

Focus on Wellness

As we step into Fall, the shorter days and cooler temperatures can sometimes lead to feelings of sadness or loneliness. Take this time to find ways to focus on your own wellness by staying connected to your community and loved ones through the following:

- Reflect on your own needs
- Reach out to family members you don't see often
- Join a club or hobby group at your community and make time for activities you enjoy
- Enjoy local, seasonal produce in our dining programs
- Volunteer your time to give back

Check your activities calendar and highlight items of interest to you - and feel free to invite your friends & family to join!



Resident Birthdays

October

4 - Doris Black
8 - John Geary
9 - Jay Smith
13 - Barbara Sanders
14 - Barbara Wagner
20 - Loretta Cornelius
21 - Boyd Hey
26 - Norene Pugh
31 - Shirley Koons

November

3 - Shirley Fenstermacher
9 - Ronald Bender
16 - Emma Yeager
18 - Joan Deffenbaugh
19 - Pearl Hurley
22 - Lee Golden
27 - Raymond Maurello
28 - Velva Morris
29 - Kenneth Pugh
30 - Robert Wennick

December

5 - James Shindle
6 - Patricia Nichols
13 - Ann Dubbs
13 - Gayle Kady
18 - Elizabeth Fitzgerald
19 - Florence Sterner
23 - Glen Yaukey
28 - Willy Rudolph
30 - Margaret Stigers



Providence Place SENIOR LIVING News

Q4: October 2025

A Note from the Executive Director

Our Tailgate Party in September was a huge success, thank you to all the residents, friends and family who participated. We hope you had as much fun as the referees (co-workers and managers) who were serving the event.

We will have a family-friendly trick-or-treat event on 10/18 in the afternoon. Please invite your little ghouls, goblins, and grandkids to join in on the fun.

Our major project of window replacement started the second week of September and should be winding down soon. We appreciate your patience and cooperation during this building improvement project.

On 10/31, we will hold our annual vaccine clinic where our partner pharmacy will be providing flu and covid vaccines. You should have already signed up for this via consent forms. If you get the vaccine at an outside pharmacy or provider's office, please let the nursing office know to help keep our records updated.

Please keep an eye out for our annual Resident + Family Surveys - you will receive an email to participate or please see Lorelei, our Community Life Director, to complete.

Autumn Wishes,

Holly Townsend
Executive Director

Highlighted Events

- 14 - **Parx Casino Outing** @ 9:30am
w/ Lunch at Liberty Grill
- 15 - **Musical Entertainment**
@ 6pm- The Flying Matlocks
- 18 - **Community Trick-or-Treat**
@ 2pm
- 25 - **Comedy Hour with Glen Bently** @ 2pm
- 31 - **Vaccine Clinic**

Welcome New Residents

Harold St. Clair
Dolores St. Clair
Jimmy Miracle



For Community Life activities, campus events and Providence Place happenings, please follow our Facebook page at www.Facebook.com/ProvPlace.



To sign up to receive this quarterly newsletter and monthly events calendar via email, please contact us to subscribe at Info@Prov-Place.com.



www.Providence-Place.com

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
THE Club	Calendar Key: Pub (P), Café (C), Library (L), 2nd Floor Activity Room (2A), 3rd Floor Activity Room (3A), 3rd Floor Exercise Room (3E), Front Lobby (FL), Dining Room (DR), Loading Dock (LD), Private Dining Room (PDR), Out of Building (OOB), Hallway (HW), Connections Chapel (CC), Laundry Rooms (LR's), Pub Deck (PD) Back Yard (BY) Connections (CN) Picnic Tables (PT) ** Registration Required \$\$ Cost Involved		Yom Kippur 1 9:00 Morning Meeting & Gazette (3A) 9:30 Daily Chronicle and Discussion (3A) 10:00 Shopping Trip: Walmart **\$\$ (OOB) 10:00 Monthly Motif Makers For Club Bulletin (3A) 1:30 Day Excursion: Shatzer's Market (OOB) 2:00 Reminiscing Julie Andrews (CN) 3:00 All About Yom Kippur (3A) 6:00 Wednesday Winddown at the Fireplace (BL) 6:00 Resident Run Sequence (2A)	2 9:00 Morning Meeting Flex & Stretch(3A) 9:30 Daily Chronicle and Discussion (3A) 10:00 Pumpkin Spice Word Mining (3A) 1:45 Food Creation: Black Cat Pudding Cups (CN) 2:30 Pudding Paw Jubilee (CN) 3:00 Helping Hands: Tidying Up Activity Room (3A) 3:00 Mid Week Worship Service (CN) 3:30 Bible Study (CN) 6:00 Wii Bowling League (3E)	3 9:00 Morning Meeting & Fitness Flow (3A) 9:30 Daily Chronicle and Discussion (3A) 10:00 Aromatherapy and Nails (3A) 10:00 TV Sitcom Comedy Hour: Residents Choice (3A) 1:30 Walk and Stroll Mail Check (MR) 2:00 Handcrafted Heirlooms: Halloween Wreath Craft (3A) 3:00 Get to Know Your Neighbors with Fact or Fiction (P) 6:00 Movie & Popcorn: <i>The Addams Family</i> (3A)	4 9:00 Morning Meeting & Sunrise Zen (3A) 9:30 Daily Chronicle and Discussion (3A) 10:00 Ruthless Rymes Game (3A) 1:30 Walk and Stroll (HW) 2:30 Musical Entertainment Featuring Featuring Bryan Herber (2A) 3:30 Matching Club: Uno(3A) 6:00 Card Club: Rummy (2A)
5 9:00 Morning Meeting and Inspirations (3A) 9:30 Daily Chronicle and Discussion (3A) 10:00 Teamwork Toss: Ladder Ball (3A) 10:00 Communion with Corpus Christi Church (2A) 11:30 Wine and Dine (DR) 1:30 Walk and Stroll Club (HW) 2:00 Worship Service (2A) 3:00 Game Club: Po-Ke-No (3A) 6:00 Resident Run Pinochle (3A)	6 9:00 Yoga with Beth (3E) 9:00 Morning Meeting & Fitness Flow (3A) 9:30 Daily Chronicle and Discussion (3A) 10:00 Memory Magic (3A) 1:30 Imagery Fitness (3A) 2:00 Prize Bingo (3A) 3:00 Curious Minds: <i>Secrets of Chernobyl Control Room Zero Hour</i> (3A) 6:00 Kings in the Corner Card Game (2A)	7 9:00 Morning Meeting Flex & Stretch (3A) 9:30 Daily Chronicle and Discussion (3A) 10:00 Helping Hands: Folding Towels (3A) 10:30 Lifelong Learning: Seeing Orange (3A) 1:45 Craft with Connections: Pumpkin Soda Dough and Make Your Own Scarecrow (CN) 2:30 Snacks and Crafts (CN) 3:00 Build Your Own Clay Pumpkin (3A) 6:00 Resident Run Rummikub (2A)	8 9:00 Morning Meeting & Fitness Flow (2A) 9:30 Daily Chronicle and Discussion (2A) 10:00 Shopping Trip: Giant **\$(OOB) 10:00 Dinning Committee Meeting (2A) 1:30 Day Excursion: Caledonia (OOB) 2:00 Meteor Mind: Learning about Draconids Peak (CN) 3:00 Kitchen Items Scrabble (3A) 6:00 Dementia Care Partner Support Group (CN) 6:45 Gospel Hymns with Antrim Mennonite Church (2A)	9 9:00 Morning Meeting Flex & Stretch (3A) 9:30 Daily Chronicle and Discussion (3A) 10:00 October IQ Worksheets (3A) 1:45 Food Creation: Pumpkin Bread Trifle (CN) 2:30 Spiced Slice Soirée (CN) 3:00 Helping Hands: Tidying Up Activity Room (3A) 3:00 Mid Week Worship Service (CN) 3:30 Bible Study (CN) 6:00 Wii Bowling League (3E)	10 9:00 Morning Meeting & Fitness Flow (2A) 9:30 Daily Chronicle and Discussion (2A) 10:00 Providence Place Chambersburg Antique Road Show (2A) 1:30 Walk and Stroll Mail Check (MR) 2:00 Catholic Mass with Corpus Christi Catholic Church (2A) 2:00 Thee Piece Suit (3A) 3:00 Chambersburg Skilled Nursing & Rehabilitation Social (P) 6:00 Movie & Popcorn: <i>Guslight</i> (3A)	11 9:00 Morning Meeting & Sunrise Zen (3A) 9:30 Daily Chronicle and Discussion (3A) 10:00 Aromatherapy and Nails (3A) 10:00 TV Sitcom Comedy Hour: Residents Choice (3A) 1:30 Talk n' Toss Ball (3A) 2:00 Card Connect: Uno (3A) 3:00 Picture It: Hidden in Plain Sight (3A) 6:00 Card Club: Rummy (2A)
12 9:00 Morning Meeting and Inspirations (3A) 9:30 Daily Chronicle and Discussion (3A) 10:00 Teamwork Toss: Horseshoes (3A) 10:00 Communion with Corpus Christi Church (2A) 11:30 Wine and Dine (DR) 1:30 Walk and Stroll Club (HW) 2:00 Worship Service (2A) 3:00 Game Club: Matching Dominos (3A) 6:00 Resident Run Pinochle (3A)	13 9:00 Yoga with Beth (3E) 9:00 Morning Meeting & Fitness Flow (3A) 9:30 Daily Chronicle and Discussion (3A) 10:00 Prize Bingo (3A) 1:00 Kindly Canines (Building Wide) 1:30 Imagery Fitness (3A) 2:00 Woodcrafts with Amber ** (C) 3:00 <i>Curious Minds: Legend of Atlantis</i> (3A) 6:00 Kings in the Corner Card Game (2A)	14 9:00 Morning Meeting Flex & Stretch (3A) 9:30 Daily Chronicle and Discussion (3A) 10:00 Helping Hands: Folding Towels (3A) 10:30 A-Mazing Worksheets (3A) 1:30 Day Excursion: Mikie's Ice-Cream in Greencastle (OOB) 2:00 Craft with Connections: Fall Photobooth (CN) 3:00 TUNES Categories (3A) 6:00 Resident Run Rummikub (2A)	15 9:00 Morning Meeting & Fitness Flow (3A) 9:30 Daily Chronicle and Discussion (3A) 10:00 Shopping Trip: Dollar Tree**\$(OOB) 10:00 Resident Calander Meeting (3A) 1:30 Blood Pressure Clinic (2A) 2:00 Community Meeting With Department Managers (2A) 3:00 Musical Performance Featuring Jessica Synder (CN) 6:00 Wednesday Winddown at the Fireplace (BL)	16 9:00 Morning Meeting Flex & Stretch (3A) 9:30 Daily Chronicle and Discussion (3A) 10:00 Matching Pumpkin Pie (3A) 1:45 Food Creations: Puff Pastry Bats (CN) 2:30 Flaky Flight Fête (CN) 3:00 Helping Hands: Tidying Up Activity Room (3A) 3:00 Mid Week Worship Service (CN) 3:30 Bible Study (CN) 6:00 Wii Bowling League (3E)	17 9:00 Morning Meeting & Fitness Flow (3A) 9:30 Daily Chronicle and Discussion (3A) 10:00 Aromatherapy and Nails (3A) 10:00 TV Sitcom Comedy Hour: Residents Choice (3A) 1:00 Workout with Julie From Powerback Rehabilitation (3E) 1:30 Walk and Stroll Mail Check (MR) 2:00 Readers Theater: <i>Spooky Shenanigans</i> (3A) 3:00 New Neighbor Welcome Hour (P) 6:00 Movie & Popcorn: <i>Casper</i> (3A)	18 9:00 Morning Meeting & Sunrise Zen(3A) 9:30 Daily Chronicle and Discussion (3A) 10:00 Memory Magic (3A) 1:30 Walk and Stroll (HW) 1:30 Helping Hands: Trick or Treat Prep (BL) 2:00 Community Trick or Treat (First Floor) 3:00 Matching Club: Uno (3A) 6:00 Card Club: Rummy (2A)
19 9:00 Morning Meeting and Inspirations (3A) 9:30 Daily Chronicle and Discussion (3A) 10:00 Teamwork Toss: Cornhole (3A) 10:00 Communion with Corpus Christi Church (2A) 11:30 Wine and Dine (DR) 1:30 Walk and Stroll Club (HW) 2:00 Worship Service (2A) 3:00 Game Club: Kerplunk (3A) 6:00 Resident Run Pinochle (3A)	20 9:00 Yoga with Beth (3E) 9:00 Morning Meeting & Fitness Flow (3A) 9:30 Daily Chronicle and Discussion (3A) 10:00 Memory Magic (3A) 1:30 Imagery Fitness (3A) 2:00 Prize Bingo (3A) 3:00 Curious Minds: <i>American's Hidden Stories: Salem's Secrets Smithsonian Channel</i> (3A) 6:00 Kings in the Corner Card Game (2A)	21 9:00 Morning Meeting Flex & Stretch (3A) 9:30 Daily Chronicle and Discussion (3A) 10:00 Helping Hands: Folding Towels (3A) 10:30 Concentration Puzzles (3A) 1:45 Craft with Connections: Pom-Pom Jack-O-Lantern Coasters (CN) 2:30 Snacks and Crafts (CN) 3:00 Working with Words (3A) 6:00 Resident Run Rummikub (2A) 6:00 Wii Bowling for Beginners (3E)	22 9:00 Morning Meeting & Fitness Flow (3A) 9:30 Daily Chronicle and Discussion (3A) 10:00 Shopping Trip: TJ Maxx **\$(OOB) 10:00 Exposing the Secret Word (3A) 1:30 Day Excursion: Country Creek Produce (OOB) 2:00 Pumpkin Painting Party (CN) 3:00 Jeopardy Trivia (3A) 6:00 Wednesday Winddown at the Fireplace (BL) 6:30 Gospel Hymns with Spring Valley Mennonite Church (2A)	23 9:00 Morning Meeting Flex & Stretch (3A) 9:30 Daily Chronicle and Discussion (3A) 10:00 Humorous Orange Quote (3A) 1:45 Food Creations: Cinnamon Rolls (CN) 2:30 Cinna-Boo Bash (CN) 3:00 Helping Hands: Tidying Up Activity Room (3A) 3:00 Mid Week Worship Service (CN) 3:30 Bible Study (CN) 6:00 Wii Bowling League (3E)	24 9:00 Morning Meeting & Fitness Flow (3A) 9:30 Daily Chronicle and Discussion (3A) 10:00 Memory Magic(3A) 1:30 Walk and Stroll Mail Check (MR) 2:00 Guess the Word: Halloween Edition (3A) 3:00 Blind Tasting: Pick Your Poison Social (P) 6:00 Movie & Popcorn: <i>Cats</i> (3A)	25 9:00 Morning Meeting & Sunrise Zen(3A) 9:30 Daily Chronicle and Discussion (3A) 10:00 Card Connect: Uno (3A) 1:30 Linda's Movie Matinee: <i>Wizard of Oz</i> (3A) 2:00 Dot to Dot (P) 2:00 Comedy Hour with Glen Bentley (2A) 3:00 Hydration and Finishing Lyrics (PD) 6:00 Card Club: Rummy (2A)
26 9:00 Morning Meeting and Inspirations (3A) 9:30 Daily Chronicle and Discussion (3A) 10:00 Teamwork Toss: Pass the Pumpkin (3A) 10:00 Communion with Corpus Christi Church (2A) 11:30 Wine and Dine (DR) 1:30 Walk and Stroll Club (HW) 2:00 Worship Service (2A) 3:00 Game Club: Word Roll (3A) 6:00 Resident Run Pinochle (3A)	27 9:00 Yoga with Beth (3E) 9:00 Morning Meeting & Fitness Flow (3A) 9:30 Daily Chronicle and Discussion (3A) 10:00 Memory Magic (3A) 1:30 Imagery Fitness (3A) 2:00 Prize Bingo (3A) 3:00 Curious Minds: <i>Oh My Gourd! Jack-O-Lantern Spectacular Story</i> (3A) 6:00 Kings in the Corner Card Game (2A)	28 9:00 Morning Meeting Flex & Stretch (3A) 9:30 Daily Chronicle and Discussion (3A) 10:00 Helping Hands: Folding Towels (3A) 10:30 Spooky Detective (3A) 1:45 Craft with Connections: Cute and Cuddly Fuzzy Ghosts (CN) 2:30 Snacks and Crafts (CN) 3:00 Men's Club: You Be the Mechanic (3A) 6:00 Resident Run Rummikub (2A) 6:00 Wii Bowling for Beginners (3E)	29 9:00 Morning Meeting & Fitness Flow (3A) 9:30 Daily Chronicle and Discussion (3A) 10:00 Shopping Trip: Target \$\$ (OOB) 10:00 Agatha Christie Worksheets (3A) 1:30 Day Excursion: Dunkin' Run (OOB) 2:00 Festive Fall Flower Pen (CN) 3:00 Book Club: <i>Dancing Through Halloween</i> (3A) 6:00 Wednesday Winddown at the Fireplace (BL) 6:00 Resident Run Sequence (2A)	30 9:00 Morning Meeting Flex & Stretch (3A) 9:30 Daily Chronicle and Discussion (3A) 10:00 Halloween Fill-In Finish the line (3A) 1:45 Hydration Station: Apple Cider Ice-Cream Float (CN) 2:30 Cider Swirl Social (CN) 3:00 Quack-or-Treat Hideaway (HW) 3:00 Mid Week Worship Service (CN) 3:30 Bible Study (CN) 6:00 Wii Bowling League (3E)	31 Halloween 9:00 Morning Meeting & Fitness Flow (3A) 9:30 Daily Chronicle and Discussion (3A) 10:00 Hallowed Halloween (3A) 1:30 Walk and Stroll Mail Check (MR) 2:00 Celebrating Shirley's Birthday (3A) 3:00 Halloween Dress Your Best - Boos and Brews Social with Light Fares (P) 6:00 Movie & Popcorn: <i>Charlottes Web</i> (3A)	October 2025