

Focus on Wellness

As we step into Fall, the shorter days and cooler temperatures can sometimes lead to feelings of sadness or loneliness. Take this time to find ways to focus on your own wellness by staying connected to your community and loved ones through the following:

- Reflect on your own needs
- Reach out to family members you don't see often
- Join a club or hobby group at your community and make time for activities you enjoy
- Enjoy local, seasonal produce in our dining programs
- Volunteer your time to give back

Check your activities calendar and highlight items of interest to you - and feel free to invite your friends & family to join!



Resident Birthdays

October

1 - Theresa Kline
1 - Eileen Zych
13 - Marie Kipphorn
16 - Virginia Carroll
23 - Corine Civitella
25 - Mary Walter
26 - Peggy Troop
31 - Shirley Miller

November

1 - Shirley Parker
10 - Randolph Getchis
19 - Patricia Fath
25 - Karen Sweimler
29 - Michael Keller
30 - Marian Moore

December

2 - James Bergman
3 - Crystal Moss
7 - Betty Texter
7 - Lynda Getchis
12 - Carole Roberts
28 - William Diffenbaugh



Providence Place SENIOR LIVING News

Q4: October 2025

A Note from the Executive Director

Welcome Fall!

Please join me in welcoming our new Community Life Director, Michelle. She is getting acclimated to our campus and organization and is excited to continue our effort to provide purposeful programming for everyone.

We will be hosting our annual vaccine clinic for flu + covid on the 21st. For questions or consent forms to participate, please see nursing.

Our annual Resident/Family Surveys are out and open from 9/29-10/13. Please be sure to complete via the link provided in your email or see our Community Life team to provide your feedback on improving our entire community.

As we plan for our holiday celebrations, we will be sure to pass along the details to mark your calendars.

With Gratitude,

Janet Love

Executive Director

Highlighted Events

2 - **Chef's Pairing** @ 2pm

7 - **Musical Entertainment:**

Nick Viscusso @ 2pm

16 - **Community Meeting** @ 1pm

21 - **Vaccine Clinic**

21 - **Axe Throwing** @ 3pm

28 - **Pumpkin Decorating** @ 1pm

31 - **Halloween Social** @ 1pm

Welcome New Residents

Teresa Deemer

Nancy Ernst

William Pockrus



For Community Life activities, campus events and Providence Place happenings, please follow our Facebook page at www.Facebook.com/ProvPlace.



To sign up to receive this quarterly newsletter and monthly events calendar via email, please contact us to subscribe at Info@Prov-Place.com.



www.Providence-Place.com

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Community Life		October 2025	1 9:00 Fresh Air Morning Walk (FL) 10:00 Chair Yoga (CR) 10:30 Mid Week Worship (CR) 1:00 Yahtzee (AR) 2:00 Jeopardy (CR) 3:00 Bingo Bonanza (CR) 6:00 Movie: <i>Music Man</i> (CR)	2 Yom Kippur 9:00 Resident Run Daily Chronicles (FL) 10:00 Balance and Flex (CR) 10:30 Our Journey Together with Chaplain Jeff (CR) 1:00 Uno Attack (AR) 2:00 Chef's Pairing with Your Dining Department (AR) 3:00 LCR with Chaplain (AR) 6:00 Evening Gather and Chat (FL)	3 9:00 Morning Walk (FL) 10:00 Fun Fitness Game (CR) 10:30 Journey Through the Bible (CR) 1:00 America Says (CR) 2:00 Musical Entertainment Featuring Tish Brown (CR) 3:00 Word in a Word with Floats (CR) 6:00 Movie: <i>The Great Race</i> (CR)	4 9:00 Coffee & Current Events (FL) 10:00 What's in the Word? (CR) 10:30 Resident Run Saturday Morning Bingo (CR) 1:00 Stretch and Flex Exercise (CR) 2:00 Saturday Social Hour (GL) 2:30 History Trivia Time (GL) 6:00 Resident Run Scrabble Club (AR)
5 9:00 Our Week in Review (FL) 10:00 Cooking Club: Glazed Apple Cookies (AR) 1:00 LCR Game (AR) 2:00 Sunday Social (GL) 2:30 Trivia Time (GL) 3:00 Sunday Worship Service (CR) 6:00 Evening Wind Down (FL)	6 9:00 Morning Walk (FL) 10:00 Stretch and Flex Exercise (CR) 10:30 Armchair Travel to the North Pole (CR) 1:00 Who, What, Where Am I? (CR) 2:00 Artist In Us All: Pottery Works (CR) 3:00 Balloon Volleyball (CR) 5:15 Resident Run Bingo (AR)	7 9:00 Daily Chronicle Handout (FL) 10:00 Weights and Bands Exercise (CR) 10:30 Devotions and Hymn Sing (CR) 1:00 Yahtzee (AR) 2:00 Musical Entertainment Featuring Nick Viscusso (CR) 3:00 Corn Hole Game (CR) 6:00 Resident Run Game Night (AR)	8 9:00 Fresh Air Morning Walk (FL) 10:00 Chair Yoga (CR) 10:30 Mid Week Worship (CR) 1:00 Craft Time (AR) 2:00 Jeopardy (CR) 3:00 Bingo Bonanza (CR) 6:00 Movie: <i>Sergeant York</i> (CR)	9 9:00 Resident Run Daily Chronicles (FL) 10:00 Balance and Flex (CR) 10:30 Our Journey Together (CR) 1:00 Dining Committee Meeting with Our Director of Dining (CR) 2:00 Trivia with Bob Reigh (AR) 3:00 LCR with Chaplain (AR) 6:00 Evening Gather and Chat (FL)	10 9:00 Morning Walk (FL) 10:00 Fun Fitness Game (CR) 10:30 Journey Through the Bible (CR) 1:00 Shopping Trip: John's Herr **\$\$ (OOB) 3:00 Word in a Word with Floats (CR) 6:00 Movie: <i>The Bishop's Wife</i> (CR)	11 9:00 Coffee & Current Events (FL) 10:00 What's the Word (CR) 10:30 Saturday Morning Bingo (CR) 1:00 Stretch and Flex Exercise (CR) 2:30 Saturday Social (GL) 3:00 Trivia Time (GL) 6:00 Resident Run Scrabble Club (AR)
12 9:00 Our Week in Review (FL) 10:00 Cooking Club: Pumpkin Bread (AR) 1:00 LCR Card Game (AR) 2:00 Sunday Social (GL) 2:30 Trivia Time (GL) 3:00 Sunday Worship Service (CR) 6:00 Evening Wind Down (FL)	13 9:00 Morning Walk (FL) 10:00 Stretch and Flex Exercise (CR) 10:30 Armchair Travel to Greenland (CR) 1:00 Who, What, Where Am I? (CR) 2:00 Random Trivia (AR) 3:00 Balloon Volleyball (CR) 5:30 Resident Run Bingo (AR)	14 9:00 Daily Chronicle Handout (FL) 10:00 Weights and Bands Exercise (CR) 10:30 Devotions and Hymn Sing (CR) 1:00 Head Band Game (AR) 2:00 Musical Entertainment Presents Colby Dove (CR) 3:00 Bingo Helpers in Connections (CN) 3:00 Ladder Ball Game (CN) 6:00 Resident Run Game Night (AR)	15 9:00 Fresh Air Morning Walk (FL) 10:00 Chair Yoga (CR) 10:30 Mid Week Worship (CR) 1:00 Card Games (AR) 2:00 Jeopardy (CR) 3:00 Bingo Bonanza (CR) 6:00 Movie: <i>The Eagle Has Landed</i> (CR)	16 9:00 Resident Run Daily Chronicles (FL) 10:00 Balance and Flex (CR) 10:30 Our Journey Together with Chaplain Jeff (CR) 1:00 Community Meeting w/Managers (CR) 2:00 Ed-U Presents Bayada Home Healthcare (CR) 3:00 LCR with Chaplain (AR) 6:00 Evening Gather and Chat (FL)	17 9:00 Morning Walk (FL) 10:00 Fun Fitness Game (CR) 10:30 Journey through the Bible (CR) 1:00 Country Ride 2:00 Ed-U Presents Lisa Sanchez's <i>Fall Foliage</i> (CR) 3:00 Word in a Word (CR) 6:00 Movie: <i>Oklahoma</i> (CR)	18 9:00 Coffee & Current Events (FL) 10:00 What's the Word (CR) 10:30 Resident Run Saturday Morning Bingo (CR) 1:00 Password (AR) 2:00 Games of Choice (AR) 2:30 Saturday Social on Deck (GL) 3:00 Trivia Time (GL) 6:00 Resident Run Scrabble Club (AR)
19 9:00 Our Week in Review (FL) 10:00 Cooking Club: Maple Walnut Fudge (AR) 1:00 LCR Game (AR) 2:00 Sunday Social (GL) 2:30 Trivia Time (GL) 3:00 Sunday Worship Service (CR) 6:00 Evening Wind Down (FL)	20 9:00 Morning Walk (FL) 10:00 Stretch and Flex (CR) 10:30 Armchair Travel to Switzerland (CR) 1:00 Who, What, Where Am I? (CR) 2:00 Random Trivia (AR) 3:00 Balloon Volleyball (CR) 5:30 Resident Run Bingo (AR)	21 9:00 Daily Chronicle Handout (FL) 10:00 Weights and Bands Exercise (CR) 10:30 Devotions and Hymn Sing (CR) 1:00 Uno Attack (AR) 2:00 Musical Entertainment Presents Leo DiSanto (CR) 3:00 Bingo Helpers in Connections (CN) 3:00 Axe Throwing (CR) 6:00 Resident Run Game Night (AR)	22 9:00 Fresh Air Morning Walk (FL) 10:00 Chair Yoga (CR) 10:30 Mid Week Worship (CR) 1:00 Jeopardy (CR) 2:00 Craft Time (AR) 3:00 Bingo Bonanza (CR) 6:00 Movie: <i>All Quiet On The Western Front</i> (CR)	23 9:00 Resident Run Daily Chronicles (FL) 10:00 Balance and Flex (CR) 10:30 Our Journey Together with Chaplain Jeff (CR) 1:00 Community Life Planning Meeting (CR) 2:00 Yahtzee (CR) 3:00 LCR with Chaplain (AR) 6:00 Evening Gather and Chat (FL)	24 9:00 Morning Walk (FL) 10:00 Fun Fitness Game (CR) 10:30 Journey Through the Bible (CR) 1:00 Country Ride and Stopping For Pretzels **\$\$ (OOB) 3:00 Word in Word (CR) 6:00 Movie: <i>Munity On The Bounty</i> (CR)	25 9:00 Coffee & Current Events (FL) 10:00 What's the Word (CR) 10:30 Prize Bingo (CR) 1:00 Password (AR) 2:00 Games of Choice (AR) 2:30 Saturday Social on Deck (GL) 3:00 Trivia Time (GL) 6:00 Resident Run Scrabble Club (AR)
26 9:00 Our Week in Review (FL) 10:00 Cooking Club: Brownie Cookies (AR) 1:00 LCR Game (AR) 2:00 Sunday Social (GL) 2:30 Trivia Time (GL) 3:00 Sunday Worship Service (CR) 6:00 Evening Wind Down (FL)	27 9:00 Morning Walk (FL) 10:00 Stretch and Flex Exercise (CR) 10:30 Armchair Travel to Alaska (CR) 1:00 Who, What, Where Am I? (CR) 2:00 Random Trivia (AR) 3:00 Balloon Volleyball (CR) 5:30 Resident Run Bingo (AR)	28 9:00 Daily Chronicle Handout (FL) 10:00 Weights and Bands Exercise (CR) 10:30 Devotions and Hymn Sing (CR) 1:00 Pumkin Decorating (AR) 2:00 Musical Entertainment Presents Featuring Quentin Jones (CR) 3:00 Bingo Helpers in Connections (CN) 3:00 Corn Hole Game (CR) 6:00 Resident Run Game Night (AR)	29 9:00 Fresh Air Morning Walk (FL) 10:00 Chair Yoga (CR) 10:30 Mid Week Worship (CR) 1:00 Jeopardy (CR) 2:00 Craft Time (AR) 3:00 Bingo Bonanza (CR) 6:00 Movie: <i>The Canterville Ghost</i> (CR)	30 9:00 Resident Run Daily Chronicles (FL) 10:00 Balance and Flex (CR) 10:30 Our Journey Together with Chaplain Jeff (CR) 1:00 Halloween Trivia (CR) 2:00 Yahtzee (CR) 3:00 LCR with Chaplain (AR) 6:00 Evening Gather and Chat (FL)	31 Halloween 9:00 Morning Walk (FL) 10:00 Fun Fitness Game (CR) 10:30 Journey Through the Bible (CR) 1:00 Halloween Social (CR) 3:00 Word in Word (CR) 6:00 Movie: <i>The Dog Who Saved Halloween</i> (CR)	Calendar Key: (BR) Billiards Room, (CH) Chapel, (AR) Activity Room (S) Salon, (GL) Governors Lounge (LB) Library, (DR) Dining Room (FL) Front Lobby, (FP) Front Porch (OOB) Out of Building (BW) Building Wide (EL) Elevator ** Registration Required \$\$ Cost Involved