Chambersburg CONNECTIONS



SEPTEMBER 2025

SUNDAY	Monday	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	6:00 Activities of Daily Living 8:00 Breakfast 9:30 Morning Meet Up: Daily Chronicle and Devotional 10:00 Lots o' Leg Exercise 10:30 Mid-Morning Mind Crunch 11:00 Discussing the Day Ahead 11:30 Lunch 1:30 Five Clues: What Job Is It? 2:30 Memory Café 3:00 Sunshine Club 4:00 Dinner 5:00 Classic TV 7:00 Evening Wind Down	6:00 Activities of Daily Living 8:00 Breakfast 9:30 Morning Meet Up: Daily Chronicle and Devotional 10:00 Ab-solutely Solid Core Workout 10:30 Shake and Shimmy Music Therapy 11:30 Lunch 1:45 Crafts with Club: Golden Wreath Workshop 2:30 Petal Punch 3:00 Sunny Self Care 4:00 Dinner 5:00 International Adventures 7:00 Evening Wind Down	6:00 Activities of Daily Living 8:00 Breakfast 9:30 Morning Meet Up: Daily Chronicle and Devotional 10:00 Stretch Away the Stress 10:30 Mid Morning Mind Crunch 11:30 Lunch 1:30 Day Excursion: Shuttle to the Sunflowers 2:00 Baking Sunflower Cake with Club 3:00 Leading Ladies: Hymns and Bible Study with Patti 4:00 Dinner 5:00 Calming Nature Livestreams 7:00 Evening Wind Down	6:00 Activities of Daily Living 8:00 Breakfast 9:30 Morning Meet Up: Daily Chronicle and Devotional 10:00 Mobility in Motion 10:30 Mid Morning Mind Crunch 11:30 Lunch 1:45 Cooking with Club: Decorate Sunflower Twinkie Cake 2:30 Sunshine Sweetness Soiree 3:00 Midweek Worship Service 4:00 Dinner 5:00 Retro Radio 7:00 Evening Wind Down	6:00 Activities of Daily Living 8:00 Breakfast 9:30 Morning Meet Up: Daily Chronicle and Devotional 10:00 Easy Arm Exercises 10:30 Mid-Morning Mind Crunch 11:00 Discussing the Day Ahead 11:30 Lunch 1:30 What Goes Where: Grocery Sorting 2:30 Memory Café 3:00 Balloon Volleyball League 4:00 Dinner 5:00 Relaxing Reading 7:00 Evening Wind Down	6 6:00 Activities of Daily Living 8:00 Breakfast 9:30 Morning Meet Up: Daily Chronicle and Devotional 10:00 Choose Your Own Exercise 10:30 Mid-Morning Mind Crunch 11:00 Discussing the Day Ahead 11:30 Lunch 1:30 Piano Playing with Bryan Herber 2:30 Hydration Station 3:00 Fluff and Fold 4:00 Dinner 5:00 Cute and Cuddly Animals 7:00 Evening Wind Down
	Labor Day					
6:00 Activities of Daily Living 8:00 Breakfast 9:45 Sunday Service Televised: Grand Point Church 10:30 Chair Yoga 11:00 Discussing the Day Ahead 11:30 Lunch 1:30 Grand Word Game 2:30 Mocktail Happy Hour: Grandparent Special 3:00 Worship Service 4:00 Dinner 5:00 Cozy Conversations 7:00 Evening Wind Down	6:00 Activities of Daily Living 8:00 Breakfast 9:30 Morning Meet Up: Daily Chronicle and Devotional 10:00 Lots o' Leg Exercise 10:30 Mid-Morning Mind Crunch 11:00 Discussing the Day Ahead 11:30 Lunch 1:30 Musical Performance by Robert Twine 2:30 Memory Café 3:00 Sunshine Club 4:00 Dinner 5:00 Classic TV 7:00 Evening Wind Down	6:00 Activities of Daily Living 8:00 Breakfast 9:30 Morning Meet Up: Daily Chronicle and Devotional 10:00 Ab-solutely Solid Core Workout 10:30 Shake and Shimmy Music Therapy 11:30 Lunch 1:30 Day Excursion: Mikie's Ice Cream in Greencastle 2:30 Making Mini Foam Fingers 3:00 Sunny Self Care 4:00 Dinner 5:00 International Adventures 7:00 Evening Wind Down	6:00 Activities of Daily Living 8:00 Breakfast 9:30 Morning Meet Up: Daily Chronicle and Devotional 10:00 Stretch Away the Stress 10:30 Mid Morning Mind Crunch 11:30 Lunch 1:30 All Hands on Deck: Fall Fest Final Prep 3:00 Leading Ladies: Hymns and Bible Study with Patti 4:00 Dinner 4:00 Providence Place Family Fall Fest 5:00 Calming Nature Livestreams 6:00 Dementia Care Partner Support Group 7:00 Evening Wind Down	6:00 Activities of Daily Living 8:00 Breakfast 9:30 Morning Meet Up: Daily Chronicle and Devotional 10:00 Mobility in Motion 10:30 Mid Morning Mind Crunch 11:30 Lunch 1:45 Cooking with Club: Red, White, and Blue Parfait 2:30 You Inspire Me and I Inspire You 3:00 Midweek Worship Service 4:00 Dinner 5:00 Retro Radio 7:00 Evening Wind Down	6:00 Activities of Daily Living 8:00 Breakfast 9:30 Morning Meet Up: Daily Chronicle and Devotional 10:00 Easy Arm Exercises 10:30 Mid-Morning Mind Crunch 11:00 Discussing the Day Ahead 11:30 Lunch 1:30 What's That Sound 2:30 Memory Café 3:00 Balloon Volleyball League 4:00 Dinner 5:00 Relaxing Reading 7:00 Evening Wind Down	6:00 Activities of Daily Living 8:00 Breakfast 9:30 Morning Meet Up: Daily Chronicle and Devotional 10:00 Choose Your Own Exercise 10:30 Mid-Morning Mind Crunch 11:00 Discussing the Day Ahead 11:30 Lunch 1:30 Tabletop Pong 2:00 Walk to End ALZ 2:30 Hydration Station 3:00 Fluff and Fold 4:00 Dinner 5:00 Cute and Cuddly Animals 7:00 Evening Wind Down
Grandparent's Day				Patriot Day		

SUNDAY	Monday	TUESDAY	WEDNESDAY	Thursday	FRIDAY	SATURDAY	
6:00 Activities of Daily Living 8:00 Breakfast 9:45 Sunday Service Televised: Grand Point Church 10:30 Chair Yoga 11:00 Discussing the Day Ahead 11:30 Lunch 1:30 Calming Coloring Pages 2:30 Mocktail Happy Hour: Daylight Delight 3:00 Worship Service 4:00 Dinner 5:00 Cozy Conversations 7:00 Evening Wind Down	6:00 Activities of Daily Living 8:00 Breakfast 9:30 Morning Meet Up: Daily Chronicle and Devotional 10:00 Lots o' Leg Exercise 10:30 Mid-Morning Mind Crunch 11:00 Discussing the Day Ahead 11:30 Lunch 1:30 These Hands Project 2:30 Memory Café 3:00 Sunshine Club 4:00 Dinner 5:00 Classic TV 7:00 Evening Wind Down	6:00 Activities of Daily Living 8:00 Breakfast 9:30 Morning Meet Up: Daily Chronicle and Devotional 10:00 Ab-solutely Solid Core Workout 10:30 Shake and Shimmy Music Therapy 11:30 Lunch 1:30 Day Excursion: Shatzer's Fruit Market for Apple Slushies 2:00 Clay Apple Pinch Pots Part 1 3:00 Leading Ladies: Hymns and Bible Study with Patti 4:00 Dinner 5:00 International Adventures 7:00 Evening Wind Down	6:00 Activities of Daily Living 8:00 Breakfast 9:30 Morning Meet Up: Daily Chronicle and Devotional 10:00 Stretch Away the Stress 10:30 Mid Morning Mind Crunch 11:30 Lunch 1:30 Quick Cups 2:30 Banana Pudding Cups 3:00 Crafts with Club: Clay Apple Pinch Pots Part 2 4:00 Dinner 5:00 Calming Nature Livestreams 7:00 Evening Wind Down	17 6:00 Activities of Daily Living 8:00 Breakfast 9:30 Morning Meet Up: Daily Chronicle and Devotional 10:00 Mobility in Motion 10:30 Mid Morning Mind Crunch 11:30 Lunch 1:30 Giant Scrabble 2:30 Patti's Homemade Punch 3:00 Midweek Worship Service 4:00 Dinner 5:00 Retro Radio 7:00 Evening Wind Down	8 6:00 Activities of Daily Living 8:00 Breakfast 9:30 Morning Meet Up: Daily Chronicle and Devotional 10:00 Easy Arm Exercises 10:30 Mid-Morning Mind Crunch 11:00 Discussing the Day Ahead 11:30 Lunch 1:30 Arrrrgh— Ye Ready to Party: Pirate Day Social 2:30 Memory Café 3:00 Balloon Volleyball League 4:00 Dinner 5:00 Relaxing Reading 7:00 Evening Wind Down	6:00 Activities of Daily Living 8:00 Breakfast 9:30 Morning Meet Up: Daily Chronicle and Devotional 10:00 Choose Your Own Exercise 10:30 Mid-Morning Mind Crunch 11:00 Discussing the Day Ahead 11:30 Lunch 1:30 Pool Noodle Hockey 2:30 Hydration Station 3:00 Fluff and Fold 4:00 Dinner 5:00 Cute and Cuddly Animals 7:00 Evening Wind Down	
6:00 Activities of Daily Living 8:00 Breakfast 9:45 Sunday Service Televised: Grand Point Church 10:30 Chair Yoga 11:00 Discussing the Day Ahead 11:30 Lunch 1:30 September Short Story: No Recipe Kneaded 2:30 Mocktail Happy Hour: Fall Refresher 3:00 Worship Service 4:00 Dinner 5:00 Cozy Conversations 7:00 Evening Wind Down	1 6:00 Activities of Daily Living 8:00 Breakfast 9:30 Morning Meet Up: Daily Chronicle and Devotional 10:00 Lots o' Leg Exercise 10:30 Mid-Morning Mind Crunch 11:00 Discussing the Day Ahead 11:30 Lunch 1:30 Helping Hands: Decorating the Halls for Fall 2:30 Memory Café 3:00 Sunshine Club 4:00 Dinner 5:00 Classic TV 7:00 Evening Wind Down	6:00 Activities of Daily Living 8:00 Breakfast 9:30 Morning Meet Up: Daily Chronicle and Devotional 10:00 Ab-solutely Solid Core Workout 10:30 Shake and Shimmy Music Therapy 11:30 Lunch 1:45 Crafts with Club: Fall Fabric Acorn Garland 2:30 Autumn Chai Tea 3:00 Sunny Self Care 4:00 Dinner 5:00 International Adventures 7:00 Evening Wind Down	6:00 Activities of Daily Living 8:00 Breakfast 9:30 Morning Meet Up: Daily Chronicle and Devotional 10:00 Stretch Away the Stress 10:30 Mid Morning Mind Crunch 11:30 Lunch 1:30 Day Excursion: McDonald's Ice Cream 2:00 Autumn Aquapaint and Sip 3:00 Leading Ladies: Hymns and Bible Study with Patti 4:00 Dinner 5:00 Calming Nature Livestreams 7:00 Evening Wind Down	24 6:00 Activities of Daily Living 8:00 Breakfast 9:30 Morning Meet Up: Daily Chronicle and Devotional 10:00 Mobility in Motion 10:30 Mid Morning Mind Crunch 11:30 Lunch 1:45 Cooking with Club: Nutter Butter Acorn 2:30 The Great Fall Butterfest 3:00 Midweek Worship Service 4:00 Dinner 5:00 Retro Radio 7:00 Evening Wind Down	6:00 Activities of Daily Living 8:00 Breakfast 9:30 Morning Meet Up: Daily Chronicle and Devotional 10:00 Easy Arm Exercises 10:30 Mid-Morning Mind Crunch 11:00 Discussing the Day Ahead 11:30 Lunch 1:30 Musical Performance by Lester Hirsh 2:30 Memory Café 3:00 Balloon Volleyball League 4:00 Dinner 5:00 Relaxing Reading 7:00 Evening Wind Down	6:00 Activities of Daily Living 8:00 Breakfast 9:30 Morning Meet Up: Daily Chronicle and Devotional 10:00 Choose Your Own Exercise 10:30 Mid-Morning Mind Crunch 11:00 Discussing the Day Ahead 11:30 Lunch 1:30 Easy Does It Trivia 2:30 Hydration Station 3:00 Fluff and Fold 4:00 Dinner 5:00 Cute and Cuddly Animals 7:00 Evening Wind Down	
6:00 Activities of Daily Living 8:00 Breakfast 9:45 Sunday Service Televised: Grand Point Church 10:30 Chair Yoga 11:00 Discussing the Day Ahead 11:30 Lunch 1:30 Picture Sorting: Reminiscing Summer 2:30 Mocktail Happy Hour: Apple Cider 3:00 Worship Service 4:00 Dinner 5:00 Cozy Conversations 7:00 Evening Wind Down	Rosh Hashanah 6:00 Activities of Daily Living 8:00 Breakfast 9:30 Morning Meet Up: Daily Chronicle and Devotional 10:00 Lots o' Leg Exercise 10:30 Mid-Morning Mind Crunch 11:00 Discussing the Day Ahead 11:30 Lunch 1:30 I Spy Board Game 2:30 Memory Café 3:00 Sunshine Club 4:00 Dinner 5:00 Classic TV 7:00 Evening Wind Down	6:00 Activities of Daily Living 8:00 Breakfast 9:30 Morning Meet Up: Daily Chronicle and Devotional 10:00 Ab-solutely Solid Core Workout 10:30 Shake and Shimmy Music Therapy 11:30 Lunch 1:45 Day Excursion: Meadow's Soft Serve 2:00 Whiskers and Woodlands: Feline Craft 3:00 Sunny Self Care 4:00 Dinner 5:00 International Adventures 7:00 Evening Wind Down	CONNECTIONS W SEPTEMBER 2025				