

Focus on Wellness

As we step into Fall, the shorter days and cooler temperatures can sometimes lead to feelings of sadness or loneliness. Take this time to find ways to focus on your own wellness by staying connected to your community and loved ones through the following:

- Reflect on your own needs
- Reach out to family members you don't see often
- Join a club or hobby group at your community and make time for activities you enjoy
- Enjoy local, seasonal produce in our dining programs
- Volunteer your time to give back

Check your activities calendar and highlight items of interest to you - and feel free to invite your friends & family to join!



Resident Birthdays

October

3 - Betty Collier
3 - Barbara Heromin
4 - Marvel Firestone
10 - Anna Mary Nace
13 - Pauline Schaefer
14 - Marion Porter
16 - Mary Hartlaub
19 - Virginia Angel
25 - Clyde Livingston
27 - Catherine Grim
31 - Fay Kramer

November

1 - Mary Shubert
8 - Ethel Brenner
9 - Celia Grove
12 - Rhea Landes
14 - Gloria Hively
16 - Lorene Stump
16 - Ardella Bentzel
17 - Jack Koontz
19 - James French
24 - Gary Firestone
24 - Joan Zeigler
26 - Donald Eyster

December

3 - Marjorie Zinn
5 - William Stambaugh
6 - Marjorie Davis
10 - Charlotte Boeckel
12 - Carol Stover
14 - Sharon Warnecke
15 - Nancy Koontz
15 - Kathy Murphy
18 - Ira Grumbine
22 - Catherine Barshinger
23 - Karen Ayers
27 - Kathy Rauhauser
27 - Jessie Raines



Providence Place SENIOR LIVING News

Q4: October 2025

A Note from the Executive Director

Welcome Fall!

We are excited to kick off the season with a Sunday Brunch event on October 19th - seatings are available at 10:30am or 12:30pm, please call reception to reserve a spot with your loved ones!

The annual Resident/Family Surveys are out and open from 9/29-10/13. Please be sure to complete via the link provided in your email or see Amanda, the Community Life Director, to provide your feedback on improving our community.

As you have probably seen, our updated dining room is open and close to completion! We are loving the fresh look and we invite family and friends in to dine with us and check it out.

For your calendars, we will be hosting our Community Trick-or-Treat on the 23rd @ 6pm - all are welcome at this family-friendly event. In addition, our Christmas Open House will be hosted on 12/19 from 4:30-7pm.

Best,

Howard Holben
Executive Director

Highlighted Events

7 - **Musical Entertainment** @ 3pm

Mark Rutter

15 - **Cooking Demo with Chef**

Joe @ 2pm

18 - **Fall Family Bingo** @ 2:15pm

Connections

19 - **Sunday Brunch** @ 10:30am or

12:30pm - call reception for reservations!

23 - **Community Trick-or-Treat**

@ 6pm

31 - **Halloween Costume Parade**

@ 1:30pm

Welcome New Residents

Catherine Barshinger

Dottie Delbaugh

Leon Resline



For Community Life activities, campus events and Providence Place happenings, please follow our Facebook page at www.Facebook.com/ProvPlace.



To sign up to receive this quarterly newsletter and monthly events calendar via email, please contact us to subscribe at Info@Prov-Place.com.



www.Providence-Place.com



Dover (York) | 3377 Fox Run Road | Dover, PA 17315 | 717-767-4500

