pictionary (CR)            2:00 Minute to Win It Game (CR)            3:00 LCR with Chaplain (AR)            6:00 Evening Gather and Chat (FL)         </div>	<div>29</div> <div>           9:00 Morning Walk (FL)            10:00 Fun Fitness Game (CR)            10:30 Journey Through the Bible (CR)            1:00 Bridging the Floors                with Connections (CN)            3:15 Word in Word (CR)            6:00 Movie: <i>Aqua Man</i> (CR)         </div>	<div>30</div> <div>           9:00 Coffee &amp; Current Events (FL)            10:00 What's the Word (CR)            10:30 Saturday Morning Bingo (CR)            1:00 Stretch and Flex Exercise (CR)            2:00 Card Game 31 (AR)            2:30 Saturday Social on Deck (GL)            3:00 History Trivia Time (GL)            6:00 Scrabble Club (AR)         </div>