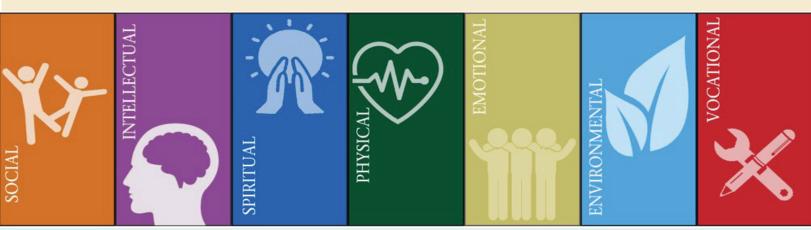
# Focus on Wellness

As we step into Fall, the shorter days and cooler temperatures can sometimes lead to feelings of sadness or loneliness. Take this time to find ways to focus on your own wellness by staying connected to your community and loved ones through the following:

- Reflect on your own needs
- Reach out to family members you don't see often
- Join a club or hobby group at your community and make time for activities you enjoy
- Enjoy local, seasonal produce in our dining programs
- Volunteer your time to give back

Check your activities calendar and highlight items of interest to you - and feel free to invite your friends & family to join!



# Resident Birthdays

#### October

- 2 Margaret Bergin
- 3 John Moscon
- 7 Linda Morgan
- 8 Joyce Boyle
- 10 Sharon Traugh
- 15 Theresa Tarapchak
- 21 Eugene Contrady
- 21 Mary Gallagher

### November

- 6 Caroline Drozda
- 8 John Kmetz
- 10 Rosemary Solt
- 13 Rachel Taylor
- 13 Gretchen Brighthaupt
- 16 Joanne Morris
- 18 Rosemary McCann
- 18 Marie Radzwich
- 21 Eleanor Slebodnick
- 25 Rosemary Rocco
- 26 Rosemary Darcangelo

#### December

- 5 Kathryn Leib
- 6 David Adams
- 13 Lawrence Belusko
- 15 Carole Czutno
- 25 Barbara Barnhart

Missie Jacoby Executive Director



**Q4: October 2025** 

## A Note from the Executive Director

Welcome Fall!

Please join us to kick off our autumn fun with our annual Trunk-or-Treat event on October 18th from 2 to 4 pm. We always have a fantstic time.

We will be hosting our Vaccine Clinic (flu + covid booster) on October 16th from 11am to 3pm. Please see flyers in the community for details.

Our annual Resident/Family Surveys are out and open from 9/29-10/13. Please be sure to complete via the link provided in your email or see Shalyn, the Community Life Director, to provide your feedback on improving our community.

We will be planning for upcoming holidays and will pass along details for your calendars.

Best,

Margaret Kasyan

#### 23 - Outing to Art League Show @ 1:30pm - with Hazleton Garden Club

18 - Community Trunk-or-Treat

Highlighted Events

Beer & Soft Pretzels

@ 2:30pm

16 - Vaccine Clinic

@ 2-4pm

4 - Oktoberfest Happy Hour @ 2pm

8 - Providence Place Casino Day

9 - EdU Presentation @ 3pm

15- New Resident Mixer @ 3pm

Interactive Planetarium

### Welcome New Residents



For Community Life activities, campus events and Providence Place happenings, please follow our Facebook page at www.Facebook.com/ProvPlace.



To sign up to receive this quarterly newsletter and monthly events calendar via email, please contact us to subscribe at Info@Prov-Place.com.



www.Providence-Place.com



SUNDAY	Monday	TUESDAY	WEDNESDAY	Thursday	FRIDAY	SATURDAY
Commu	unity Life	Calendar Key:  ** Registration Required  \$\$ Cost Involved  (1st) First Floor, (2nd) Second Floor,  (3rd) Third Floor, (DR) Dining Room,  (CR) Community Room, (SR) Sun Room,  (CN) Connections Neighborhood,  (FP) Front Porch, (ML) Meet in Lobby,  (OOB) Out of Building	Yom Kippur 1 9:00 Daily Chronicle (1st) 9:30 October IQ (1st) 10:00 Prayer Service with Chaplain Bev (2nd) 10:30 Core Fitness Exercise (2nd) 1:30 Circle of Friends (SR) 1:30 Musical Entertainment with Rionne (2nd) 2:00 Ed-U Presentation: Octoberfest with Beer Flight Tasting (3rd) 3:00 Manicures & Music (3rd) 6:00 Dominos (1st)	9:00 Daily Chronicle (1st) 9:30 Rosary (CR) 10:00 Mass with Father Seegar (CR) 10:30 Book Club Reading (2nd) 1:30 Pool Noodle Volleyball (3rd) 2:00 Culinary Club with Chef Jeff (DR) 2:30 What's Up October? (1st) 3:00 Crafting Club: Halloween Masks (3rd) 6:30 Pinochle Player's Club (1st)	9:00 Daily Chronicle (1st) 9:30 Hand Weight Exercise (2nd) 10:00 Bible Study & Hymn Sing (CR) 10:30 Color Me Calm (1st) 1:30 Our Journey Together (SR) 1:30 Snack Shack Friday's (1st) 2:30 Kick The Ball To Music (3rd) 3:00 Campus Store (2nd) 6:30 Boggle (1st)	9:00 Daily Chronicle (1st) 9:30 Rosary (CR) 10:00 Chair Yoga Exercise (2nd) 10:30 Finishing the Song Lyric (1st) 1:30 Movie Matine:  The Good, The Bad & The Ugly (3rd) 2:00 Octoberfest: Beer & Soft Pretzels (1st) 3:30 Interactive Pumpkin Art Toss (OOB) 6:00 Card Player's Club (2nd) 6:30 Rummikub (1st) TBA: Penn State Game Vs UCLA (1st)
9:00 Daily Chronicle (1st) 9:00 Televised Catholic Mass (3rd) 10:00 Finishing The Lines (3rd) 10:30 Strength Exercise (2nd) 11:00-1:00 Wine & Dine (DR) 1:00 NFL Football: Eagles Vs Broncos (1st) 1:15 Worship with Chaplain Beverly (CR) 2:00 Bingo (DR) 3:30 Interactive Pumpkin Art (OOB) 6:00 Yahtzee (1st)	9:00 Daily Chronicle (1st) 9:30 Rosary (CR) 10:00 Yoga with Bill Kringe (CR) 10:00 Bridge Club (3rd) 1:30 October Jeopardy Trivia (2nd) 2:30 Pool Noodle Volleyball (2nd) 3:30 Dice Club: 7's Out Dice Game (2nd) 6:00 Color Me Calm (1st) 6:30 Pinochle Player's Club (1st)	9:00 Daily Chronicle (1st) 9:30 Shopping Trip Out: Walmart**\$\$(OOB) 10:00 Stretch Exercise (2nd) 10:30 Book Club Reading (2nd) 1:15 Prayer & Communion Service (CR) 1:30 Helping Hands: Bingo Set Up (DR) 2:00 Bingo (DR) 3:00 Dinging Room Meeting (DR) 6:00 Card Player's Club (2nd)	9:00 Daily Chronicle (1st) 9:30 Famous Birthday Word Search (1st) 10:00 Prayer Service with Chaplain Bev (2nd) 10:30 Exercise With Tatyana (2nd) 1:30 Circle of Friends (SR) 1:30 Musical Entertainment with Rionne (2nd) 2:30 Providence Place Casino Day (3rd) 3:00 Destination Discovery to Salem, Massachusetts (3rd) 6:00 Dominos (1st)	9:00 Daily Chronicle (1st) 9:30 Rosary (CR) 10:00 Sit & Be Fit Exercise (2nd) 10:30 Book Club Reading (2nd) 10:30 Lunch Caravan: Alfredo's**\$\$(OOB) 1:30 Ed-U Presentation: Great Migration (3rd) 1:30 New Resident Tour (ML) 2:00 Supermarket Match the Products Game (3rd) 2:30 Sunshine Card Making Club (2nd) 3:00 ED-U Presentation: Planetarium (CR) 6:30 Pinochle Player's Club (1st)	9:00 Daily Chronicle (1st) 9:30 Hand Weight Exercise (2nd) 10:00 Bible Study & Hymn Sing (CR) 10:30 Red & Black Prize Game (3rd) 1:30 Our Journey Together (SR) 1:30 Snack Shack Friday's (1st) 2:00 Musical Entertainment with David (DR) 2:30 Country Ride **(OOB) 3:00 Cranium Crunchers (1st) 6:30 Boggle (1st)	9:00 Daily Chronicle (1st) 9:30 Rosary (CR) 10:00 Dementia Awareness Community Walk (OOB) 10:30 Anne Marie with Therapy Dogs (ML) 1:30 Movie Matinee: On Golden Pond (3rd) 2:00 Operation Military Cards (2nd) 3:00 Super Happy Hour: Apple Cider Mimosa with Caramel Apple Bar (1st) 6:00 Card Player's Club (2nd) 6:30 Rummikub (1st) TBA: Penn State Game Vs Northwestern (1st)
9:00 Daily Chronicle (1st) 9:00 Televised Catholic Mass (3rd) 10:00 Finishing The Lines (3rd) 10:30 Chair Zumba Exercise w/Alyson (2nd) 11:00-1:00 Wine & Dine (DR) 1:15 Worship with Chaplain Beverly (CR) 2:00 Bingo (DR) 2:30 Ed-U Presentation:  How to Create Battleships (3rd) 3:30 Outdoor Walking Club (ML) 6:00 Yahtzee (1st)	9:00 Daily Chronicle (1st) 9:30 Rosary (CR) 10:00 Yoga with Bill Kringe (CR) 10:00 Bridge Club (3rd) 1:30 Music Therapy with Cynthia (2nd) 2:30 Hang Man Word Game (2nd) 3:00 Dice Club: Cover All Dice Game (2nd) 6:00 Color Me Calm (1st) 6:00-7:00 Dementia Care Partner Support Group (SR)	9:00 Daily Chronicle (1st) 9:30 Shopping Trip Out: Ollie's Bargain Discount **\$\$(OOB) 10:00 Stretch Exercise (2nd) 10:30 Book Club Reading (2nd) 1:15 Prayer & Communion Service (CR) 1:30 Coloration with Yari (3rd) 3:00 Helping Hands; Halloween Treats Bags (3rd) 3:00 Ed-U Presentation: TED Talk: Aging is My Super Power with Rita Moore (3rd)		9:00 Daily Chronicle (1st) 9:30 Rosary (CR) 10:00 Sit & Be Fit Exercise (2nd) 10:30 Book Club Reading (2nd) 1:30 Pool Noodle Volleyball (3rd) 1:30 New Resident Tours (ML) 2:00 October Gazette (1st) 2:30 Entertainment with Cracked Walnuts (DR) 3:00 Men's Club: Nerf Hunting (3rd) 4:00-6:00 Resident Birthday Dinner (DR) 6:30 Pinochle Player's Club (1st)	9:00 Daily Chronicle (1st) 9:30 Hand Weight Exercise (2nd) 10:00 Bible Study & Hymn Sing (CR) 10:30 Color Me Calm (1st) 1:30 Our Journey Together (SR) 1:30 Snack Shack Friday's (1st) 2:00 Bingo with Stacey from Compassionate Care Hospice (DR) 3:00 Who & What am I? (1st) 6:30 Boggle (1st)	9:00 Daily Chronicle (1st) 9:30 Rosary (CR) 10:00 Song & Prayer with Faith Church of Hazleton (CR) 10:30 Chair Yoga Exercise (2nd) 1:30 Movie Matine: Carousel (3rd) 2:00-4:00 Community Trunk or Treat (OOB) 3:00 Seeing Orange Word Search (1st) 6:00 Card Player's Club (2nd) 6:30 Rummikub (1st) TBA: Penn State Game Vs Iowa (1st)
9:00 Daily Chronicle (1st) 9:00 Televised Catholic Mass (3rd) 10:00 Finishing The Lines (3rd) 10:30 Strength Exercise (2nd) 11:00-1:00 Wine & Dine (DR) 1:00 NFL Football: Eagles Vs Vikings (1st) 1:15 Worship with Chaplain Beverly (CR) 2:00 Prize Bingo (DR) 3:30 Outdoor Walking Club (ML) 6:00 Yahtzee (1st)	9:00 Daily Chronicle (1st) 9:30 Rosary (CR) 10:00 Yoga with Bill Kringe (CR) 10:00 Bridge Club (3rd) 1:30 Word Within A Word (2nd) 1:30 Bible Study with Deacon Bob (CR) 2:30 Music Trivia (2nd) 3:00 Dice Club: Hot Rocks Dice Game (2nd) 6:30 Pinochle Player's Club (1st)	9:00 Daily Chronicle (1st) 9:30 Shopping Trip: Aldi's/Dollar Tree**\$\$(OOB) 10:30 Exercise with Melissa from Powerback Therapy (2nd) 10:30 Book Club Reading (2nd) 1:15 Prayer & Communion Service (CR) 1:30 Helping Hands: Bingo Set Up (DR) 2:00 Bingo (DR) 3:00 Community Life Meeting with Shay (DR) 6:00 Card Player's Club (2nd)	9:00 Daily Chronicle (1st) 9:30 Pumpkin Spice Latte Word Mining (1st) 10:00 Prayer Service with Chaplain Bev (2nd) 10:30 Core Fitness Exercise (2nd) 1:30 Circle of Friends (SR) 1:30 Musical Entertainment with Rionne (2nd) 2:30 Crafting Club: Pumpkin Painting (3rd) 3:30 Dinner Caravan: Top of the 80's**\$\$(OOB) 6:00 Dominos (1st)	9:00 Daily Chronicle (1st) 9:30 Rosary (CR) 10:00 Exercise with Shay (2nd) 10:30 Book Club Reading (2nd) 1:30 Pool Noodle Volleyball (3rd) 1:30 Hazleton Art League**\$\$(OOB) 2:00 Food For Thought & Tasting: Poppi (C) 2:30 Musical Entertainment with Vernon (DR) 3:00 Destination Discovery: Vermont Fall Foliage (3rd) 6:30 Pinochle Player's Club (1st)	9:00 Daily Chronicle (1st) 9:30 Hand Weight Exercise (2nd) 10:00 Bible Study & Hymn Sing (CR) 10:30 Country Ride: Fall Leaf lunch on the Bus **(OOB) 1:30 Our Journey Together (SR) 1:30 Snack Shack Friday's (1st) 2:30 Color Me Calm (1st) 3:00 Ed-U Presentation with Our Director of Nursing, Hayley (3rd) 6:30 Boggle (1st)	9:00 Daily Chronicle (1st) 9:30 Rosary (CR) 10:00 Chair Yoga Exercise (2nd) 10:30 Putt Put Golf (3rd) 1:30 Movie Matinee: The DaVinci Code (3rd) 2:00 Bobbing for Apples with Kitchen Tongs (Balcony) 3:00 Super Happy Hour: Pumkin Pie Martini With Fun Halloween Treats (1st) 6:00 Card Player's Club (2nd) 6:30 Rummikub (1st)
9:00 Daily Chronicle (1st) 9:00 Televised Catholic Mass (3rd) 10:00 Finishing The Lines (3rd) 10:30 Chair Zumba Exercise w/Alyson (2nd) 11:00-1:00 Wine & Dine (DR) 1:00 NFL Football: Eagles Vs Giants (1st) 1:15 Worship with Chaplain Beverly (CR) 2:00 Bingo (DR) 3:30 Outdoor Walking Club (ML) 6:00 Yahtzee (1st)	9:00 Daily Chronicle (1st) 9:30 Rosary (CR) 10:00 Yoga with Bill Kringe (CR) 10:00 Bridge Club (3rd) 1:30 Interactive Memory Game (2nd) 2:30 Family Feud (2nd) 3:00 Dice Club: LCR Dice Game (2nd) 6:30 Pinochle Player's Club (1st)	9:00 Daily Chronicle (1st) 9:30 Shopping Trip Out: Dollar Tree (Wilkes Barre) **\$\$(OOB) 10:00 Stretch Exercise (2nd) 10:30 Book Club Reading (2nd) 1:15 Prayer & Communion Service (CR) 1:30 Helping Hands Club: Bingo Set Up (DR) 2:00 Bingo (DR) 3:00 Community Meeting with Missie (DR) 6:00 Card Player's Club (2nd)	9:00 Daily Chronicle (1st) 9:30 Agatha Christie Word Unscramble (1st) 10:00 Prayer Service with Chaplain Bev (2nd) 10:30 Core Fitness Exercise (2nd) 1:30 Circle of Friends (SR) 1:30 Musical Entertainment with Rionne (2nd) 2:30 Hilarious Mad Mibs (1st)	9:00 Daily Chronicle (1st) 9:30 Rosary (CR) 10:00 Sit & Be Fit Exercise (2nd) 10:30 Book Club Reading (2nd) 1:30 Pool Noodle Volleyball (3rd) 2:00 Culinary Club with Chef Jeff (DR) 2:30 Manicures & Music (3rd) 3:00 Providence Place Spa Day (SR) 6:30 Pinochle Player's Club (1st)	Halloween 31 9:00 Daily Chronicle (1st) 9:30 Hand Weight Exercise (2nd) 10:00 Bible Study & Hymn Sing (CR) 10:30 Halloween Photo Booth (1st) 1:30 Our Journey Together (SR) 1:30 Snack Shack Friday's (1st) 2:00 Walking Club: Halloween Parade (ML) 2:30 Musical Entertainment with John Stevens (DR) 3:30 Sugarwish Candy Toss (1st) 6:30 Boggle (1st)	October 2025