

Focus on Wellness

As we step into Fall, the shorter days and cooler temperatures can sometimes lead to feelings of sadness or loneliness. Take this time to find ways to focus on your own wellness by staying connected to your community and loved ones through the following:

- Reflect on your own needs
- Reach out to family members you don't see often
- Join a club or hobby group at your community and make time for activities you enjoy
- Enjoy local, seasonal produce in our dining programs
- Volunteer your time to give back

Check your activities calendar and highlight items of interest to you - and feel free to invite your friends & family to join!



Resident Birthdays

October

3 - Betty Collier
3 - Barbara Heromin
4 - Marvel Firestone
10 - Anna Mary Nace
13 - Pauline Schaefer
14 - Marion Porter
16 - Mary Hartlaub
19 - Virginia Angel
25 - Clyde Livingston
27 - Catherine Grim
31 - Fay Kramer

November

1 - Mary Shubert
8 - Ethel Brenner
9 - Celia Grove
12 - Rhea Landes
14 - Gloria Hively
16 - Lorene Stump
16 - Ardella Bentzel
17 - Jack Koontz
19 - James French
24 - Gary Firestone
24 - Joan Zeigler
26 - Donald Eyster

December

3 - Marjorie Zinn
5 - William Stambaugh
6 - Marjorie Davis
10 - Charlotte Boeckel
12 - Carol Stover
14 - Sharon Warnecke
15 - Nancy Koontz
15 - Kathy Murphy
18 - Ira Grumbine
22 - Catherine Barshinger
23 - Karen Ayers
27 - Kathy Rauhauser
27 - Jessie Raines



Providence Place SENIOR LIVING News

Q4: October 2025

A Note from the Executive Director

Welcome Fall!

We are excited to kick off the season with a Sunday Brunch event on October 19th - seatings are available at 10:30am or 12:30pm, please call reception to reserve a spot with your loved ones!

The annual Resident/Family Surveys are out and open from 9/29-10/13. Please be sure to complete via the link provided in your email or see Amanda, the Community Life Director, to provide your feedback on improving our community.

As you have probably seen, our updated dining room is open and close to completion! We are loving the fresh look and we invite family and friends in to dine with us and check it out.

For your calendars, we will be hosting our Community Trick-or-Treat on the 23rd @ 6pm - all are welcome at this family-friendly event. In addition, our Christmas Open House will be hosted on 12/19 from 4:30-7pm.

Best,

Howard Holben
Executive Director

Highlighted Events

7 - **Musical Entertainment** @ 3pm

Mark Rutter

15 - **Cooking Demo with Chef**

Joe @ 2pm

18 - **Fall Family Bingo** @ 2:15pm

Connections

19 - **Sunday Brunch** @ 10:30am or

12:30pm - call reception for reservations!

23 - **Community Trick-or-Treat**

@ 6pm

31 - **Halloween Costume Parade**

@ 1:30pm

Welcome New Residents

Catherine Barshinger

Dottie Delbaugh

Leon Resline



For Community Life activities, campus events and Providence Place happenings, please follow our Facebook page at www.Facebook.com/ProvPlace.



To sign up to receive this quarterly newsletter and monthly events calendar via email, please contact us to subscribe at Info@Prov-Place.com.



www.Providence-Place.com



Dover (York) | 3377 Fox Run Road | Dover, PA 17315 | 717-767-4500

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
THE Club		Calendar Key: ** Registration Required \$\$ Cost Involved (AR) Activity Room (CR) Community Room (CN) Connections Neighborhood (SR) Sun Room (100P) 100 Hall Patio (OOB) Out of Building	Yom Kippur 1 9:30 Morning Exercise (AR) 10:00 Time with Friends (CN) 10:00 Bible Trivia (AR) 12:45 Daily Reading (CR) 1:30 Mid-Week Worship (CR) 2:00 Manicure Maintenance (CR) 3:00 Short Clips Celebrity: Julie Andrews (CR) 6:00 Resident Ran Activity (AR)	2 9:00 Plan of the Day Meeting (CR) 9:30 Moring Exercise (AR) 10:00 Hymn Sing (CR) 10:30 Fun on the Farm Trivia (CR) 1:00 Sunshine Ride (CR) 2:00 Small Games (SR) 3:00 Prize Bingo (AR) 6:00 Pinochle (AR)	3 9:30 Morning Exercise (AR) 10:00 Happy Laps Walking (FL) 10:45 Daily Reading (CR) 1:00 Helping Hands: Towel Folding (AR) 1:15 Hospitality Cards (CR) 2:00 Happy Hour: Up in Space (AR) 3:00 Edible Art: Smiley Cupcakes (AR) 6:00 Resident Ran Bingo (AR)	4 9:30 Morning Exercise (AR) 10:15 Donuts & Coffee Social (FL) 12:45 Daily Reading (CR) 1:00 Side Kick Sugar Fillers (CR) 1:15 Music Jingo (CR) 3:00 Essential Breaks: Apple Cider Martini (AR) 3:30 Weekly Review (AR) 6:00 Saturday Evening Cards (AR)
5 9:30 Morning Exercise (AR) 10:00 Desserts & Discussions (CN) 12:45 Daily Reading (AR) 1:00 Apples to Apples (CR) 2:00 Movie Matinee: <i>Little Women</i> (AR) 2:00 Afternoon Drinks: Sun Room Refresher (SR) 3:00 Sunday Worship Service (CR) 6:00 Fireplace Fellowship (FL)	6 9:30 Morning Exercise (AR) 10:00 Music Therapy (AR) 10:45 Daily Reading (AR) 1:00 Catholic Communion (CR) 1:00 Time with Friends (CN) 2:00 Bible Study (CN) 2:00 Cooking Club: Apple Crisp (AR) 3:00 Destination Discovery: <i>Planet Earth, Pole to Pole</i> (AR) 6:00 Rummikub (AR)	7 9:00 Plan of the Day Reading (CR) 9:30 Morning Exercise (AR) 10:00 Name That Tune (AR) 1:00 Helping Hands: Towel Folding (AR) 1:15 Brain Booster (SR) 2:00 Providence Place Bowling (AR) 3:00 Music with Mark Rutter (AR) 6:00 Bingo with Adam (AR)	8 9:30 Morning Exercise (AR) 10:00 Time with Friends (CN) 10:00 Bible Trivia (AR) 12:45 Daily Reading (CR) 1:30 Mid-Week Worship (CR) 2:00 Manicure Maintenance (CR) 3:00 Short Clips Celebrity: Clark Griswald (CR) 6:00 Resident Ran Activity (AR)	9 9:00 Plan of the Day Meeting (CR) 9:30 Moring Exercise (AR) 10:00 Hymn Sing (CR) 10:30 Bears all Around the World (CR) 1:00 Sunshine Ride (CR) 2:00 Small Games (SR) 3:00 Prize Bingo (AR) 6:00 Pinochle (AR)	10 9:30 Morning Exercise (AR) 10:00 Happy Laps Walking (FL) 10:45 Daily Reading (CR) 1:00 Helping Hands: Towel Folding (AR) 1:15 Hospitality Cards (CR) 2:00 Happy Hour (AR) 3:00 Egg-celent Egg Dishes (CR) 6:00 Resident Ran Bingo (AR)	11 9:30 Morning Exercise (AR) 10:15 Donuts & Coffee Social (FL) 12:45 Daily Reading (CR) 1:00 Side Kick Sugar Fillers (CR) 1:15 Create a Scarecrow (CR) 2:00 Music by Michelle (AR) 3:00 Essential Breaks: Fall Spiced Punch (AR) 3:30 Weekly Review (AR) 6:00 Saturday Evening Cards (AR)
12 9:30 Morning Exercise (AR) 10:00 Desserts & Discussions (CN) 12:45 Daily Reading (AR) 1:00 Skittle Science (CR) 2:00 Movie Matinee: <i>Ghostbusters</i> (AR) 2:00 Sun Room Refresher (SR) 3:00 Sunday Worship Service (CR) 6:00 Fireplace Fellowship (FL)	13 9:30 Morning Exercise (AR) 10:00 Music Therapy (AR) 10:45 Daily Reading (AR) 1:00 Catholic Communion (CR) 1:00 Time with Friends (CN) 2:00 Bible Study (CN) 2:00 Cooking Club: Lemon Chiffon Pie (AR) 3:00 Destination Discovery: Columbus Day History and Trivia (AR) 6:00 Rummikub (AR)	14 9:00 Plan of the Day Reading (CR) 9:30 Morning Exercise (AR) 10:00 Name That Tune (AR) 1:00 Helping Hands: Towel Folding (AR) 1:15 Whinnie the Pooh Day (SR) 2:00 Providence Place Bowling (AR) 3:00 Honey Snacks (SR) 6:00 Bingo with Adam (AR)	15 9:30 Morning Exercise (AR) 10:00 Time with Friends (CN) 10:00 Bible Trivia (AR) 12:45 Daily Reading (CR) 1:30 Mid-Week Worship (CR) 2:00 Manicure Maintenance (CR) 3:00 Fossil Finds (CR) 6:00 Resident Ran Activity (AR)	16 9:00 Plan of the Day Meeting (CR) 9:30 Moring Exercise (AR) 10:00 Hymn Sing (CR) 10:30 Random Trivia (CR) 1:00 Sunshine Ride (CR) 2:00 Small Games (SR) 3:00 Prize Bingo (AR) 6:00 Pinochle (AR)	17 9:30 Morning Exercise (AR) 10:00 Happy Laps Walking (FL) 10:45 Daily Reading (CR) 1:00 Helping Hands: Towel Folding (AR) 1:15 Hospitality Cards (CR) 2:00 Happy Hour (AR) 3:00 What's New in <i>National Geographic</i> (CR) 6:00 Resident Ran Bingo (AR)	18 9:30 Morning Exercise (AR) 10:15 Donuts & Coffee Social (FL) 12:45 Daily Reading (CR) 1:00 Side Kick Sugar Fillers (CR) 1:15 Counting Squirrels (BW) 2:00 Knowledge Check: Wild Rodents (CR) 3:00 Essential Breaks: Red White Hot Chocolate (AR) 3:30 Weekly Review (AR) 6:00 Saturday Evening Cards (AR)
19 9:30 Morning Exercise (AR) 10:00 Desserts & Discussions (CN) 12:45 Daily Reading (AR) 1:00 Pastor Postcards (CR) 2:00 Movie Matinee: <i>Hocus Pocus</i> (AR) 2:00 Sun Room Refresher (SR) 3:00 Sunday Worship Service (CR) 6:00 Fireplace Fellowship (FL)	20 9:30 Morning Exercise (AR) 10:00 Music Therapy (AR) 10:45 Daily Reading (AR) 1:00 Catholic Communion (CR) 1:00 Time with Friends (CN) 2:00 Bible Study (CN) 2:00 Creative Pumpkin Painting (AR) 3:00 Destination Discovery: Famous Mystery Detectives (AR) 6:00 Rummikub (AR)	21 9:00 Plan of the Day Reading (CR) 9:30 Morning Exercise (AR) 10:00 Name That Tune (AR) 1:00 Helping Hands: Towel Folding (AR) 1:15 Marty's Favorites (SR) 2:00 Providence Place Bowling (AR) 3:00 Futuristic Foods (SR) 6:00 Bingo with Adam (AR)	22 9:30 Morning Exercise (AR) 10:00 Time with Friends (CN) 10:00 Bible Trivia (AR) 12:45 Daily Reading (CR) 1:30 Mid-Week Worship (CR) 2:00 Manicure Maintenance (CR) 3:00 Colors of the World (CR) 6:00 Resident Ran Activity (AR)	23 9:00 Plan of the Day Meeting (CR) 9:30 Moring Exercise (AR) 10:00 Hymn Sing (CR) 10:30 Random Trivia (CR) 1:00 Sunshine Ride (CR) 2:00 Small Games (SR) 3:00 Prize Bingo (AR) 6:00 Pinochle (AR)	24 9:30 Morning Exercise (AR) 10:00 Happy Laps Walking (FL) 10:45 Daily Reading (CR) 1:00 Helping Hands: Towel Folding (AR) 1:15 Hospitality Cards (CR) 2:00 Happy Hour (AR) 3:00 Pretty in Pink (CR) 6:00 Resident Ran Bingo (AR)	25 9:30 Morning Exercise (AR) 10:15 Donuts & Coffee Social (FL) 12:45 Daily Reading (CR) 1:00 Side Kick Sugar Fillers (CR) 1:15 Junk Food Jingo (CR) 2:00 Knowledge Check (CR) 3:00 Essential Breaks: Pumpkin Spiced White Russian (AR) 3:30 Weekly Review (AR) 6:00 Saturday Evening Cards (AR)
26 9:30 Morning Exercise (AR) 10:00 Desserts & Discussions (CN) 12:45 Daily Reading (AR) 1:00 Pumpkin Day (AR) 2:00 Movie Matinee: <i>Practical Magic</i> (AR) 2:00 Sun Room Refresher (SR) 3:00 Sunday Worship Service (CR) 6:00 Fireplace Fellowship (FL)	27 9:30 Morning Exercise (AR) 10:00 Music Therapy (AR) 10:45 Daily Reading (AR) 1:00 Catholic Communion (CR) 1:00 Time with Friends (CN) 2:00 Bible Study (CN) 2:00 Cooking Club: Classic Caramel Sauce (AR) 3:00 Destination Discovery: Salem (AR) 6:00 Rummikub (AR)	28 9:00 Plan of the Day Reading (CR) 9:30 Morning Exercise (AR) 10:00 Name That Tune (AR) 1:00 Helping Hands: Towel Folding (AR) 1:15 Red Hair Celebrity Match Up (SR) 2:00 Providence Place Bowling (AR) 3:15 Learning Etiquette (SR) 6:00 Bingo with Adam (AR)	29 9:30 Morning Exercise (AR) 10:00 Time with Friends (CN) 10:00 Bible Trivia (AR) 12:45 Daily Reading (CR) 1:30 Mid-Week Worship (CR) 2:00 Birthday Celebration (CR) 3:15 Birthday Bingo (CR) 6:00 Resident Ran Activity (AR)	30 9:00 Plan of the Day Meeting (CR) 9:30 Moring Exercise (AR) 10:00 Hymn Sing (CR) 10:30 Random Trivia (CR) 1:00 Club Birthday Celebration (CR) 2:00 Craft of the day: Candy Corn Gems (CR) 3:00 Prize Bingo (AR) 6:00 Pinochle (AR)	31 Halloween 9:30 Morning Exercise (AR) 10:00 Happy Laps Walking (FL) 10:45 Daily Reading (CR) 1:00 Helping Hands: Towel Folding (AR) 1:15 Hospitality Cards (CR) 2:00 Happy Hour (AR) 3:00 Frankenstein Friday (CR) 6:00 Resident Ran Bingo (AR)	October 2025