

Focus on Wellness

As we step into Fall, the shorter days and cooler temperatures can sometimes lead to feelings of sadness or loneliness. Take this time to find ways to focus on your own wellness by staying connected to your community and loved ones through the following:

- Reflect on your own needs
- Reach out to family members you don't see often
- Join a club or hobby group at your community and make time for activities you enjoy
- Enjoy local, seasonal produce in our dining programs
- Volunteer your time to give back

Check your activities calendar and highlight items of interest to you - and feel free to invite your friends & family to join!



Resident Birthdays

October

3 - Kathleen Carr
4 - Carol Hornak
13 - Patricia Tornetta
15 - Judith Adler
16 - Matt Price
17 - Grace Lundeen
19 - Anne Korkus
21 - Anthony Arnone
23 - Kathryn D'Orazio
25 - Joan Righter

November

4 - Marjorie McElroy
4 - Anne Nolan
8 - James McFarlene
9 - Dolores Salvo
12 - Dennis Danko
19 - Alice Jeanette Roberts
25 - Dolores Heck
25 - Raymond Ford
27 - Francis Hunt
28 - Nancy Worst

December

1 - Joan Santiago
8 - Geraldine Fontaine
10 - Nanhi Felker
13 - June Kirk
13 - Josephine Cafaro
15 - Ed Componation
18 - Victor Machese Jr.
24 - Mary Jane Higgins
26 - Dorothy Camasso
29 - Marie Graziano



Providence Place SENIOR LIVING News

Q4: October 2025

A Note from the Executive Director

Welcome Fall!

Please join us to kick off our autumn fun with our annual Trunk-or-Treat event on October 25th from 1 to 3 pm. We always have a fantastic time.

Thank you to everyone who participated in our vaccine clinic in September, we appreciate the efforts to keep our community safe over the winter.

Our annual Resident/Family Surveys are out and open from 9/29-10/13. Please be sure to complete via the link provided in your email or see Joe, the Community Life Director, to provide your feedback on improving our community.

As we plan for our holiday celebrations, we will be sure to pass along the details to mark your calendars.

With Gratitude,

Kellee Silhan
Executive Director

Highlighted Events

7 - **Musical Entertainment**

@ 3:30pm- Inspire Music Band

9 - **EdU Presentation** @ 1:30pm

Live Owls with Indian Run

11 - **Audubon Symphony Orchestra Ensemble** @ 2pm

22 - **Oktoberfest** @ 4:30pm

25 - **Trunk-or-Treat** @ 1-3pm

Families + Friends Welcome!

31 - **Comedy Abracadabra Show**
@ 3:30pm

Welcome New Residents

Anne Piontkowski

Adeline Pinkerton

Kathleen Carr

Ellen Sheehan

Joan Vagnoni

Bonnie Caccamo



For Community Life activities, campus events and Providence Place happenings, please follow our Facebook page at www.Facebook.com/ProvPlace.



To sign up to receive this quarterly newsletter and monthly events calendar via email, please contact us to subscribe at Info@Prov-Place.com.



www.Providence-Place.com

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
THE Club		Calendar Key: ** Registration Required \$\$ Cost Involved (AR) Activity Room (BP) Back Porch (C) Connections (CR) Community Room (L) Library (OOB) Out of Building (P) Pub (T) Theater	Yom Kippur 1 9:15 Morning Meeting (CR) 9:30 Sit and Be Fit Exercises (CR) 10:00 Rosary with St. Eleanor (T) 10:30 Puzzle Piece Pumpkin Craft (CR) 1:30 Penny Pokeno (CR) 2:00 Learn About Yom Kippur (T) 2:30 Mid-Week Worship Service with Chaplain Nichole (C) 3:30 Comedy Hour (T) 6:00 Providence Gem's Club (AR)	2 9:15 Morning Meeting (CR) 9:45 Catholic Communion (T) 10:00 Sit and Be Fit Exercises (CR) 11:00 Destination Discovery: Germany (T) 1:30 Indoor Mini Golf (CR) 2:30 Lemonade Social (C) 3:30 Welcome New Resident's Happy Hour (P) 6:00 Nickel Bingo with Marlene \$\$ (AR)	3 9:15 Morning Meeting (CR) 9:30 Sit and Be Fit Exercises (CR) 10:00 In the News with Joe (T) 10:30 Search for October Word Game (P) 1:30 Pictionary (AR) 2:30 Spelling Bee (P) 3:30 Entertainment Featuring Terry Kane (P) 6:00 Friday Evening Shabbat (T)	4 9:30 Sit and Be Fit Exercises (CR) 10:00 Manicures with Katie (AR) 10:30 Rummikub (P) 1:30 Candy Bingo (AR) 2:30 Movie Matinee: <i>The Life List</i> (T) 3:30 Back Porch Social (BP) 4:00 Gardening Club (AR) 6:00 Independent Games (P)
5 9:30 Sit and Be Fit Exercises (CR) 10:00 Coffee & Conversation (P) 10:30 Livestream Catholic Mass (T) 11:00 UNO (P) 1:30 Ecumenical Worship Service & Communion with Chaplain Nichole (CR) 2:30 Ladderball (CR) 3:30 Apple Cider Social (BP) 6:00 Board Games (P)	6 9:15 Morning Meeting (CR) 9:30 Sit and Be Fit Exercises (CR) 10:00 Painting Fall Foliage (CR) 11:00 Armchair Travels: The Maldives (CR) 1:00 Comfort Caring Canine Visit with Cash (P) 1:30 Make-A-Word (CR) 2:30 Music & Meditation with Nadine (AR) 3:30 Potato Pancake Social (P) 6:00 Shuffleboard (AR)	7 9:15 Morning Meeting (CR) 9:30 Sit and Be Fit Exercises (CR) 10:00 Ed-U: <i>American Bandstand</i> (T) 11:00 Name That Tune (CR) 1:30 Prize Bingo (AR) 2:30 Circle of Friends with Katie and Jess (CR) 3:00 Catholic Mass with St. Eleanor (CR) 3:30 Happy Hour & Entertainment Featuring Inspire Music Band (P) 6:00 Back Porch Chat (BP)	8 9:15 Morning Meeting (CR) 9:30 Sit and Be Fit Exercises (CR) 10:00 Rosary with St. Eleanor (T) 10:30 Kitchen Helpers: One Eyed Chocolate Pretzel (AR) 1:30 Penny Pokeno (CR) 2:30 Mid-Week Worship Service with Chaplain Nichole (C) 3:30 Comedy Hour (T) 6:00 Providence Gem's Jewelry Club (AR)	9 9:15 Morning Meeting (CR) 9:45 Catholic Communion (T) 10:00 Sit and Be Fit Exercises (CR) 11:00 Destination Discovery: Indian Run (T) 1:30 Indian Run Environmental Ed-U with Live Owls Presentation (CR) 2:30 Ice Cream Social (C) 3:30 Happy Hour (P) 6:00 Nickel Bingo with Marlene \$\$ (AR) 8:15 Eagles Game (P)	10 9:15 Morning Meeting (CR) 9:30 Sit and Be Fit Exercises (CR) 10:00 Manicures with Katie (CR) 10:30 Name That Tune (P) 1:30 Dominoes (CR) 2:30 Spelling Bee (P) 3:30 Entertainment Featuring Massimo Bruto (P) 6:00 Friday Evening Shabbat (T)	11 9:30 Sit and Be Fit Exercises (CR) 10:00 In The News with Joe (T) 10:30 UNO (P) 1:30 Dominoes (P) 2:00 Audubon Symphony Orchestra Ensemble (CR) 3:30 Candy Bingo (AR) 4:00 Garden Club (2nd Floor) 6:00 Independent Games (P)
12 9:30 Sit and Be Fit Exercises (CR) 10:00 Coffee & Conversation (P) 10:30 Livestream Catholic Mass (T) 11:00 Rummikub (P) 1:30 Ecumenical Worship Service with Evansburg Church (CR) 2:30 Balloon Volley (CR) 3:30 Name That Tune (CR) 6:00 Board Games (P)	13 9:15 Morning Meeting (CR) 9:30 Sit and Be Fit Exercises (CR) 10:00 Categories Game (CR) 11:00 Armchair Travels: Valley of Flowers (Uttarakhand, India) (CR) 1:00 Comfort Caring Canine Visit with Cash (P) 1:30 Make-A-Word (CR) 2:30 Music & Meditation with Nadine (AR) 3:30 Pumpkin Bread Social (P) 6:00 Shuffleboard (AR)	14 9:15 Morning Meeting (CR) 9:30 Sit and Be Fit Exercises (CR) 10:00 Ed-U: <i>Great Horned Owls</i> (T) 11:00 Name That Tune (CR) 1:30 Prize Bingo (AR) 2:30 Circle of Friends with Katie and Jess (CR) 3:30 Happy Hour (P) 6:00 Back Porch Chat (BP)	15 9:15 Morning Meeting (CR) 9:30 Sit and Be Fit Exercises (CR) 10:00 Rosary with St. Eleanor (T) 10:30 UNO Card Game (CR) 1:30 Penny Pokeno (CR) 2:30 Mid-Week Worship Service with Chaplain Nichole (C) 3:30 Comedy Hour (T) 4:00 Drumming Circle (CR) 6:00 Providence Gem's Club (AR)	16 9:15 Morning Meeting (CR) 9:45 Catholic Communion (T) 10:00 Sit and Be Fit Exercises (CR) 11:00 Destination Discovery: Poconos (T) 1:30 Community Meeting with Kellee (CR) 2:30 Lemonade Social (C) 3:30 Happy Hour (P) 6:00 Nickel Bingo with Marlene \$\$ (AR)	17 9:15 Morning Meeting (CR) 9:30 Sit and Be Fit Exercises (CR) 10:00 In the News with Joe (T) 10:30 Who Said It Game (P) 1:30 Finish the Lyric (CR) 2:30 Spelling Bee (P) 3:30 Entertainment Featuring Ken Pierson (P) 6:00 Friday Evening Shabbat (T)	18 9:30 Sit and Be Fit Exercises (CR) 10:00 Manicures with Katie (AR) 10:30 Spelling Bee (CR) 1:30 Candy Bingo (AR) 2:30 Movie Matinee: <i>Wicked</i> (T) 3:30 Exploring Superstitions (P) 4:00 Garden Club (2nd Floor) 6:00 Independent Games (P)
19 9:30 Sit and Be Fit Exercises (CR) 10:00 Coffee & Conversation (P) 10:30 Livestream Catholic Mass (T) 11:00 Rummikub (P) 1:30 Ecumenical Worship Service with Chaplain Nichole (CR) 2:30 Noodle Volley (CR) 3:30 Who Said It? (CR) 6:00 Board Games (P)	20 9:15 Morning Meeting (CR) 9:30 Sit and Be Fit Exercises (CR) 10:00 Indoor Mini Golf (CR) 11:00 Armchair Travels: Stockholm, Sweden (CR) 1:00 Comfort Caring Canine Visit with Cash (P) 1:30 Make-A-Word (CR) 2:30 Music & Meditation with Nadine (AR) 3:30 Candy Pretzel Social (P) 6:00 Shuffleboard (AR)	21 9:15 Morning Meeting (CR) 9:30 Sit and Be Fit Exercises (CR) 10:00 Ed-U: <i>Reptile Awareness</i> (T) 11:00 Name That Tune (CR) 1:30 Prize Bingo (C) 2:30 Circle of Friends with Katie and Jess (CR) 3:30 Happy Hour (P) 6:00 Back Porch Chat (BP)	22 9:15 Morning Meeting (CR) 9:30 Sit and Be Fit Exercises (CR) 10:00 Rosary with St. Eleanor (T) 10:30 UNO Card Game (CR) 1:30 Penny Pokeno (CR) 2:30 Mid-Week Worship Service with Chaplain Nichole (C) 3:30 Comedy Hour (T) 4:30-6pm Evening in Germany (DR) 6:00 Providence Gem's Club (AR)	23 9:15 Morning Meeting (CR) 9:45 Catholic Communion (T) 10:00 Sit and Be Fit Exercises (CR) 11:00 Destination Discovery: Massachusetts (T) 1:30 Ice Cream Social (C) 2:30 Dining Committee & Demo (AR) 3:30 Happy Hour with Monty (P) 6:00 Nickel Bingo with Marlene \$\$ (AR)	24 9:15 Morning Meeting (CR) 9:30 Sit and Be Fit Exercises (CR) 10:00 Manicures with Katie (AR) 10:30 Making Treat Bags (AR) 1:30 50's TV Show Trivia (CR) 2:30 Spelling Bee (P) 3:30 Entertainment Featuring Lori Woodward (P) 6:30 Friday Evening Shabbat (T)	25 9:30 Sit and Be Fit Exercises (CR) 10:00 In the News with Joe (T) 11:00 Decorating Trunks (OOB) 1:00 - 3:00 Trunk or Treat (OOB) 1:30 Fall Fest Games (P) 2:30 Movie Matinee: <i>Bride of Frankenstein</i> (T) 3:30 Rummy 500 (AR) 4:00 Garden Club (2nd Floor) 6:00 Independent Games (P)
26 9:30 Sit and Be Fit Exercises (CR) 9:30 Sit and Be Fit Exercises (CR) 10:00 Coffee & Conversation (P) 10:30 Livestream Catholic Mass (T) 11:00 Rummikub (P) 1:30 Ecumenical Worship Service with Chaplain Nichole (CR) 2:30 Balloon Volley (CR) 3:30 Name That Tune (CR) 6:00 Board Games (P)	27 9:15 Morning Meeting (CR) 9:30 Sit and Be Fit Exercises (CR) 10:00 Categories Game (CR) 10:30 History on Teddy Roosevelt (T) 11:00 Armchair Travels: Lake Bled, Slovenia (CR) 1:30 Create a Scarecrow for Contest (AR) 2:30 Music & Meditation with Nadine (AR) 3:30 Back Porch Chat (BP) 6:00 Shuffleboard (AR)	28 9:15 Morning Meeting (CR) 9:30 Sit and Be Fit Exercises (CR) 10:00 Ed-U: <i>History of Animation</i> (T) 11:00 Name That Tune (CR) 1:30 Prize Bingo (C) 2:30 Circle of Friends with Katie and Jess (CR) 3:30 Happy Hour (P) 6:00 Back Porch Chat (BP)	29 9:15 Morning Meeting (CR) 9:30 Sit and Be Fit Exercises (CR) 10:00 Rosary with St. Eleanor (T) 10:30 UNO Card Game (CR) 1:30 Penny Pokeno (CR) 2:30 Balloon Volley (C) 3:30 Comedy Hour (T) 4:00 Drumming Circle (CR) 6:00 Providence Gem's Jewelry Club (AR)	30 9:15 Morning Meeting (CR) 9:45 Catholic Communion (T) 10:00 Sit and Be Fit Exercises (CR) 10:30 Costume Creations (AR) 11:00 Destination Discovery: Statue of Liberty (T) 1:30 Newspaper Shuffle Race (CR) 2:30 Lemonade Social (C) 3:30 Happy Hour (P) 6:00 Nickel Bingo with Marlene \$\$ (AR)	31 Halloween 9:15 Morning Meeting (CR) 9:30 Sit and Be Fit Exercises (CR) 10:00 In the News with Joe (T) 10:30 Making Halloween Treats (AR) 1:30 Spooky Bingo (AR) 2:30 Costume Parade (P) 3:30 Comedy Abracadabra with Magician Tom & Spooky Cocktails (P) 6:00 Friday Evening Shabbat (T)	October 2025